Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

FUNMILY TR28

FUNMILY Walking Pad Treadmill TR28 User Manual

Model: TR28

1. Introduction

Thank you for choosing the FUNMILY Walking Pad Treadmill TR28. This manual provides essential information for the safe and effective use of your new fitness equipment. Please read it thoroughly before assembly and operation, and retain it for future reference.



Image 1.1: The FUNMILY Walking Pad Treadmill TR28, showcasing its design with a handle bar and 12% incline capability.

2. Safety Information

To ensure your safety and prolong the life of your treadmill, please observe the following precautions:

- Always consult with a physician before starting any new exercise program.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Wear appropriate athletic footwear and clothing.
- Do not exceed the maximum weight capacity of 320 lbs (145 kg).
- Always hold onto the handrails when starting or stopping the treadmill.

- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.

3. Package Contents

Verify that all components are present in the package:

- FUNMILY Walking Pad Treadmill TR28 (Main Unit)
- User Manual
- Remote Control
- Power Cord
- Lubricant
- Tool Kit (including L-Shaped Wrench)
- Phone Stand
- Battery (for remote control)



Image 3.1: Visual representation of all items included in the product package.

4. Assembly and Setup

The FUNMILY Walking Pad Treadmill TR28 is designed for quick and easy setup. Most of the assembly is pre-completed.

4.1 Unfolding the Treadmill

1. Carefully remove the treadmill from its packaging.
2. Place the folded treadmill on a flat surface.
3. Lift the handle bar into the upright position until it locks securely.
4. Use the provided L-shaped wrench to tighten the screws at the base of the handle bar for stability.

4.2 Adjusting Stability and Portability

- The treadmill features built-in transport wheels for easy relocation. To move, slightly lift one end and roll the unit.
- Adjust the leveling feet at the base of the treadmill to ensure it sits firmly and evenly on the floor, preventing wobbling during use.

4.3 Attaching Accessories

- Attach the phone stand to the designated area on the handle bar.
- Insert the battery into the remote control.
- Place the remote control in its designated slot on the treadmill console for easy access.



Image 4.1: The treadmill's quick folding mechanism, transport wheels for easy movement, and compact storage capability.

Your browser does not support the video tag.

Video 4.2: This video demonstrates the quick unfolding process, attachment of the phone stand, and placement of the remote control for the FUNMILY Walking Pad Treadmill.

5. Operating Instructions

5.1 Powering On/Off

- Connect the power cord to a grounded electrical outlet and then to the treadmill.
- Press the power button on the treadmill or the remote control to turn the unit on.
- To turn off, press the power button again or unplug the unit.

5.2 Using the Remote Control

The multi-functional remote control allows for convenient operation:

- **Start/Stop:** Press the power button to begin or end your workout.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed.
- **Mode Selection:** The 'M' button cycles through different operating modes (Speed, Time, Distance, Calories).



Image 5.1: The treadmill's smart LED display and remote control for monitoring and adjusting workout parameters.

5.3 Understanding the LED Display

The HD LED display provides real-time workout data:

- **Speed:** Current speed in MPH (miles per hour).
- **Time:** Duration of your workout.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.



Image 5.2: The four distinct operating modes available on the treadmill's display.

5.4 Walking and Running Modes

The treadmill supports both walking and running activities:

- **Walking Mode:** Typically used without the handle bar raised, suitable for speeds between 0.6-2.5 MPH.
- **Running Mode:** With the handle bar raised, suitable for speeds between 2.5-4.0 MPH.



Image 5.3: Illustration of the treadmill's dual functionality for walking and running modes.

5.5 Manual Incline Adjustment

The treadmill features a 12% manual incline adjustment to intensify your workouts:

- Locate the adjustable support feet at the rear of the treadmill.
- Manually adjust these feet to achieve the desired incline level. Ensure both sides are adjusted evenly.
- An incline increases calorie burn and targets different muscle groups, such as glutes and calves.



Image 5.4: Visual comparison of the treadmill at 0% and 12% incline, highlighting the increased workout intensity.

6. Features Overview

The FUNMILY Walking Pad Treadmill TR28 incorporates several features designed for a comfortable and effective workout experience:

- **Advanced Shock Absorption System:** Features a 7-layer anti-slip running belt with high-elastic springs and custom silicone pads to reduce impact on joints.
- **Powerful and Quiet Motor:** Equipped with a 3.0HP motor operating at less than 45dB, allowing for quiet workouts.
- **High Weight Capacity:** Reinforced steel frame supports users up to 320 lbs.
- **Compact and Foldable Design:** 2-second quick-fold mechanism and transport wheels for easy storage and movement.
- **Integrated Handle Bar and iPad Holder:** Provides stability and convenience for entertainment or work during exercise.

