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Pebble PFB25

Pebble Arq Smart Bracelet User Manual

Model: PFB25

Introduction

Thank you for choosing the Pebble Arq Smart Bracelet. This manual provides essential information for setting up, operating, and maintaining your device. The Pebble Arq Smart Bracelet features a digital display, heart rate and SpO2 monitoring, sleep tracking, multiple sports modes, and a magnetic strap for comfortable wear.



Overview of the Pebble Arq Smart Bracelet's key features, including its design, health tracking, and water resistance.

Setup

1. **Charging the Device:** Connect the provided charging cable to the magnetic charging points on the back of the bracelet and to a USB power source. Ensure the pins align correctly. A full charge typically takes 1-2 hours.
2. **Downloading the App:** Search for the official Pebble companion app on your smartphone's app store (compatible with iOS and Android devices). Install the app.
3. **Pairing with Your Smartphone:**
   - Enable Bluetooth on your smartphone.
   - Open the Pebble app and follow the on-screen instructions to create an account or log in.
   - Select 'Add Device' or 'Pair New Device' within the app.
   - The app will search for your Pebble Arq. Select it from the list of available devices to complete the pairing process.
4. **Wearing the Bracelet:** Adjust the magnetic strap for a comfortable fit on your wrist. Ensure the sensors on the back of the bracelet are in contact with your skin for accurate health monitoring.



Proper placement of the smart bracelet on the wrist for optimal comfort and sensor contact.

Operating Instructions

Digital Display and Touch Control

The Pebble Arq features a crisp digital display with intuitive touch control. Swipe up, down, left, or right to navigate through menus and tap to select options.

- **Wake Screen:** Raise your wrist or tap the screen to wake the display.
- **Navigation:** Swipe horizontally to cycle through main functions like activity tracking, heart rate, SpO2, and notifications. Swipe vertically to access settings or additional features within a menu.
- **Selection:** Tap an icon or option to select it.



The smart bracelet's digital display showing tracked data such as steps, heart rate, and current time.

Health Monitoring Features

The Pebble Arq Smart Bracelet provides comprehensive health monitoring capabilities:

- **Heart Rate Monitoring:** Continuously tracks your heart rate throughout the day. View real-time data on the bracelet or detailed trends in the app.
- **SpO2 (Blood Oxygen) Monitoring:** Measures your blood oxygen saturation levels.
- **HRV (Heart Rate Variability):** Provides insights into your autonomic nervous system activity.
- **Sleep Tracking:** Monitors your sleep patterns, including deep sleep, light sleep, and wake times. Access detailed sleep analysis in the app to improve sleep quality.
- **Female Health Tracking:** Offers features to track menstrual cycles and predict fertile windows (requires setup in the companion app).

