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> JeeJTek Smart Watch 2025 Model User Manual - 1.83" HD Fitness Tracker with Bluetooth Call

JeeJTek 2025 Fitness Tracker Smart Watch

JeeJTek Smart Watch 2025 Model User Manual

Model: 2025 Fitness Tracker Smart Watch | Brand: JeeJTek

1. INTRODUCTION

This manual provides comprehensive instructions for the operation and maintenance of your JeeJTek Smart Watch 2025 Model. Please read this manual thoroughly before using the device to ensure proper function and to maximize your user experience. Keep this manual for future reference.

2. SAFETY INFORMATION

- Do not attempt to disassemble or modify the device.
- Keep the device away from extreme temperatures and direct sunlight.
- Avoid exposing the device to strong impacts or drops.
- Consult a medical professional before starting any new exercise regimen, especially if you have pre-existing health conditions.
- The device is IP68 waterproof for daily activities but is not suitable for swimming or diving.

3. PACKAGE CONTENTS

Verify that all items are present in your package:

- JeeJTek Smart Watch (1 unit)
- Charging Cable (1 unit)
- User Manual (this document)

4. SETUP

4.1 Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. The watch typically charges in approximately 1.5 hours.

4.2 Downloading the App

To unlock all features, download the **Halofit** application on your smartphone. Search for "Halofit" in the Apple App Store (for iOS devices) or Google Play Store (for Android devices) and install it.

4.3 Pairing the Smart Watch

1. Ensure your phone's Bluetooth is enabled.
2. Open the Halofit app and follow the on-screen instructions to register or log in.
3. In the app, navigate to 'Device' and select 'Start Pairing'. The app will search for available devices.
4. Select your watch from the list (e.g., 'Gaea_xxxx') and confirm pairing on both your phone and the watch.
5. For iOS users, after initial pairing, go to your phone's Bluetooth settings and pair with 'Gaea_BT_xxxx' to enable Bluetooth call functionality.

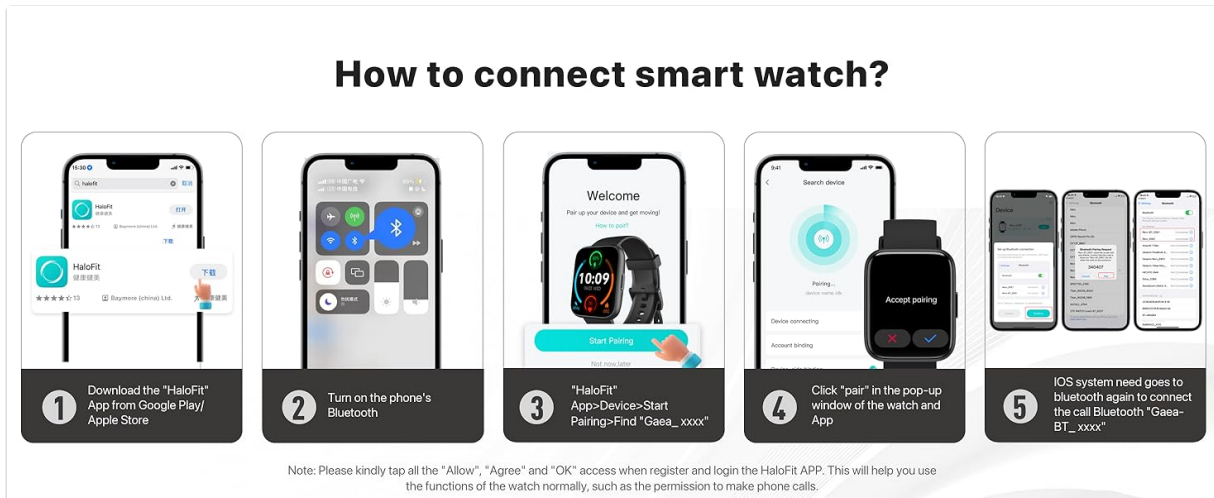


Image Description: A five-step visual guide demonstrating how to connect the smart watch. It shows downloading the Halofit app, enabling Bluetooth, initiating pairing in the app, accepting pairing, and for iOS, connecting to the call Bluetooth.

