

Tami Tami AMZ-ABT500T-V0

Tami Tami T500 Twin XL Adjustable Bed Frame User Manual

Model: AMZ-ABT500T-V0

1. INTRODUCTION

Thank you for choosing the Tami Tami T500 Twin XL Adjustable Bed Frame. This manual provides essential information for the safe assembly, operation, and maintenance of your new adjustable bed base. Please read this manual thoroughly before use and retain it for future reference.

2. SAFETY INFORMATION

Please observe the following safety precautions to prevent injury or damage to the product:

- **Weight Capacity:** Do not exceed the maximum weight capacity of 550 lbs (including mattress and occupants).
- **Children and Pets:** Keep children and pets away from the bed frame during operation to prevent entanglement or injury.
- **Pinch Points:** Keep hands and feet clear of moving parts and mechanisms during adjustment.
- **Power Cord:** Ensure the power cord is not pinched or damaged. Do not operate the bed with a damaged cord or plug.
- **Liquids:** Avoid spilling liquids on the bed frame, especially near electrical components.
- **Medical Devices:** Consult a physician before using this product if you have a pacemaker or similar medical device, as the motors may interfere with its operation.
- **Proper Mattress:** Use a mattress designed for adjustable bases to ensure proper function and longevity.

3. PACKAGE CONTENTS

Before assembly, verify that all components are present:

- Adjustable Bed Frame (Pre-assembled base)
- Wireless Remote Control
- Adjustable Legs (Set of 6)

- Side Rails (2)
- Casters (6, optional use)
- Storage Pockets (2)
- Mattress Retainer Bar
- Power Cord and Adapter

4. SETUP AND ASSEMBLY

The Tami Tami T500 is designed for easy setup. Two people are recommended for safe handling.

1. **Unpack:** Carefully remove all components from the packaging. Place the folded bed frame on a clear, flat surface.
2. **Unfold the Bed:** Gently unfold the bed frame until it lies flat. Ensure all hinges lock securely into place.
3. **Attach Legs:** Screw the adjustable legs into the designated threaded holes on the underside of the frame. You can choose from three height options (4", 8", 12") by adjusting the leg segments.
4. **Install Casters (Optional):** If mobility is desired, screw the casters into the bottom of the legs. Ensure they are locked when the bed is in its final position.
5. **Attach Side Rails:** Slide the side rails into the designated slots on the sides of the bed frame until they click into place.
6. **Install Mattress Retainer Bar:** Insert the mattress retainer bar into the holes at the foot of the bed to prevent the mattress from sliding.
7. **Connect Power:** Plug the power adapter into the control box located under the bed, then plug the power cord into a grounded electrical outlet.
8. **Place Mattress:** Carefully place your Twin XL mattress onto the adjustable bed frame.

Pre-Assembled Bed, Set Up Easier

Unfold the Bed



Screw in Legs and Casters



Adjustable Leg Height Perfect for All Ages

Casters can be removed (Height 2.75")



Image: Illustration of unfolding the bed, screwing in legs and casters, and adjustable leg height options.

5. OPERATING INSTRUCTIONS

Your Tami Tami T500 adjustable bed frame is operated using the wireless remote control.

5.1 Wireless Remote Control Functions



Image: Diagram of the wireless remote control with button labels.

- **HEAD UP/DOWN:** Adjusts the head section incline (0-65°).
- **FOOT UP/DOWN:** Adjusts the foot section incline (0-45°).
- **FLAT:** Returns the bed to a completely flat position with one touch.
- **ZERO G:** Activates the pre-programmed Zero Gravity position, which elevates the head and feet to promote circulation and reduce pressure.
- **TV/READING:** Activates a pre-programmed position ideal for watching TV or reading.
- **UNDER-BED LIGHT:** Toggles the under-bed night light on/off.
- **FLASHLIGHT:** Activates a small flashlight on the remote for convenience.

5.2 Special Features

- **Zero Gravity Mode:** This position elevates your head and feet to create a feeling of weightlessness, which can help relieve pressure on your back and improve circulation.
- **Under-Bed Nightlight:** A soft LED light under the bed provides illumination for safe nighttime navigation without disturbing sleep. Activate via remote.
- **USB Charging Ports:** Two USB ports are located on the side of the bed frame for convenient charging of mobile devices.
- **Dual Safety Side Rails:** Provide stable support for entering and exiting the bed, enhancing user confidence and safety.
- **Bedside Storage Pockets:** Conveniently located pockets keep essentials like remotes, glasses, or books within easy reach.
- **Lockable Casters:** The 360° swivel casters allow for easy movement of the bed for cleaning or repositioning. Lock them to secure the bed in place.