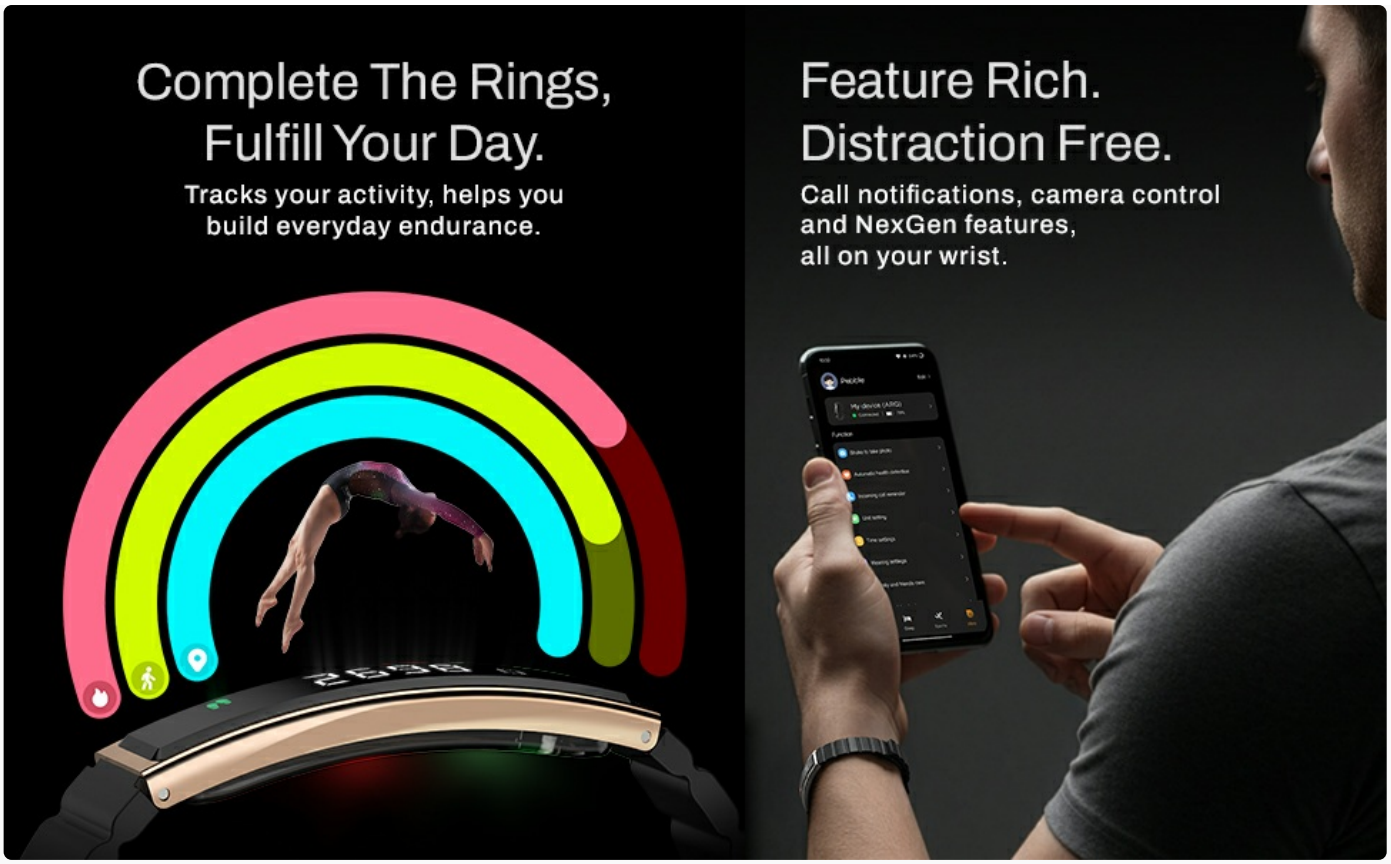


Detailed view of health metrics tracked by the smart bracelet, including heart rate, blood oxygen, stress levels, HRV, and sleep data.

Sports Modes and Activity Tracking

The bracelet supports multiple sports modes to accurately track your workouts and daily activity:

- **Multi-Sport Modes:** Select from various sports modes (e.g., walking, running, cycling) to get specific data for your activity.
- **Step Tracker:** Automatically counts your daily steps, distance covered, and calories burned.
- **Activity Rings:** Visualize your daily progress towards activity goals, encouraging you to stay active.

