

[Manuals.plus](#) /

› [Woneligo](#) /

› Woneligo Smart Watch User Manual - Model B0GGGH3C4Z

Woneligo B0GGGH3C4Z

Woneligo Smart Watch User Manual

Model: B0GGGH3C4Z

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Woneligo Smart Watch, Model B0GGGH3C4Z. Please read this manual thoroughly before using the device to ensure proper function and to maximize your user experience. This smartwatch features Bluetooth 5.3 for calls and notifications, a 1.85" HD touchscreen, Alexa Built-in, 24/7 health tracking, over 100 sport modes, and 3ATM waterproofing.



Image: Woneligo Smart Watch in use, showcasing its display and design.

WHAT'S INCLUDED

Verify that all items are present in the package:

- Woneligo Smart Watch (Main Unit)
- Silicone Strap
- Braided Strap (Optional, may vary by package)

- User Manual
- Charging Cable

What's Include?



Smart Watch



Silicone Strap



User Manual



Braided Strap



Charging Cable

Image: Diagram showing the smart watch dimensions and package contents.

SETUP GUIDE

1. Charging the Smart Watch

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the

back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch display will indicate charging status.



Image: Step 1 of setup, showing the smart watch being charged.

2. Download and Install the "VeryFit" App

Scan the QR code provided in the user manual or search for "VeryFit" in your smartphone's app store (App Store for iOS, Google Play Store for Android). Download and install the application. Follow the in-app instructions to create an account and set up your profile.



Image: Step 2 of setup, showing the VeryFit app download process.

3. Enable Bluetooth on Your Smartphone

Navigate to your smartphone's settings and ensure Bluetooth is enabled. This allows the watch to connect and sync with your phone.

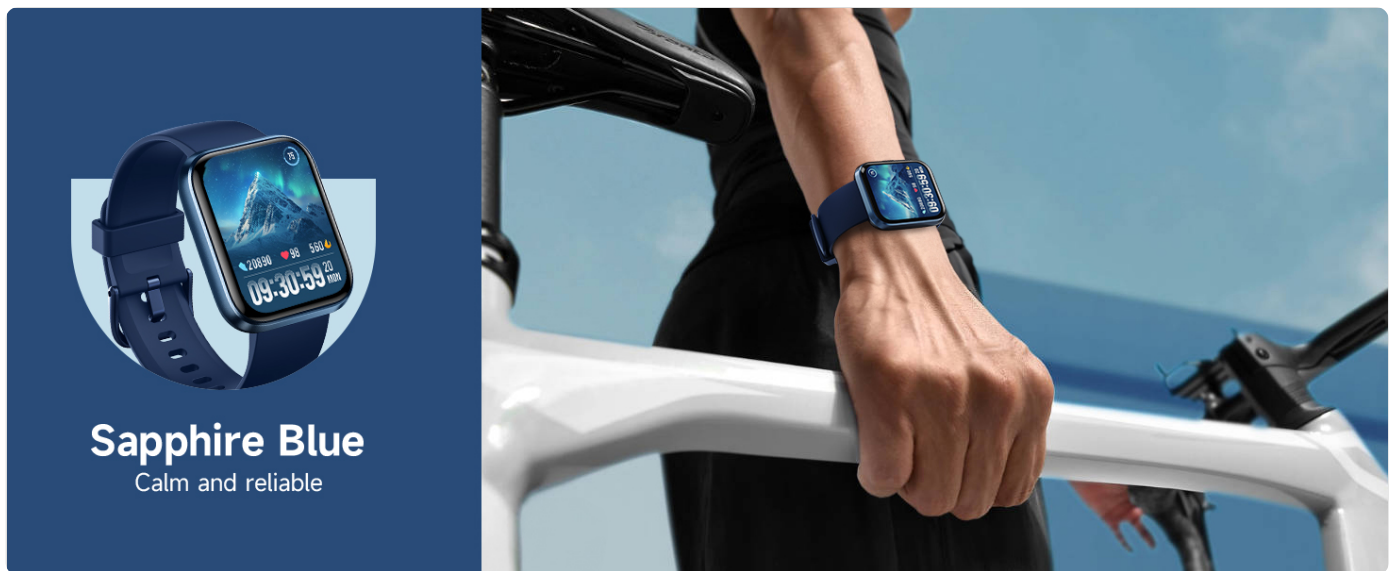


Image: Step 3 of setup, showing Bluetooth enabled on a smartphone.

