

OWNQOBE A02-BE

OWNQOBE Upper Arm Blood Pressure Monitor (Model A02-BE) User Manual

Your guide to accurate and reliable blood pressure monitoring at home.

INTRODUCTION

Thank you for choosing the OWNQOBE Upper Arm Blood Pressure Monitor. This device is designed for convenient and accurate measurement of your blood pressure and pulse rate at home. Please read this manual thoroughly before use to ensure proper operation and to obtain the most accurate readings. Keep this manual for future reference.

PRODUCT FEATURES

- **Dual-Size BP Cuffs:** Includes two adjustable cuffs (9–17" and 13–21") for a comfortable and precise fit across various arm sizes, ensuring stable and accurate measurements.
- **Accurate & Fast Readings:** Utilizes an upgraded sensor chip and advanced technology to provide reliable results in approximately 35 seconds.
- **3×199 User Memory:** Supports three individual users, each with 199 memory slots, allowing families to track their blood pressure history and trends independently.
- **Large LED Multi-Color Backlit Display:** Features a 5.5-inch display with a color indicator (green for normal, orange for moderate, red for high) for easy interpretation of results, suitable for all users.
- **Dual Power Options:** Can be powered by 4 AAA batteries (included) or the included Type-C cable for flexible use at home or while traveling. *Note: The device is not rechargeable.*

PACKAGE CONTENTS

Upon opening your OWNQOBE Blood Pressure Monitor package, you should find the following items:

- 1x Blood Pressure Monitor Unit
- 1x Standard Cuff (9–17 inches)
- 1x Extra Cuff (13–21 inches)
- 1x User Manual
- 1x Type-C Cable
- 4x AAA Batteries

