

NuvoMed Heated Back Wrap Massager

NuvoMed Heated Back Wrap Massager User Manual

Model: Heated Back Wrap Massager

1. INTRODUCTION

Thank you for choosing the NuvoMed Heated Back Wrap Massager. This device is designed to provide soothing heat and optional vibration massage to the lower back area, promoting relaxation and temporary relief from minor muscle aches. Please read this manual thoroughly before use to ensure safe and proper operation. Keep this manual for future reference.

Important Safety Information

- Do not use this product if you have a pacemaker, are pregnant, or have any serious medical conditions without consulting a physician.
- Do not use on sensitive skin areas, open wounds, or swollen areas.
- Avoid using while sleeping.
- Do not immerse the device in water or use it in excessively humid environments.
- Keep out of reach of children.
- Disconnect from power source when not in use.
- If you experience discomfort, discontinue use immediately.

2. PACKAGE CONTENTS

Please verify that all items listed below are included in your package:

- 1x NuvoMed Heated Back Wrap Massager
- 1x Belt Extender
- 1x USB Cable (Micro USB, 6 feet)
- 1x User Manual

3. PRODUCT OVERVIEW

Familiarize yourself with the components of your Heated Back Wrap Massager.



Image 3.1: Top view of the NuvoMed Heated Back Wrap Messenger, showing the integrated control panel and the attached USB power cable.

Components:

- **Main Belt:** Constructed from durable Neoprene material with carbon fiber heating elements.
- **Control Panel:** Integrated buttons for power, heat settings, and vibration settings.
- **USB Power Port:** For connecting the USB cable to a power source.
- **Hook and Loop Fasteners:** For adjustable and secure fitting around the waist.
- **Belt Extender:** Provides additional length for a comfortable fit.



Image 3.2: Inside view of the massager, highlighting the grid pattern of the heating elements.

Control Panel Functions:

- **Power Button:** Turns the device on/off.
- **Heat Setting Button:** Cycles through 3 heating levels (Low, Medium, High).
- **Vibration Setting Button:** Activates and cycles through vibration modes (if applicable).

4. SETUP

1. **Unpack:** Carefully remove the Heated Back Wrap Massager and all accessories from the packaging.
2. **Connect Power:** Insert the Micro USB end of the provided USB cable into the USB power port on the massager. Connect the standard USB-A end of the cable to a compatible 5V 2A USB power source (e.g., a wall adapter or a portable power bank, not included).
3. **Positioning:** Wrap the massager around your lower back, ensuring the heating elements are positioned over the desired area. Secure the belt using the hook and loop fasteners. If needed, attach the belt extender for a more comfortable fit.



Image 4.1: The Heated Back Wrap Messenger being worn by an individual, demonstrating proper placement around the lower back.

5. OPERATING INSTRUCTIONS

Power On/Off:

- Press and hold the Power button for approximately 2-3 seconds to turn the device ON.
- Press and hold the Power button again for 2-3 seconds to turn the device OFF.

Adjusting Heat Settings:

The massager features 3 heating levels. Once the device is powered on:

- Press the Heat Setting button to cycle through the available heat levels.
- Each press will change the heat intensity (e.g., Low, Medium, High, Off).
- Observe the indicator lights on the control panel to identify the current heat level.

Activating Vibration Massage:

The massager offers an optional vibration massage mode:

- Press the Vibration Setting button to activate the vibration function.
- Subsequent presses will cycle through different vibration patterns or intensities, or turn the vibration

off.

- Refer to the control panel indicators for the active vibration mode.

It is recommended to start with the lowest heat and vibration settings and gradually increase to a comfortable level. Do not use for extended periods without breaks.

6. MAINTENANCE AND CARE

- **Cleaning:** Disconnect the massager from the power source before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** When not in use, ensure the device is clean and dry. Fold it flat for convenient storage in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Handling:** Avoid sharp objects that could damage the Neoprene material or internal components. Do not pull on the USB cable excessively.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Not connected to power, or power source is insufficient.	Ensure the USB cable is securely connected to both the massager and a 5V 2A power source. Try a different USB port or power adapter.
Heat is not felt or is too low.	Low heat setting selected, or insufficient power.	Press the Heat Setting button to cycle to a higher heat level. Verify the power source provides 5V 2A.
Vibration is not working.	Vibration mode is off or not selected.	Press the Vibration Setting button to activate or cycle through vibration modes.
Device turns off unexpectedly.	Power source issue or safety auto-off feature.	Check power connection. Some devices have an auto-off timer for safety; restart if necessary.

If the problem persists after attempting these solutions, please contact customer support.

8. SPECIFICATIONS

Model:	Heated Back Wrap Massager
Input:	USB 5V 2A
USB Cable Type:	Micro USB, 6 feet length
Belt Dimensions:	44.5" L x 7" H (113 cm L x 17.8 cm H)
Weight:	12.5 oz (354 g)
Material:	3mm Neoprene
Heating Settings:	3 levels

Vibration:

Optional vibration massage mode




9. WARRANTY AND SUPPORT

NuvoMed products are manufactured to high-quality standards. For information regarding warranty coverage, please refer to the warranty card included with your product or visit the official NuvoMed website. For technical support, troubleshooting assistance, or to inquire about replacement parts, please contact NuvoMed customer service.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for personal comfort and relaxation purposes only.

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Related Documents - Heated Back Wrap Massager

 <p>NuvoMed NFMV-4/0715 Heated Foot Massager</p> <p>Instruction Manual Please read all instructions carefully and retain for future use.</p>	<p>NuvoMed NFMV-4/0715 Heated Foot Massager Instruction Manual</p> <p>Comprehensive instruction manual for the NuvoMed NFMV-4/0715 Heated Foot Massager, covering getting started, parts description, usage, cleaning, safety precautions, and warranty information.</p>
 <p>NuvoMed NFNP-8/0711 Neck Massager</p> <p>Instruction Manual Please read all instructions carefully and retain for future use.</p>	<p>NuvoMed NFNP-8/0711 Neck Massager Instruction Manual and Limited Warranty</p> <p>Comprehensive instruction manual and limited warranty information for the NuvoMed NFNP-8/0711 Neck Massager, detailing usage, safety precautions, cleaning, and warranty terms.</p>
 <p>Nuvomed T3M Wearable Thermometer</p> <p>User Manual & Technical Specifications</p>	<p>Nuvomed T3M Wearable Thermometer: User Manual & Technical Specifications</p> <p>Comprehensive guide to the Nuvomed T3M wearable thermometer, covering setup, usage, charging, troubleshooting, technical parameters, and warranty. Connects via Bluetooth to your smartphone for continuous temperature monitoring.</p>



[NuvoMed TOS-6/0925 Audible Fingertip Pulse Oximeter Instruction Manual](#)

This manual provides detailed instructions for the NuvoMed TOS-6/0925 Audible Fingertip Pulse Oximeter, covering setup, operation, maintenance, and troubleshooting for accurate blood oxygen and pulse rate monitoring.



[NuvoMed TBP-6/0923 Blood Pressure Monitor Instruction Manual](#)

Comprehensive instruction manual for the NuvoMed TBP-6/0923 Blood Pressure Monitor, covering setup, usage, maintenance, troubleshooting, and specifications. Learn how to accurately measure your blood pressure at home.



[NuvoMed BFS-6/0355 Wireless Body Analysis Scale Instruction Manual](#)

Comprehensive instruction manual for the NuvoMed BFS-6/0355 Wireless Body Analysis Scale, detailing setup, usage, features, maintenance, and troubleshooting for accurate body composition measurements.