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› amocane Outdoor Steam Sauna (Model: sauna) User Manual

amocane sauna

amocane Outdoor Steam Sauna User Manual

Model: sauna

1. INTRODUCTION

This manual provides essential information for the safe and efficient installation, operation, and maintenance of your amocane Outdoor Steam Sauna. This 1-2 person sauna is crafted from Canadian Red Cedar and features a 4.5KW ETL Certified Toule Sauna Stove, designed for outdoor use in various environments.

Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your sauna.



Image 1: Amocane Outdoor Steam Sauna in a natural environment. This image shows the sauna's exterior design, highlighting its integration into an outdoor setting.

2. SAFETY INFORMATION

Important Safety Instructions:

- Always consult a physician before using a sauna, especially if you have pre-existing medical conditions.
- Do not use the sauna under the influence of alcohol, drugs, or medications that may impair judgment.
- Limit sauna sessions to 15-20 minutes to avoid overheating and dehydration.
- Ensure adequate ventilation during use.
- Keep children and pets away from the sauna, especially when in operation.
- The sauna heater operates at high temperatures. Avoid direct contact with the heating elements and hot stones.
- Only use water on the sauna stones as directed. Do not pour excessive amounts of water.

- Ensure all electrical connections are properly installed by a qualified electrician and meet local codes. The unit requires 220V/4.5KW electrical service.
- Do not modify the sauna or its components. Use only manufacturer-approved replacement parts.

3. PRODUCT COMPONENTS

Your amocane Outdoor Steam Sauna kit includes the following main components and accessories:

- Red Cedar Wood Panels for Sauna Structure
- Waterproofing Roof (Asphalt Shingles)
- External Tempered Glass Door with Premium Handle and Hinges
- Tempered Glass Windows
- Ventilation Openings
- Floor Kit
- Explosion-proof Light
- Wooden Door Handle
- 4.5KW/220V ETL Certified Toule Sauna Heater
- Sauna Stones
- Sauna Bucket and Scoop
- Thermohygrometer (Temperature and Humidity Gauge)
- Sandglass (Sauna Timer)
- Rubber Hammer (for assembly)
- Stainless Steel Barrel Bands (corrosion-resistant)



Image 2: Breakdown of key sauna components. This image highlights the solid wood construction, full shingle kit, corrosion-resistant stainless steel barrel bands, and the ETL Toule 4.5KW Sauna Heater with stones.

4. SETUP AND INSTALLATION

The amocane Outdoor Steam Sauna requires assembly. Due to its size and weight, it is recommended to have at least two people for installation. Professional electrical installation is required for the 4.5KW heater.

4.1 Site Preparation

- Choose a level, stable surface for installation in your backyard, garden, or patio.
- Ensure the chosen location has access to the required 220V/4.5KW electrical supply.
- Allow sufficient clearance around the sauna for maintenance and safety.

4.2 Assembly Steps

1. Unpack all components and verify against the packing list.
2. Assemble the base frame according to the detailed assembly instructions provided separately with the product.

3. Install the Red Cedar wood panels, ensuring a tight fit for optimal insulation.
4. Secure the stainless steel barrel bands around the sauna structure.
5. Install the tempered glass door and windows.
6. Mount the waterproofing asphalt shingle roof.
7. Install the 4.5KW Toule Sauna Heater and connect it to the electrical supply. **This step must be performed by a certified electrician.**
8. Place the sauna stones into the heater unit.
9. Install the explosion-proof light, thermohygrometer, and sandglass.
10. Ensure intake and exhaust vents are clear for proper airflow.

DIMENSION

Weight Capacity

700lbs



1-2 people

ELECTRICAL

220 V

4.5KW

RED CEDAR

ETL
SAUNA
STOVE:



As an oversized, high quality sauna spa, shipping is by **TRUCK** delivery. Please provide valid **Phone Number** for scheduling the delivery appointment. Please watch for an email after placing your order and we will contact you within 12 hours. If you have any questions, please feel free to contact us.



Image 3: Detailed dimensions of the sauna (53.1" D x 54.7" W x 78.7" H) and electrical requirements (220V, 4.5KW). This image also shows the ETL certified Toule sauna stove.

Note: As an oversized item, delivery is typically by truck. Please provide a valid phone number for scheduling the delivery appointment.

5. OPERATING INSTRUCTIONS

5.1 Initial Use

- Before first use, wipe down the interior with a damp cloth.
- Heat the sauna for 30-60 minutes at a high temperature (e.g., 195°F) with the door open to burn off any manufacturing residues.
- Allow the sauna to cool completely and ventilate thoroughly.

