RUXINGX B0FX3VZCZL

RUXINGX Fitness Tracker Smart Watch User Manual

Model: B0FX3VZCZL

Setup Operating Instructions Health Features Fitness Modes Connectivity Customization Battery & Waterproof Maintenance Troubleshooting Specifications Warranty & Support

Introduction

This manual provides detailed instructions for the RUXINGX Fitness Tracker Smart Watch, Model B0FX3VZCZL. Please read this manual carefully before using your device to ensure proper operation and to maximize its features. Keep this manual for future reference.

Setup Guide

1. Charging the Device

Before initial use, fully charge your smart watch. Connect the charging cable to the charging port on the back of the watch and to a USB power source. A full charge typically takes approximately 2 hours.

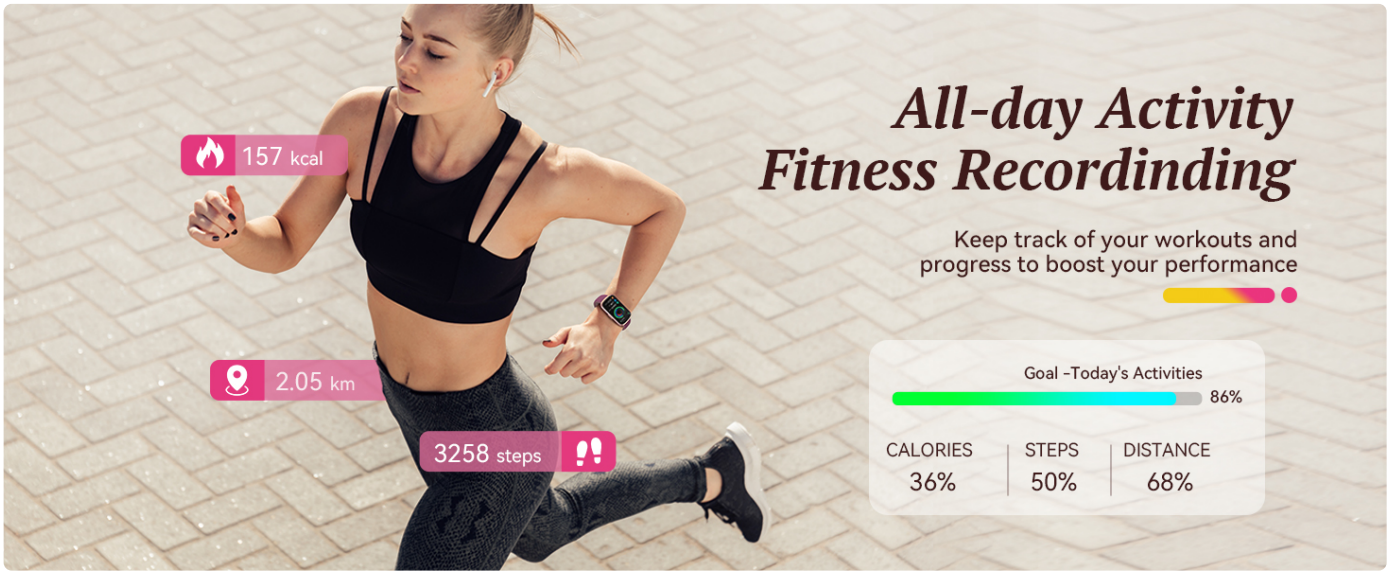


Image: Illustration of the smartwatch charging process, showing the watch connected to a charger.

2. App Installation and Pairing

1. **Download the App:** Scan the QR code provided in the watch packaging or search for "GloryFit" in your mobile device's app store (Google Play for Android, App Store for iOS).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open GloryFit App:** Launch the GloryFit application.
4. **Add Device:** Navigate to the "Device" section within the app and select "Add a new device."
5. **Search and Connect:** The app will search for available devices. Select your RUXINGX Smart Watch (e.g., "S53 (ID-1BC0)") from the list to pair.
6. **Grant Permissions:** Follow the on-screen prompts to grant all necessary notification permissions for the app to function correctly.



Image: Visual guide demonstrating the five steps to connect the smartwatch to a smartphone using the GloryFit app, including QR code scanning, Bluetooth activation, and device selection.

Operating Instructions

Basic Navigation

- **Touchscreen:** The 1.47-inch HD touchscreen allows for intuitive interaction.
- **Swipe Up/Down:** Access notifications or quick settings.
- **Swipe Left/Right:** Navigate through various widgets and features like heart rate, activity data, and weather.
- **Press Side Button:** Return to the home screen or activate the screen.

Receiving Notifications

Once paired with your smartphone and permissions are granted, the watch will display alerts for incoming calls, text messages, and notifications from social media applications (e.g., TikTok, LINE, Snapchat, Facebook, Instagram, Messenger, Skype, WhatsApp). You can view message content directly on the watch. **Note:** Replying to messages or making calls directly from the watch is not supported.



