

## Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

› [TOPUTURE](#) /

› [TOPUTURE TP4 Foldable Walking Pad Treadmill User Manual](#)

## TOPUTURE TP4

# TOPUTURE TP4 Foldable Walking Pad Treadmill User Manual

Model: TP4 | Brand: TOPUTURE

## 1. IMPORTANT SAFETY INFORMATION

Please read this manual thoroughly before operating the TOPUTURE TP4 Foldable Walking Pad Treadmill. Retain this manual for future reference. Failure to follow these instructions may result in injury or damage to the product.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space around the treadmill (at least 2 feet on sides and 6 feet behind).
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear.
- Use the safety key at all times. Attach the clip to your clothing. The treadmill will stop if the safety key is disengaged.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Maximum user weight: 300 pounds.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.

## 2. PACKAGE CONTENTS

Verify that all components are present in the package:

- TOPUTURE TP4 Foldable Walking Pad Treadmill
- Safety Key
- Power Cord
- Remote Control
- User Manual (this document)
- L-Wrench (for belt adjustment)
- Lubricating Oil



Figure 2.1: The TOPUTURE TP4 Foldable Walking Pad Treadmill in both upright and under-desk configurations.

This image displays the TOPUTURE TP4 treadmill, showcasing its versatility. On the left, a user is jogging with the handle bar upright, while on the right, the treadmill is folded flat and positioned under a standing desk for walking during work. This highlights its dual functionality as a traditional treadmill and an under-desk walking pad.

### 3. SETUP

#### 3.1 Unfolding and Initial Assembly

The TOPUTURE TP4 treadmill comes largely pre-assembled. Follow these steps to prepare it for use:

1. Carefully remove the treadmill from its packaging.
2. Place the treadmill on a flat, stable surface.
3. Unfold the handle bar by lifting it into the upright position. Secure it by tightening the knobs on both sides.
4. Ensure the device holder (for phone/tablet) is securely attached to the handle bar.

5. Plug the power cord into a grounded electrical outlet.
6. Insert the safety key into its designated slot on the console.

**Your browser does not support the video tag.**

Video 3.1: Demonstrating the unfolding and setup of the TOPUTURE 4 IN 1 Treadmill with Incline.

This video provides a visual guide on how to quickly unfold the treadmill from its compact storage position and prepare it for use. It highlights the ease of setup, showing the handle bar being raised and secured, and the overall readiness for various exercise modes.

### **3.2 Adjusting the Incline**

The TP4 features a manual incline of 9% to enhance calorie burning. To adjust the incline:

1. Ensure the treadmill is powered off and unplugged.
2. Locate the incline adjustment pins at the rear of the treadmill.
3. Unfold the footpad and insert the pin into the desired slot to achieve the 9% incline.
4. Adjust the middle footpad for stability.
5. To return to a flat (0%) position, remove the pins and fold the footpad back.

# Adjustable 0%-9% Incline Treadmill

## Boost fat burning



Figure 3.2: Visual representation of the 0% and 9% manual incline settings.

This image illustrates the two incline options available on the treadmill: a flat 0% incline and a raised 9% incline. It visually demonstrates how the incline changes the angle of the running surface, indicating that the 9% incline helps boost fat burning.

## 4. OPERATING INSTRUCTIONS

### 4.1 Powering On and Off

- To power on: Ensure the treadmill is plugged in and the safety key is inserted. Press the 'Start/Pause' button on the remote control or the console. A 3-second countdown will begin before the belt starts moving at the lowest speed (0.6 mph).
- To power off: Press the 'Stop' button on the remote control or the console. The treadmill will gradually slow down and stop. Alternatively, remove the safety key for an immediate stop.

### 4.2 Using the Remote Control

The magnetic remote control allows for convenient adjustment of settings:

- **Start/Pause:** Press to start or pause your workout.
- **Stop:** Press to stop the treadmill.
- **+/- Buttons:** Adjust the speed (0.6 to 7.6 mph).
- **Mode:** Cycle through display modes (Time, Speed, Distance, Calories).
- **Mute Button:** Silence beeping sounds for a quieter workout experience.