5.2 Regular Operation

1. **Pre-heating:** Close the sauna door and turn on the 4.5KW Toule sauna heater using the control panel. Set your desired temperature between 0°C - 90°C (32°F - 195°F). Allow 30-60 minutes for the sauna to reach the set temperature.
2. **Entering the Sauna:** Ensure the sauna is at a comfortable temperature. You may wish to place a towel on the bench.
3. **Steam Generation:** For steam, carefully pour a small amount of water over the hot sauna stones using the provided wooden scoop. Do not pour too much water at once, as this can damage the heater.
4. **Monitoring:** Use the thermohygrometer to monitor temperature and humidity. The sandglass can be used to time your session.
5. **Ventilation:** The intake and exhaust vents provide optimal airflow. Ensure they are not blocked during use.
6. **Exiting the Sauna:** When your session is complete, exit the sauna and allow your body to cool down gradually.
7. **Power Off:** Turn off the sauna heater after each use.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your amocane Outdoor Steam Sauna.

6.1 Cleaning

- **Interior:** Wipe down the interior cedar wood surfaces with a damp cloth after each use. For deeper cleaning, use a mild soap solution and rinse thoroughly. Avoid harsh chemicals that can damage the wood.
- **Benches:** Periodically scrub benches with a brush and mild soap to remove sweat and residue.
- **Glass:** Clean the tempered glass door and windows with a standard glass cleaner.
- **Exterior:** The exterior cedar and asphalt shingles are designed for outdoor conditions. Periodically inspect and clean the exterior to remove dirt or debris.

6.2 Component Checks

- **Sauna Stones:** Inspect sauna stones periodically. Replace any cracked or crumbling stones to ensure efficient heat transfer.
- **Heater:** Ensure the heater elements are free from obstructions. Do not attempt to repair the heater yourself; contact a qualified technician.
- **Wood:** Red cedar is naturally resistant to decay. However, inspect wood for any signs of damage or excessive wear.
- **Roof:** Regularly check the asphalt shingles for any damage or loose sections, especially after strong winds or storms, to maintain waterproofing.
- **Barrel Bands:** Ensure the stainless steel barrel bands remain tight. Adjust if necessary.

Waterproof Outdoor Sauna



Image 4: The amocane Outdoor Steam Sauna demonstrating its waterproof and wind-resistant design in rainy conditions. This image highlights its durability against various weather elements.

SUITABLE FOR MULTIPLE ENVIRONMENTS



Image 5: The sauna shown in different outdoor environments, including sunny, rainy, and snowy conditions, illustrating its suitability for multiple climates.



Image 6: The sauna positioned in a snowy winter landscape, showcasing its robust construction and ability to withstand cold weather conditions.

7. TROUBLESHOOTING

This section addresses common issues you might encounter with your sauna.

| Problem | Possible Cause | Solution |
|---|--|--|
| Sauna heater does not turn on. | No power supply; circuit breaker tripped; faulty wiring; heater malfunction. | Check power connection. Reset circuit breaker. Contact a qualified electrician for wiring issues or heater malfunction. |
| Sauna not reaching desired temperature. | Door not fully closed; ventilation too open; insufficient pre-heating time; faulty heater element. | Ensure door is sealed. Adjust ventilation. Allow more pre-heating time. Contact support if heater element is suspected. |

| Problem | Possible Cause | Solution |
|------------------------------------|--|---|
| Excessive steam or water on floor. | Too much water poured on stones; poor ventilation. | Pour smaller amounts of water on stones. Ensure ventilation vents are open. |
| Wood discoloration or staining. | Sweat and body oils; improper cleaning. | Use towels on benches. Clean regularly with mild soap and water. |

For issues not listed here or if troubleshooting steps do not resolve the problem, please contact amocane customer support.

8. SPECIFICATIONS

| Feature | Detail |
|--------------------------------|--|
| Product Dimensions (L x W x H) | 134.9 cm x 138.9 cm x 199.9 cm (53.1" x 54.7" x 78.7") |
| Seating Capacity | 1-2 Person |
| Wood Material | Canadian Red Cedar |
| Heater Type | Toule Sauna Stove (ETL Certified) |
| Heater Power | 4.5KW |
| Voltage | 220V |
| Temperature Range | 0°C - 90°C (32°F - 195°F) |
| Roof Material | Waterproofing Asphalt Shingles |
| Door Type | Tempered Glass |
| Assembly Required | Yes |
| Model Number | sauna |
| UPC | 763011061285 |

9. WARRANTY AND SUPPORT

For warranty information, technical support, or to inquire about replacement parts, please contact amocane customer service directly. Refer to your purchase documentation for specific warranty terms and contact details.
 Manufacturer Contact Information: amocane

