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> FRIGIDAIRE EMW788RETRO 0.7 cu. ft. Retro Microwave Instruction Manual

Frigidaire EMW788BLUARGENT

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Model: EMW788BLUARGENT

IMPORTANT SAFETY INFORMATION

Read all instructions carefully before using the microwave oven. Always follow basic safety precautions to reduce the risk of fire, electric shock, injury to persons, or exposure to excessive microwave energy.

- Do not attempt to operate this oven with the door open as this can result in harmful exposure to microwave energy.
- Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) door (bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.
- The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

SETUP AND INSTALLATION

Unpacking

Carefully remove all packaging materials from inside and outside the microwave oven. Ensure all components are present and undamaged. Keep packaging materials away from children.

Placement

Place the microwave oven on a flat, stable surface that can support its weight and the heaviest food item likely to be cooked in it. Ensure adequate ventilation by leaving at least 4 inches (10 cm) of space around the sides, back, and top of the oven. Do not block air vents.



Powerful Performance

700W of cooking power



Image: Microwave dimensions showing 17.8 inches width, 13.5 inches depth, and 10.2 inches height.

Power Connection

Plug the microwave oven into a dedicated 120V, 60Hz AC outlet. Do not use extension cords or adapters. Ensure the electrical circuit is properly grounded.

Turntable Assembly

Place the turntable ring inside the oven cavity, then position the glass turntable plate securely on top of the ring. Ensure it rotates freely.

OPERATING INSTRUCTIONS

Control Panel Overview



Quick Start Cooking

Cook and heat meals with one touch



Image: Close-up of the microwave control panel, highlighting the LED display, cooking power buttons, express cooking, auto cook menus, auto defrost, and time/weight dial.

The control panel features an easy-to-read LED display, buttons for various functions, and a rotary dial for time and weight adjustments.

Basic Cooking

1. Place food in a microwave-safe container on the glass turntable. Close the door securely.
2. To set cooking time, rotate the **Time/Weight** dial.
3. To adjust power level, press the **Micro Power** button repeatedly to cycle through 10 power levels.
4. Press the **Start** button to begin cooking.

Express Cook



Image: A hand pressing the 'Express' button on the microwave control panel, indicating quick start cooking.

For quick heating, press the **Express** button. Each press adds 30 seconds of cooking time at full power. You can also press the **Start** button once to immediately begin cooking for 30 seconds at full power, then rotate the dial to add more time.

Auto Cook Menus

6 Automatic Menus

One touch menu options plus defrost options for easy use.



Image: A collage showing six different food items (popcorn, potato wedges, pizza, frozen vegetables, hot beverage, chicken wings) representing the automatic cooking menus.

The microwave includes 6 pre-programmed settings for common food items. Press the **Auto Cooking** button repeatedly to select the desired menu, then press **Start**.

Defrosting

The microwave offers speed/weight defrost functions. Press the **Defrost/Clock** button, then use the **Time/Weight** dial to select the appropriate defrost setting and weight. Press **Start** to begin.

Child Safety Lock

To activate the child safety lock, press and hold the **Cancel** button for 3 seconds until "LOC" appears on the display. To deactivate, press and hold the **Cancel** button again for 3 seconds.

MAINTENANCE AND CLEANING

Interior Cleaning

The microwave features an easy-clean interior. For light spills, wipe with a damp cloth. For stubborn stains, place a bowl of water with lemon slices inside and microwave for 2-3 minutes to loosen residue, then wipe clean. The glass turntable tray is

dishwasher safe for convenient cleaning.

6 Automatic Menus

One touch menu options plus defrost options for easy use.



Image: The interior of the microwave showing a plate of food and text indicating "Easy Clean Interior" and "Dishwasher Safe Glass Tray".

Exterior Cleaning

Wipe the exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners or scouring pads that could scratch the finish.

Door Seals

Regularly clean the door seals and adjacent parts with a mild detergent and a soft cloth to ensure proper sealing and operation.

TROUBLESHOOTING

If you experience issues with your microwave, consult the following common problems and solutions:

Problem	Possible Cause	Solution
Oven does not start	Power cord not plugged in; Door not closed properly; Fuse blown or circuit breaker tripped.	Ensure plug is secure; Close door firmly; Check household fuse/circuit breaker.

Problem	Possible Cause	Solution
Food not heating	Door not closed properly; Cooking time/power level set incorrectly; Metal objects in oven.	Close door firmly; Adjust time/power; Remove any metal objects.
Turntable not rotating	Turntable not properly seated; Debris under turntable.	Re-seat turntable and ring; Clean under turntable.
Child Lock activated	Child lock feature is engaged.	Press and hold the Cancel button for 3 seconds to deactivate.

If the problem persists after attempting these solutions, please contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	Frigidaire
Model Name	EMW788BLUARGENT
Capacity	0.7 Cubic Feet
Wattage	700 watts
Voltage	120 Volts
Product Dimensions (D x W x H)	13.27"D x 18.9"W x 11.52"H
Item Weight	14.5 Pounds
Color	Blue
Material	Painted Metal (Exterior), Stainless Steel (Inner)
Number of Power Levels	5
Special Features	Child Safety Lock, Digital Kitchen Timer, Express Cook, One-Touch Cooking Menus
Installation Type	Countertop

WARRANTY AND SUPPORT

Warranty Information

This FRIGIDAIRE EMW788RETRO microwave oven comes with a **1-Year Limited Warranty** from the date of purchase. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.

Customer Support

For technical assistance, troubleshooting beyond this manual, or warranty service, please contact Frigidaire customer support. Refer to the contact information provided with your product packaging or visit the official Frigidaire website for current support details.

