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SootheBeam B0GFTPYG5D

SootheBeam Ice Machine for Knee After Surgery with Inflatable Leg Elevation Pillow - User Manual

Model: B0GFTPYG5D

Introduction

Thank you for choosing the SootheBeam Ice Machine for your recovery needs. This portable cold therapy system is designed to provide targeted cold compression to help reduce discomfort and swelling after surgery or injury, particularly for the knee and hip. It features a programmable timer, dual therapy modes, and includes an inflatable leg elevation pillow for enhanced comfort and support during recovery.



Image: Overview of the SootheBeam Ice Machine components, including the main unit, compression pad, and inflatable leg elevation pillow.

Safety Information

Always follow your doctor's guidance for safe and effective use of this device. Do not use this product without consulting a healthcare professional, especially after surgery or if you have pre-existing medical conditions.

- Do not immerse the main unit in water.
- Ensure all connections are secure before operation to prevent leaks.
- Monitor skin for excessive cold or irritation during use. Discontinue use if discomfort occurs.
- Keep out of reach of children and pets.
- Use only with the provided power adapter.

Package Contents

Verify that all items are present in your package:

- SootheBeam 12 QT Cold Therapy Machine Unit
- Flexible Compression Pad (for knee/hip)
- Inflatable Leg Elevation Pillow
- Hand Pump for Leg Elevation Pillow
- Power Adapter
- User Manual (this document)

Setup Instructions

Follow these steps to set up your SootheBeam Ice Machine:

1. **Prepare the Machine:** Open the lid of the cold therapy machine. Fill the reservoir with cold water up to the indicated fill line. Add ice cubes or an ice pack for prolonged cold therapy.
2. **Connect the Compression Pad:** Securely attach the hose from the compression pad to the outlet port on the machine. Ensure a tight connection to prevent leaks.
3. **Inflate the Leg Elevation Pillow:** Locate the inflation valve on the leg elevation pillow. Insert the nozzle of the hand pump into the valve and inflate the pillow to your desired firmness. Close the valve securely after inflation.
4. **Position the Pillow:** Place the inflated leg elevation pillow in a comfortable position to support your leg as recommended by your doctor.
5. **Connect Power:** Plug the power adapter into the machine and then into a standard electrical outlet.

Your browser does not support the video tag.

Video: This video demonstrates the unboxing and initial setup process for the SootheBeam Ice Therapy Machine, including how to prepare the unit and connect the components.

Operating Instructions

Once the machine is set up, you can begin your cold therapy session:

1. **Apply the Compression Pad:** Place the flexible compression pad on the affected area (e.g., knee, hip). Use the adjustable straps to secure the pad comfortably but firmly.
2. **Select Therapy Mode:** Use the control panel or remote to choose between:
    - **Continuous Mode:** Provides constant cold water circulation.
    - **Cycle Mode (Work + Rest):** Allows you to set intervals for cold therapy and rest periods.

3. **Set Timer and Flow Speed:** If using Cycle Mode, set the desired ON/OFF intervals (10, 20, or 30 minutes). Adjust the flow speed to one of the three available settings for customized therapy intensity.
4. **Start Therapy:** Press the power button to begin the cold therapy session. The machine operates quietly for minimal disturbance.
5. **Monitor and Adjust:** Periodically check the treated area for comfort. Adjust settings or reposition the pad as needed. Always adhere to your doctor's recommended therapy duration.



Image: Illustration of the dual therapy modes (Continuous and Loop) and how the compression pad can be applied to different body areas like the knee and shoulder.

Your browser does not support the video tag.

Video: This video demonstrates the application and use of the ice machine for knee therapy, showing how the compression pad is secured and the machine operates.

Maintenance

Proper maintenance ensures the longevity and hygiene of your SootheBeam Ice Machine:

- **Cleaning the Reservoir:** After each use, empty any remaining water and ice from the reservoir. Rinse the reservoir with clean water and allow it to air dry completely before storage.
- **Cleaning the Compression Pad:** Disconnect the compression pad and rinse it with clean water. Allow it to air dry. Do not use harsh chemicals or abrasive cleaners.
- **Storage:** Store the machine and all components in a clean, dry place away from direct sunlight and extreme temperatures.
- **Hose Care:** Ensure the hoses are not kinked or bent during storage, which could affect water flow.

Troubleshooting

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Machine does not turn on	No power, loose connection	Check power adapter connection to machine and outlet. Ensure outlet is functional.
Water is not circulating	Hose kinked, low water level, pump obstruction	Check hoses for kinks. Ensure water level is above the pump intake. Clean pump if visible obstruction.
Machine is leaking	Loose hose connection, damaged component	Ensure all hose connections are tight. Inspect hoses and pad for visible damage. If leaking persists, contact customer support.
Insufficient cold therapy	Not enough ice, water too warm	Add more ice to the reservoir. Ensure water is cold before starting.

Specifications

Feature	Detail
Brand	SootheBeam
Model Number	B0GFTPYG5D
Reservoir Capacity	12 Quarts
Therapy Modes	Continuous, Cycle (Work + Rest)
Timer Settings	10/20/30 minute ON/OFF intervals
Flow Speeds	3 adjustable speeds
Target Use Body Part	Hip, Knee, Leg
Product Dimensions	11.93 x 9.69 x 7.8 inches
Product Weight	3.37 pounds
UPC	850082916009

Warranty and Support

For warranty information or technical support, please refer to the contact details provided with your purchase documentation or visit the official SootheBeam website. Keep your purchase receipt as proof of purchase for any warranty claims.

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Question

Example: How do I reset this device or fix this error?

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