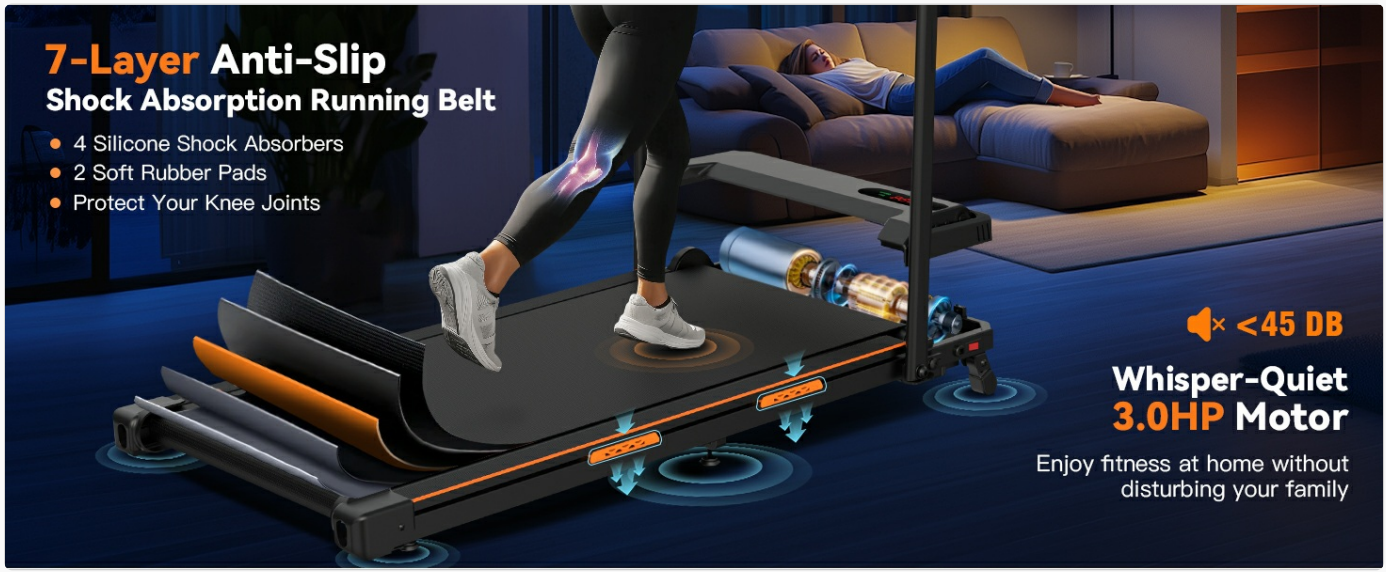


Image 6.1: Illustration of the treadmill's 7-layer running belt with shock absorption and its quiet 3.0HP motor.



Image 6.2: Comprehensive overview of the treadmill's key features and benefits.

7. Maintenance

Regular maintenance ensures optimal performance and longevity of your treadmill.

7.1 Lubrication

- The running belt requires periodic lubrication to reduce friction and wear.
- Use the provided lubricant and follow the instructions in the separate Lubrication Guide (if included) or apply a small amount under the belt every 3-6 months, depending on usage.

7.2 Cleaning

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents.

7.3 Belt Adjustment

- If the running belt becomes off-center or slips, refer to the troubleshooting section or contact customer support for instructions on how to adjust the belt tension and alignment.

8. Troubleshooting

If you encounter any issues with your FUNMILY Walking Pad Treadmill TR28, please refer to the common problems and solutions below:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected, power switch off, circuit breaker tripped.	Ensure power cord is securely plugged in. Check power switch. Reset circuit breaker if necessary.
Running belt slips or stops.	Belt too loose, insufficient lubrication.	Adjust belt tension (refer to specific instructions or contact support). Apply lubricant as per maintenance section.

Problem	Possible Cause	Solution
Unusual noise during operation.	Loose parts, belt friction, motor issue.	Check for loose screws and tighten. Lubricate belt. If noise persists, contact customer support.
Remote control not responding.	Dead battery, remote out of range.	Replace remote control battery. Ensure remote is within operating range of the treadmill.

If the problem persists after attempting these solutions, please contact FUNMILY customer support for assistance.

9. Specifications

Brand	FUNMILY
Model	TR28
Product Dimensions (LxWxH)	50"D x 24"W x 5"H
Maximum Horsepower	3.0 HP
Maximum Incline Percentage	12% (Manual)
Maximum Weight Recommendation	320 Pounds
Deck Length	42 Inches
Deck Width	16 Inches
Noise Level	< 45dB
Metrics Measured	Calories Burned, Distance, Speed, Time
Assembly Required	No (Minimal setup required)

10. Warranty and Support

FUNMILY provides a one-year replacement guarantee for the motor, frame, and any treadmill components. For warranty claims, technical support, or any questions regarding your product, please contact FUNMILY customer service. Refer to your purchase documentation for specific contact details.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B0FX3YPKV7

More documents and user manuals: **https://manuals.plus/**