### 4.3 Understanding the Dual LED Display

The treadmill features dual LED displays on the console and the base, providing real-time workout data:



Figure 4.1: The dual LED screen display showing various workout metrics.

This close-up image highlights the treadmill's dual LED display, which clearly shows real-time data such as speed, distance, time, and calories burned. The remote control is also visible, indicating easy access to controls.

- **Speed:** Current speed in miles per hour (mph).
- **Time:** Duration of your workout.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

#### 4.4 Connecting to Fitness Apps (Bluetooth)

Enhance your workout experience by connecting your treadmill to compatible fitness applications via Bluetooth:

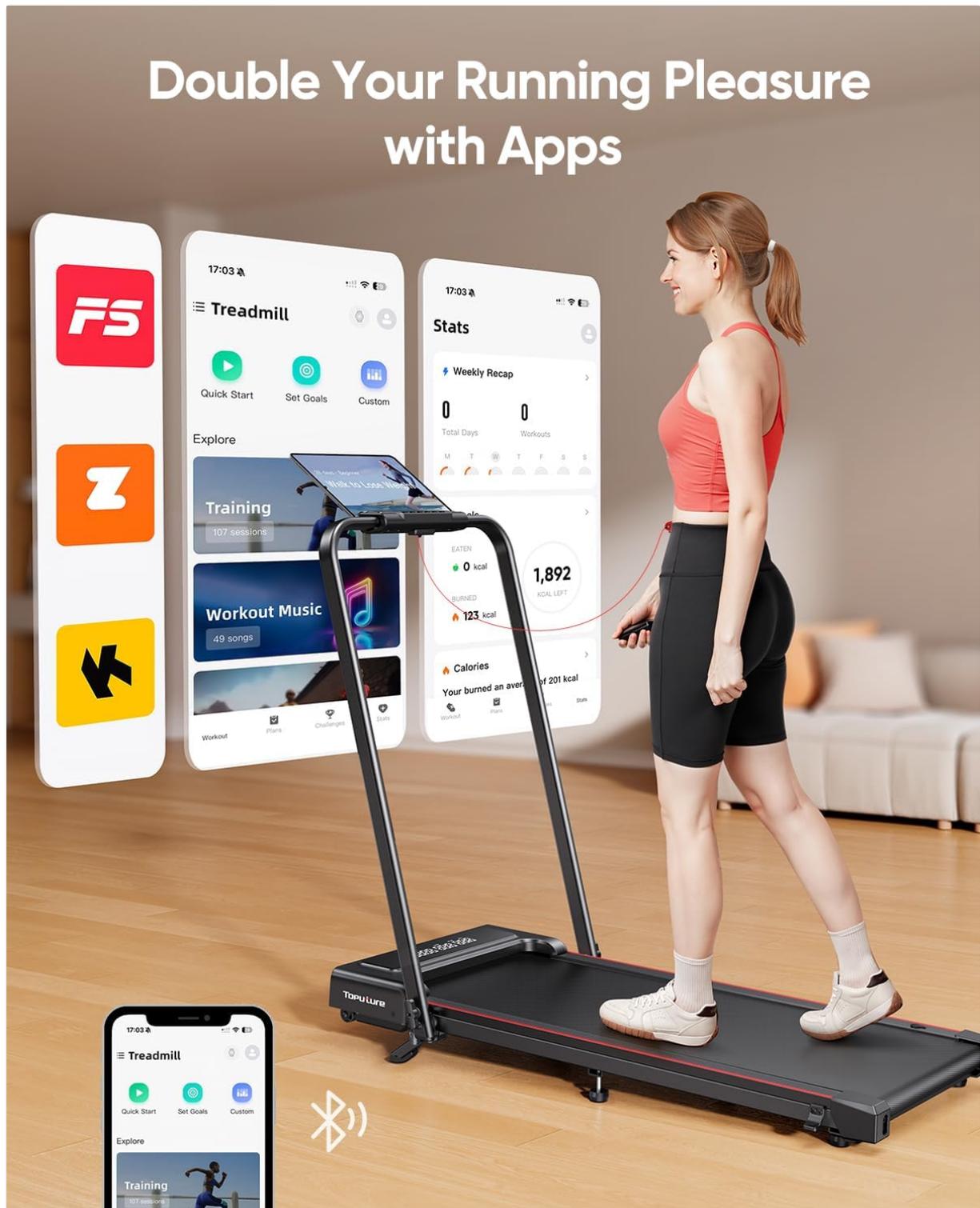


Figure 4.2: Treadmill connected to a fitness app on a tablet.

