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BOALZETD P08

BOALZETD Fitness Tracker P08 User Manual

Model: P08

Introduction

Welcome to your new BOALZETD Fitness Tracker P08. This device is designed to help you monitor your health and fitness activities with ease. It features a 1.47-inch touchscreen, 24/7 heart rate and blood oxygen monitoring, sleep tracking, 24 sport modes, and smart notifications. This manual provides detailed instructions for setup, operation, maintenance, and troubleshooting to ensure optimal use of your fitness tracker.

What's in the Box

Upon unboxing your BOALZETD Fitness Tracker P08, please verify that all the following components are included:

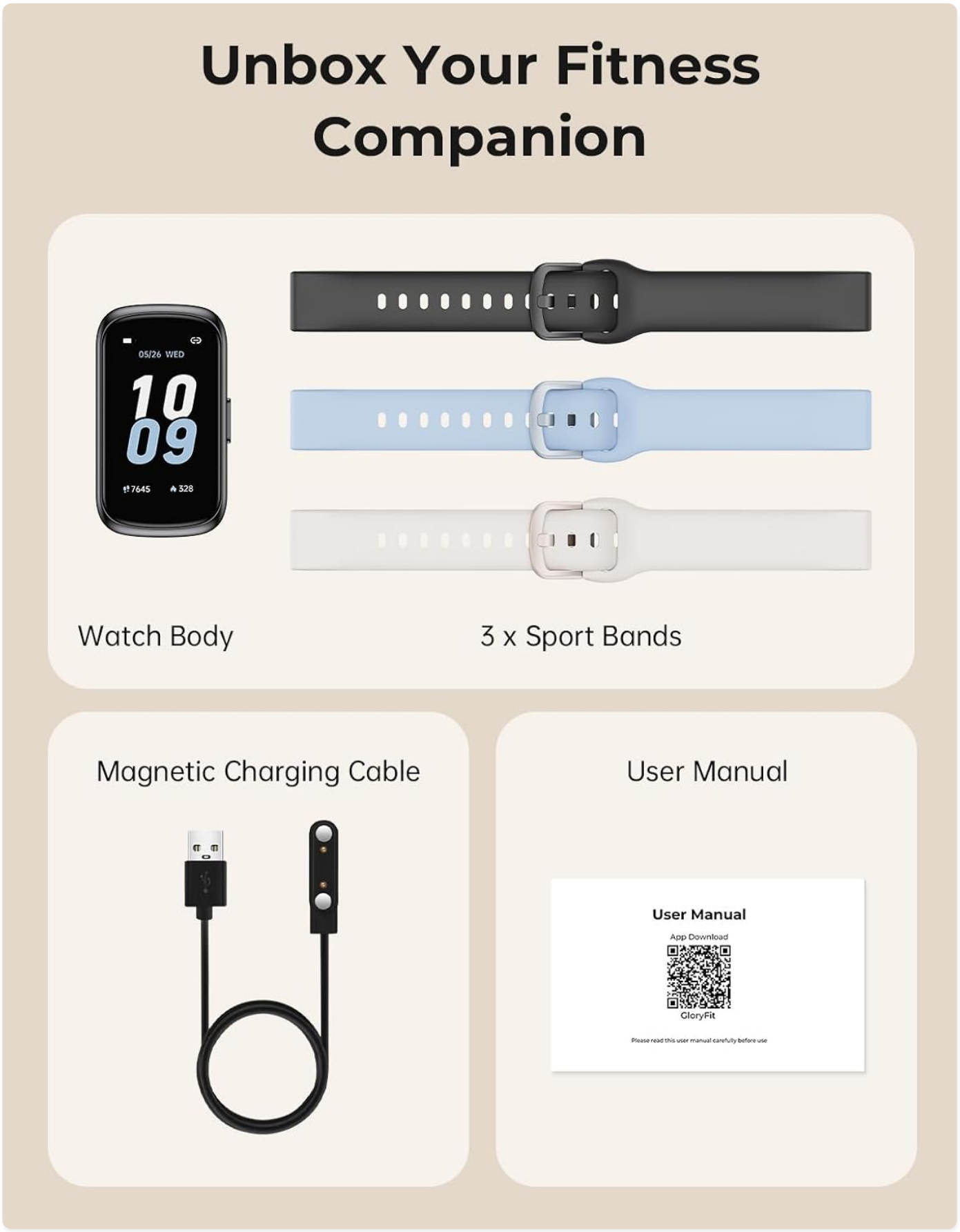


Image: The BOALZETD Fitness Tracker P08 package contents, including the watch body, three interchangeable sport bands, a magnetic charging cable, and the user manual.

