

TROTY C60

TROTY C60 Fitness Tracker User Manual

Model: C60

1. INTRODUCTION

Thank you for choosing the TROTY C60 Fitness Tracker. This device is designed to help you monitor your health and fitness activities, providing valuable insights into your daily steps, heart rate, blood oxygen levels, sleep patterns, and more. Please read this manual carefully to ensure proper use and optimal performance of your device.

2. SAFETY INFORMATION

- Do not attempt to disassemble, strike, or throw the device into fire.
- Avoid placing the device in high temperatures or deep water environments.
- Ensure the device is connected to a 5V/1A power source when charging.
- Consult a medical professional before starting any new exercise regimen or if you have any health concerns.
- The device is not a medical instrument and should not be used for medical diagnosis or treatment.

3. PACKAGE CONTENTS

- TROTY C60 Fitness Tracker
- Charging Cable
- User Manual

4. PRODUCT OVERVIEW

The TROTY C60 features a 1.10-inch AMOLED HD Touch Color Screen and a durable stainless steel frame with skin-friendly fitness straps. Its compact design ensures comfortable wear throughout the day.



Figure 1: The TROTY C60 Fitness Tracker in black, displaying the current time and date on its sleek, rectangular screen.

HD COLOR FULL TOUCH SCREEN

Allows you to quickly access your motion data on the move



Figure 2: An illustration of the TROTY C60 Fitness Tracker's display, highlighting various health and smart function icons such as heart rate, blood oxygen, sleep tracking, and exercise modes.

5. SETUP

5.1 Initial Activation and Charging

Upon receiving your device, it is recommended to charge it fully to activate it. The device uses a magnetic charging cable.



Figure 3: The TROTY C60 Fitness Tracker alongside its magnetic USB charging cable, illustrating the charging method and the compact dimensions of the device.

5.2 App Download and Connection

To utilize all features, download the "Keep Health" app on your smartphone. The app is compatible with Android 4.4 or higher and iOS 9.0 or higher. Once installed, open the app and follow the instructions to pair your TROTY C60 via Bluetooth 5.0.

6. OPERATING INSTRUCTIONS

6.1 Basic Navigation

The device features a full touch screen for easy navigation. Swipe up, down, left, or right to access different functions and data. A short press typically selects an option or returns to the previous screen.

6.2 Water Resistance

The TROTY C60 is IP68 waterproof, making it suitable for activities like swimming, running in the rain, and surfing. It can accurately track calories, heart rate, and distance during these activities.

IP68 Waterproof

Surfing, running in the rain, swimming, etc. can accurately track your calories, heart rate, and distance



The screen displays the following information:

- Sat 24
- 24°C
- 16824 (Steps)
- 6824 (Calories)
- 2.45 mi (Distance)

Below the screen, three circular icons represent the tracked metrics:

- CALORIES** (Flame icon)
- STEPS** (Shoe icon)
- DISTANCE** (Location pin icon)

Figure 4: The TROTY C60 Fitness Tracker is shown in a swimming environment, demonstrating its IP68 waterproof rating. The screen displays activity metrics like steps, calories, and distance.

7. HEALTH MONITORING FEATURES

7.1 Heart Rate and Blood Oxygen Monitoring

The fitness tracker continuously monitors your heart rate and blood oxygen levels 24/7. This data helps you understand your cardiovascular health and adjust your overall condition.

Large Capacity Battery



Figure 5: A graphic demonstrating the TROTY C60 Fitness Tracker's continuous 24/7 health monitoring, specifically showing a heart rate graph and icons for exercise and blood oxygen.

7.2 Sleep Tracking

The C60 monitors your sleep patterns, analyzing deep sleep, light sleep, and awake periods. It provides a nightly sleep score in the "Keep Health" app, assisting you in improving your sleep habits.

Timely Notification

The smart assistant can alert you to incoming calls and view messages and notifications from most apps so that you never miss an important message again



Figure 6: A visual representation of the TROTY C60 Fitness Tracker's sleep tracking capability, showing the device on a wrist during sleep and a smartphone app displaying detailed sleep analysis.

8. SPORTS MODES

The device offers over 20 sports modes. You can select your preferred sports modes within the "Keep Health" app to record specific data for activities such as steps, distance, and calorie consumption.



Figure 7: A collage showcasing the versatility of the TROTY C60 Fitness Tracker across different sports and activities, including yoga, running, and rock climbing, emphasizing its multi-sport tracking capabilities.

9. SMART FUNCTIONS

The TROTY C60 includes various intelligent features to enhance your daily life:

- **Call & Message Reminder:** Receive notifications for incoming calls and messages directly on your wrist.
- **Remote Photograph:** Control your phone's camera remotely.
- **Drink Water Reminder:** Get alerts to stay hydrated throughout the day.
- **Sedentary Reminder:** Prompts you to move after periods of inactivity.
- **Female Health:** Track and manage female physiological cycles.
- **Family Health:** Share health data with family members (via app).
- **Alarm Clock:** Set silent alarms that vibrate on your wrist.
- **Stopwatch:** A convenient timer for various activities.
- **Find Device:** Locate your connected smartphone.



Figure 8: The TROTY C60 Fitness Tracker receiving a message notification, illustrating its smart notification feature for calls, texts, and various social media applications.

10. MAINTENANCE

10.1 Cleaning

Regularly clean your fitness tracker and wristband, especially after exercise or exposure to sweat. Use a soft, damp cloth to wipe the device. Avoid harsh chemicals or abrasive materials.

10.2 Charging

Charge the device when the battery is low. Use the provided magnetic charging cable and connect it to a standard USB power source (5V/1A).

11. TROUBLESHOOTING

11.1 Device Not Turning On

Ensure the device is fully charged. Connect it to the charging cable and a power source for at least 10-15 minutes before attempting to turn it on.

11.2 Connectivity Issues

If the device fails to connect to the "Keep Health" app:

- Ensure Bluetooth is enabled on your smartphone.
- Make sure the app has the necessary permissions.
- Restart both your smartphone and the fitness tracker.
- Try unpairing and re-pairing the device within the app.

11.3 Inaccurate Readings

For accurate health monitoring, ensure the device is worn snugly on your wrist, about one finger's width from your wrist bone. Avoid excessive movement during measurements. Keep the sensor clean.

12. SPECIFICATIONS

Feature	Detail
Brand	TROTY
Model Number	C60
Material	Nylon
Color	Black
Compatible Devices	Smartphones (Android 4.4+, iOS 9.0+)
Screen Size	1.10 Inches (AMOLED HD Touch Color Screen)
Item Weight	50 Grams (1.76 ounces)
Sensor Type	Optical
Battery Description	Lithium-Ion Polymer (1 C battery included)
Charging Type	Magnetic charging
Bluetooth Version	BT 5.0
Water Resistance	IP68
Language	English
UPC	640486494452

13. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the product packaging or contact the retailer where you purchased the device. Keep your purchase receipt as proof of purchase.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question