4. Pair the Smart Watch with the App

Open the "VeryFit" app. Follow the prompts to search for and pair your Woneligo Smart Watch. You may need to confirm the pairing on both your watch and phone. Once paired, the watch will synchronize data and settings with the app.

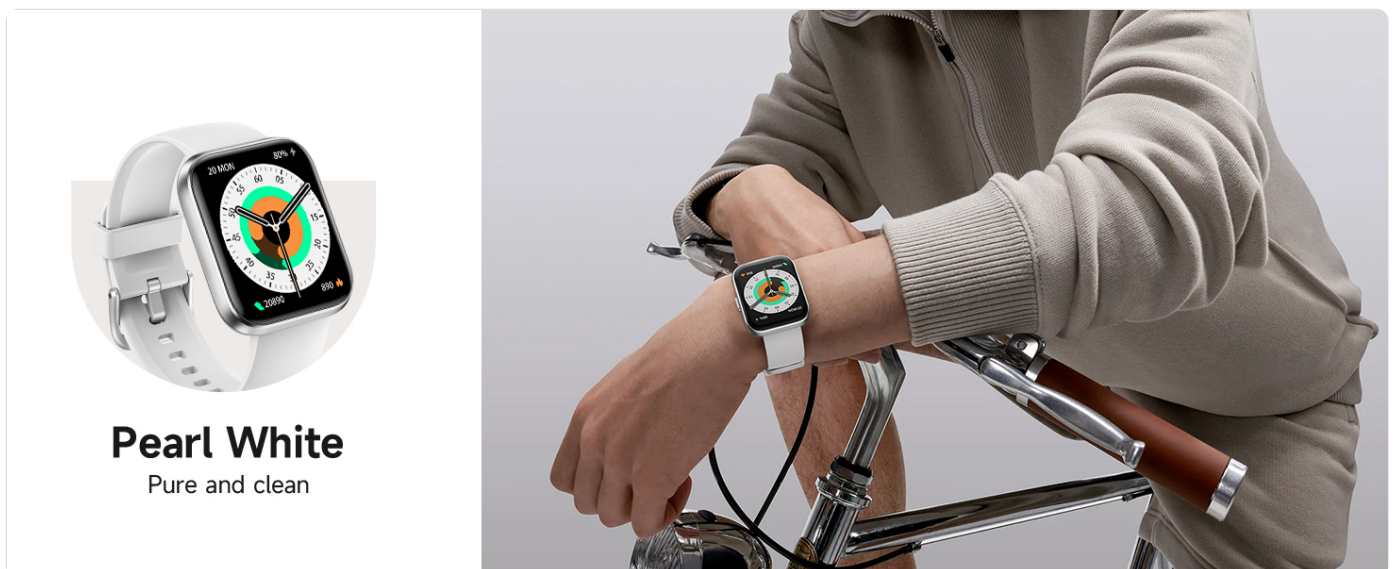


Image: Step 4 of setup, showing the QR code for pairing the smart watch via the app.

OPERATING INSTRUCTIONS

Basic Navigation

The Woneligo Smart Watch features a 1.85" full-touch screen for intuitive navigation. Swipe up, down, left, or right to access different menus and functions. Press the side button to return to the home screen or wake the device.

More Fun Features



Image: The 1.85" full-touch screen displaying various watch faces.

Call Functions (Answer/Make Calls)

With Bluetooth 5.3 and a built-in DSP chip, you can answer and make calls directly from your wrist. Ensure your watch is connected to your smartphone via Bluetooth. Incoming calls will display on the watch, allowing you to accept or reject them. You can also initiate calls from your watch's contact list or dial pad.

Keep You Informed and Connected

Compatible with iOS and Android



Phone Calls Reception

Image: Smart watches displaying incoming call notifications.

Alexa Built-in

Utilize the integrated Alexa voice assistant for quick commands, setting alarms, checking weather, and controlling smart home devices. Activate Alexa by pressing and holding the side button or through the dedicated Alexa app on your watch.

24-Hour Health Monitoring

Heart Rate | Sleep Quality |
Blood Oxygen & More
Stay Informed, Stay Healthy



Image: User interacting with the Alexa voice assistant on the smart watch.