- **Watch Body:** The main unit of the fitness tracker.
- **3 Sport Bands:** Interchangeable silicone bands for customization.
- **Magnetic Charging Cable:** For recharging the device.
- **User Manual:** This instruction guide.

Product Overview

The BOALZETD Fitness Tracker P08 features a slim and lightweight design for comfortable all-day wear. Its 1.47-inch display provides clear visibility for all your data and notifications.



Image: A close-up side view of the fitness tracker, illustrating its slim design and key dimensions: 1.47-inch display, 15g weight, and 9.8mm thickness.

Setup

1. Charging the Device

Before initial use, fully charge your fitness tracker. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours and provides 10-15 days of daily use or up to 30 days of standby time.

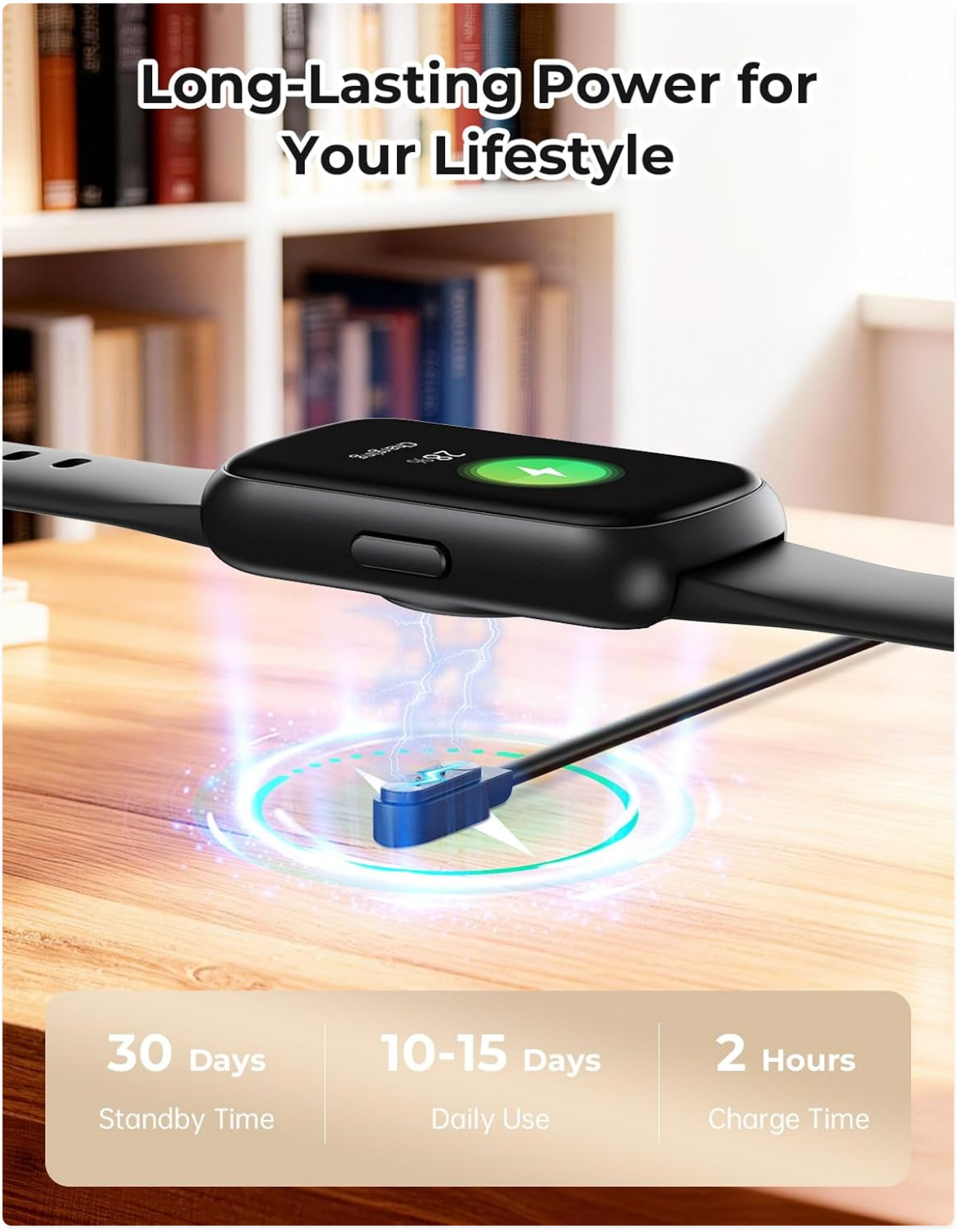


