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ZIPRO Eclipse X

ZIPRO Eclipse X Foldable Exercise Bike

User Manual

INTRODUCTION

Thank you for choosing the ZIPRO Eclipse X Foldable Exercise Bike. This manual provides essential information for the safe and efficient use of your new fitness equipment. The Eclipse X is designed for comfortable home workouts, featuring a foldable structure, adjustable seat, and stable design. It integrates easily into small spaces and is simple to move. Its adjustable magnetic resistance system offers 8 levels, ensuring smooth and silent operation suitable for all fitness levels.

SAFETY INFORMATION

Please read all instructions carefully before assembly and use. Keep this manual for future reference.

- Consult your physician before starting any exercise program.
- Ensure all parts are securely fastened before each use.
- Place the exercise bike on a flat, stable surface.
- Keep children and pets away from the equipment during operation.
- Do not exceed the maximum user weight of 110 kg (242 lbs).
- Wear appropriate exercise attire and footwear.
- Stop exercising immediately if you feel faint, dizzy, or experience pain.

SETUP AND ASSEMBLY

The ZIPRO Eclipse X is designed for easy setup. Follow these steps to prepare your bike for use.

1. Unpacking

Carefully remove all components from the packaging. Check against the parts list (not provided in this manual, refer to your product's included guide) to ensure all items are present and undamaged.

2. Unfolding the Bike

To unfold the bike, locate the folding mechanism (often a pin or lever near the main frame hinge). Release the mechanism and carefully extend the frame until it locks into the upright position. Ensure the locking pin is fully engaged for stability.



Figure 1: Unfolding the ZIPPRO Eclipse X exercise bike. The image illustrates the process of extending the bike frame from its folded state to its operational position, with an emphasis on the hinge and locking mechanism.



Figure 2: Visual guide to folding and unfolding the exercise bike. Arrows indicate the movement for folding and unfolding, demonstrating how the bike transforms from a compact state to a ready-to-use configuration.

3. Adjusting the Seat

The seat height and distance are adjustable for optimal comfort. Loosen the adjustment knob located beneath the seat, slide the seat to your desired height and distance, and then securely tighten the knob. Ensure your knees have a slight bend at the bottom of the pedal stroke.



Figure 3: Adjusting the seat of the ZIPRO Eclipse X. This image shows a user adjusting the seat, with measurements for optimal height (80-85 cm) and user height (160-185 cm) and weight (<110 kg) guidelines.



Figure 4: Seat adjustment and user compatibility. This image provides a clear visual of the adjustable seat mechanism and recommended user dimensions for comfortable and safe operation.

OPERATING INSTRUCTIONS

1. Powering On the Console

The console is battery-powered. It will automatically turn on when you start pedaling or press any button. To conserve battery, it will automatically turn off after a period of inactivity.

2. Using the Console Display

The integrated computer display tracks your workout metrics:

- **Time:** Duration of your workout.
- **Speed:** Current cycling speed.
- **Distance:** Total distance covered during the session.
- **Calories:** Estimated calories burned.
- **Pulse:** Heart rate measured via hand sensors on the handlebars.

Use the "MODE" button to cycle through display functions. "RESET" typically clears current workout data. "SET" may be used for setting target values.

Entraînement sous contrôle



Figure 5: Console display and controls. This image highlights the digital display showing various workout parameters like time, pulse, calories, distance, and speed, along with the control buttons.

