coioc P122

coioc P122 Smartwatch User Manual

INTRODUCTION

This manual provides comprehensive instructions for the coioc P122 Smartwatch. Please read this manual carefully before using the device to ensure proper operation and to maximize its features. Keep this manual for future reference.

WHAT'S IN THE BOX

- coioc P122 Smartwatch
- Charging Cable
- User Manual

Image: The coioc P122 Smartwatch, shown with its rose-pink mesh strap, an additional pink silicone strap, and the charging cable.

SETUP

1. App Installation

To use all features of your smartwatch, download the 'Da Fit' application on your smartphone. You can find the app by scanning the QR code provided in the watch's interface or by visiting the official download link.

1. Scan the QR code displayed on the watch or in the manual.
2. Alternatively, download the 'Da Fit' app from your phone's app store or via this link:Da Fit App Download.

2. Device Pairing

Ensure your smartwatch is charged before pairing.

1. Enable Bluetooth on your smartphone.
2. Open the 'Da Fit' app and navigate to the device section.
3. Search for the device named "P122" in the app.
4. Select "P122" to initiate the pairing process. Confirm the pairing request on both your phone and the smartwatch.
5. Grant necessary permissions for notifications and health data synchronization when prompted.

Image: A visual guide demonstrating the connection process for the P122 smartwatch, including app download, Bluetooth activation, device search, pairing confirmation, and notification permissions.

OPERATING INSTRUCTIONS

Display and Watch Faces

The smartwatch features a 1.85-inch HD touchscreen display. You can customize the watch face through the 'Da Fit' app, choosing from over 200 free designs or uploading your own photos to create a personalized watch face.

Image: The P122 smartwatch display highlighting its 1.85-inch HD screen and various customizable watch face options, including personal photos.

Bluetooth Calling

With Bluetooth 5.4 technology, the smartwatch allows you to make and receive calls directly from your wrist. The integrated microphone and HD speaker ensure clear communication. You can accept or reject calls and manage contacts via the watch.

Image: A woman interacting with the P122 smartwatch, demonstrating its Bluetooth calling feature with on-screen call controls.

Notifications

Once paired with your smartphone, the smartwatch will display real-time notifications for incoming calls, SMS, and messages from various social media applications (e.g., Facebook, Twitter, WhatsApp, Instagram, LinkedIn, Skype). Notifications are delivered via intuitive vibrations.
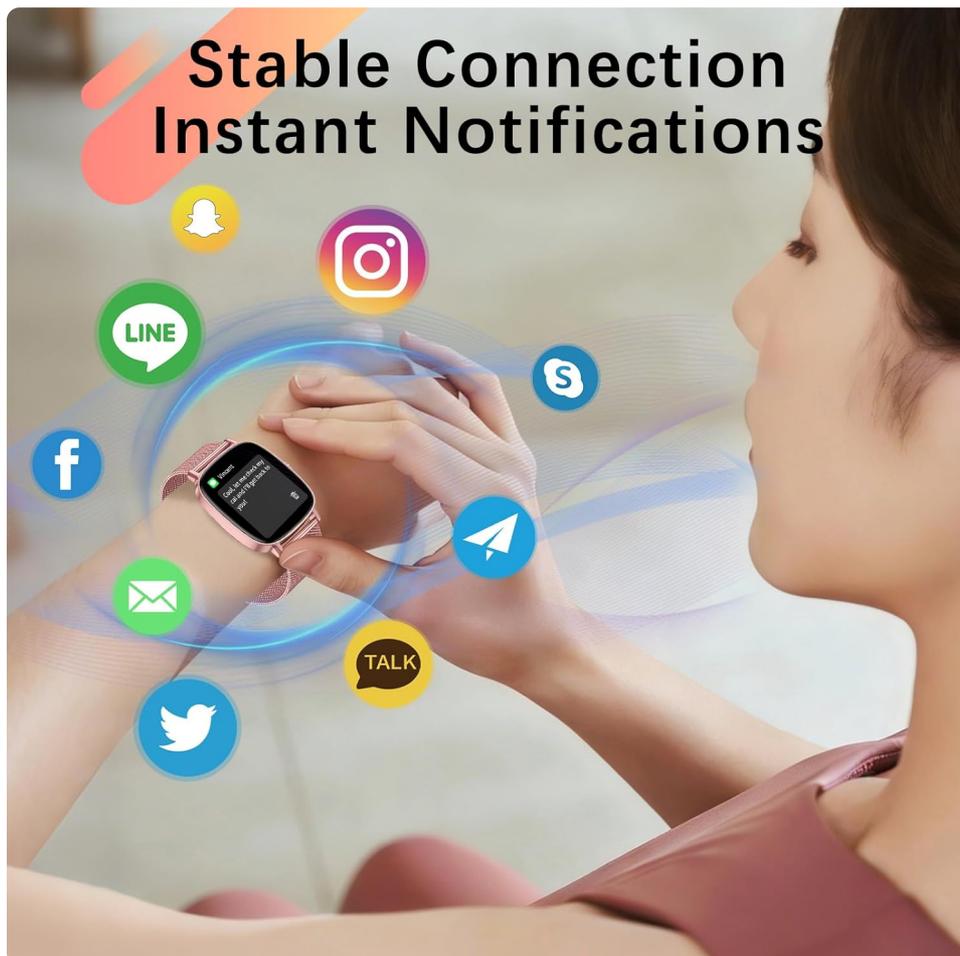