This image shows a user engaging with a fitness application on a tablet, which is securely placed on the treadmill's device holder. The screen displays workout data and training options, illustrating the seamless integration of the treadmill with external apps for tracking and personalized exercise routines.

1. Download a compatible fitness app (e.g., Fitshow) from your device's app store.
2. Enable Bluetooth on your smartphone or tablet.

3. Open the fitness app and follow the in-app instructions to pair with your TOPUTURE TP4 treadmill.
4. Once connected, you can track your exercise data, set goals, and access various training programs.

## 4.5 Workout Modes

The TP4 treadmill supports various modes to suit your fitness needs:



Figure 4.3: Various modes of treadmill usage.

This image depicts the four primary modes of operation for the treadmill: Working Mode (treadmill flat under a standing desk), Walking Mode (user walking with handle bar up), Climbing Mode (user walking on an incline), and Running Mode (user jogging with handle bar up). This illustrates the treadmill's adaptability for different exercise intensities and environments.

- **Working Mode:** With the handle bar folded down, the treadmill can be placed under a standing desk for low-speed walking (0.6-5 mph) while working.
- **Walking Mode:** With the handle bar upright, suitable for walking at speeds from 0.6 to 5 mph.
- **Running Mode:** With the handle bar upright, for jogging or running at speeds from 5 to 7.6 mph.

- **Climbing Mode:** Utilize the 9% manual incline in conjunction with walking or running modes to increase workout intensity and calorie expenditure.

## 5. MAINTENANCE

---

Regular maintenance ensures the longevity and optimal performance of your treadmill.

### 5.1 Lubrication

The running belt requires periodic lubrication to reduce friction and wear. Use the provided lubricating oil:

1. Turn off and unplug the treadmill.
2. Lift the edge of the running belt.
3. Apply 5ml of lubricating oil evenly under the center of the belt.
4. Plug in the treadmill and run it at a low speed (e.g., 1 mph) for 1-2 minutes to distribute the oil.
5. Lubricate every 3 months or after approximately 50 hours of use, or if the belt feels dry.