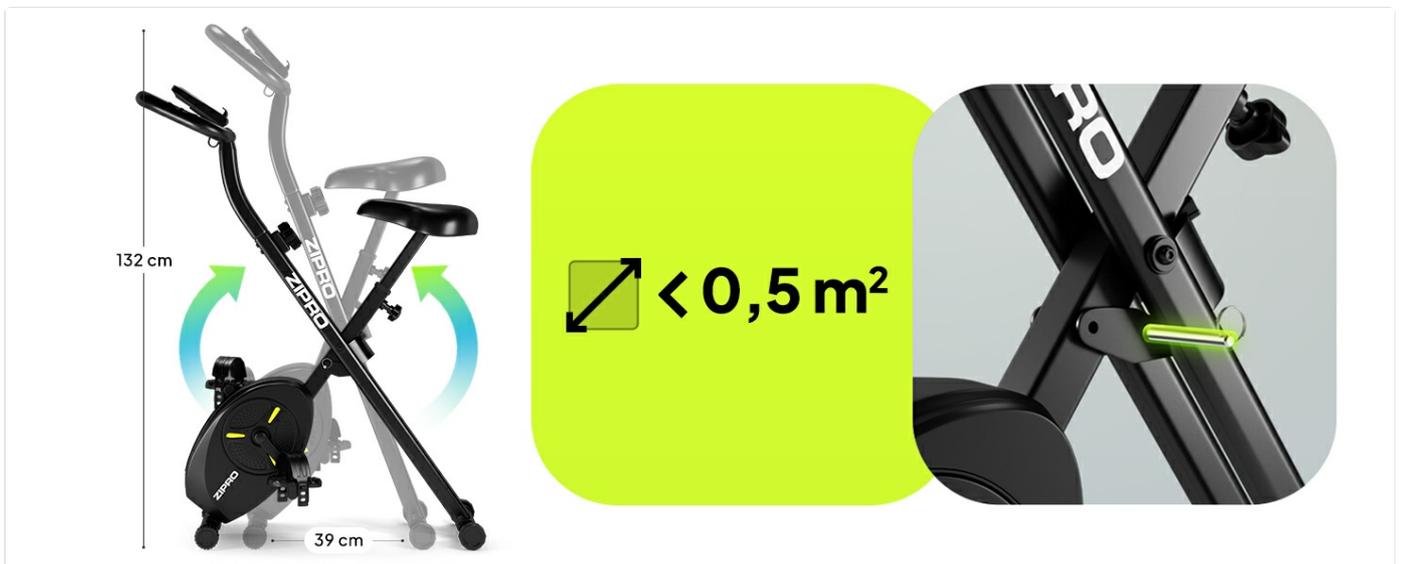


Figure 6: Detailed tracking via the console. The image shows a user's hand on the console, with icons representing tracked metrics: Time, Pulse, Calories Burned, Distance, and Speed.

3. Adjusting Magnetic Resistance

The bike features 8 levels of magnetic resistance. Turn the resistance knob, located on the main frame, clockwise to increase resistance and counter-clockwise to decrease it. Start with a lower resistance and gradually increase as your fitness improves.