Health Tracking

The watch continuously monitors various health metrics:

- **Heart Rate:** Real-time heart rate monitoring throughout the day.
- **Sleep Quality:** Tracks sleep stages (light, deep, REM) and provides a sleep score.
- **Blood Oxygen (SpO2):** Measures blood oxygen levels.
- **Stress Levels:** Monitors stress and provides reminders to unwind.
- **Cycle Monitoring:** Predicts periods, ovulation, and symptoms.

Access detailed reports and historical data through the "VeryFit" app.

Your Fitness Coach, Everywhere

100+
Exercise Modes

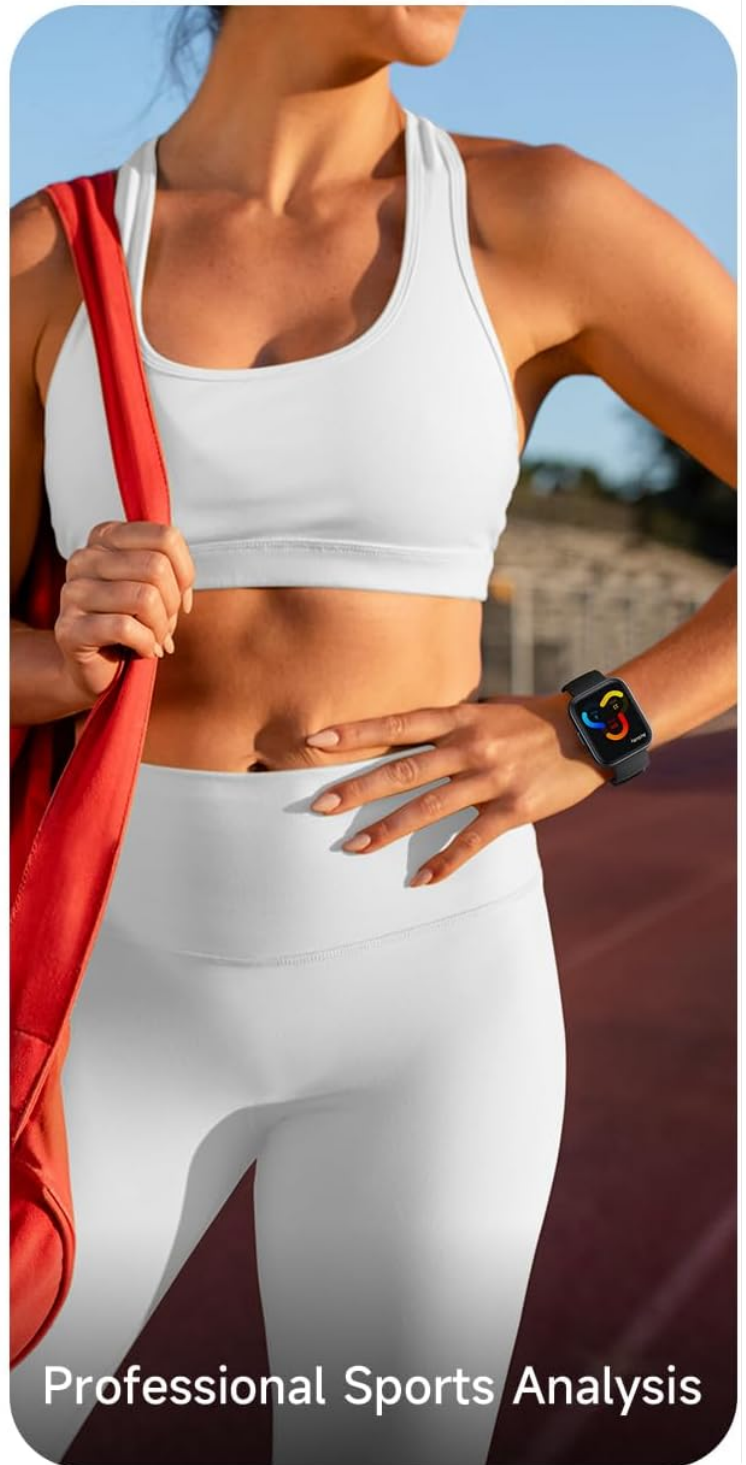
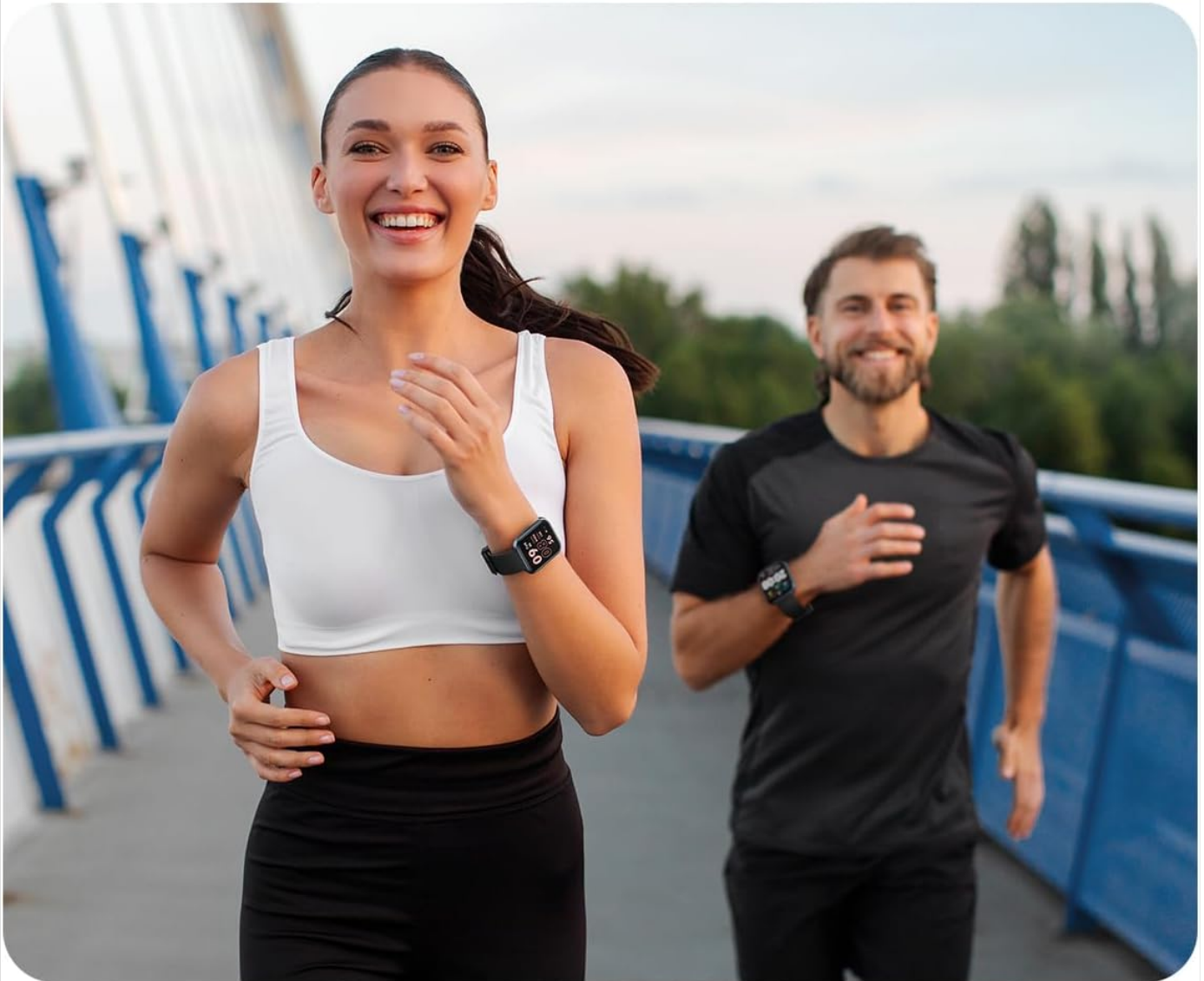


