Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

swancode KM001

swancode 3-in-1 Heated Knee Massager Instruction Manual

Model: KM001 | Brand: swancode

1. Introduction

The swancode 3-in-1 Heated Knee Massager (Model KM001) is designed to provide targeted comfort and relaxation for the knee, elbow, and shoulder. This portable and rechargeable device combines heat therapy with vibration massage to help alleviate discomfort and stiffness. Please read this manual thoroughly before use to ensure safe and effective operation.



Image: The swancode 3-in-1 Heated Knee Massager applied to a knee, illustrating its design and functionality.

2. Important Safety Information

WARNING: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This device is intended for personal comfort and relaxation. Consult a healthcare professional before use if you have any pre-existing medical conditions, are pregnant, or have sensitive skin.

- Do not use while sleeping.
- Do not use on open wounds, swollen areas, or skin irritations.

- Keep out of reach of children.
- Do not disassemble or modify the device.
- Use only the provided charging cable.
- If discomfort occurs, discontinue use immediately.

3. Package Contents

Verify that all items are present in the package:

- swancode Heated Knee Massager Unit
- Knee Sleeve
- Extension Strap
- User Manual (this document)
- USB Charging Cable

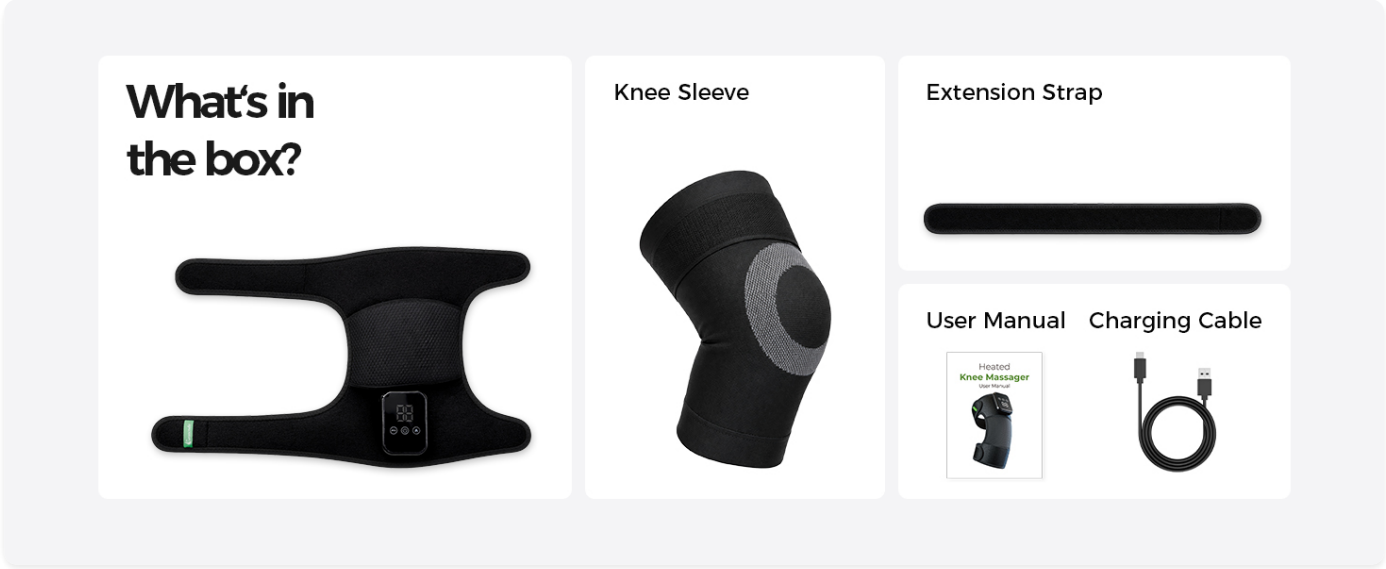


Image: Contents of the swancode Heated Knee Massager package.