Image: The fitness tracker being charged with its magnetic cable, illustrating the charging process and expected battery performance.

2. App Installation and Pairing

To unlock the full potential of your fitness tracker, download and install the **GloryFit** application on your smartphone.

1. Scan the QR code in the user manual or visit https://app.uteasy.com/gloryfit/download/index.html to download the GloryFit app.
2. Ensure your phone's Bluetooth is enabled.
3. Open the GloryFit app, register or log in, and follow the on-screen instructions to add your device.
4. Select "P08" from the list of available devices to pair.
5. Confirm the pairing request on both your phone and the fitness tracker.

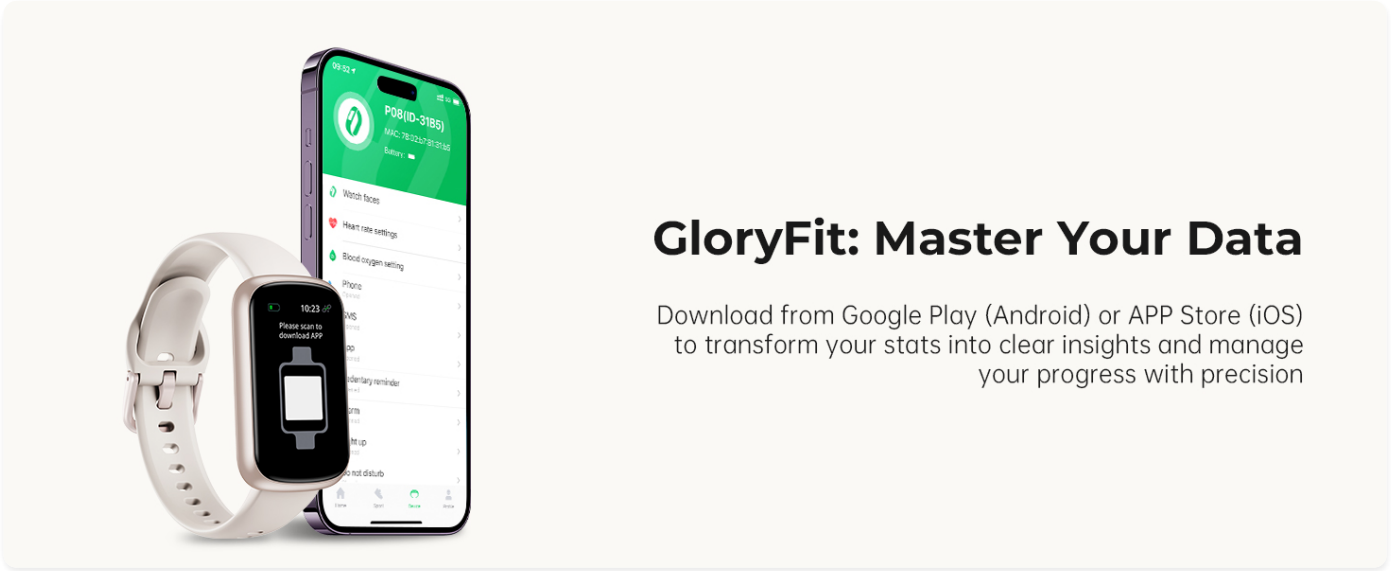


Image: The GloryFit app displayed on a smartphone, showing how it integrates with the fitness tracker to manage and visualize health data.