Image: A woman's wrist with the P122 smartwatch displaying a message notification, surrounded by icons of popular social media applications.

Health Monitoring

The smartwatch continuously monitors your health metrics using advanced sensors:

- **Heart Rate Monitoring:** Tracks your heart rate 24/7.
- **Sleep Tracking:** Analyzes sleep phases (deep sleep, light sleep, REM) to help you understand your sleep patterns. Note: Irregular sleep patterns may affect measurement accuracy.
- **Menstrual Cycle Tracking:** Helps women track their menstrual cycle and natural body rhythm.
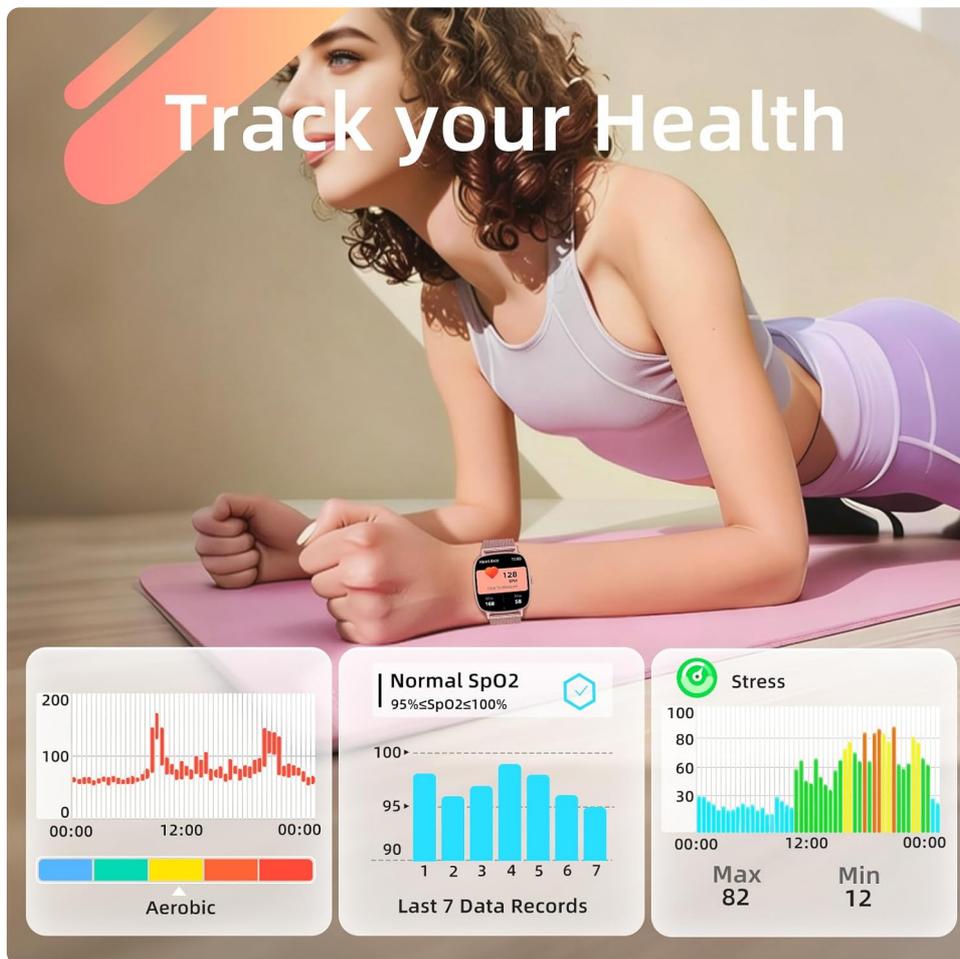

Image: A woman performing a plank exercise, with the P122 smartwatch on her wrist. Below, graphical representations of aerobic activity, SpO2 levels, and stress monitoring are shown.