Image: The smartwatch screen showing notifications from various social media and messaging applications, demonstrating its connectivity features.

Health Monitoring Features

The RUXINGX Smart Watch is equipped with sensors to monitor various health metrics.

1. Heart Rate Monitoring

The watch continuously monitors your heart rate 24/7. View real-time data on the watch or detailed historical trends in the GloryFit app.



Image: A person exercising with the smartwatch displaying heart rate data, illustrating the continuous heart rate monitoring feature.

2. Blood Oxygen (SpO2) Tracking

Monitor your blood oxygen saturation levels throughout the day and night. This data helps in understanding your overall respiratory health.



Image: A person stretching with the smartwatch displaying blood oxygen levels, highlighting the SpO2 tracking feature.

3. Sleep Monitoring

The watch automatically tracks your sleep patterns, including light sleep, deep sleep, REM sleep, and awake times. Analyze your sleep quality and receive insights to improve your rest.



Image: A person sleeping with the smartwatch on, illustrating its sleep tracking capabilities and displaying sleep data.

4. Menstrual Cycle Tracking

For female users, the watch offers built-in menstrual cycle tracking and personalized reminders for different phases (security period, ovulation period, menstrual period). Set up this feature in the GloryFit app.



Image: A woman meditating with the smartwatch displaying menstrual cycle tracking information, including security, ovulation, and menstrual periods.

Fitness Tracking and Sport Modes

The watch supports 24 professional sport modes to help you track your workouts effectively.

1. Activity Tracking

Monitor daily steps, distance, and calories burned. The built-in GPS accurately maps your exercise routes when connected to your phone's GPS.



Image: A person running outdoors with the smartwatch displaying activity metrics such as calories burned, steps taken, and distance covered.

2. Sport Modes

Select from 24 different sport modes, including running, cycling, swimming, yoga, and more, to get specific data for your chosen activity. This helps in analyzing performance and achieving fitness goals.



Image: A woman lifting weights with the smartwatch showing a menu of 24 different sport modes, indicating its versatility for various physical activities.

Connectivity and Smart Features

The RUXINGX Smart Watch connects to your smartphone via Bluetooth 5.0, offering several convenient features.

- **Call and Message Alerts:** Receive notifications for incoming calls and messages directly on your wrist.
- **App Notifications:** Get alerts from your favorite social media and messaging apps.
- **Compatibility:** Compatible with Android 4.4+ and iOS 9.0+ devices.
- **Other Smart Functions:**
  - **Breathing Training:** Guided breathing exercises for relaxation.
  - **Camera Control:** Remotely control your phone's camera.
  - **Flashlight:** Use the watch screen as a small flashlight.
  - **Weather Forecast:** Get real-time weather updates.
  - **Sedentary Reminder:** Alerts you to move after periods of inactivity.
  - **Find My Phone:** Helps locate your paired smartphone.



Image: A collage of smartwatch screens demonstrating various smart features such as breathing training, camera control, flashlight, weather forecast, sedentary reminders, and the 'Find my Phone' function.

Customization

Watch Faces

Personalize your watch with over 200 built-in watch faces available through the GloryFit app. You can also upload your own photos to create custom watch dials.