5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

The smart watch features a 1.83" HD touch screen for navigation. Swipe left, right, up, or down to access different menus and functions. The side button typically serves as a power button, back button, or to access the main menu.

5.2 Making and Answering Calls

Once paired via Bluetooth, you can make and answer calls directly from your watch.

- **To Make a Call:** Open the dialpad on the watch, enter the number, and initiate the call. You can also access frequent contacts saved in the app.
- **To Answer a Call:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer.

Bluetooth Calls & Smart Notifications

It's intelligent to make and answer calls with Bluetooth and receive smart notifications.



Image Description: A smart watch on a wrist showing an incoming call from 'Amy Zhou' and a circle of app icons (LinkedIn, Twitter, YouTube, Facebook, Instagram, WhatsApp, Gmail, Messages, Phone, Weather, Snapchat, Google Maps) around it, indicating smart notification capabilities.

How to make or answer a call?

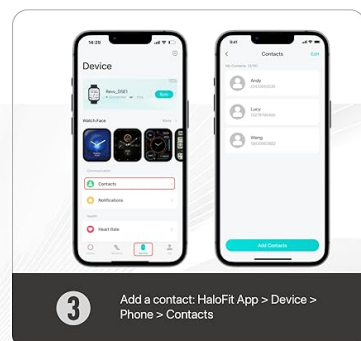
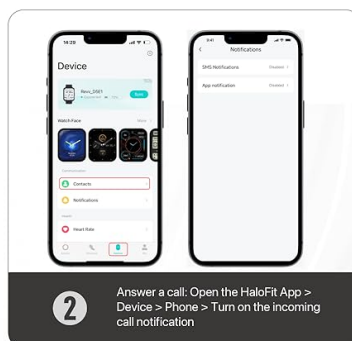


Image Description: A three-step visual guide showing how to make or answer a call. Step 1 illustrates using the dialpad on the watch. Step 2 shows enabling incoming call notifications in the HaloFit app. Step 3 demonstrates adding contacts through the app.

5.3 Smart Notifications

Receive notifications for messages, calls, and alerts from various apps directly on your wrist. Configure which app notifications you wish to receive through the Halofit app settings.

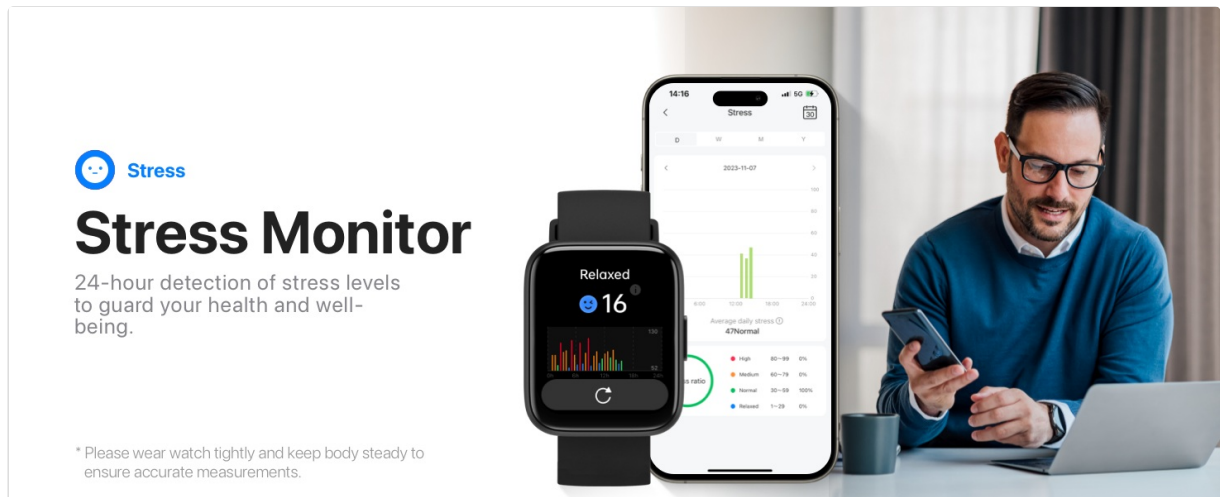


Image Description: A smart watch screen showing notifications from various apps like Missed calls, Instagram, and WeChat, demonstrating its smart notification feature.