4. Product Features

- **3-in-1 Functionality:** Combines heat and vibration for comfort on the knee, elbow, or shoulder.
- **Soothing Comfort:** Helps relieve pain, soreness, and stiffness.
- **Portable and Cordless:** Rechargeable design for use at home, office, or while traveling.
- **Adjustable Extension Strap:** Ensures a flexible fit for various body sizes and application areas.
- **Extended Heating Area:** Provides wide massage coverage.
- **Easy Operation:** Simple controls and clear mode display.
- **Ergonomic Comfort Fit:** Designed for natural wear.
- **Skin-Friendly Material:** Made from cotton for comfort.
- **Long Battery Life:** Up to 10 uses per charge.

Heat and Vibration Modes

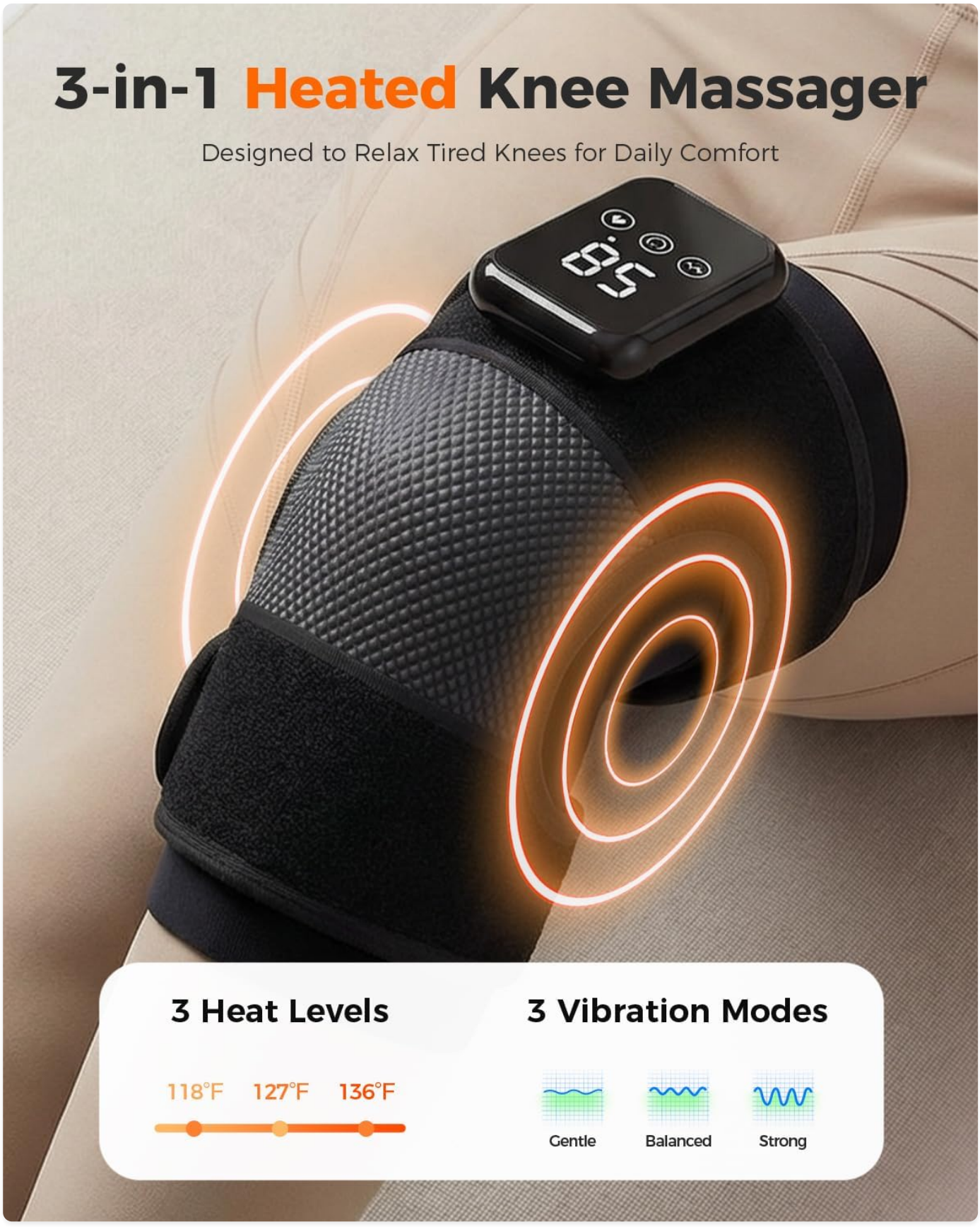


Image: Display of the 3 heat levels and 3 vibration modes.