Image: Visual representation of heart rate, blood oxygen, and sleep tracking features.

Sport Modes

The watch supports over 100 sport modes, including running, swimming, yoga, and HIIT. Select your activity from the watch menu to track duration, calories burned, steps, and other relevant metrics. The 3ATM waterproof rating allows for use during swimming and other water-based activities.

Week-Long Power on a Single Charge



Up to 7 days
battery life



3ATM
waterproof



Compatible with
Android & iOS

Image: Display of 100+ exercise modes and the 3ATM waterproof capability.

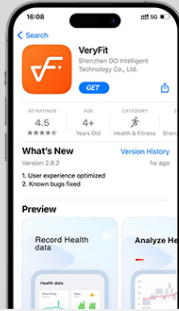
Customizing Watch Faces

Personalize your watch with over 100 available watch faces through the "VeryFit" app. You can also upload your own photos to create custom watch faces.

Easy to Set Up



1. Charge the smart watch



2. Download "VeryFit" app and register



3. Turn on bluetooth in smartphone



4. Scan the QR code or pair in the APP to connect

Image: Options for personalized watch faces within the companion app.

Other Features

The Woneligo Smart Watch includes additional functionalities:

- **Music Control:** Control music playback on your smartphone.
- **Camera Shutter:** Remotely trigger your phone's camera.
- **Weather Alerts:** Receive current weather information.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Breathe Training:** Guided breathing exercises for relaxation.
- **Alarm:** Set alarms directly from the watch.
- **Stopwatch/Timer:** Built-in timing functions.
- **Find Phone:** Locate your paired smartphone.

1.85" Full-Touch Screen

100+ Watch Face (Customizable Watch Face)



240*284 HD Resolution

Image: Overview of additional smart watch features.

MAINTENANCE

Water Resistance (3ATM)

The watch is 3ATM waterproof, suitable for daily use, hand washing, rain, and swimming in shallow water. It is not recommended for hot showers, saunas, diving, or high-pressure water activities.

Cleaning

Regularly clean your watch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth and mild soap, then rinse and dry thoroughly. Avoid harsh chemicals or abrasive materials.

Battery Care

To prolong battery life, avoid extreme temperatures. Charge the watch fully before long periods of inactivity. The watch offers up to 7 days of battery life on a single charge with typical use.

