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LIGE FVA21-D

LIGE FVA21-D Smart Watch for Women - User Manual

Model: FVA21-D

INTRODUCTION

Thank you for choosing the LIGE FVA21-D Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.



The LIGE FVA21-D Smart Watch featuring a 1.43-inch AMOLED display and a stylish gold mesh band.

WHAT'S IN THE BOX

Upon unboxing your LIGE FVA21-D Smart Watch, you should find the following items:

- LIGE FVA21-D Smart Watch
- Charging Cable
- Watch Strap (Gold Mesh)
- Additional Watch Strap (Apricot Silicone)
- Watch Setting Tools (if applicable for strap adjustment)
- Smartwatch Manuals

This video demonstrates the unboxing process of the LIGE Smart Watch, showing all included components such as the watch, two different straps, charging cable, and user manual.

SETUP

1. Charging the Smart Watch

Before initial use, fully charge your LIGE FVA21-D Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power source.

Magnetic Suction Charging



Sedentary Reminder



Multifunctional



Weather



Camera control



Music Control



The magnetic charging cable attaching to the back of the LIGE Smart Watch for convenient power replenishment.

2. App Installation and Pairing

To unlock the full potential of your smartwatch, download and install the 'FitCloudPro' app on your smartphone. The app is compatible with Android 4.4+ and iOS 9.0+ devices.

1. Scan the QR code displayed on your watch screen or in the manual to download the 'FitCloudPro' app.
2. Open the app and follow the on-screen instructions to create an account or log in.
3. Navigate to the 'Device' section in the app and select 'Add Device'.
4. The app will search for nearby smartwatches. Select 'FV21' from the list to initiate pairing.
5. Confirm the pairing request on both your smartphone and the smartwatch.

This video demonstrates the process of installing the companion app and pairing the LIGE Smart Watch with a smartphone, including scanning the QR code and confirming the Bluetooth connection.

3. Strap Installation

Your LIGE FVA21-D Smart Watch comes with two interchangeable straps: a gold mesh band and an apricot silicone band. To change the strap:

1. Locate the quick-release pins on the back of the watch straps.
2. Slide the pin inwards to detach the current strap from the watch body.
3. Align the new strap with the watch lugs and slide the pin inwards.
4. Release the pin to secure the strap in place. Gently pull on the strap to ensure it is properly attached.



The LIGE Smart Watch displayed with its two included straps, highlighting the versatility in style.

OPERATING INSTRUCTIONS

1. Basic Navigation

The LIGE FVA21-D Smart Watch features a full touch HD AMOLED screen for intuitive navigation:

- **Swipe Down:** Access quick settings (e.g., brightness, DND mode).
- **Swipe Up:** View notifications.
- **Swipe Left/Right:** Scroll through main functions and widgets (e.g., activity data, heart rate, weather, music control).
- **Press Side Button:** Return to the main watch face or turn the screen on/off.

2. Call Functions

Once paired with your smartphone, the smartwatch supports Bluetooth calling:

- **Make Calls:** Access the 'Telephone' function on your watch to dial numbers directly or select from frequent contacts synced from your phone.
- **Answer/Reject Calls:** When an incoming call is received, you can answer or reject it directly from your watch screen.

Bluetooth Call



The LIGE Smart Watch displaying its Bluetooth call interface and message notification screen.

3. Notifications

Receive real-time notifications for calls, messages, and various apps directly on your wrist. Ensure notification permissions are enabled in the 'FitCloudPro' app settings.

4. Watch Faces

Personalize your watch with over 200 customizable watch faces available through the 'FitCloudPro' app. You can also upload your own photos to create unique watch faces.

200+ Stylish Watch Faces

In addition to a large number of online watch faces, it supports custom photos to create your own style, giving you a fresh feeling every day



A selection of watch faces for the LIGE Smart Watch, including an option to customize with personal photos.