Operating Instructions

Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select.
- **Side Button:** Press to return to the home screen or wake the device.

Health Monitoring

The fitness tracker continuously monitors your vital health metrics.

- **Heart Rate:** Provides 24/7 heart rate monitoring. View real-time data on the watch or detailed trends in the GloryFit app.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels.
- **Sleep Tracking:** Automatically tracks your sleep patterns, including deep sleep, light sleep, and wake times. Access detailed sleep analysis in the app.
- **Women's Cycle Tracking:** Supports tracking of menstrual cycles for holistic wellness awareness.



Image: Visual representation of the fitness tracker's health monitoring capabilities, including heart rate, blood oxygen, and sleep tracking, with corresponding app data displays.

Activity and Workout Tracking

Track your daily activity and choose from various sport modes to monitor your workouts.

- **Daily Activity:** Monitors steps, calories burned, and distance covered throughout the day.

- **Sport Modes:** Features 24 dedicated sport modes, including outdoor running, cycling, swimming, and skipping, to provide specific workout data.

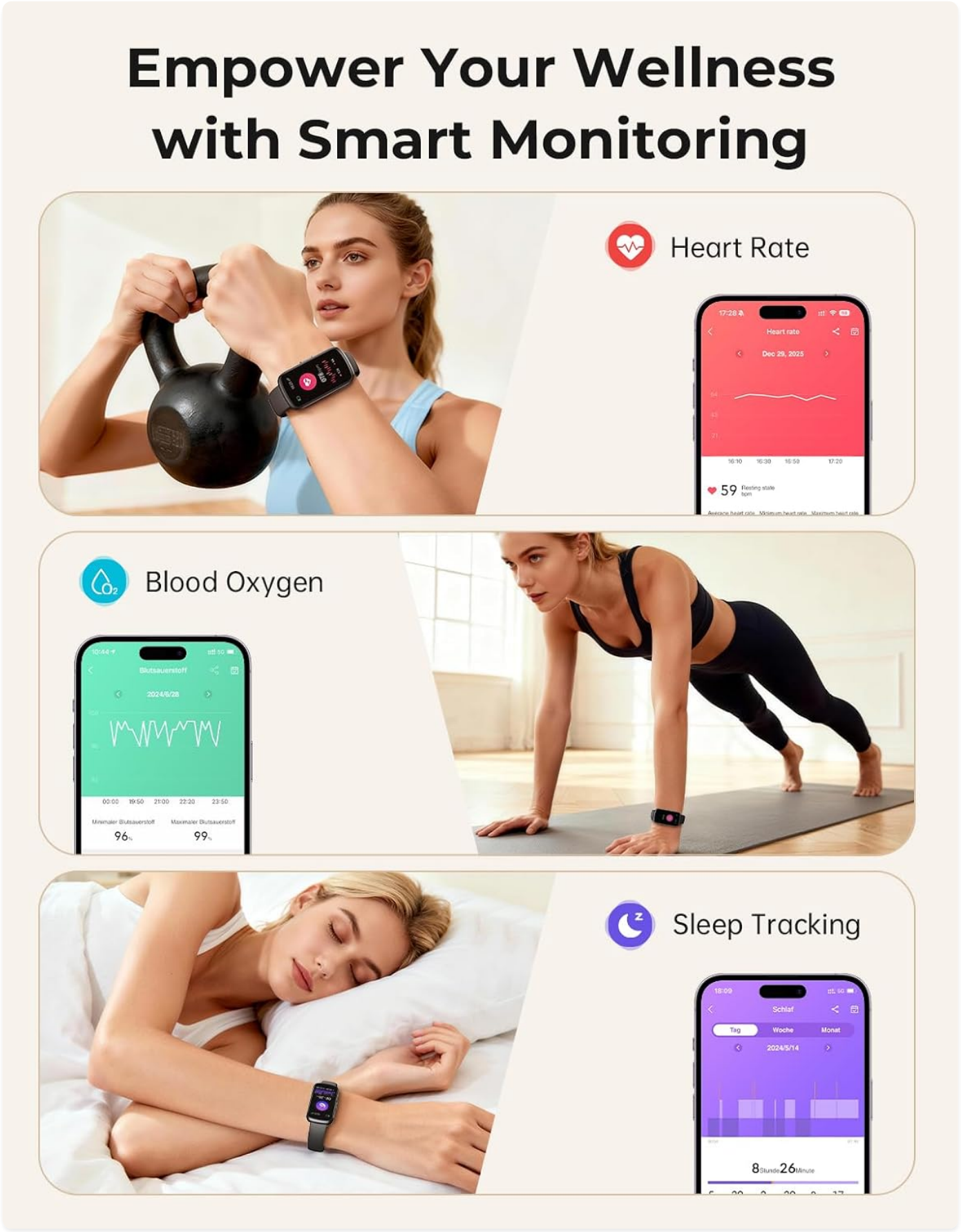


Image: The fitness tracker screens showing daily activity summaries and a selection of sport modes for tracking various exercises.

Smart Notifications

Receive notifications directly on your wrist for calls, SMS, and messages from various social media applications (e.g.,

Facebook, WhatsApp).

1. Ensure your fitness tracker is connected to your smartphone via Bluetooth.
2. Enable notification permissions for the GloryFit app and specific applications in your phone's settings.
3. Configure notification settings within the GloryFit app.



Image: The fitness tracker showing incoming notifications from social media platforms, demonstrating its connectivity features.

Customization

Personalize your fitness tracker with over 160 watch faces available through the GloryFit app, or upload your own photos as the background.

Water Resistance

The BOALZETD Fitness Tracker P08 is 3ATM water-resistant, making it suitable for handwashing, sweating, rain, and showering.**Note:** Please dry the device thoroughly before using the button after exposure to water.