- 1x Carry Bag

CARE YOUR FAMILY HEALTHY WITH *OWNQOBE* BLOOD PRESSURE MONITOR

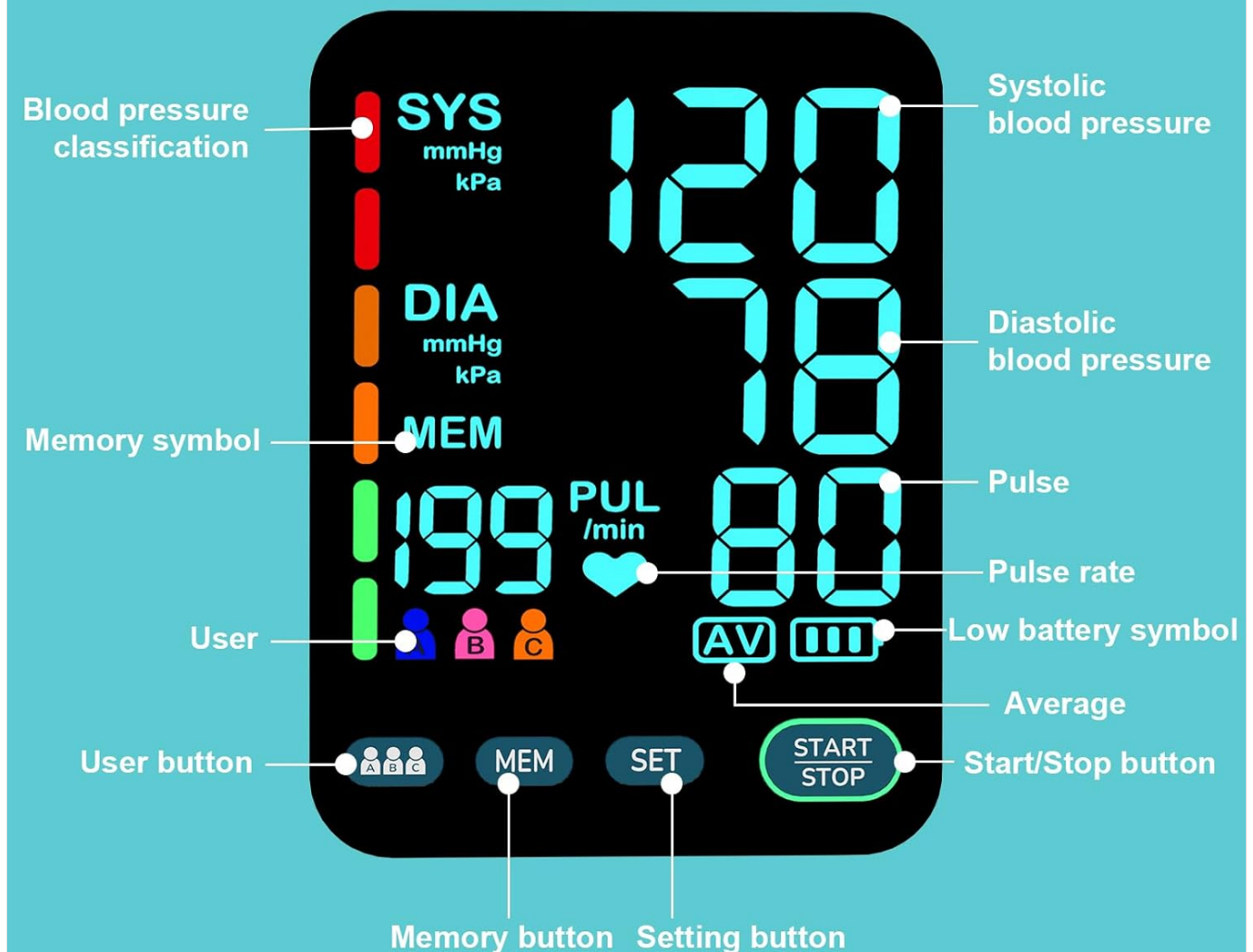


This image illustrates all components included in your OWNQOBE Blood Pressure Monitor kit.

PRODUCT OVERVIEW

Familiarize yourself with the main components and display elements of your blood pressure monitor.

5.5-INCH LARGE LED DISPLAY FOR CLEAR AND EASY READING



Detailed view of the monitor's display and control buttons.

Display: Shows Systolic (SYS), Diastolic (DIA), Pulse (PUL), Memory Symbol, User Indicator, Low Battery Symbol, and Average.

User Button (): Selects between User A, B, or C.

Memory Button (MEM): Accesses stored measurement data.

Setting Button (SET): Used for setting date, time, and other parameters.

Start/Stop Button (START/STOP): Initiates and stops the measurement process.

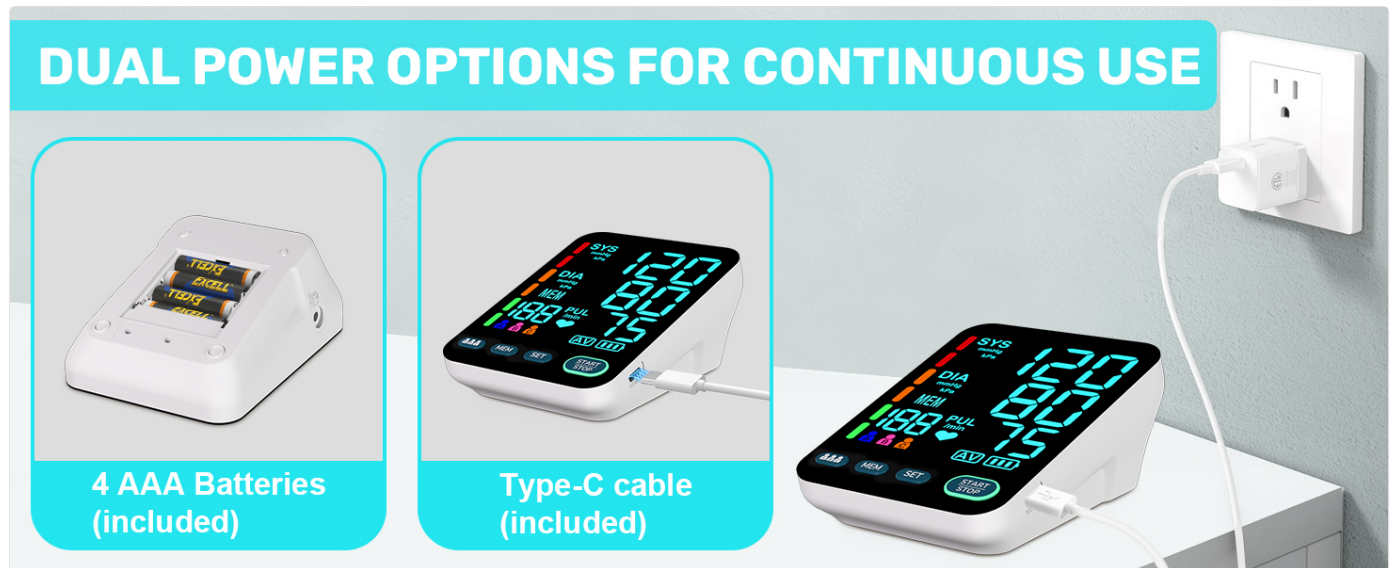
SETUP

1. Powering the Device

Your blood pressure monitor offers two power options:

- **AAA Batteries:** Insert the 4 included AAA batteries into the battery compartment on the back of the device, ensuring correct polarity (+/-).
- **Type-C Cable:** Connect the provided Type-C cable to the monitor and a compatible USB power adapter (not included) or a USB port.