# Protect Your Knees & the Floor



**Toughness**  
Shock Absorption



**Multi-layer**  
Damping



**Springback**  
Springback to Boost

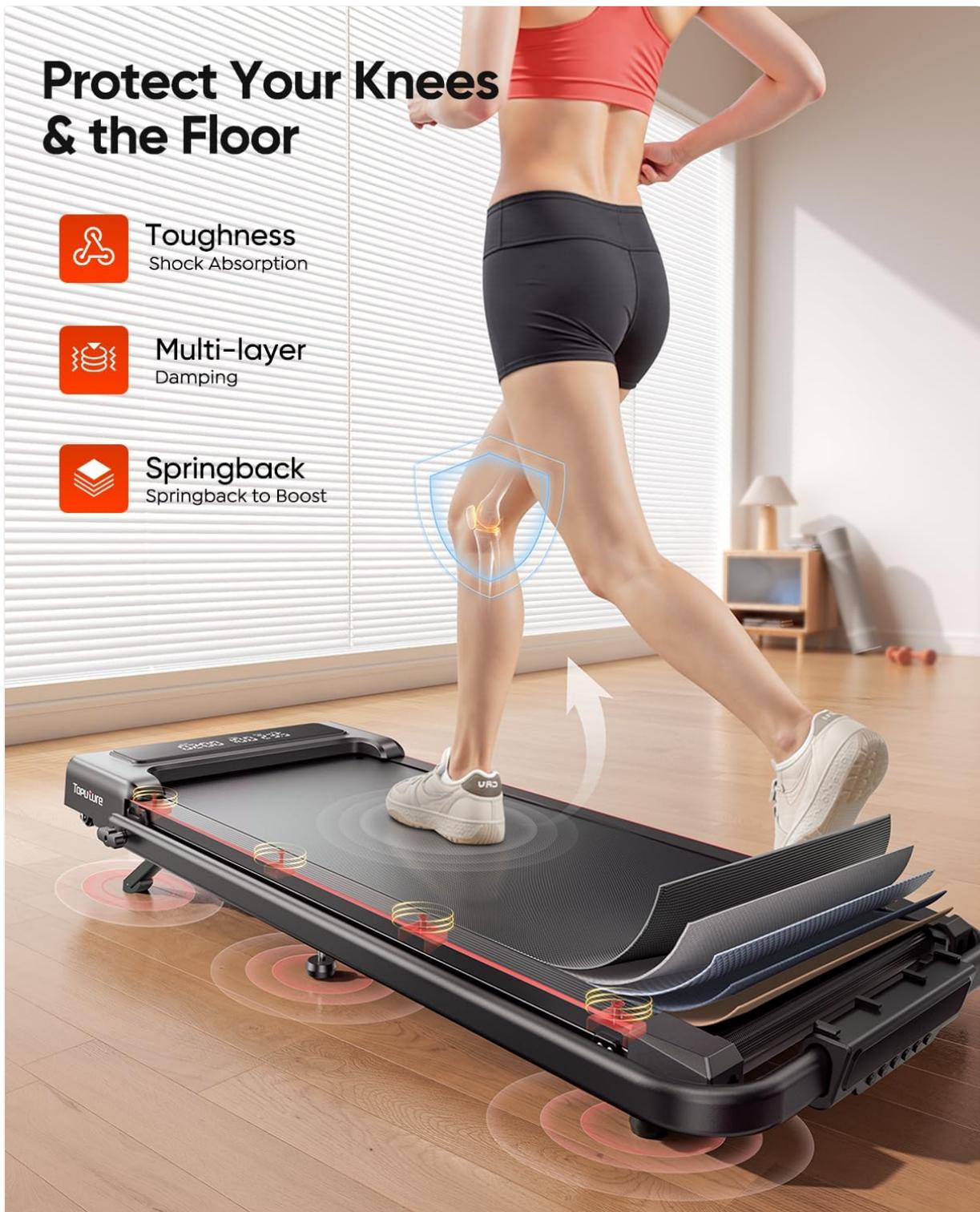


Figure 5.1: Illustration of the treadmill's shock absorption and multi-layer belt.

This image provides a cutaway view of the treadmill's running surface, highlighting its 5-layer anti-slip belt, 6 silicone shock absorbers, and 2 soft rubber pads. These components work together to provide toughness, multi-layer damping, and springback to boost, effectively reducing joint impact and protecting knees. The image also subtly indicates the area for lubrication.

## 5.2 Belt Adjustment

If the running belt is off-center or slipping, it may need adjustment:

1. Turn off and unplug the treadmill.
2. Use the L-wrench to adjust the tension bolts at the rear of the treadmill.
3. If the belt is too far to the left, turn the left bolt clockwise a quarter turn. If too far right, turn the right bolt clockwise a quarter turn.
4. If the belt is slipping, turn both bolts clockwise a quarter turn to increase tension.
5. Plug in the treadmill and run it at a low speed to check the alignment. Repeat adjustments as necessary.

## 6. TROUBLESHOOTING

Refer to this section for solutions to common issues:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected, power switch off, safety key not inserted.	Check power cord connection, ensure power switch is on, insert safety key.
Running belt stops suddenly.	Safety key disengaged.	Re-attach safety key. Ensure it is clipped to your clothing during use.
Running belt is slipping.	Belt tension is too loose.	Adjust belt tension using the L-wrench (refer to Section 5.2).
Running belt is off-center.	Belt alignment issue.	Adjust belt alignment using the L-wrench (refer to Section 5.2).
Unusual noise during operation.	Lack of lubrication, loose components, foreign object.	Lubricate the belt (Section 5.1). Check for loose screws or foreign objects. If noise persists, contact customer support.
Bluetooth connection issues.	Bluetooth off on device, app not open, interference.	Ensure Bluetooth is enabled on your device and the app is open. Try restarting both the treadmill and your device.