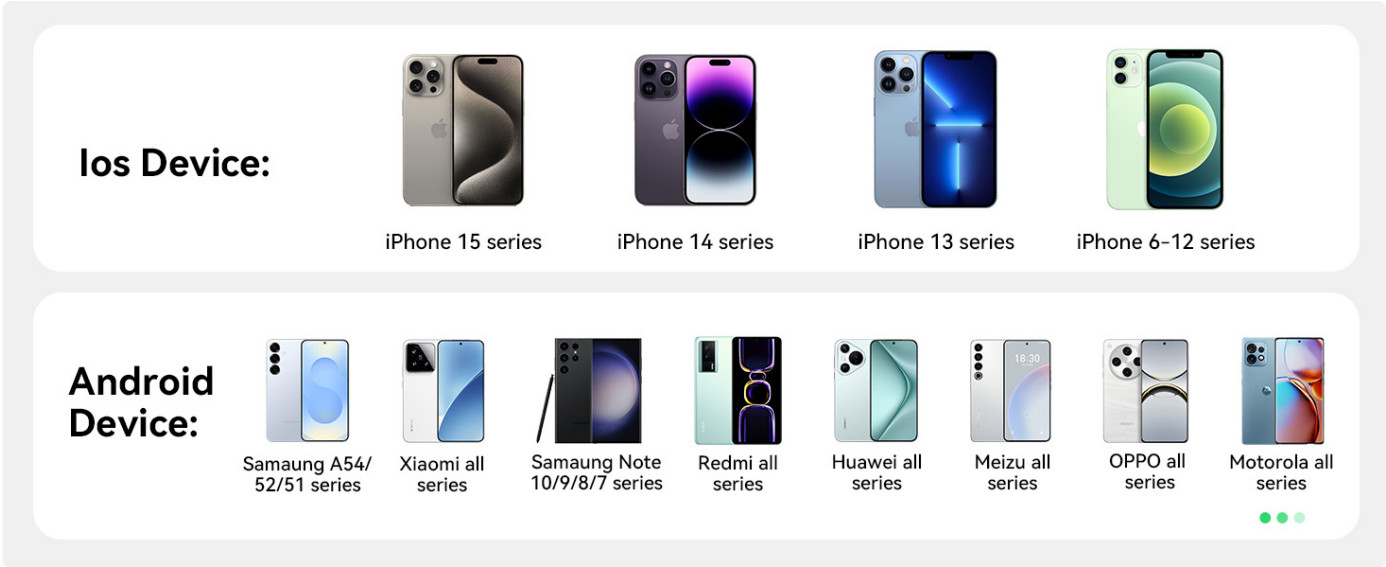


Image: The smartwatch screen showcasing a variety of customizable watch faces, alongside a smartphone app interface demonstrating how to select and personalize watch faces.

Battery Life and Waterproof Rating

Battery Performance

The watch is equipped with a 200mAh battery. Average usage provides up to 7 days of battery life, while power-saving mode can extend this to 15 days. Standby time is up to 30 days. Charging from empty to full takes approximately 2 hours.



Image: The smartwatch on its charger, with an overlay illustrating its battery performance: 7 days average usage, 15 days basic usage, and 30 days low power mode.

5ATM Waterproof

The device has a 5ATM waterproof rating, meaning it can withstand pressures equivalent to a depth of 50 meters. This

allows for use during hand washing, in the rain, and while swimming. It is not suitable for diving or high-pressure water activities.



Image: A person washing hands while wearing the smartwatch, demonstrating its 5ATM waterproof capability for daily activities like hand washing, rain, and swimming.

Maintenance

- **Cleaning:** Regularly clean the watch and band with a soft, dry cloth. If necessary, use a slightly damp cloth and mild soap, then dry thoroughly.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents, as these can damage the watch's finish and seals.
- **Charging Port:** Keep the charging contacts clean and dry to ensure efficient charging.
- **Storage:** Store the watch in a cool, dry place when not in use.
- **Water Exposure:** While 5ATM waterproof, it is recommended to dry the watch after exposure to water to prevent skin irritation and maintain device longevity.

Troubleshooting

Watch not turning on:
Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.

Cannot pair with smartphone:

- Ensure Bluetooth is enabled on your phone.
- Make sure the watch is sufficiently charged.
- Place the watch close to your phone during pairing.
- Restart both your phone and the watch.
- Check if the GloryFit app has all necessary permissions.
- If previously paired, try unpairing from your phone's Bluetooth settings and re-pairing through the app.

Notifications not appearing:

- Verify that the watch is successfully paired with your phone.
- Check notification settings within the GloryFit app to ensure app alerts are enabled.
- Ensure your phone's notification settings allow the GloryFit app to display notifications.

- Disable any "Do Not Disturb" modes on both your phone and watch.

Inaccurate health data:

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Avoid excessive movement during measurements.
- Clean the sensor on the back of the watch.
- Environmental factors and individual physiology can affect accuracy.

Short battery life:

- Frequent use of GPS, continuous heart rate monitoring, and bright screen settings can reduce battery life.
- Adjust settings in the GloryFit app to optimize battery usage.
- Ensure the watch is fully charged each time.

Specifications

Model Number	B0FX3VZCZL
Brand	RUXINGX
Screen Size	1.47 Inches
Display Type	Digital
Battery Capacity	200mAh (Lithium Polymer)
Battery Charge Time	2 Hours
Water Resistance Rating	5ATM (up to 50 meters)
Connectivity	Bluetooth 5.0
Operating System	Android Wear 1.0 (Internal OS, not user-facing)
Memory Storage	128 MB
Compatible Devices	Android 4.4+ / iOS 9.0+ Smartphones
Band Material	Silicone
Metrics Measured	Heart Rate, Blood Oxygen (SpO2), Sleep Duration, Steps, Calories, Distance
GPS	Built-in GPS (for route tracking)

Warranty and Support

RUXINGX is committed to providing quality products and customer satisfaction.

- **Lifetime Support:** We offer lifetime support for our products.
- **24-Hour Service:** Quick service and solutions are available via email.
- **30-Day Return Policy:** Enjoy a 30-day no-reason return policy.
- **2-Year Replacement:** A 2-year free replacement policy is provided for manufacturing defects.



Image: Graphic detailing RUXINGX customer support offerings, including lifetime support, 24-hour email service, 30-day return policy, and 2-year free replacement.

For further assistance or inquiries, please contact our customer service team.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question