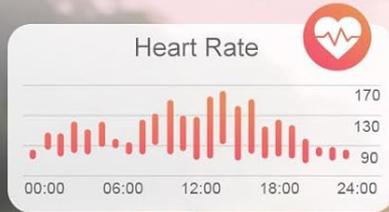
5. Health Monitoring

The LIGE FVA21-D Smart Watch offers comprehensive health tracking features:

- **Heart Rate Monitoring:** Continuously monitors your heart rate throughout the day.
- **Sleep Monitoring:** Tracks your sleep patterns, including deep sleep, light sleep, and awake times.
- **Women's Health:** Provides menstruation and pregnancy period reminders.
- **Blood Oxygen & Blood Pressure:** Measures blood oxygen levels and blood pressure (for reference only, not medical grade).

Track Your Health, Effortlessly

24H Heart Rate &



Sleep Monitoring



The LIGE Smart Watch displaying heart rate data and sleep monitoring graphs.

Monitoring Women's Health

Refined function, bespoke design, ensuring girls feel cherished in every moment.



The LIGE Smart Watch interface showing menstruation and pregnancy period reminders for women's health tracking.

6. Sports Modes

With over 120 sports modes, the smartwatch helps you track various activities, including walking, running, cycling, yoga, and more. It records steps, distance, calories burned, and heart rate during workouts.



100+

sport mode



The LIGE Smart Watch displaying various sport mode icons and activity tracking metrics.

7. Other Features

The smartwatch includes additional useful functions:

- **Weather Forecast:** Get real-time weather updates.
- **Music Control:** Control music playback on your smartphone.
- **Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Alarms & Reminders:** Set alarms, sedentary reminders, and drink water reminders.
- **Find Phone:** Locate your misplaced phone by triggering an alarm.
- **Calculator & Stopwatch:** Basic utility tools.

Magnetic Suction Charging



Sedentary Reminder



Multifunctional



Weather



Camera control



Music Control



A collage of the LIGE Smart Watch's multifunctional features, including weather display, music control, camera remote, and various reminders.

MAINTENANCE

1. Water Resistance (IP68)

The LIGE FVA21-D Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, such as hand washing, rain, and shallow swimming. However, it is not recommended for hot showers, saunas, or diving, as steam and high water pressure may compromise the seal.

This video demonstrates the water resistance of the LIGE Smart Watch, showing it being rinsed under running water and functioning normally.

2. Cleaning

Regularly clean your watch and straps to prevent skin irritation and maintain appearance. Use a soft, dry cloth to wipe the watch body. For silicone straps, you can use mild soap and water. Ensure the watch is completely dry before wearing or charging.

3. Battery Care

To prolong battery life:

- Avoid extreme temperatures.
- Do not let the battery completely drain frequently.
- Charge the watch using the provided original charging cable.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. If it still doesn't turn on, try pressing and holding the side button for 10-15 seconds.
- **Cannot pair with phone:** Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try pairing again. Ensure the 'FitCloudPro' app has necessary permissions.
- **Notifications not received:** Check app notification settings on your phone and within the 'FitCloudPro' app. Ensure the watch is connected via Bluetooth.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Avoid excessive movement during measurements. Note that health data is for reference and not for medical diagnosis.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

SPECIFICATIONS

Feature	Specification
Model Number	FVA21-D
Screen Size	1.43 Inches AMOLED
Display Resolution	466x466
Operating System	Android 4.4+ and iOS 9.0+
Connectivity	Bluetooth
Water Resistance	IP68
Battery Capacity	200 Milliamp Hours (Lithium Polymer)
Memory Storage	256 MB
Item Weight	7.4 ounces
Manufacturer	LIGE



Product Size



Detailed product dimensions for the LIGE Smart Watch, including watch face diameter and strap length ranges.

WARRANTY AND SUPPORT

LIGE provides reliable service for its products. If you encounter any questions or require assistance with your FVA21-D Smart Watch, please refer to the contact information provided in your product packaging or visit the official LIGE support website. Keep your purchase receipt for warranty claims.