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› Celly Trainerwatch Smartwatch User Manual

Celly Trainerwatch (B0G575L819)

Celly Trainerwatch Smartwatch User Manual

Model: Trainerwatch (B0G575L819)

INTRODUCTION

This manual provides comprehensive instructions for the Celly Trainerwatch Smartwatch, Model B0G575L819. It covers setup, operation, maintenance, and troubleshooting to ensure optimal performance and user experience. Please read this manual thoroughly before using your device.



Image: Front view of the Celly Trainerwatch Smartwatch, displaying a digital watch face.

WHAT'S IN THE BOX

Upon unboxing your Celly Trainerwatch, ensure all components are present:

- Celly Trainerwatch Smartwatch
- Charging Cable
- Silicone Strap
- User Manual (this document)

SETUP

1. Charging the Device

Before initial use, fully charge your Celly Trainerwatch.

1. Connect the charging cable to the charging port on the back of the smartwatch.
2. Plug the other end of the charging cable into a USB power adapter (not included) or a computer's USB port.
3. The watch display will indicate charging status. A full charge typically takes approximately 2 hours.



Image: Rear view of the smartwatch, highlighting the charging pins and optical sensors.

2. Pairing with Your Smartphone

To unlock all features, pair your smartwatch with a compatible smartphone (iOS or Android).

1. Download the official Celly companion app from your smartphone's app store.
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Celly app and follow the on-screen instructions to add a new device.
4. Select "Celly Trainerwatch" from the list of available devices.
5. Confirm the pairing request on both your smartphone and the smartwatch.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and notifications. Tap to select.
- **Side Button:** Press the side button to wake the screen, return to the watch face, or access the app menu.



Image: The smartwatch display showing a grid of application icons, representing various functions like calendar, music, weather, and fitness tracking.

Making and Receiving Calls

The Celly Trainerwatch supports Bluetooth calling directly from your wrist.

- **To Make a Call:** Access the phone app on your watch, select a contact or dial a number, and initiate the call.
- **To Receive a Call:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to decline.

Fitness Tracking

Monitor your health and fitness activities with the integrated sensors.

- **Heart Rate Monitoring:** The watch continuously tracks your heart rate. Access the heart rate app for real-time data and historical trends.
- **Sleep Monitoring:** Wear the watch to bed for automatic sleep tracking. View your sleep patterns and quality in the companion app.
- **Activity Tracking:** The watch records steps, distance, and calories burned. Select specific sport modes for detailed workout analysis.



Image: A close-up of the smartwatch's optical heart rate sensor, accompanied by graphical representations of heart rate data and sleep tracking information.

MAINTENANCE

Cleaning Your Smartwatch

- Wipe the screen and body with a soft, damp, lint-free cloth.
- Avoid using abrasive cleaners or solvents.
- Ensure the charging contacts are clean and dry before charging.

Water Resistance

The Celly Trainerwatch is water resistant. It is suitable for daily use and can withstand splashes, rain, and brief immersion. However, it is not recommended for swimming, diving, or high-pressure water activities.

Battery Care

- To prolong battery life, avoid extreme temperatures.
- Charge the device regularly, even if not in constant use.

TROUBLESHOOTING

Problem	Possible Solution
Device not turning on	Ensure the device is fully charged. Connect to the charger for at least 30 minutes.
Cannot pair with smartphone	• Ensure Bluetooth is enabled on your phone. • Make sure the watch is within range of your phone. • Restart both the watch and your phone. • Check if the Celly app is updated to the latest version.
Inaccurate fitness data	• Ensure the watch is worn snugly on your wrist, not too loose or too tight. • Clean the sensors on the back of the watch. • Update the watch firmware via the companion app.

Problem	Possible Solution
Short battery life	• Reduce screen brightness. • Disable unnecessary notifications. • Limit continuous heart rate monitoring if not needed.

SPECIFICATIONS

Feature	Detail
Model Number	B0G575L819
Display Type	AMOLED
Connectivity	Bluetooth
Battery Type	Lithium Polymer
Average Battery Life	Up to 7 Days
GPS Functionality	No GPS
Water Resistance	Water Resistant (suitable for splashes, rain)
Compatible Devices	Smartphones (iOS and Android)
Band Material	Silicone
User Interface	Touchscreen

WARRANTY INFORMATION

The Celly Trainerwatch (Model B0G575L819) comes with a **2-year manufacturer's limited warranty**. This warranty covers defects in materials and workmanship under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or normal wear and tear.

For warranty claims, please retain your proof of purchase and contact Celly customer support.

SUPPORT

For further assistance, technical support, or frequently asked questions, please visit the official Celly website or contact their customer service department.

- **Official Celly Store:** [Visit Celly Store on Amazon](#)
- **Online Support:** Refer to the Celly official website for support resources.