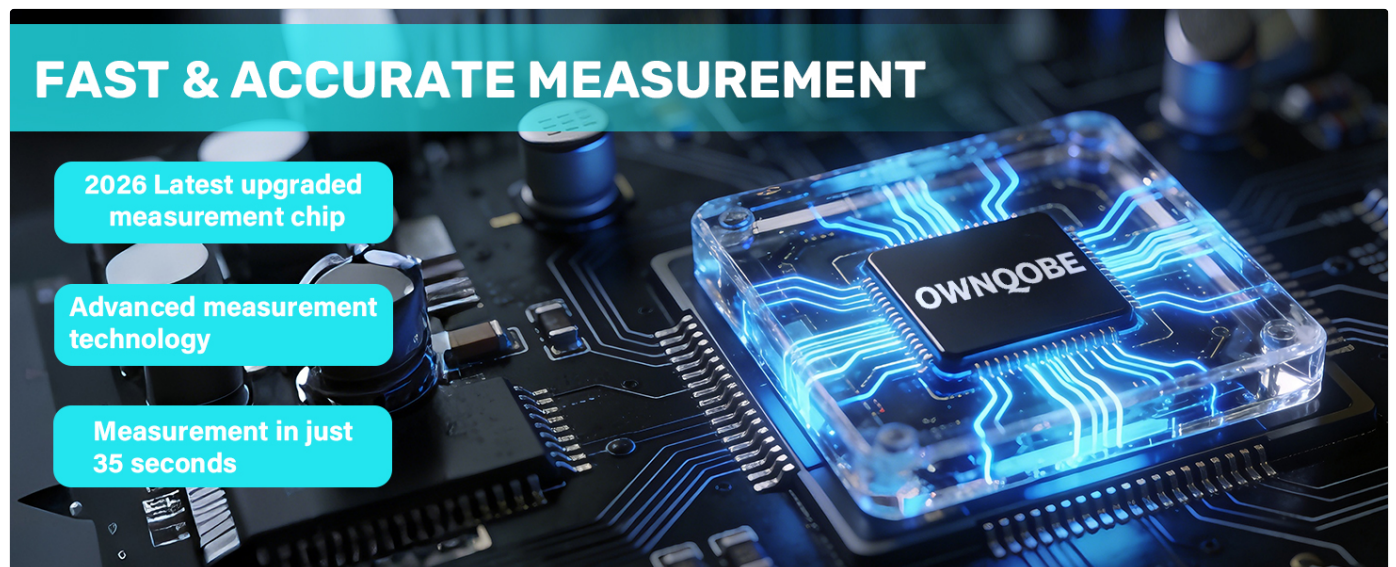
Note: The device is not rechargeable. When using the Type-C cable, batteries are not consumed.



The monitor can be powered by 4 AAA batteries or a Type-C USB cable.

2. Attaching the Cuff

Select the appropriate cuff size (9–17" or 13–21") for your arm. Ensure the air tube is securely connected to the monitor's air jack.



Choose the correct cuff size for accurate measurements.

OPERATING INSTRUCTIONS

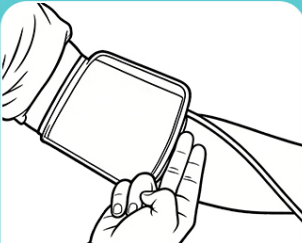
1. Preparing for Measurement

- Avoid eating, drinking alcohol, smoking, exercising, and bathing for 30 minutes before measurement.
- Rest for at least 5 minutes before taking a reading.
- Sit in a comfortable position with your back supported and feet flat on the floor.
- Place your arm on a flat surface so the cuff is at heart level.

2. Applying the Cuff and Taking a Measurement

1. **Wrap the cuff:** Wrap the cuff around your upper left arm, ensuring it is about 2cm above the elbow. The air tube should run down the center of your arm.
2. **Check tightness:** Ensure there is a one-finger gap between the cuff and your arm. The cuff should be snug but not too tight.
3. **Position arm:** Make sure the pipe is centered to the middle of the arm. Keep your arm relaxed.
4. **Start measurement:** Press the **START/STOP** button. The cuff will inflate, and the measurement will begin automatically. Remain still and silent during the measurement.
5. **View results:** Your blood pressure and pulse rate will be displayed on the screen in approximately 35 seconds.

