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Cofiyard B0FXM3ZD4S

Cofiyard 9-in-1 Swedish Ladder Wall Gym & Climber Instruction Manual

Model: B0FXM3ZD4S

1. Introduction

This manual provides essential information for the safe assembly, operation, and maintenance of your Cofiyard 9-in-1 Swedish Ladder Wall Gym & Climber. Please read all instructions carefully before installation and use. Retain this manual for future reference.



Image 1.1: The Cofiyard 9-in-1 Swedish Ladder Wall Gym and Climber, fully assembled in a child's play area.

2. Safety Guidelines

Your safety and the safety of others are paramount. Adhere to the following guidelines to prevent injury and ensure proper use of the equipment.

- **Adult Supervision Required:** Children must always be supervised by a responsible adult while using this equipment.
- **Proper Installation:** Ensure the unit is securely mounted to a sturdy wall structure (e.g., wall studs) using all provided hardware. Improper installation can lead to instability and injury.
- **Weight Capacity:** The maximum weight recommendation for this product is 270 pounds. Do not exceed this limit.
- **Age Recommendation:** This product is designed for children. Ensure users are within an appropriate age and developmental range for safe use.
- **Clearance Area:** Maintain a clear space around the gym to prevent collisions. Ensure no obstacles are within the

play area.

- **Regular Inspection:** Before each use, inspect all components for wear, damage, or loose connections. Do not use if any part is damaged or appears unsafe.
- **No Modifications:** Do not modify the product in any way. Use only original parts and accessories.
- **Appropriate Attire:** Ensure users wear appropriate clothing and footwear to prevent entanglement or slipping.



Image 2.1: Detail showing the smooth edges and robust construction of the climbing gym, emphasizing safety features.

3. Package Contents

Verify that all components listed below are present and undamaged before beginning assembly.

- Swedish Ladder Wall Gym Structure
- Double-Sided Slide
- Rope Swing

- Climbing Rope
- Gymnastic Rings
- Rope Net
- Climbing Holds (for rock wall section)
- Pull-up Bar
- All necessary mounting hardware and tools (refer to separate hardware list for details)



Image 3.1: Visual representation of the various components included in the 9-in-1 Wall Gym Set.

4. Product Specifications

Feature	Specification
Brand	Cofiyard

Feature	Specification
Model	B0FXM3ZD4S
Material	Natural Pine Wood
Product Dimensions (L x W x H)	78.7" x 23.6" x 94.5"
Item Weight	116 Pounds
Maximum Weight Recommendation	270 Pounds
Assembly Required	Yes
Age Range (Description)	Kid



Image 4.1: Detailed dimensions of the assembled wall gym for planning installation space.

5. Assembly Instructions

Assembly requires two adults. Follow these steps carefully. All necessary hardware is included.

1. **Unpack Components:** Carefully remove all parts from the packaging and lay them out. Verify against the package contents list.
2. **Identify Wall Mounting Location:** Choose a sturdy wall capable of supporting the gym's weight and dynamic loads. It is crucial to mount the unit into wall studs for maximum stability. Use a stud finder to locate suitable mounting points.
3. **Assemble Main Ladder Sections:** Connect the individual ladder sections according to the diagrams provided in the separate assembly guide. Ensure all bolts are tightened securely.
4. **Attach Wall Mounting Brackets:** Secure the wall mounting brackets to the main ladder structure.
5. **Mount to Wall:** With assistance, lift the assembled ladder structure into position against the wall. Mark the drilling points through the mounting brackets onto the wall studs. Drill pilot holes as instructed in the assembly guide. Secure the unit to the wall using the provided lag screws and washers. Ensure the connection is firm and stable.
6. **Install Accessories:** Attach the pull-up bar, climbing holds, rope net, and other fixed components as per the detailed instructions.
7. **Attach Removable Accessories:** Hang the swing, climbing rope, and gymnastic rings onto the designated attachment points.
8. **Position Slide:** The double-sided slide can be positioned on various rungs of the Swedish ladder. Ensure it is securely hooked into place before use.
9. **Final Inspection:** After assembly, perform a thorough inspection. Check all bolts, screws, and connections to ensure they are tight and secure. Test the stability of the entire structure.

Note: A detailed step-by-step assembly guide with diagrams is included in your product packaging. Refer to that guide for specific hardware and visual instructions.

6. Operating Instructions

The Cofiyard 9-in-1 Swedish Ladder Wall Gym offers multiple activity options. Encourage children to explore safely under supervision.

- **Swedish Ladder:** Use for climbing, stretching, and developing upper body strength. Ensure hands and feet have a firm grip on the rungs.
- **Climbing Holds (Rock Wall):** Provides a challenging climbing experience. Encourage children to use both hands and feet for balance and grip.
- **Rope Net:** For climbing and developing coordination. Ensure the net is taut and securely attached.
- **Double-Sided Slide:** One side is smooth for sliding, the other has climbing grips. Ensure the slide is properly hooked onto the ladder rungs before use. Children should slide feet-first.
- **Swing:** Use for swinging motions. Ensure adequate clearance around the swing path. Do not allow excessive swinging that could cause the unit to sway.
- **Climbing Rope:** For climbing and developing grip strength. Ensure the rope is securely fastened at the top.
- **Gymnastic Rings:** Use for hanging, swinging, and developing upper body strength. Ensure a firm grip.
- **Pull-up Bar:** For pull-ups and hanging exercises. Can be used by both children and adults within the weight limit.



Image 6.1: Children engaging with various elements of the wall gym, demonstrating its multi-functional design.



Image 6.2: The double-sided slide in use as a climbing wall, showcasing its versatility.

7. Care and Maintenance

Regular care and maintenance will extend the life of your Swedish Ladder Wall Gym.

- **Cleaning:** Wipe down wooden surfaces with a damp cloth and mild soap. Avoid harsh chemicals or abrasive cleaners. Dry thoroughly.
- **Inspection:** Periodically check all bolts, screws, and connections for tightness. Tighten any loose fasteners immediately.
- **Wood Care:** The product is made from natural pine wood. Avoid prolonged exposure to direct sunlight or extreme humidity, which can cause warping or cracking.
- **Ropes and Fabric:** Inspect ropes, nets, and swing straps for fraying or wear. Replace if significant wear is observed.
- **Storage:** If disassembling for storage, keep all parts in a dry, protected environment.

8. Troubleshooting

If you encounter issues with your wall gym, refer to the following common solutions:

- **Unit Feels Unstable:**
  Solution: Re-check all wall mounting points. Ensure the unit is securely fastened into wall studs. Tighten all assembly bolts.
- **Squeaking Noises:**
  Solution: Identify the source of the squeak. It may be a loose connection. Tighten relevant bolts. A small amount of lubricant (e.g., silicone spray) can be applied to metal-on-metal contact points if necessary, avoiding wood surfaces.
- **Missing Parts:**
  Solution: Refer to the package contents list. If parts are genuinely missing, contact customer support.
- **Difficulty Assembling:**
  Solution: Review the detailed assembly guide provided with the product. Ensure all steps are followed in order. If issues persist, contact customer support.

9. Customer Support

For further assistance, questions, or to report missing/damaged parts, please contact Cofiyard customer support through the retailer's platform or the official Cofiyard website. Please have your product model number (B0FXM3ZD4S) and purchase date available when contacting support.

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