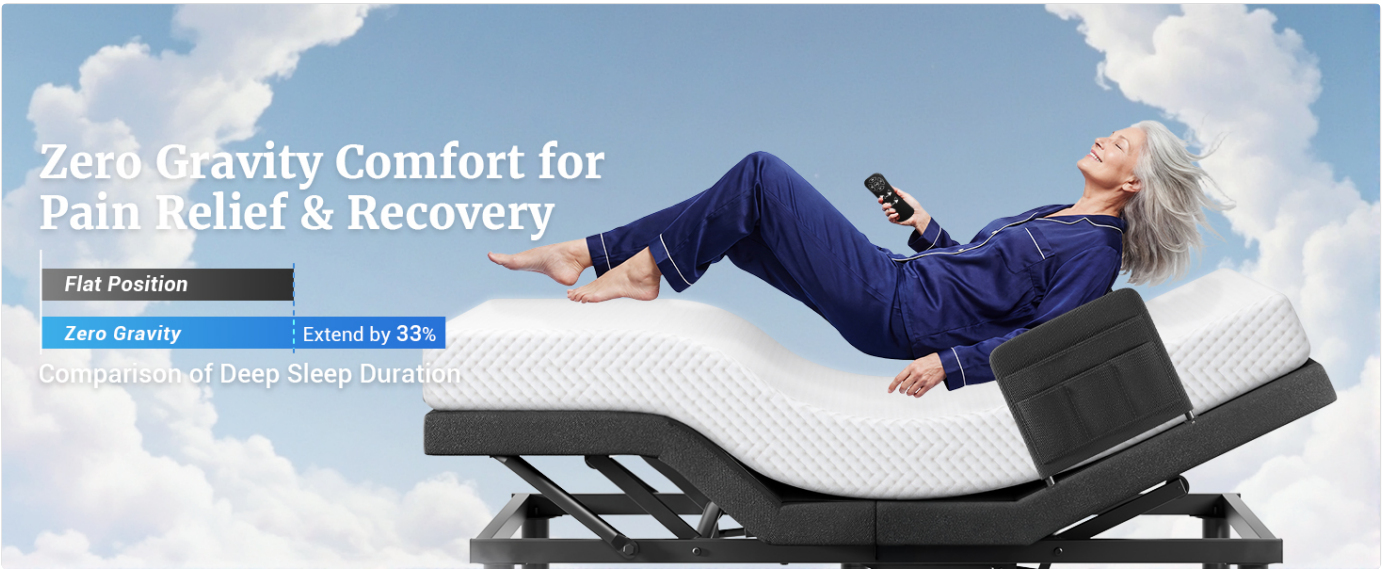


Image: A person in the Zero Gravity position on the adjustable bed.



Image: Under-bed nightlight illuminating the floor.



Image: Close-up of the two USB charging ports on the bed frame.

6. MAINTENANCE AND CARE

- **Cleaning:** Wipe the metal frame with a dry or slightly damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Upholstery:** For upholstered parts, spot clean with a mild fabric cleaner as needed.
- **Motor Inspection:** Periodically check under the bed for any loose wires or connections. Do not attempt to service the motors yourself.
- **Lubrication:** The moving parts are factory-lubricated and do not require additional lubrication.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Bed does not operate	No power; Remote not paired; Remote batteries low	Check power connection; Re-pair remote (refer to remote instructions); Replace remote batteries
Motor runs but no movement	Obstruction under bed; Mechanism jammed	Check for obstructions; Ensure nothing is caught in moving parts
Intermittent operation	Loose power connection; Remote signal interference	Secure power connections; Move away from other electronic devices
USB ports not charging	Bed not powered; Device not compatible	Ensure bed is plugged in; Try a different device or cable

8. SPECIFICATIONS

Feature	Detail
Model	AMZ-ABT500T-V0
Size	Twin XL
Dimensions (L x W x H)	78.7 x 37 x 14.6 inches (adjustable height)
Item Weight	84 pounds
Material	Metal
Max Weight Capacity	550 lbs
Head Incline	0-65°
Foot Incline	0-45°
Motor Noise Level	<45 dB
USB Ports	2
UPC	717405276113

9. WARRANTY AND SUPPORT

The Tami Tami T500 Adjustable Bed Frame is backed by a **5-year warranty** from the date of purchase. This warranty covers manufacturing defects in materials and workmanship. It does not cover damage caused by misuse, accidents,

unauthorized repairs, or normal wear and tear.

For warranty claims, technical support, or replacement parts, please contact Tami Tami customer service. Please have your model number (AMZ-ABT500T-V0) and proof of purchase ready.



Image: Visual representation of the 5-year warranty.

© 2023 Tami Tami. All rights reserved.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