Image: A woman sleeping, with the P122 smartwatch on her wrist. The image highlights the scientific sleep monitoring feature, showing total sleep duration, light sleep, and a breakdown of sleep stages (Awake, REM, Light, Restful).

Image: A woman relaxing on a couch, with the P122 smartwatch interface showing a menstrual cycle tracking calendar, indicating predicted periods and ovulation days.

Sport Modes

The smartwatch supports over 120 professional sport modes, including walking, running, cycling, and hiking. It accurately tracks your fitness progress by recording calories burned, daily steps, distance covered, and workout time. This data helps optimize your exercise plan.
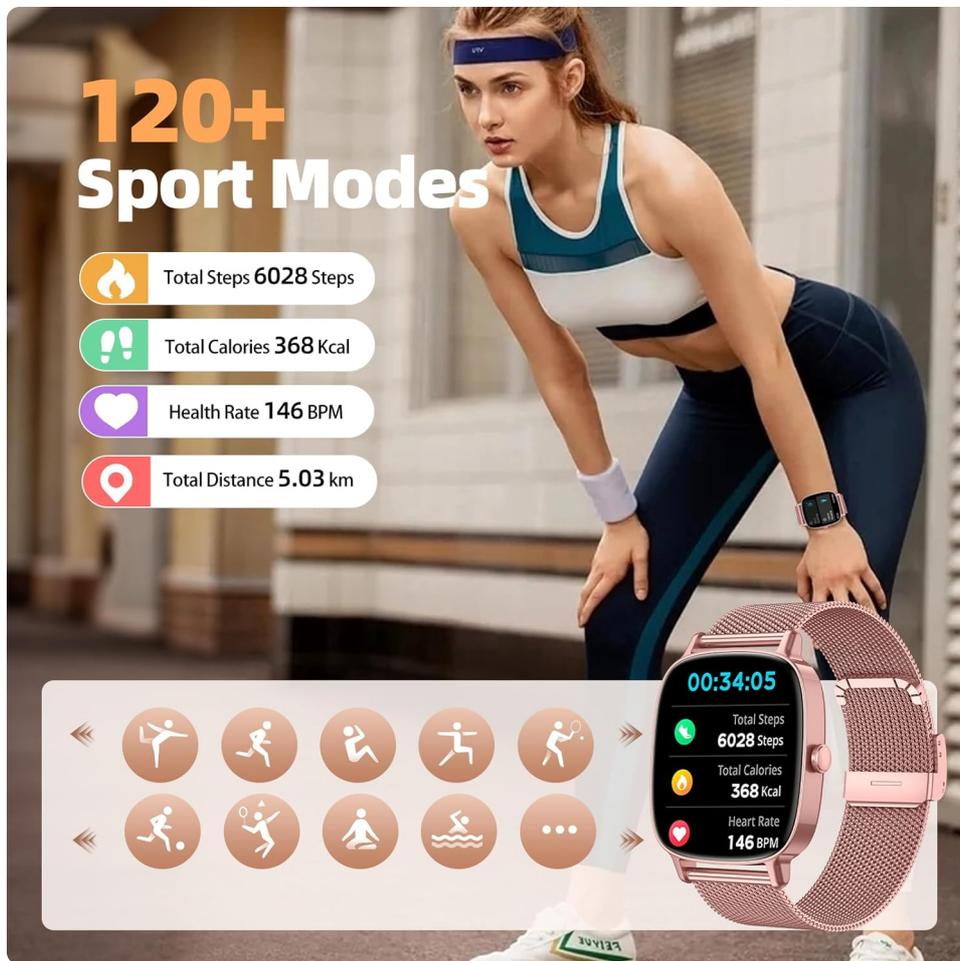
Image: A woman running outdoors, wearing the P122 smartwatch. The image illustrates the 120+ sport modes feature, showing total steps, calories, heart rate, and distance, along with icons for various activities.