How to Measure Your Blood Pressure



Wrap the cuff around the upper left arm, make sure the cuff is about 2cm above the elbow.

1



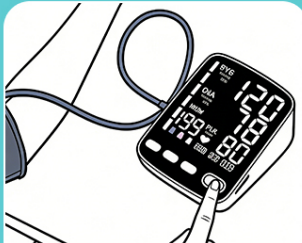
Check tightness-one finger gap between cuff & arm.

2



Make sure the pipe is centred to the middle of the arm.

3



Press START/STOP button to start measurement. Keep your arm in a relaxed position.

4

Follow these steps for accurate blood pressure measurement.

3. User Memory Function

This monitor supports three users (A, B, C), each with 199 memory slots.

- **Select User:** Before measurement, press the **User Button ()** to select the desired user (A, B, or C).
- **View Memory:** Press the **MEM** button to cycle through previous readings for the selected user.

DUAL CUFF SIZES DESIGNED FOR A BETTER FIT



Track individual blood pressure trends with the multi-user memory function.

UNDERSTANDING YOUR READINGS

The monitor features a color-coded LED indicator to help you quickly understand your blood pressure status based on WHO guidelines.

- **Green:** Indicates normal blood pressure.
- **Orange:** Indicates mild hypertension (moderate blood pressure).
- **Red:** Indicates high blood pressure.

EASILY TRACK BLOOD PRESSURE USING 3-COLOR INDICATOR



Interpret your blood pressure readings easily with the color-coded indicator and classification chart.

Consult your healthcare professional for a complete interpretation of your blood pressure readings and for any health concerns.

MAINTENANCE

Cleaning

- Wipe the monitor body and cuff with a soft, dry cloth.
- If necessary, use a cloth lightly dampened with water or a mild detergent, then wipe dry.
- Do not use abrasive cleaners, alcohol, or organic solvents.
- Do not wash the cuff or immerse the monitor in water.

Storage

- Store the device and cuffs in the provided carry bag.
- Keep the monitor in a cool, dry place, away from direct sunlight, extreme temperatures, and humidity.
- Remove batteries if the device will not be used for an extended period to prevent leakage.

TROUBLESHOOTING

If you encounter issues with your blood pressure monitor, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
No display/Device won't turn on	Batteries are dead or incorrectly inserted; Type-C cable not connected properly.	Replace batteries, check polarity, or ensure Type-C cable is securely connected to a power source.
Error Code (e.g., E-1, E-2)	Cuff not applied correctly, movement during measurement, irregular pulse, or air leakage.	Re-apply cuff correctly, remain still and silent, ensure cuff tube is not kinked, and check for air leaks. Try again after a few minutes of rest.
Inaccurate readings	Incorrect cuff size, improper cuff placement, movement, talking, or not resting before measurement.	Ensure correct cuff size and placement. Follow preparation guidelines (rest, no talking/movement). Take multiple readings and average them.
Cuff does not inflate or inflates too little/much	Air tube disconnected, cuff leakage, or internal pump issue.	Check air tube connection to monitor and cuff. Ensure cuff is not damaged. If problem persists, contact customer support.

If the problem persists after attempting these solutions, please contact OWNQOBE customer support for assistance.

SPECIFICATIONS

Feature	Detail
Model Number	A02-BE
Product Dimensions	6.77 x 4.29 x 4.53 inches
Item Weight	1.5 pounds
Power Source	4 AAA batteries (included) or Type-C USB cable (included)

Feature	Detail
Display Type	LED
Cuff Sizes	9–17 inches (Standard), 13–21 inches (Extra)
Memory Capacity	3 users x 199 readings each
Measurement Method	Oscillometric
Age Range Description	Adult

IMPORTANT SAFETY INFORMATION

Please observe the following safety precautions:

- This device is intended for home use and is not a substitute for professional medical advice or treatment.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- Do not self-diagnose or self-medicate based on measurement results. Always consult a healthcare professional.
- Keep the device out of reach of children and pets.
- Do not use the device in a moving vehicle or on an airplane.
- Avoid strong electromagnetic fields (e.g., microwave ovens, mobile phones) near the device during measurement.

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the warranty card included in your package or contact OWNQOBE customer service through the retailer where you purchased the product. Keep your purchase receipt as proof of purchase.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Is the OWNQOBE A02-BE LED Blood Pressure Monitor FDA approved?

Based on the provided manual for the OWNQOBE A02-BE Upper Arm Blood Pressure Monitor, there is no explicit statement confirming that the device itself is FDA approved or cleared. The manual does include a...

[Read full answer](#)

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