

EYESUN QM-2530

EYESUN Magnetic Rowing Machine QM-2530 Instruction Manual

Model: QM-2530

Brand: EYESUN

1. IMPORTANT SAFETY INFORMATION

Please read this entire manual before assembling or operating the EYESUN Magnetic Rowing Machine. Keep this manual for future reference. Failure to follow these instructions may result in injury or damage to the equipment.

- Consult your physician before starting any exercise program.
- Keep children and pets away from the equipment during operation.
- Place the rowing machine on a flat, stable surface. Ensure adequate clearance around the machine.
- Inspect the equipment for loose or damaged parts before each use. Do not use if any components are compromised.
- Wear appropriate exercise attire and footwear.
- Do not exceed the maximum weight recommendation of 330 pounds.
- Ensure all bolts and nuts are securely tightened before use.

2. PRODUCT OVERVIEW AND FEATURES

The EYESUN Magnetic Rowing Machine QM-2530 is designed for effective full-body, low-impact workouts in a home environment. Its compact and foldable design makes it suitable for small spaces.

- **Compact & Foldable Design:** Reduces footprint by 20% for easy storage in small spaces.
- **Full-Body, Low-Impact Workout:** Engages 86% of major muscle groups, targeting back, core, and arms.
- **16 Adjustable Resistance Levels:** Magnetic resistance system provides up to 80 lbs of peak resistance.
- **Smart Bluetooth & App Connectivity:** Compatible with Kinomap and ZT apps for tracking distance, calories, pulse, and interactive coaching.
- **Performance Monitor:** Tracks workout data including time, count, and calories burned.
- **Tablet Holder:** Integrated holder for your tablet or smartphone for entertainment during workouts.
- **Durable Construction:** Lightweight yet sturdy alloy steel frame, supporting users up to 6'1" and 330 lbs.

Smooth Like Butter

350lb Capacity, Still Quiet



Image: The EYESUN Magnetic Rowing Machine highlighting its 350lb capacity and quiet operation (under 20dB).

3. PACKAGE CONTENTS

Verify that all components are present and undamaged before proceeding with assembly.

- EYESUN Folding Magnetic Rowing Machine (x1)
- Performance Monitor (x1)
- User Manual (x1)
- Screws & Kits (x1 set)
- AAA Alkaline Batteries (x2)

4. ASSEMBLY INSTRUCTIONS

The EYESUN Magnetic Rowing Machine arrives 85% pre-assembled. Full assembly typically takes 10-15 minutes.

Follow the clear instructions provided in the included user manual for detailed steps.

Key Assembly Steps:

1. Unpack all components and verify against the package contents list.
2. Attach the main frame components using the provided screws and tools.
3. Secure the seat cushion to the slide rail assembly.
4. Install the foot pedals and ensure straps are correctly positioned.
5. Mount the performance monitor and tablet holder.
6. Insert the two AAA batteries into the performance monitor.
7. Tighten all connections securely before first use.



Image: A user demonstrating the EYESUN Magnetic Rowing Machine in use, with a tablet mounted and workout data displayed on a TV via app connectivity.

Your browser does not support the video tag.

Video: An official EYESUN video demonstrating the Magnetic Rowing Machine's features, including 16-level silent resistance and 350lbs capacity. This video provides a visual guide to the product's functionality and design.

5. OPERATING INSTRUCTIONS

Getting Started:

1. Sit on the comfortable seat cushion and secure your feet in the adjustable foot pedals.
2. Grasp the ergonomic handle with both hands.
3. Adjust the magnetic resistance level using the tension control knob located on the main unit. Choose from 1 to 16 levels to match your desired intensity.
4. Turn on the performance monitor to track your workout metrics.

Performing a Row:

- Start in the catch position: knees bent, arms extended forward, back straight.
- Push off with your legs, driving the seat backward.
- As your legs extend, lean back slightly and pull the handle towards your abdomen.
- Return to the starting position by extending your arms, leaning forward, and bending your knees.
- Maintain a smooth, controlled motion throughout the exercise.

Using the Performance Monitor & Apps:

- The monitor displays time, stroke count, and calories burned.
- Connect via Bluetooth to Kinomap or ZT apps for advanced tracking, interactive courses, and real-time progress.
- Place your tablet or smartphone in the integrated holder for easy viewing during your workout.



Image: The EYESUN Magnetic Rowing Machine illustrating its 16 adjustable speed settings, suitable for various fitness levels within a family setting.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your rowing machine.

- **Cleaning:** Wipe down the frame and seat with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Lubrication:** Periodically check the slide rail for smooth operation. If needed, apply a small amount of silicone-based lubricant (not included) to the rail.
- **Inspections:** Regularly check all bolts, nuts, and moving parts for tightness and wear. Tighten any loose fasteners.
- **Storage:** When not in use, the machine can be folded and stored upright or under a bed to save space.

7. TROUBLESHOOTING

If you encounter any issues with your EYESUN Magnetic Rowing Machine, refer to the following common solutions:

- **No Display on Monitor:** Check if the AAA batteries are correctly installed and have sufficient charge. Replace if necessary.
- **Inconsistent Resistance:** Ensure the tension control knob is properly engaged and adjusted. Verify no obstructions are interfering with the magnetic flywheel.
- **Squeaking/Noise:** Check all bolted connections for tightness. Lubricate the slide rail if friction is detected.
- **App Connectivity Issues:** Ensure Bluetooth is enabled on your device and the rowing machine. Restart both devices and try reconnecting.

For further assistance, please contact customer support.

8. SPECIFICATIONS

Feature	Specification
Brand	EYESUN
Model Name	QM-2530
Resistance Mechanism	Magnetic
Resistance Levels	16
Maximum Weight Recommendation	330 Pounds
Product Dimensions (LxWxH)	54.3"D x 18.1"W x 26.4"H
Item Weight	38.6 Pounds
Frame Material	Alloy Steel
Color	Black & Orange

UPC	784668532515
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9. WARRANTY AND SUPPORT

The EYESUN Magnetic Rowing Machine comes with a **24-month worry-free warranty**. This includes free parts replacement for any manufacturing defects.

For customer support, technical assistance, or warranty claims, please contact EYESUN customer service:

- **Email:** support@eyesun.net
- **Availability:** 24/7 support

Please have your model number (QM-2530) and proof of purchase ready when contacting support.