- **Heat Levels:** 118°F, 127°F, 136°F
- **Vibration Modes:** Gentle, Balanced, Strong

Multi-Area Application



Image: The massager can be used on the knee, elbow, and shoulder.

Cordless and Portable Design



Image: The massager is cordless and portable for use anywhere.

5. Setup

5.1 Charging the Device

1. Connect the provided USB charging cable to the charging port on the massager unit.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
3. The battery indicator on the display will show charging status. A full charge takes approximately 1 hour.
4. Disconnect the charger once fully charged. The device is ready for use.

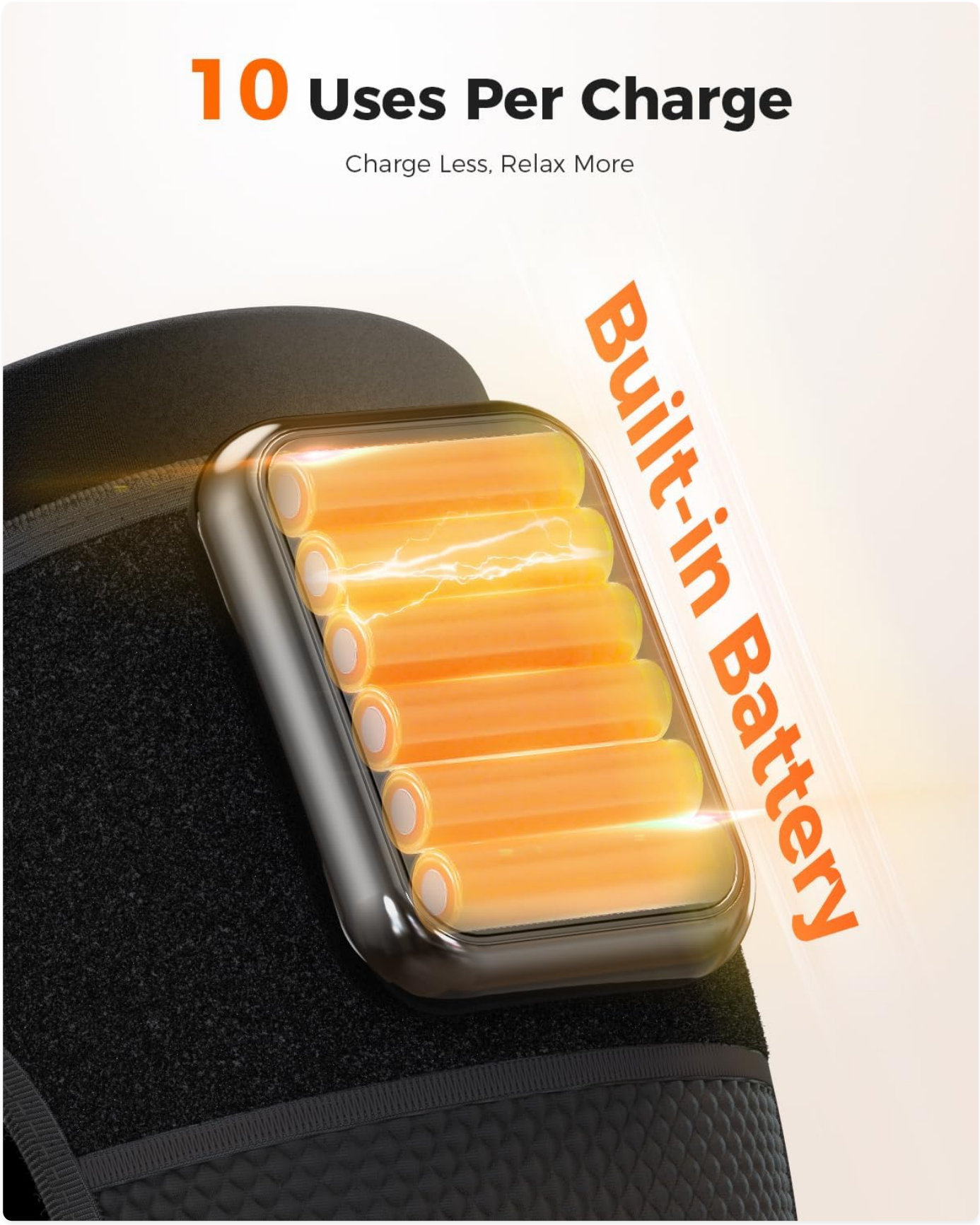


Image: The massager features a built-in battery for portability and extended use.

5.2 Attaching the Massager

1. Place the massager unit over the desired area (knee, elbow, or shoulder).
2. Secure the massager using the attached Velcro straps. Ensure a snug but comfortable fit.
3. For larger areas or different body parts, use the extension strap to achieve a proper fit.
4. If desired, wear the knee sleeve underneath the massager for added comfort or to reduce direct heat intensity.



Image: Ergonomic design with secure Velcro straps and skin-friendly material.

6. Operating Instructions

The control panel features three buttons for easy operation:

