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> [Gourmia 7-Quart Digital Air Fryer with Panorama Window \(Model GAF7020G\) - Instruction Manual](#)

Gourmia GAF7020G

Gourmia 7-Quart Digital Air Fryer with Panorama Window

Brand: Gourmia

Model: GAF7020G

PRODUCT OVERVIEW

The Gourmia 7-Quart Digital Air Fryer is designed for efficient and healthy cooking. It features FryForce 360° Technology for even heating, a panoramic Easy-View Window with an interior light, and a 3D holographic display for guided cooking.

Key Features

- Family-Size 7 Qt Capacity: Cook generous portions for family dinners or meal prep.
- FryForce 360° Technology: Delivers even heating for perfectly crispy results with little to no oil.
- 12 One-Touch Presets: Choose from Air Fry, Bake, Roast, Broil, Dehydrate, Fries, Wings, Bacon, Seafood, Vegetables, Reheat, and Keep Warm functions.
- Easy-View Window, Interior Light & 3D Holographic Display: Monitor food through the panoramic window and view cooking prompts on the futuristic display.
- Preheat & Turn Food Reminders, Optional Mute Setting: Guided cooking prompts ensure evenly cooked meals, with an option to silence routine beeps.

PACKAGE CONTENTS

Your Gourmia Air Fryer package includes the main unit, a fryer basket, a crisper tray, and a recipe book.

BUILT-IN *Cooking* GUIDE



Image showing the Gourmia Air Fryer unit, the removable fryer basket, crisper tray, and the included recipe book.

Video demonstrating the unboxing of the Gourmia Air Fryer, showcasing the main unit, air fry rack with silicone bumpers, power cord, user manual, and recipe book.

INITIAL SETUP

Unpacking

- Remove all packaging materials, stickers, and labels from the appliance.
- Clean the fryer basket and crisper tray with hot water, dish soap, and a non-abrasive sponge.
- Wipe the inside and outside of the appliance with a damp cloth.
- Ensure the appliance is placed on a stable, heat-resistant surface, at least 4 inches away from walls or other appliances for proper ventilation.

Power Connection

Connect the 2-prong polarized power cord to a dedicated 120V outlet. The appliance operates at 1500 watts; avoid using it on the same circuit as other high-wattage appliances to prevent circuit overload.

OPERATING INSTRUCTIONS

Power On/Off

Press the power button to turn the appliance on or off.

Selecting Presets

The air fryer features 12 one-touch presets: Air Fry, Bake, Roast, Broil, Dehydrate, Fries, Wings, Bacon, Seafood, Vegetables, Reheat, and Keep Warm. Select the desired preset from the touchscreen control panel.



Image illustrating the touchscreen control panel with 12 one-touch cooking presets for various food types and cooking functions.

Adjusting Temperature and Time

Use the temperature and time controls to manually adjust settings. Temperature ranges from 90°F to 400°F. Time ranges from 1 minute to 24 hours.

Guided Cooking Prompts

The 3D holographic display projects time, temperature, and cooking prompts like "Add Food" and "Turn

Food" to guide you through the cooking process.



FRYFORCE 360°
TECHNOLOGY WITH RAPID
AIR CIRCULATION FOR
EVEN CRISPING ON ALL SIDES

1500 W
HIGH POWER HEATING
FOR **RAPID, EVEN RESULTS**
EVERY TIME

HEALTHIER COOKING
ENJOY THE SAME
DELICIOUS RESULTS WITH
LITTLE OR NO OIL

CRISPY & Juicy
Outside INSIDE

Image showing the holographic display projecting 'ADD FOOD' and other smart alerts, guiding the user during cooking.

Easy-View Window and Interior Light

Monitor your food's progress through the panoramic window. Tap the light icon on the control panel to illuminate the interior without opening the basket.



Image highlighting the panoramic view window and interior light, allowing users to monitor food without opening the basket.

Optional Mute Setting

Activate mute mode to silence routine beeps for a quieter kitchen experience, while important alerts remain active.

CLEANING AND MAINTENANCE

Dishwasher Safe Components

The removable fryer basket and crisper tray are dishwasher safe for easy cleanup.

WHAT'S IN THE Box

30 RECIPES



AIR FRYER

CRISPER TRAY

TOUCHSCREEN CONTROL PANEL

FRYER BASKET



COOL-TOUCH HANDLE

ANTI-SLIP BASE



Image showing the fryer basket and crisper tray placed in a dishwasher, indicating they are dishwasher-safe for easy cleaning.

Hand Washing

For best results and to prolong the life of the non-stick coating, hand washing with warm, soapy water is recommended.

Exterior Cleaning

Wipe the exterior of the air fryer with a damp cloth. Do not immerse the main unit in water.

Oil Sprays

Avoid using aerosol oil sprays as they can damage the non-stick coating. Use a mister-type spray bottle for oil if needed.

TROUBLESHOOTING TIPS

Common Issues

- **Appliance not turning on:** Ensure the power cord is securely plugged into a working outlet. Check if

the circuit breaker has tripped.

- **Food not cooking evenly:** Ensure food is arranged in a single layer and not overcrowded. Use the "Turn Food" reminder or manually shake/flip food halfway through cooking.
- **Plastic shifting/Door closing difficulty:** If the door is difficult to close when hot, apply firm pressure when pushing it in.
- **Loud operation:** The air fryer operates with a fan and heating element, which will produce some noise. This model is noted to be louder than some others.
- **Water between glass panes:** After cleaning, dry all components thoroughly. Run the air fryer on a low setting (e.g., 400°F for 11 minutes) to help evaporate any remaining moisture between the glass panes.

Video review discussing the Gourmia Air Fryer's noise level and tips for firmly closing the basket door.

PRODUCT SPECIFICATIONS

Brand	Gourmia
Model Name	7 Qt Digital Panorama Air Fryer (GAF7020G)
Capacity	7 Quarts
Wattage	1500 Watts
Voltage	120 Volts
Temperature Range	90°F - 400°F
Time Range	1 minute - 24 hours
Product Dimensions	16.5"D x 12"W x 12.5"H
Item Weight	6.8 Pounds
Control Method	Touch
Special Features	Automatic Shut-Off, Interior Light, Programmable, Temperature Control, Timer
Material	BPA-free Silicone, Metal, Plastic
Dishwasher Safe	Yes (Accessories)

WARRANTY AND CUSTOMER SUPPORT

For warranty information or customer support, please refer to the contact details provided in your user manual or visit the official Gourmia website.