5.4 Quick Reply Function (Android Only)

For Android users, the watch supports quick replies to incoming calls and messages using preset sentences. This feature is not available for iOS.

1. Open the Halofit app, go to 'Device', and enable 'Quick Reply' permission.
2. Edit the preset quick reply content within the app.
3. When a message or call comes in, use the watch to send a quick reply within 5 seconds.

All-Day Health Management

Become your health master with heart rate and blood oxygen tracking, etc.



Heart Rate Monitor



Stress Monitor



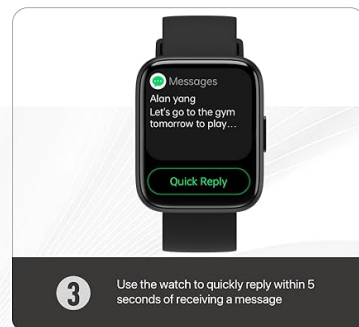
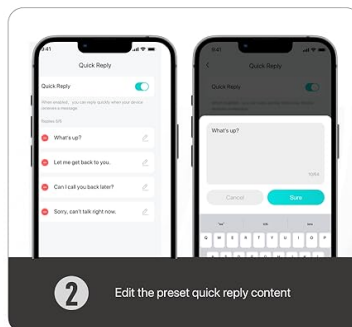
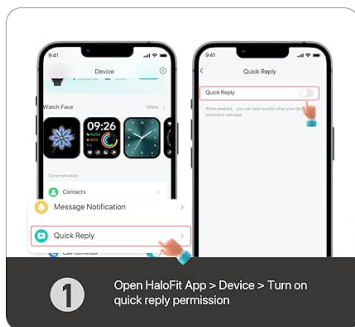
Blood Oxygen Monitor



Sleep Monitor

Image Description: Two smart watch screens displaying quick reply options like 'I am busy. I will call you later.' and 'I am driving. I will call you later.' alongside a phone screen showing quick reply customization options in the app.

How to use the quick reply function?



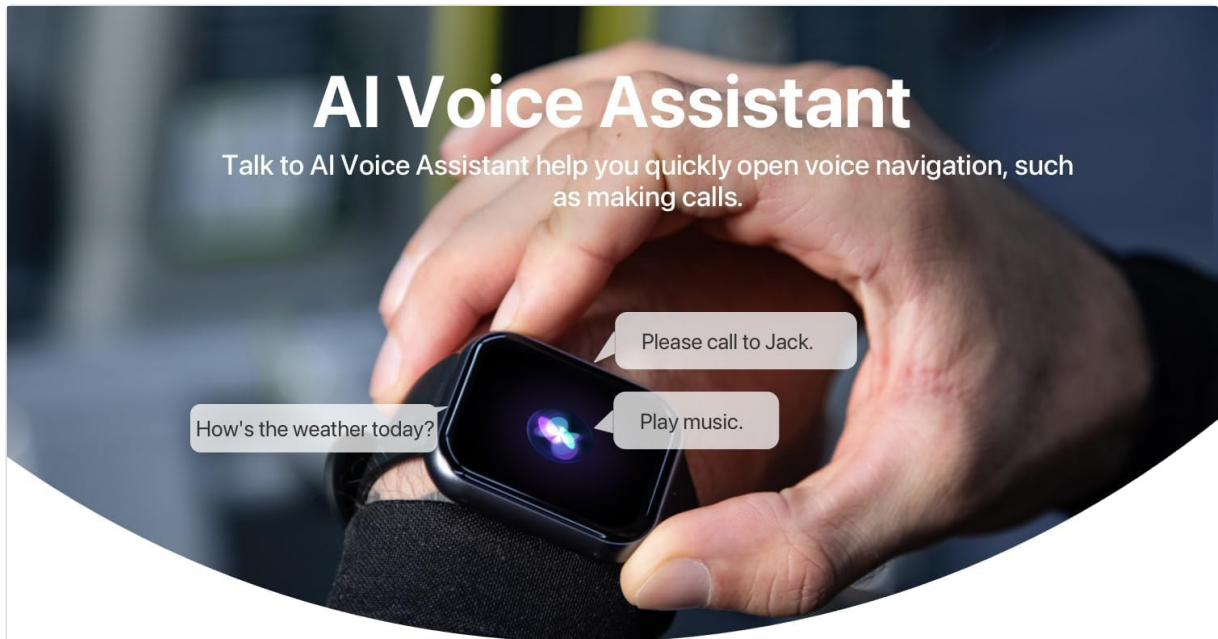
Note: The quick reply function is compatible with Android system, not iOS system. This function can only reply to preset content through the watch, and the content cannot be edited directly using the watch. The watch can only use the quick reply feature when there is a SMS message Notification or incoming calls.