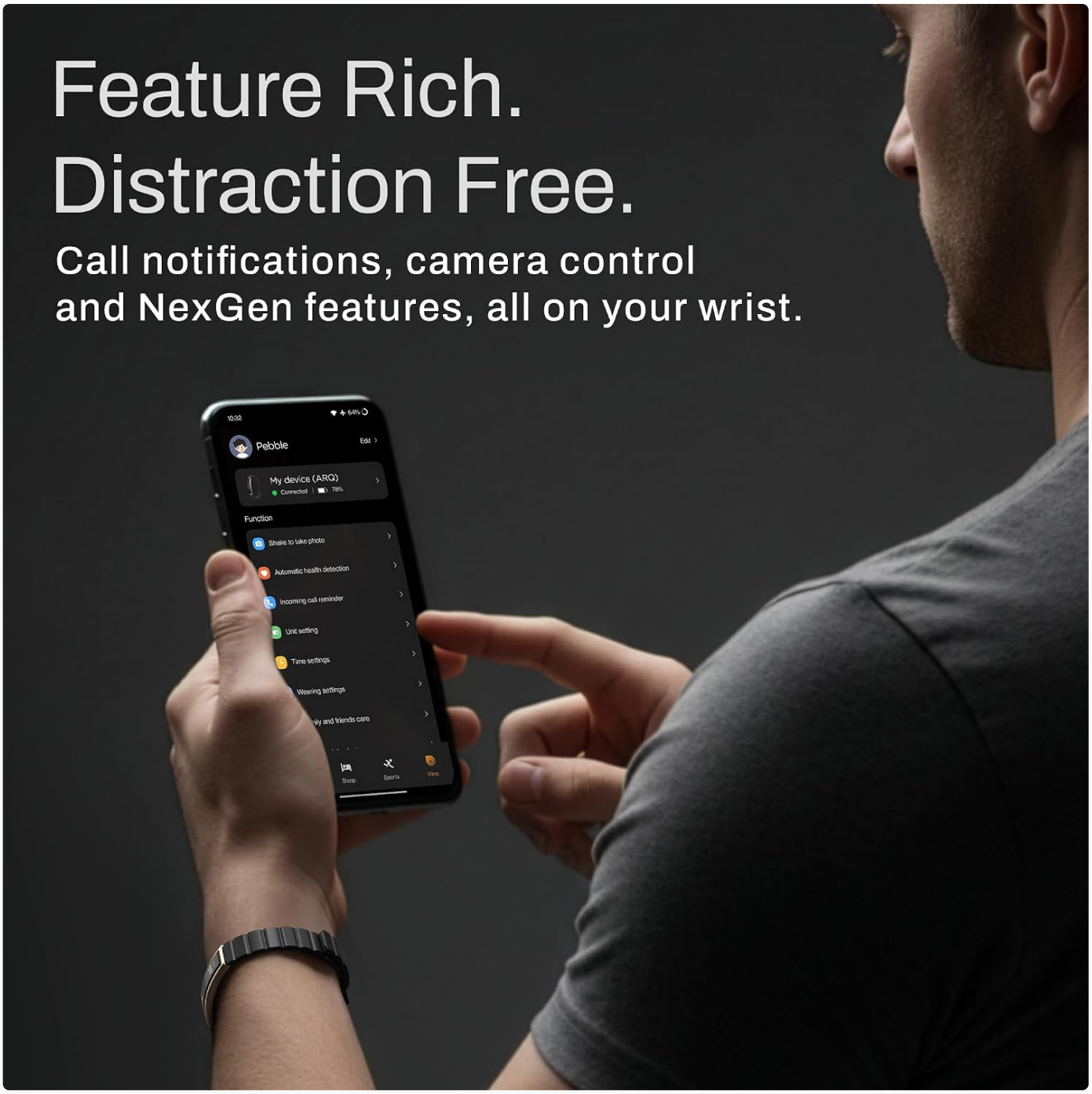


The smart bracelet's interface displaying activity rings, representing progress towards daily fitness goals.

Smart Features

Enhance your daily convenience with these smart functionalities:

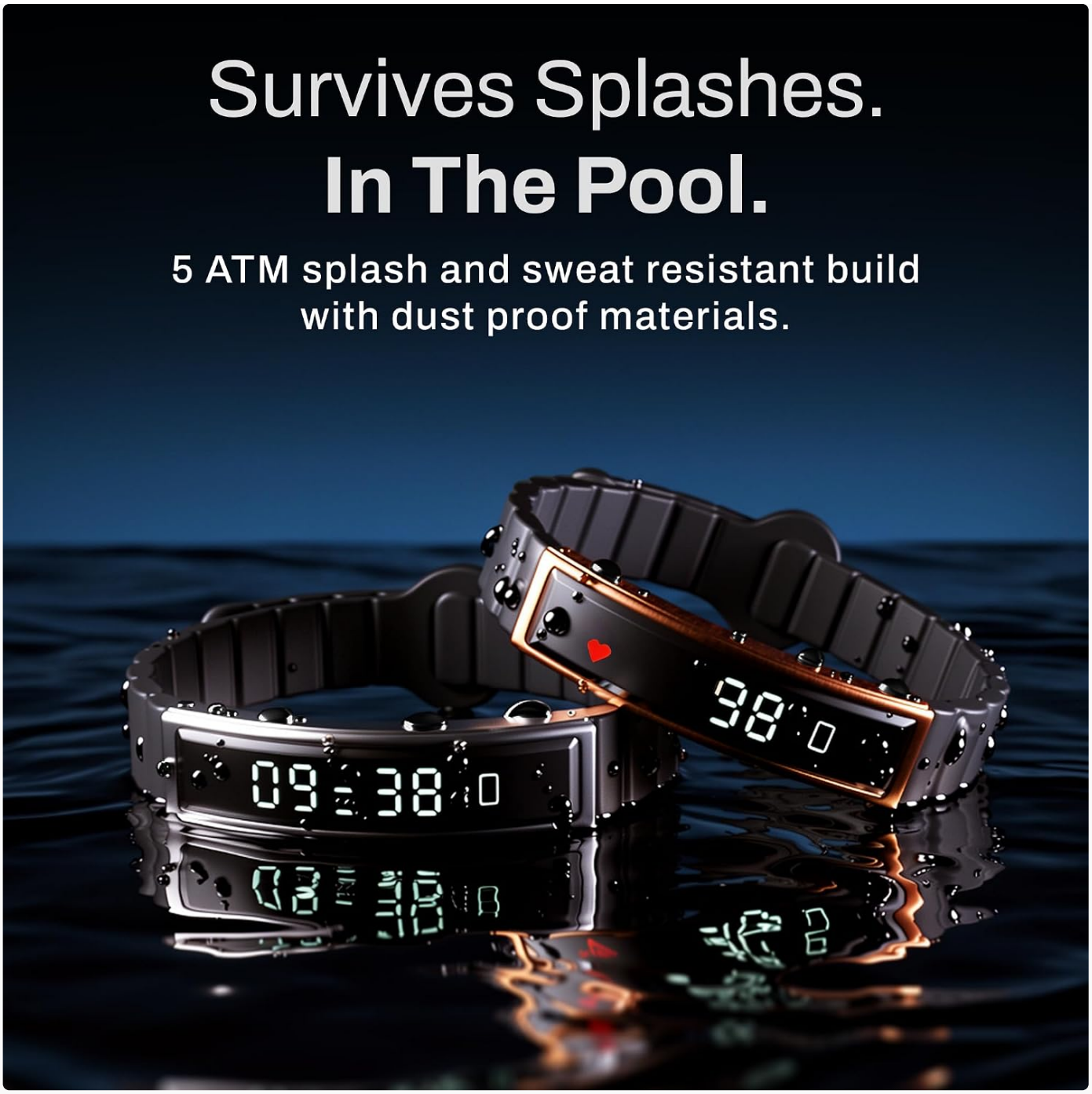
- **Call Notifications:** Receive alerts for incoming calls directly on your wrist.
- **Message Notifications:** Get notifications for SMS and app messages.
- **Remote Camera Control:** Use your bracelet as a remote shutter button for your smartphone camera.