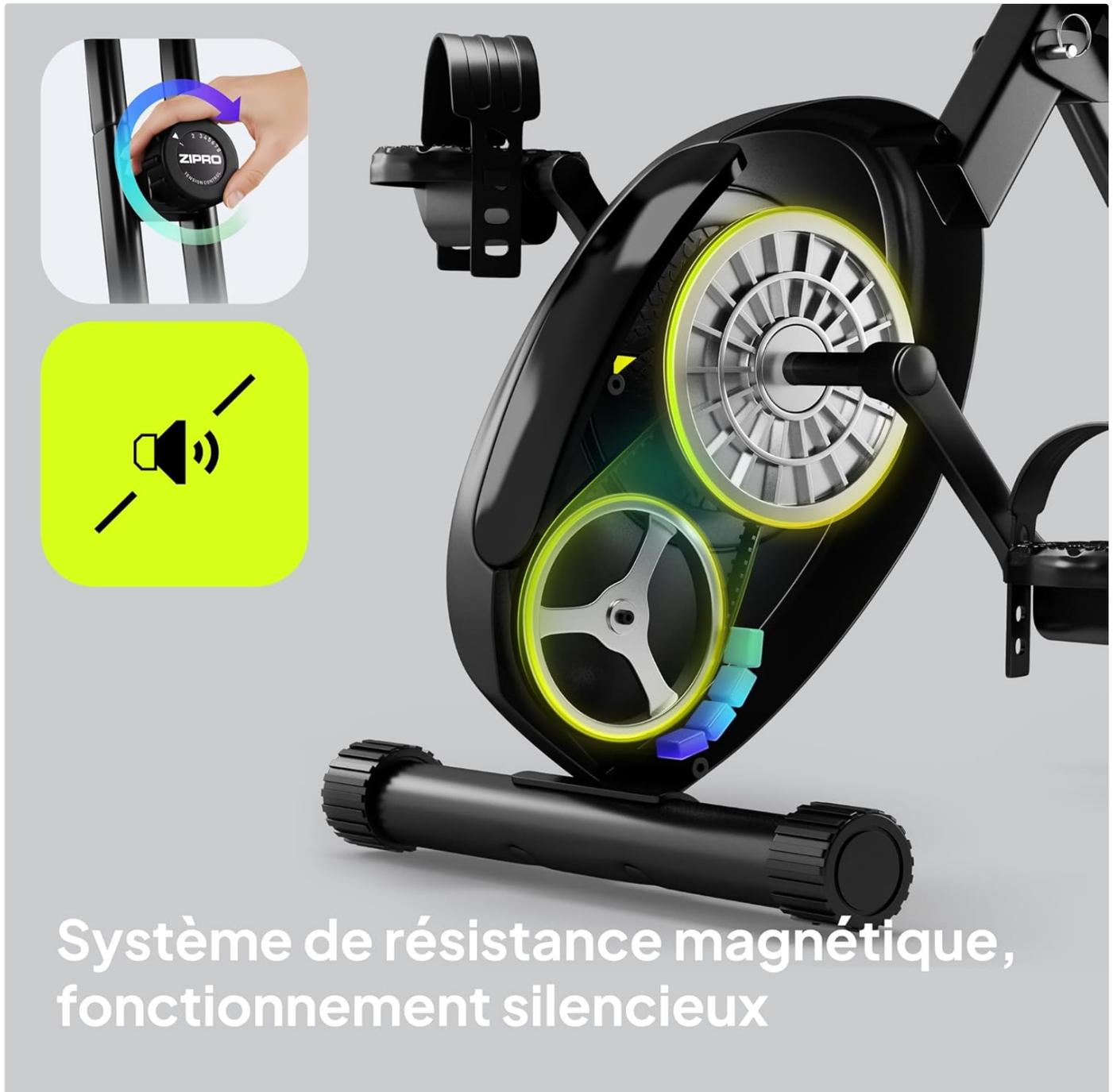


Figure 7: Magnetic resistance system. This image displays the resistance adjustment knob and an internal view of the magnetic resistance mechanism, emphasizing silent operation.



Figure 8: Resistance control dial. A hand is shown turning the resistance knob, which has settings from 1 to 8, indicating the adjustable magnetic resistance levels.

4. Using Pedal Straps

The non-slip pedals are equipped with adjustable straps. Place your feet on the pedals and tighten the straps to secure your feet, preventing them from slipping during your workout.

5. Bluetooth Connectivity and Phone Holder

The ZIPRO Eclipse X features Bluetooth connectivity, allowing for data management with compatible fitness applications. A phone holder is integrated into the console for convenience.



Figure 9: Integrated phone holder. This image shows a tablet or smartphone securely placed in the holder above the console, indicating the bike's connectivity features.

MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your exercise bike.

- **Cleaning:** Wipe down the bike with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Inspections:** Periodically check all bolts, nuts, and moving parts for tightness and wear. Tighten any loose fasteners.

- **Lubrication:** The magnetic resistance system is generally maintenance-free. Do not lubricate internal components unless specifically instructed by the manufacturer.
- **Storage:** When not in use, fold the bike for compact storage. Ensure it is stored in a dry, cool place away from direct sunlight.



Figure 10: Compact storage of the folded bike. The image shows the ZIPRO Eclipse X folded, occupying less than 0.5 m², demonstrating its space-saving design for easy storage.



Figure 11: Folded dimensions for space efficiency. This image illustrates the bike in its folded state, highlighting its compact dimensions and minimal space requirement.

TROUBLESHOOTING

Refer to this section for common issues and their solutions.

Problem	Possible Cause	Solution
Console not displaying	Dead batteries; Loose connection	Replace batteries (AA or AAA, typically); Check console cable connections.
Unusual noise during operation	Loose parts; Friction from moving components	Check and tighten all bolts and nuts. Ensure no foreign objects are caught in the mechanism.
Resistance not changing	Resistance cable disconnected or damaged	Inspect the resistance cable connection to the knob and the flywheel. Contact support if damaged.
Bike feels unstable	Not fully unfolded/locked; Uneven surface	Ensure the folding mechanism is fully engaged. Place the bike on a level surface.

SPECIFICATIONS

Feature	Detail
Model Name	Eclipse X
Item Model Number	15248434
Brand	ZIPRO
Color	Black
Resistance Mechanism	Magnetic (8 levels)
Drive System	Pedals
Material	PU (main material)

Feature	Detail
Max User Weight Capacity	110 Kilograms
Max Recommended User Height	185 Centimeters
Product Dimensions (L x W x H)	85.5 x 44.5 x 107.5 cm (Unfolded)
Folded Footprint	Less than 0.5 m ²
Item Weight	14.4 Kilograms
Power Source	Battery Powered (for console)
Special Features	Bluetooth connectivity, Integrated transport wheels, Adjustable seat (height and distance), Foldable design
Recommended Use	Indoor
Country of Origin	China

WARRANTY INFORMATION

The ZIPRO Eclipse X exercise bike comes with a standard manufacturer's warranty. Please refer to the warranty card included with your product for specific terms, conditions, and duration. Keep your proof of purchase for any warranty claims.

CUSTOMER SUPPORT

For technical assistance, spare parts, or any questions regarding your ZIPRO Eclipse X exercise bike, please contact ZIPRO customer support. Contact details can typically be found on the manufacturer's website or on the packaging materials.

You may also visit the official ZIPRO website for FAQs and additional resources: www.zipro.pl (Note: This is a placeholder URL, please verify the correct support website).