Image Description: A three-step visual guide on how to use the quick reply function. Step 1 shows enabling quick reply in the HaloFit app. Step 2 illustrates editing preset quick reply messages. Step 3 displays the watch sending a quick reply to an incoming message.

5.5 AI Voice Assistant

Interact with your watch using voice commands for hands-free operation. The AI voice assistant can help with navigation, calls, music control, and setting alarms.

- **For iOS:** Activate Siri on your phone, then use the function.
- **For Android:** Activate the voice assistant on your phone, then use the function.



AI Voice Assistant

Talk to AI Voice Assistant help you quickly open voice navigation, such as making calls.

How's the weather today?

Please call to Jack.

Play music.

Quick Reply-Support Any Time Reply

Android users choose from preset quick replies for Calls and SS, but ios isn't. It cannot edit text to send SMS as well as reply to SMS(send preset quick replies to calls and messages)



Android 6.0+



Messages



Incoming call

Image Description: A hand wearing the smart watch, with speech bubbles indicating voice commands like "Please call to Jack.", "How's the weather today?", and "Play music.", demonstrating the AI Voice Assistant feature.

3 Sports Auto Recognition

With automatic 3-sport recognition, you can start your workout without having to manually select a mode.



Outdoor running



Outdoor walking



Treadmill



Image Description: A smart watch on a wrist with speech bubbles showing voice commands like "Please call to Jack.", "How's the weather today?", and "Play music.", highlighting the AI Voice Assistant's capabilities.

5.6 Health Monitoring

The smart watch provides comprehensive health tracking features.

- **Heart Rate Monitor:** Tracks your heart rate 24/7. Set maximum and minimum heart rate preferences for alerts.
- **Sleep Monitor:** Monitors your sleep patterns, including deep sleep, REM, light sleep, and awake times.
- **Stress Monitor:** Provides 24-hour detection of stress levels.
- **Blood Oxygen Monitor:** Measures your blood oxygen saturation levels.
- **Menstrual Cycle Tracker:** Predicts ovulation and period based on data entered in the app.

Note: For accurate measurements, wear the watch tightly on your wrist and keep your body steady.



24-Hour Sleep Monitor

Keep track of your sleep and see how much time spend in 4 sleep stages.



Deep sleep

2h 30m



REM

0h 30m



Light sleep

1h 44m



Awake

0h 10m



Image Description: A collage showing various health tracking features: heart rate monitoring during running, stress monitoring during yoga, blood oxygen monitoring during cycling, and sleep tracking. A smart watch displays heart rate data, and a phone screen shows detailed heart rate graphs.

IP68 Waterproof

With IP68, you can go about your day without worry, whether rinse, sweat, and rain (Daily Waterproofing).



Long Battery Life


10 Days
Typical Usages


30 Days
Standby Time


3 Days
Heavy Usages


1.5 Hrs
Charging Time

Image Description: A smart watch screen showing sleep duration and different sleep stages (deep sleep, REM, light sleep, awake) with their respective durations, alongside an image of a person sleeping.

IP68 Waterproof

Designed for your active lifestyle, the smartwatch is easy and perfect for daily waterproofing needs.




Raining



Sweating



Handwashing

No Swimming 


No Diving 



Image Description: A smart watch displaying real-time heart rate and a phone screen showing a detailed 24/7 heart rate graph, with a person running in the background, illustrating the heart rate monitoring feature.