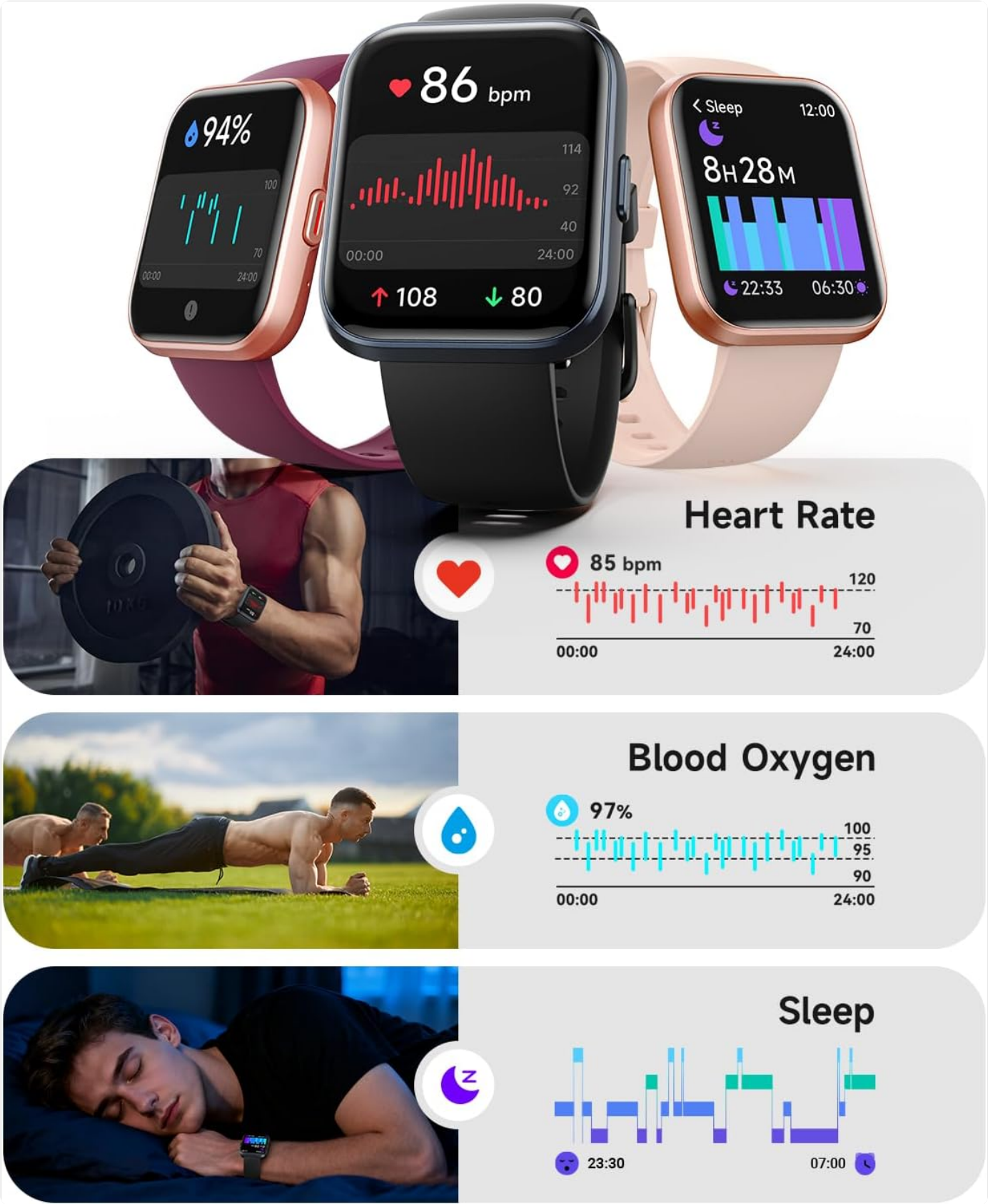


Image: Smart watch features including 7-day battery life and 3ATM waterproofing.

TROUBLESHOOTING

Problem	Solution
Watch does not turn on	Ensure the watch is fully charged. Connect it to the charging cable and allow it to charge for at least 30 minutes before attempting to power on.
Cannot pair with smartphone	• Ensure Bluetooth is enabled on your smartphone. • Make sure the watch is within range of your phone. • Restart both your watch and smartphone. • Clear the Bluetooth cache on your phone (if applicable). • Try pairing again through the "VeryFit" app.
Inaccurate health data	• Ensure the watch is worn snugly on your wrist, not too tight or too loose. • Clean the sensor on the back of the watch. • Avoid excessive movement during measurements.
Notifications not received	• Check notification settings in the "VeryFit" app. • Ensure app notifications are enabled in your phone's system settings. • Verify the watch is connected via Bluetooth. • Disable "Do Not Disturb" mode on the watch.

SPECIFICATIONS

Feature	Detail
Model Number	B0GGGH3C4Z
Screen Size	1.85 inches
Resolution	320 x 386
Wireless Communication	Bluetooth 5.3
Water Resistance	3ATM
Battery Life	Up to 7 days (typical use)
Compatible Devices	iOS (iPhone), Android Smartphones
Supported Applications	Fitness Tracker, Heart Rate Monitor, Sleep Monitor, Voice Assistant, Blood Oxygen Monitor
Band Material	Silicone

WARRANTY AND SUPPORT

Woneligo provides a **5-year warranty** against manufacturing defects and accidental damage for this product. For any inquiries or assistance, please contact our US-based technical support team. We guarantee a response within 12 hours and aim for solutions within 24 hours.

For support, please visit the official Woneligo website or refer to the contact information provided in your product packaging.

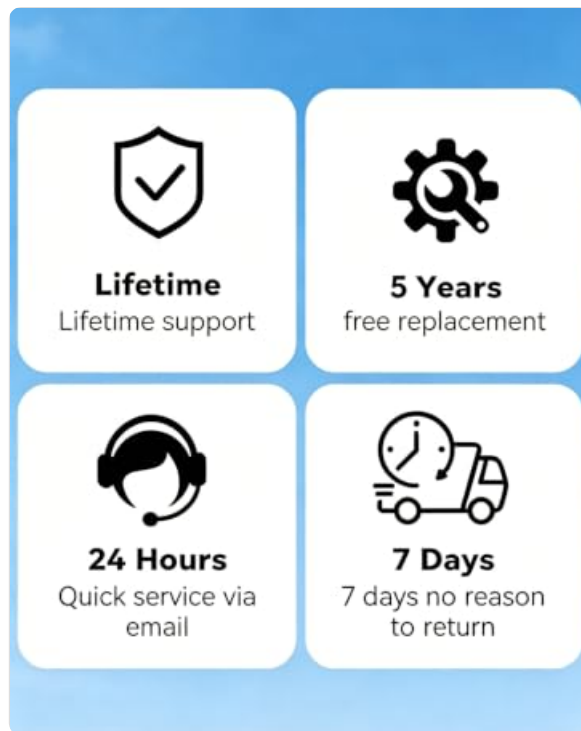


Image: Woneligo's commitment to customer support and warranty.

OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: Official product video demonstrating the features and usage of the Woneligo Smart Watch.