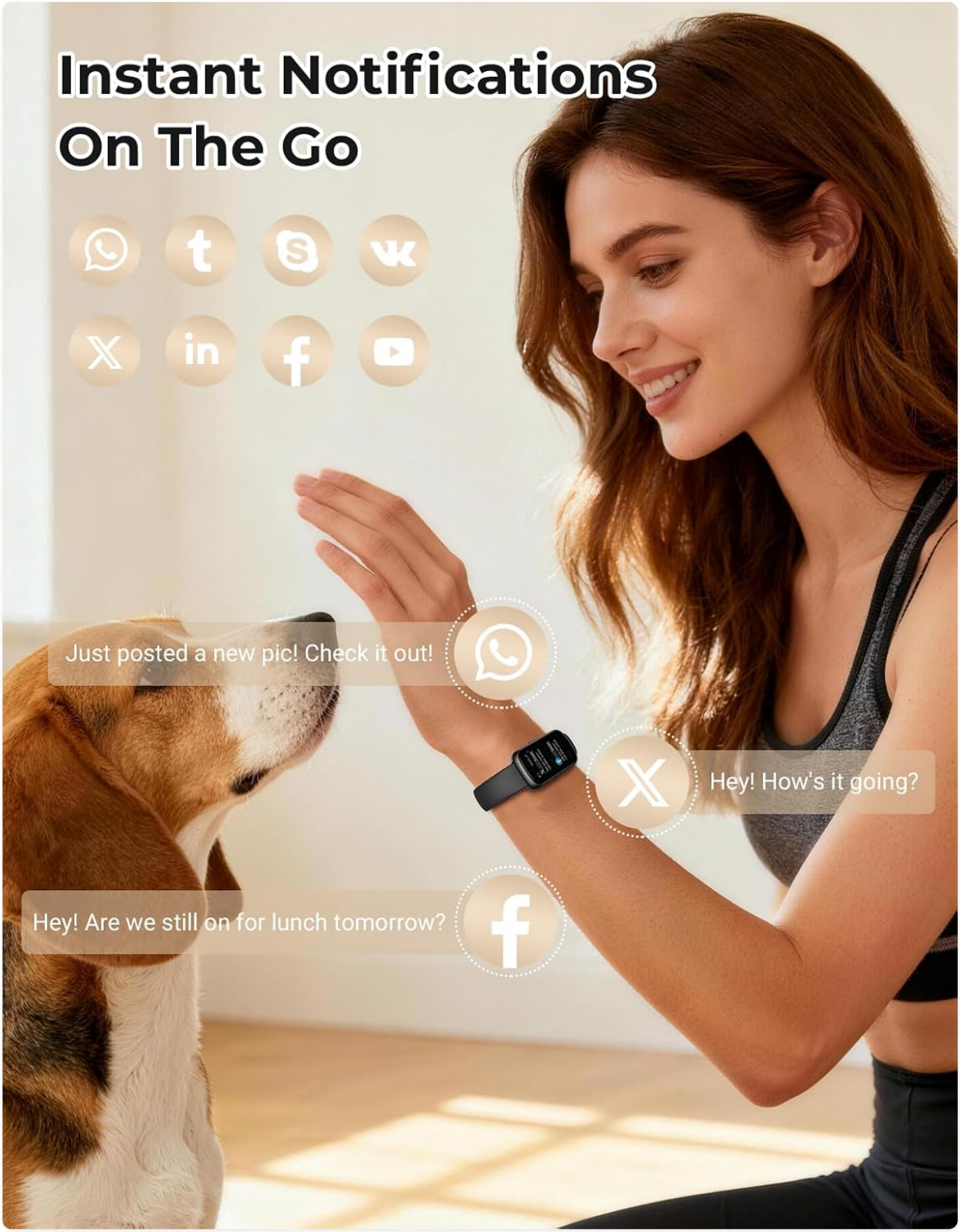


Image: The fitness tracker demonstrating its water resistance capabilities, suitable for various daily activities involving water exposure.

Maintenance

- **Cleaning:** Regularly clean your fitness tracker and bands with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.

- **Drying:** After exposure to water, ensure the device is completely dry before pressing any buttons or charging to prevent damage.
- **Storage:** Store the device in a cool, dry place when not in use.
- **Charging:** Use only the provided magnetic charging cable.

Troubleshooting

Problem	Solution
Device does not turn on.	Ensure the device is fully charged. Connect it to the charger for at least 10 minutes.
Cannot pair with smartphone.	• Ensure Bluetooth is enabled on your phone. • Make sure the tracker is within Bluetooth range. • Restart both the tracker and your phone. • Check if the GloryFit app has necessary permissions.
Notifications are not received.	• Verify Bluetooth connection. • Check notification settings in the GloryFit app. • Ensure app notifications are enabled in your phone's system settings.
Inaccurate health/activity data.	• Ensure the tracker is worn snugly on your wrist, about one finger's width from your wrist bone. • Clean the sensor on the back of the device. • Calibrate settings in the GloryFit app if applicable.

Specifications

Feature	Detail
Model Number	P08
Brand	BOALZETD
Screen Size	1.47 Inches
Connectivity Technology	Bluetooth
Water Resistance	3 ATM (Rainproof, Splash-proof, Sweat-resistant, Shower-safe)
Battery Life (Daily Use)	10-15 days
Battery Life (Standby)	Up to 30 days
Charging Time	Approx. 2 hours
Special Features	Heart Rate Monitor, Sleep Monitor, Activity Tracker, Notifications, 24 Sport Modes, Women's Cycle Tracking
Compatible Devices	Smartphone (Android, iOS)
Item Weight	5 ounces
Manufacturer	Shenzhen DOOGEE Hengtong Technology CO.,LTD

Warranty and Support

Your BOALZETD Fitness Tracker P08 comes with a standard manufacturer's warranty. For specific warranty details, please refer to the warranty card included in your product packaging or contact BOALZETD customer support.
For technical support, troubleshooting assistance, or any inquiries regarding your device, please visit the official BOALZETD website or contact their customer service team.

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