Your Smartwatch Your Style

- 150+ Dials in the APP
- Support **DIY** Unique Design Style
- 1.83" HD Touch Screen



Image Description: A smart watch screen showing sleep duration and a phone screen displaying a detailed sleep analysis graph, with a person sleeping in the background, illustrating the all-day sleep monitoring feature.

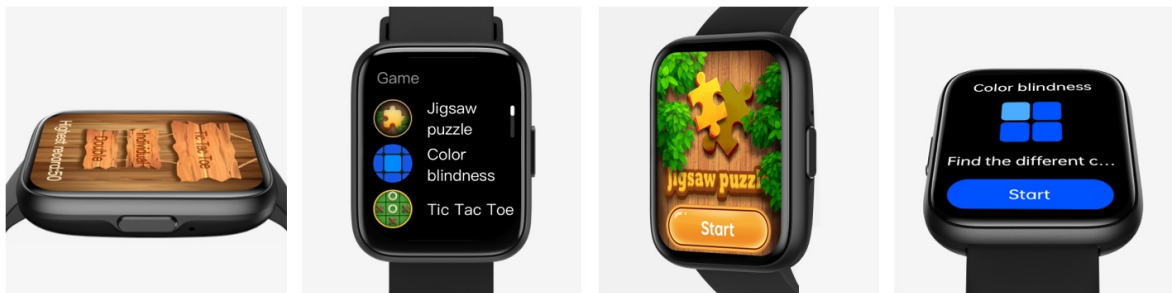
 Control Music

Music Player

Control your phone's music and enjoy tunes on your watch.



Image Description: A smart watch displaying a stress level reading and a phone screen showing a detailed stress level graph, with a person working on a laptop in the background, illustrating the 24-hour stress monitoring feature.



Decompression Haven

You can escape the stress of daily life and indulge in pure relaxation and endless pleasure.

Image Description: Four smart watch screens illustrating the menstrual cycle tracker, showing different stages like 'Day 1 Menstrual period' and 'Day 1 Fertile period', indicating its ability to predict cycles.

5.7 Sports Modes

The watch supports over 100 sports modes to track your workouts. It also features automatic recognition for 3 common sports.

- **Selecting a Sport Mode:** Navigate to the 'Workout' section on your watch and choose your preferred activity.

- **Automatic Recognition:** The watch can automatically detect outdoor running, outdoor walking, and treadmill activities, starting tracking without manual selection.

More Daily Functions

It can meet all your daily living habits, convenient and practical.
Look forward to more functions from us!



Image Description: A smart watch screen displaying various sports modes like 'Outdoor run', 'Outdoor walk', 'Rower', and 'Indoor run', surrounded by icons for other daily functions such as calculator, timer, weather, and games.

