

DFGSDFHDFHAH79165

# Nuvra 3-in-1 Hand Massager with Heat Compression (Model DFGSDFHDFHAH79165) User Manual

Model: DFGSDFHDFHAH79165

## 1. INTRODUCTION

Thank you for choosing the Nuvra 3-in-1 Hand Massager. This device is designed to provide targeted relief for hand fatigue, arthritis, and carpal tunnel symptoms through a combination of heat compression, air pressure massage, and individual finger kneading. Please read this manual thoroughly before use to ensure safe and effective operation.

## 2. IMPORTANT SAFETY INFORMATION

Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult a healthcare professional before using this device if you have any pre-existing medical conditions, especially those affecting your hands or circulation. Do not use if you have open wounds, skin irritations, or severe swelling on your hands. Keep out of reach of children.

## 3. PACKAGE CONTENTS

Verify that all items are present in the package:

- 1 x Nuvra 3-in-1 Hand Massager
- 1 x USB Type-C Charging Cable
- 1 x User Manual

Video: Unboxing the Hounyoln Hand Massager with Heat and Compression. This video demonstrates the contents of the package, including the massager unit, USB Type-C cable, and user manual.

## 4. PRODUCT OVERVIEW

The Nuvra Hand Massager features a lightweight, ambidextrous design with a durable PU leather exterior and soft tech fabric interior. It incorporates 14 ergonomically placed TPU airbags for comprehensive hand massage.

### 4.1 Controls and Indicators

- **Power Button:** Press and hold to turn the device on/off.
- **Heat Button:** Activates/deactivates the heat compression function.
- **Mode Button:** Cycles through 3 massage modes (Health, Soothing, Vitality).

- **Intensity Button:** Adjusts between 5 intensity levels of air compression.



Image: The Nuvra Hand Massager showing the control panel with buttons for Heat, Mode, Intensity, and Power.

## Three modes to enjoy massage



Double-layer tpu airbag wraps the hand and is ergonomic



Image: An internal view of the hand massager, illustrating the double-layer TPU airbags and individual finger compartments designed for precise massage.

## 5. SETUP

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### 5.1 Charging the Device

Before first use, fully charge the hand massager. Connect the provided USB Type-C cable to the charging port on the device and plug the other end into a compatible USB power adapter (not included). The battery indicator will show charging status. A full charge provides long-lasting wireless use.



Image: The Nuvra Hand Massager being charged via its USB Type-C port, demonstrating its portability and rechargeable nature.

## 5.2 Hand Placement

Insert your hand fully into the massager, ensuring your fingers align with the internal compartments. The device is ambidextrous, allowing use on either the left or right hand.



# Three-stage airbag

Can adapt to different sizes of hands and adjust as needed



Image: A woman demonstrating how to insert her hand into the Nuvra Hand Massager, highlighting the comfortable fit.

## 6. OPERATING INSTRUCTIONS

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### 6.1 Power On/Off

Press and hold the Power button to turn the massager on. The default setting will activate. To turn off, press and hold the Power button again.

### 6.2 Selecting Massage Mode

Press the Mode button to cycle through the 3 available massage modes: Health, Soothing, and Vitality. Each mode offers a unique sequence of air compression and kneading to target different areas of the hand.

### 6.3 Adjusting Intensity

Press the Intensity button to select from 5 levels of air compression strength. Start with a lower intensity and gradually increase to a comfortable level.

### 6.4 Activating Heat Compression

Press the Heat button to activate the smart heat compression. The rapid heating system provides warmth to ease

joint stiffness and discomfort. Press again to turn off the heat.

## 6.5 Automatic Timer

The massager is equipped with a 15-minute smart timer. The device will automatically shut off after 15 minutes to prevent overuse and ensure consistent daily relaxation.

## 7. MAINTENANCE

### 7.1 Cleaning

Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water. Ensure the device is completely dry before storage or next use.

### 7.2 Storage

Store the massager in a cool, dry place away from direct sunlight and extreme temperatures. Keep it away from sharp objects to prevent damage to the exterior.

## 8. TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. Connect to a power source and try again.
- **Weak massage intensity:** Check the intensity setting and increase if desired. Ensure your hand is fully inserted for optimal contact with the airbags.
- **No heat:** Verify that the heat function is activated. Allow a few seconds for the rapid heating system to warm up.
- **Unusual noise:** If you hear any unusual noises, turn off the device immediately and contact customer support.

## 9. SPECIFICATIONS

|                    |  |
|--------------------|--|
| Model Number       | DFGSDFHDFHAH79165                          |
| Product Dimensions | 7.4 x 3.9 x 9.4 inches (19 x 24.5 x 10 cm) |
| Color              | Gray                                       |
| Material           | PU Leather, Plastic ABS                    |
| Power Source       | Rechargeable Battery (USB Type-C)          |
| Charging Voltage   | 5V   |
| Battery Capacity   | 2000mAh                                    |
| Net Weight         | 685g / 1.5lbs                              |
| Special Feature    | Portable                                   |

# Product specifications



**Product model:** st-1802

**Product name:** hand massager

**Charging voltage:** 5 v

**Battery capacity:** 2000mah

**Charging time:** <120min

**Usage time:** about 90min

**Product size:**  
19x24.5x10cm

**Color box size:**  
19.2x11.6x24.7cm

**Net weight of product:** 690g

**Weight with color box:** 930g

**Net weight:** 15kg

**Gross weight:** 16kg

**Outer box size:**  
48.5x39.6x52.3cm

**Packing specifications:**  
16/carton

## Material: hardware + abs plastic

Image: A visual representation of the product specifications, including dimensions, battery, and charging details.

### 10. WARRANTY AND SUPPORT

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The manufacturer offers an extended warranty. To extend your warranty from 1 year to 3 years, register your purchase within 60 days of purchase at [support.comfier.com](https://support.comfier.com) with your purchase order number. For any questions or support, please refer to the contact information provided in your package or on the manufacturer's website.