

Lotto Runex R4

Lotto Runex R4 Electric Folding Treadmill User Manual

Model: Runex R4

1. INTRODUCTION

Thank you for choosing the Lotto Runex R4 Electric Folding Treadmill. This manual provides essential information for the safe assembly, operation, and maintenance of your treadmill. Please read this manual thoroughly before using the product and retain it for future reference. Proper use and maintenance will ensure the longevity and optimal performance of your equipment.

Important Safety Information

- Always consult with a physician before starting any new exercise program.
- Keep children and pets away from the treadmill during operation.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Ensure the safety key is properly attached before starting the treadmill.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Wear appropriate athletic footwear during use.
- Maximum user weight: 100 kg (220 lbs).

2. PRODUCT OVERVIEW

The Lotto Runex R4 is a compact, foldable electric treadmill designed for home use, featuring a powerful 2 HP motor, LED console, and Bluetooth connectivity.



Figure 2.1: Overview of the Lotto Runex R4 Electric Folding Treadmill in its operational state.

Main Components:

- **Console:** LED display for speed, time, distance, calories, and pulse. Includes control buttons, tablet/smartphone holder, and integrated speakers.
- **Handrails:** Equipped with pulse sensors.
- **Running Belt:** 105x40 cm surface with shock absorption system.
- **Safety Key:** Magnetic key for emergency stop.
- **Folding Mechanism:** Allows for 100% folding to save space.
- **Transport Wheels:** For easy relocation when folded.



Figure 2.2: Close-up view of the LED console with control buttons, USB, AUX ports, and safety key attachment point.

3. SETUP

The Lotto Runex R4 treadmill comes 95% pre-assembled. Follow these steps to complete the setup:

1. **Unpacking:** Carefully remove the treadmill from its packaging. Retain packaging materials for potential future transport or storage.
2. **Positioning:** Place the treadmill on a firm, level surface. Ensure there is at least 2 meters (6.5 feet) of clear space behind the treadmill and 0.5 meters (1.6 feet) on each side.
3. **Unfolding:**
 - Gently lift the console and handrail assembly until it locks into the upright position.
 - Ensure all locking mechanisms are securely engaged.
4. **Power Connection:** Connect the power cord to the treadmill's power inlet and then to a grounded electrical outlet.
5. **Safety Key:** Attach the safety key clip to your clothing and place the magnetic end onto the

designated area on the console. The treadmill will not operate without the safety key in place.



Figure 3.1: The treadmill in its fully assembled and upright position, ready for use.

4. OPERATING INSTRUCTIONS

4.1 Console Functions

The LED console displays key workout metrics and allows control over the treadmill's functions.

- **Display:** Shows Speed, Time, Distance, Calories, and Pulse.
- **START/PAUSE Button:** Press to start or pause your workout.
- **STOP Button:** Press to stop the treadmill. In an emergency, pull the safety key.
- **SPEED +/- Buttons:** Adjust the running belt speed from 1 to 14 km/h.
- **PROG (Program) Button:** Select from 12 pre-set workout programs.
- **MODE Button:** Cycle through display modes or set target values for time, distance, or calories.
- **Pulse Sensors:** Grip the handrail sensors to measure your heart rate.
- **USB/AUX Ports:** For charging devices or connecting external audio.

- **Speakers:** Integrated speakers for audio playback.
- **Tablet/Smartphone Holder:** Securely holds your device during workouts.

4.2 Starting a Workout

1. Ensure the treadmill is plugged in and the safety key is attached to the console and your clothing.
2. Step onto the side rails of the treadmill.
3. Press the **START/PAUSE** button. The treadmill will begin at a low speed.
4. Gradually increase the speed using the **SPEED +/-** buttons to your desired pace.
5. To stop, press the **STOP** button or pull the safety key for an immediate stop.

4.3 Manual Incline Adjustment

The Runex R4 features a 2-level manual incline. To adjust the incline:

1. Stop the treadmill and unplug it from the power source.
2. Locate the incline adjustment pins at the rear base of the treadmill.
3. Lift the rear of the treadmill slightly and adjust the pins to the desired incline level (Level 1 or Level 2).
4. Ensure both pins are securely in place before plugging in and using the treadmill.

4.4 Bluetooth Connectivity and Apps

Connect your smartphone or tablet via Bluetooth to enhance your workout experience with compatible applications.

- **FitShow/Kinomap:** Download the FitShow or Kinomap app from your device's app store. Follow the in-app instructions to pair your device with the treadmill for control and tracking.
- **Zwift:** The treadmill is compatible with Zwift, allowing you to engage in virtual interactive workouts with other users. Refer to the Zwift app for pairing instructions.

4.5 Folding and Storage

The 100% foldable design allows for convenient storage.

1. Ensure the treadmill is stopped and unplugged.
2. Gently lift the running deck until it locks into the vertical folded position.
3. To unfold, release the locking mechanism and slowly lower the running deck until it is flat on the floor.
4. Use the integrated transport wheels to move the folded treadmill.



Figure 4.1: The Lotto Runex R4 Electric Folding Treadmill in its compact, folded state for storage.

5. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid abrasive cleaners or solvents.
- **Running Belt Lubrication:** Periodically lubricate the running belt according to the instructions provided in the separate lubrication guide (if included) or consult the manufacturer's recommendations. This typically involves applying silicone lubricant under the belt.
- **Belt Tension and Alignment:** Check the running belt tension and alignment regularly. Adjust if the belt slips or drifts to one side. Refer to the detailed instructions in the full user manual for adjustment procedures.
- **Power Cord Inspection:** Regularly inspect the power cord for any damage. If damaged, contact customer support for replacement.

6. TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not connected; Safety key not in place; Power switch off.	Ensure power cord is securely plugged in; Place safety key on console; Turn on power switch.
Running belt slips.	Belt tension too loose.	Adjust belt tension according to the full user manual.
Running belt drifts to one side.	Belt alignment incorrect.	Adjust belt alignment according to the full user manual.

Problem	Possible Cause	Solution
Unusual noise during operation.	Loose components; Lack of lubrication.	Check for and tighten any loose parts; Lubricate the running belt if necessary.

If the problem persists after attempting these solutions, please contact customer support.

7. SPECIFICATIONS

Feature	Detail
Model	Runex R4
Motor	2 HP
Speed Range	1 - 14 km/h
Incline	2 Manual Levels
Running Surface	105 x 40 cm
Max User Weight	100 kg (220 lbs)
Assembled Dimensions (L x W x H)	129 x 62 x 105 cm
Folded Dimensions (L x W x H)	125 x 59 x 17 cm
Console Display	LED with white light
Connectivity	Bluetooth (FitShow, Kinomap, Zwift compatible)
Programs	12 Pre-set Programs
Features	Foldable, Shock Absorption, Pulse Sensors, Integrated Speakers, Tablet/Smartphone Holder, Bottle Holder
Net Weight	27 kg
Gross Weight	30 kg
Material	Metal

8. WARRANTY AND SUPPORT

The Lotto Runex R4 Electric Folding Treadmill comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms and conditions.

For technical assistance, spare parts, or warranty claims, please contact your retailer or the Lotto customer support team. Ensure you have your model number (Runex R4) and proof of purchase available when contacting support.

Contact Information: (Please refer to your purchase documentation for specific contact details.)