The Best Smart Companion

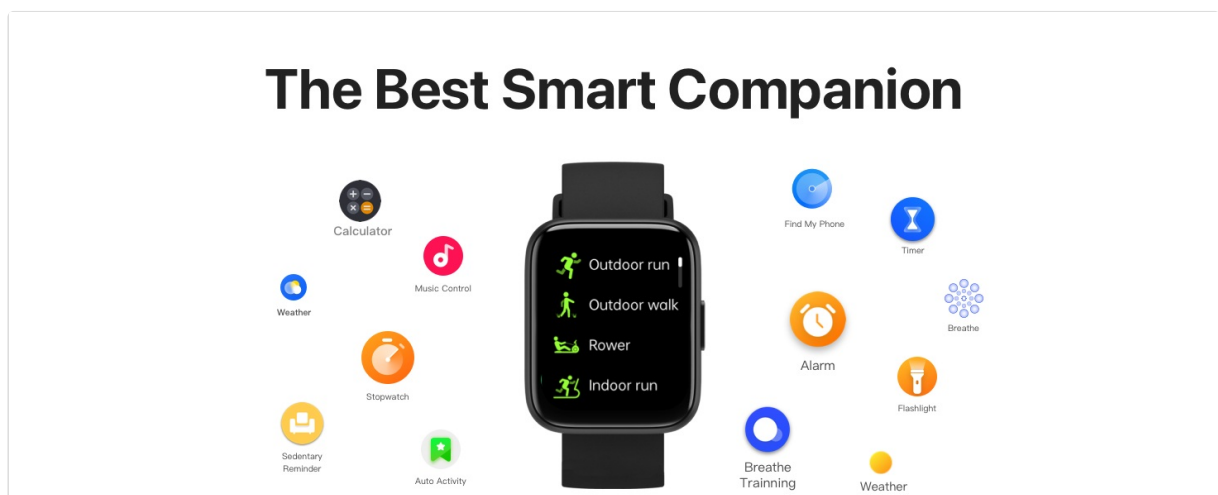


Image Description: A smart watch screen showing various sports modes and a grid of icons representing over 100 different sports activities, highlighting the extensive workout tracking capabilities.

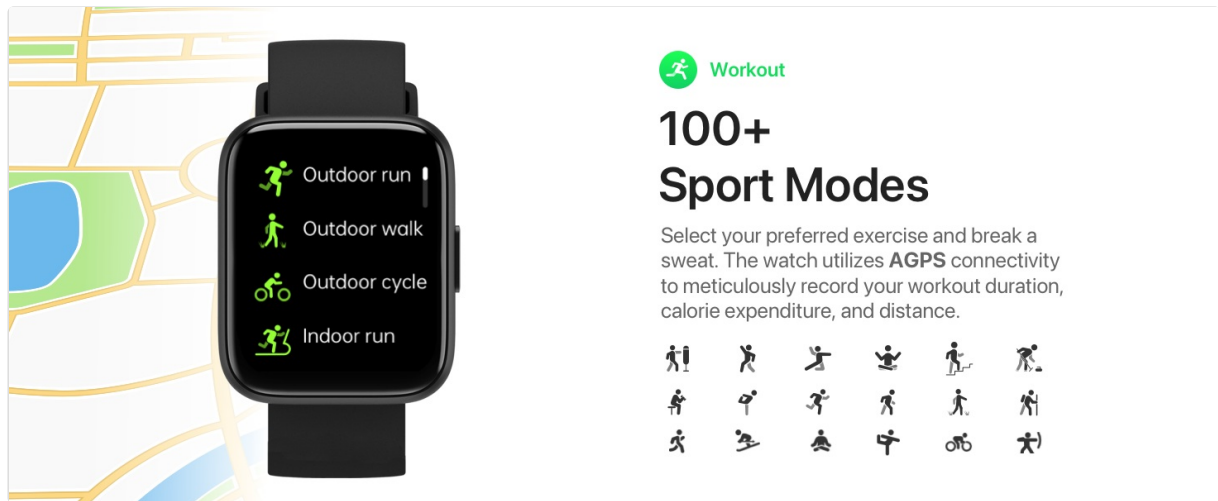


Image Description: A person using gym equipment while wearing the smart watch, with icons for 'Outdoor running', 'Outdoor walking', and 'Treadmill' below, indicating the watch's automatic 3-sport recognition feature.

5.8 Customizing Watch Faces

Personalize your watch with a variety of watch faces. You can choose from over 100 dynamic watch faces in the Halofit app or create custom dials using your own photos.

Customized Watch Face

Match your mood with a DIY watch face or explore the cloud collection.



120+ Watch Face for you!

Image Description: A smart watch displaying a customizable watch face, surrounded by a grid of various other watch face designs, illustrating the wide range of personalization options available.

Heart Rate

24/7 Heart Rate Monitor

Dual monitor modes: manual and 24/7 automatic monitoring. Set your maximum and minimum heart rate preferences and be notified when they're exceeded.

* Please wear the watch close to the wrist and keep.

Image Description: A smart watch displaying a customizable watch face, with text highlighting '150+ Dials in the APP', 'Support DIY Unique Design Style', and '1.83" HD Touch Screen', showcasing personalization options.

5.9 Music Control

Control music playback on your smartphone directly from your watch. Play, pause, skip tracks, and adjust volume without needing to access your phone.

How to receive messages on the watch?