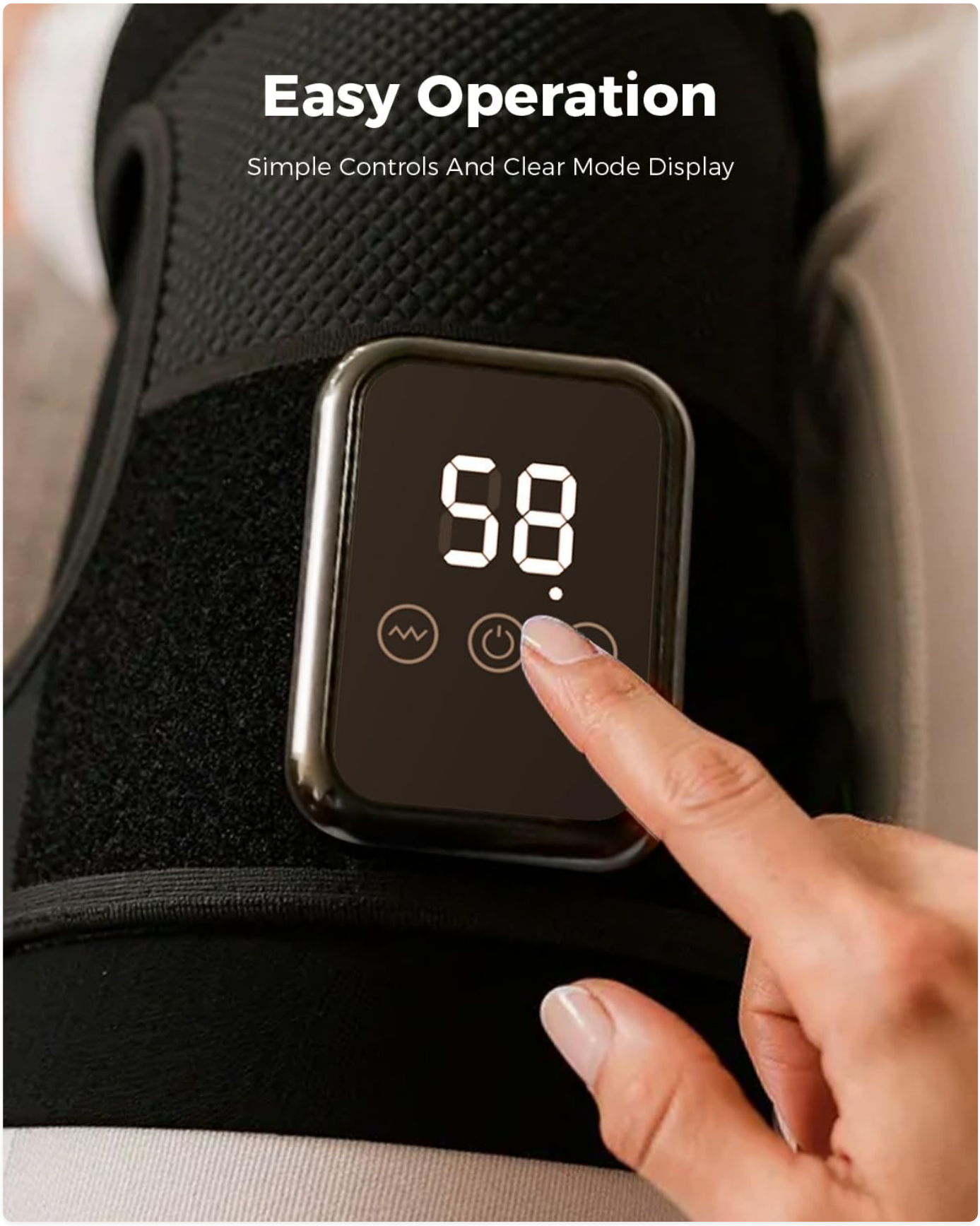


Image: Control panel with Power, Heat, and Vibration buttons.

1. **Power On/Off:** Press and hold the power button ( ) for 2-3 seconds to turn the device on or off. The display will light up.
2. **Adjust Heat Level:** Press the heat button ( ) to cycle through the three heat levels (Low, Medium, High). The current heat level will be indicated on the display.
3. **Adjust Vibration Mode:** Press the vibration button (∿) to cycle through the three vibration modes (Gentle, Balanced, Strong). The current vibration intensity will be shown on the display (e.g., 48, 53, 58).
4. **Automatic Shut-off:** For safety and energy conservation, the device will automatically shut off after 15 minutes of continuous operation. You can restart it by pressing the power button again.

Your browser does not support the video tag.

Video: Demonstrates the operation of the swancode Knee Massager, including power, heat, and vibration adjustments. This video is provided by Swancode (Seller).

7. Maintenance

7.1 Cleaning

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the surface of the massager unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- The fabric components (straps, sleeve) can be hand-washed with mild soap and air-dried.

7.2 Storage

- Store the device in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep the device away from sharp objects to prevent damage.

8. Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Low battery.	Charge the device for at least 1 hour.