AI Voice Assistant and Other Features

The integrated AI voice assistant allows you to control music, take photos remotely, set reminders, and check the weather. (To activate, go to Settings > Calls > Bluetooth Audio). The watch also includes a sedentary reminder to encourage movement during prolonged periods of inactivity.

MAINTENANCE

Water Resistance (IP68)

The coioc P122 Smartwatch is IP68 certified, meaning it is resistant to splashes, sweat, and short immersion in water. You do not need to remove it during rain or when washing hands. **Note:** It is not suitable for swimming, diving, surfing, or hot showers.

Image: The P122 smartwatch shown partially submerged in water, illustrating its IP68 waterproof rating and displaying time and activity data.

Battery Life and Charging

The smartwatch features an energy-efficient design, offering up to 9 days of active use and 35 days of standby time. A full charge takes approximately 2 hours.

- **Active Use:** 7-9 days
- **Standby Time:** 35 days
- **Charging Time:** 2 hours

Image: The P122 smartwatch displaying its current time and step count, with an overlay indicating its long battery life of 35 days standby, 9 days active use, and 2 hours charging time.

TROUBLESHOOTING

If you encounter issues with your coioc P122 Smartwatch, consider the following:

- **Connection Issues:** Ensure Bluetooth is enabled on your smartphone and the watch is within range. Restart both devices and attempt to re-pair via the 'Da Fit' app.

- **Notifications Not Appearing:** Verify that notification permissions are granted for the 'Da Fit' app in your phone's settings and that app notifications are enabled within the 'Da Fit' app itself.

- **Inaccurate Health Data:** Ensure the watch is worn snugly on your wrist. Irregular sleep patterns or excessive movement during measurements can affect accuracy.

- **Battery Draining Quickly:** Reduce screen brightness, disable unnecessary features, and ensure the watch is fully charged.

- **Device Unresponsive:** Try restarting the smartwatch. If unresponsive, connect it to the charger to see if it powers on.

SPECIFICATIONS

Feature	Specification
Brand	coioc
Model Number	P122
Display Size	1.85 inches HD
Operating System	iOS, Android
Connectivity	Bluetooth 5.4
Water Resistance	IP68
Battery Type	Lithium-polymer
Active Battery Life	Up to 9 days
Standby Battery Life	Up to 35 days
Charging Time	Approx. 2 hours
Special Features	Multisport Tracker, Bluetooth Calling, Heart Rate Detection, Step Counter, Sleep Tracking, AI Voice Assistant, Menstrual Cycle Tracking, Customizable Watch Faces
GPS	No GPS

Dimensions et emballage

256.85mm

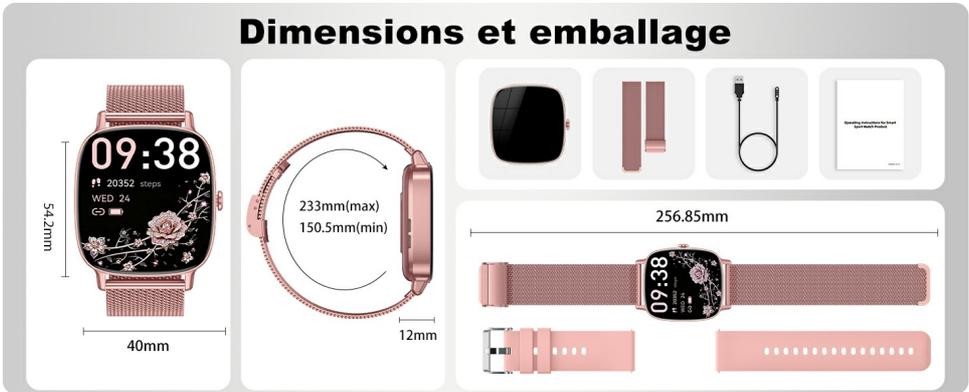54.2mm

40mm

233mm(max)
150.5mm(min)

12mm

Image: Technical diagram illustrating the physical dimensions of the P122 smartwatch and a visual representation of the items included in the product packaging.

WARRANTY AND SUPPORT

The coioc P122 Smartwatch comes with a 1-year manufacturer's warranty.
For technical support or warranty claims, please refer to the contact information provided with your purchase documentation or visit the official coioc website.