The companion app interface, illustrating options for remote camera control and other smart features.

Maintenance

- **Cleaning:** Wipe the bracelet and sensors regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and dry thoroughly. Avoid harsh chemicals or abrasive materials.
- **Water Resistance:** The Pebble Arq is water-resistant up to 50 meters (5 ATM), making it suitable for swimming and showering. However, it is not recommended for diving or high-pressure water activities. Avoid prolonged exposure to hot water or steam.
- **Strap Care:** The magnetic strap is designed for durability. Clean it as needed and ensure the magnetic connection points are free from debris.
- **Storage:** When not in use, store the bracelet in a cool, dry place away from direct sunlight and extreme temperatures.



The smart bracelet's water resistance feature, suitable for splashes and sweat.

Troubleshooting

- **Device Not Charging:**
  - Ensure the charging cable is securely connected to both the bracelet and the power source.
  - Check if the charging pins on the bracelet and cable are clean and free from obstruction.
  - Try a different USB power adapter or port.
- **Unable to Connect/Pair:**
  - Ensure Bluetooth is enabled on your smartphone and the bracelet is within range.
  - Restart both your smartphone and the bracelet.
  - If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the app.
  - Ensure the Pebble app is updated to the latest version.

- **Display Not Turning On:**
  - Ensure the device is charged.
  - Try tapping the screen or raising your wrist.
  - If the issue persists, contact customer support.
- **Inaccurate Health Data:**
  - Ensure the bracelet is worn snugly on your wrist, with the sensors in direct contact with your skin.
  - Avoid wearing the bracelet too loosely or too tightly.
  - Clean the sensor area regularly.

Specifications

Feature	Detail
Model Name	ARQ
Model Number	PFB25
Operating System	Pebble OS
Display Type	Digital
Human Interface Input	Touchscreen
Connectivity Technology	Bluetooth
Compatible Devices	Smartphone (iOS and Android)
Metrics Measured	Heart Rate Monitor, Blood Oxygen Monitor
Water Resistance Level	Water Resistant (50 Metres)
Band Material Type	Magnetic
Battery Capacity	18 milliamp_hours
Box Contents	Charging Cable
Item Weight	100 Grams

Warranty Information

The Pebble Arq Smart Bracelet comes with a **1 Year Manufacturer Warranty** from the date of purchase. This warranty covers manufacturing defects. Please retain your purchase receipt as proof of purchase for warranty claims.
For detailed terms and conditions, please refer to the warranty card included in your product packaging or contact customer support.

Support

For any queries, technical assistance, or warranty claims, please contact Pebble customer support:

- **Email:** support@pebblecart.com

- **Phone:** +91 88002 71651
- **Importer/Manufacturer Address:** SRK Powertech Pvt Ltd A-12, Hoseiry Complex Phase-2, Noida, UP-201305

Please have your model number (PFB25) and proof of purchase ready when contacting support.

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