No heat or weak heat.	Heat setting is too low or device is not properly positioned.	Increase the heat level. Ensure the massager is snug against the skin (use sleeve if heat is too intense).
No vibration or weak vibration.	Vibration setting is too low.	Increase the vibration mode.
Device shuts off unexpectedly.	Automatic 15-minute shut-off activated.	Turn the device back on if further use is desired.

Problem	Possible Cause	Solution
Discomfort during use.	Too much pressure, heat too high, or improper positioning.	Adjust straps for a looser fit, lower heat/vibration settings, or reposition the device. Discontinue use if discomfort persists.

9. Specifications

- **Model:** KM001
- **Product Dimensions:** 21.06 x 6.1 x 0.1 inches
- **Weight:** 1.15 pounds
- **Power Source:** Battery Powered (1 Nonstandard Battery included)
- **Charging Time:** Approximately 1 hour
- **Target Use Body Part:** Elbow, Knee, Shoulder
- **Product Benefits:** Pain Relief
- **Massage Therapy Technique:** Vibration
- **Material Type:** Cotton
- **Color:** Black
- **UPC:** 745431839057

10. Warranty and Support

For warranty information or product support, please contact swancode customer service through the retailer where the product was purchased or visit the official swancode website. Please have your model number (KM001) and purchase details ready when contacting support.

Manufacturer: swancode

Date First Available: January 1, 2026

© 2026 swancode. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B0G5WMZ2F1

More documents and user manuals: **https://manuals.plus/**