## 7. SPECIFICATIONS

Feature	Detail
Brand	TOPUTURE
Model Name	TP4
Color	Black
Material	Alloy Steel
Product Dimensions (Unfolded)	50"D x 23"W x 4.5"H
Folded Size	50"D x 23"W x 4.5"H (approximate, based on product description)
Item Weight	Approximately 47 pounds (21.3 kg)
Maximum Speed	7.6 Miles per Hour
Maximum Horsepower	2.5 HP
Incline	9% Manual Incline
Running Area	40" x 16"
Maximum Weight Recommendation	300 Pounds
Display	Dual LED (Speed, Time, Distance, Calories)
Connectivity	Bluetooth (compatible with apps like Fitshow)
Special Features	Foldable, Mute Control, Double Shock Absorption, Transport Wheels
Assembly Required	No (minimal setup required)

Feature	Detail
Power Source	Corded Electric

## 8. WARRANTY AND CUSTOMER SUPPORT

### 8.1 Warranty Information

The TOPUTURE TP4 Foldable Walking Pad Treadmill comes with a **1-year manufacturer's warranty**. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims. The warranty does not cover damage caused by misuse, accident, unauthorized modification, or failure to follow the instructions in this manual.

### 8.2 Customer Support

For any questions, technical assistance, or warranty claims, please contact TOPUTURE customer support through the retailer where the product was purchased or visit the official TOPUTURE website for contact details. When contacting support, please have your model number (TP4) and purchase date available.

## Related Documents - TP4

 <p>Toputure</p> <p><b>USER MANUAL</b> <small>Model TP3</small> INCLINE WALKING PAD</p>	<p><a href="#">Toputure TP3 Incline Walking Pad User Manual</a></p> <p>Comprehensive user manual for the Toputure TP3 Incline Walking Pad, covering installation, safety precautions, features, operation, maintenance, and troubleshooting. Includes technical specifications, error codes, and FCC compliance information.</p>
 <p>Toputure</p> <p><b>USER MANUAL</b> <small>Model TP3</small> INCLINE WALKING PAD</p>	<p><a href="#">Toputure TP3 Incline Walking Pad User Manual</a></p> <p>User manual for the Toputure TP3 Incline Walking Pad, covering installation, usage, maintenance, and troubleshooting.</p>
 <p>Toputure</p> <p><b>USER MANUAL</b> <small>Model TP1</small> FOLDING TREADMILL</p>	<p><a href="#">Toputure TP1 Folding Treadmill User Manual</a></p> <p>Comprehensive user manual for the Toputure TP1 Folding Treadmill, covering installation, operation, safety, maintenance, and troubleshooting.</p>

 <p>Toputure</p> <p>USER MANUAL <b>Model TP1</b> FOLDING TREADMILL</p>	<p><a href="#">Toputure TP1 Folding Treadmill User Manual</a></p> <p>Comprehensive user manual for the Toputure TP1 Folding Treadmill, covering installation, operation, maintenance, and troubleshooting.</p>
 <p>Toputure</p> <p>USER MANUAL <b>Model TP2</b> HOME TREADMILL</p>	<p><a href="#">Toputure TP2 Home Treadmill User Manual</a></p> <p>Comprehensive user manual for the Toputure TP2 Home Treadmill, covering installation, operation, maintenance, safety, and troubleshooting. Includes detailed instructions, parameters, and fault diagnostics.</p>
 <p>Toputure</p> <p>USER MANUAL Exercise Bike <b>Model TEB1</b></p>	<p><a href="#">Toputure Exercise Bike TEB1 User Manual</a></p> <p>User manual for the Toputure Exercise Bike, Model TEB1, covering installation, product instructions, LCD indicator functions, app connection, maintenance, troubleshooting, and warranty information.</p>