- 1 Confirm that the watch is connected
- 2 Open HaloFit App > Device > Notification > Turn on message notification permissions
- 3 The watch received a message

Image Description: A smart watch displaying music controls (play, pause, skip) next to a smartphone showing a music player interface, with a person enjoying music in the background, illustrating the music control feature.

5.10 Other Functions

The smart watch includes additional useful features:

- **Calculator:** Perform basic calculations.
- **Timer/Stopwatch:** For timing activities.
- **Weather:** View current weather conditions.
- **Games:** Enjoy simple games like Jigsaw puzzle, Color blindness, and Tic Tac Toe.
- **Find My Phone:** Locate your paired smartphone.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Breathe Training:** Guided breathing exercises for relaxation.
- **Alarm:** Set alarms for reminders.
- **Calendar:** View dates and events.

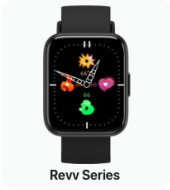

	Bluetooth Calling	Quick Reply	AI Voice Assistant	Smart Recognition	Games	Calculator	Sports Modes	Battery	Sleep monitoring
 <p>Revv Series</p>	✓	✓	✓	✓	✓	✓	116+	300 mAh	All day
 <p>Others</p>	✗	✗	✗	✗	✗	✗	16	180 mAh	At night

Image Description: A smart watch screen showing various sports modes (Outdoor run, Outdoor walk, Rower, Indoor run) surrounded by icons representing other functions like calculator, music control, weather, timer, alarm, flashlight, breathe training, sedentary reminder, and auto activity.

AI Voice Assistant

Effortlessly set alarms, play music, and check the weather with just your AI voice assistant.

*If iOS, activate the "Siri", then use the function.
*If Android, activate the voice assistant on your phone, then use the function.




Image Description: Four smart watch screens displaying different games: Jigsaw puzzle, Color blindness test, and Tic Tac Toe, illustrating the 'Decompression Haven' feature for entertainment.

6. MAINTENANCE

6.1 Water Resistance (IP68)

The JeeJTek Smart Watch is rated IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. This makes it suitable for daily waterproofing needs such as handwashing, sweating, and rain. **It is not recommended for swimming, diving, or hot water activities.**



Menstrual Cycle Tracker

The watch can predict your ovulation and period based on your menstrual cycle data entered in the app.



Image Description: A smart watch being splashed with water, with icons indicating its suitability for 'Raining', 'Sweating', and 'Handwashing', but explicitly stating 'No Swimming' and 'No Diving', illustrating its IP68 waterproof capabilities.

6.2 Battery Life and Charging

The watch is equipped with a 300mAh battery, offering:

- Up to 10 days of typical usage.
- Up to 30 days on standby.
- Approximately 3 days with heavy usage.

Charge the device using the provided magnetic charging cable. Avoid using damaged cables or non-certified chargers.

Up to
10 Days Battery
30 Days on Standby

Say goodbye to charging anxiety with a 300mAh battery.



Image Description: A close-up of the smart watch displaying 80% battery charge, with text indicating 'Up to 10 Days Battery' and '30 Days on Standby', emphasizing its long battery life.

6.3 Cleaning

Wipe the watch and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials that could damage the device.

7. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged.
- **Cannot pair with phone:** Check if Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try again.
- **Notifications not received:** Verify that app notifications are enabled in both your phone's settings

and the Halofit app. Ensure the watch is properly connected.

- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist. Avoid excessive movement during measurements.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring.

8. SPECIFICATIONS

Feature	Specification
Brand	JeeJTek
Screen Size	1.83 Inches
Operating System	RTOS
Connectivity Technology	Bluetooth
Battery Capacity	300 Milliamp Hours
Battery Type	Lithium Polymer
Water Resistance	IP68
Memory Storage Capacity	128 MB
Item Weight	3.52 ounces
Special Features	Activity Tracker, Bluetooth Call Make/Answer, Heart Rate/Sleep/Stress Monitor, 105+ Sports Modes, Pedometer, Alarm Clock, Message Notification, Music Control, Voice Control

9. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the product packaging or contact JeeJTek customer service through their official channels. Keep your purchase receipt as proof of purchase for warranty claims.