

Tami Tami AMZ-TM1-ABT450T-V0

Tami Tami T450 Adjustable Bed Frame Twin XL User Manual

Model: AMZ-TM1-ABT450T-V0

1. IMPORTANT SAFETY INFORMATION

Please read and understand all safety instructions before operating the Tami Tami T450 Adjustable Bed Frame.

- Do not exceed the maximum weight capacity of 750 lbs on the bed frame.
- Exercise caution when adjusting the bed legs to prevent injury or damage.
- Ensure that the mattress used with this adjustable base does not exceed 14 inches in thickness to prevent entrapment hazards.
- The bed frame features an anti-tip design for enhanced stability. Always ensure the bed is placed on a flat, stable surface.
- This bed is not compatible with zero-clearance setups. Bed legs are required for use.

2. SETUP INSTRUCTIONS

The Tami Tami T450 Adjustable Bed Frame is designed for easy assembly. It arrives largely pre-assembled, requiring minimal steps to set up.

2.1 Unpacking and Initial Placement

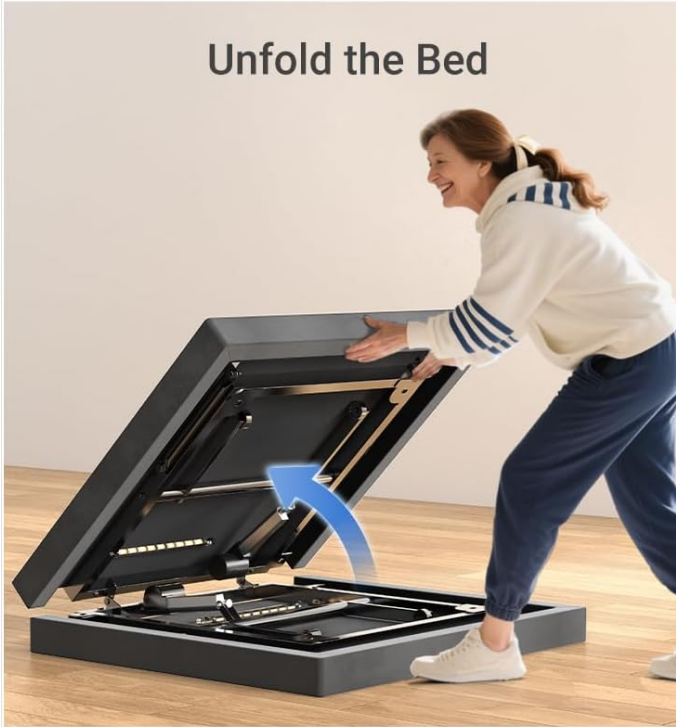
- Carefully remove the bed frame from its packaging.
- Place the folded bed frame in the desired location. Due to its weight, it is recommended that two people assist with positioning the frame.

2.2 Unfolding the Bed Frame

Gently unfold the bed frame. Ensure all moving parts clear any obstructions during this process.

Pre-Assembled Bed, Set Up Easier

Unfold the Bed



Screw in Legs



Adjustable Leg Height Perfect for All Ages

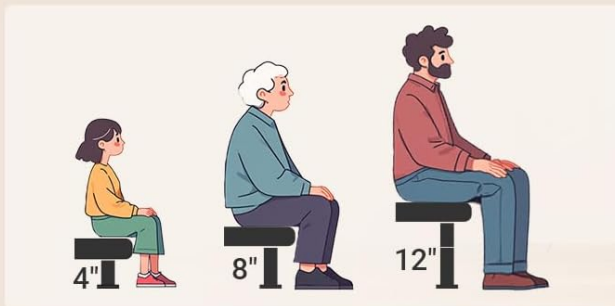


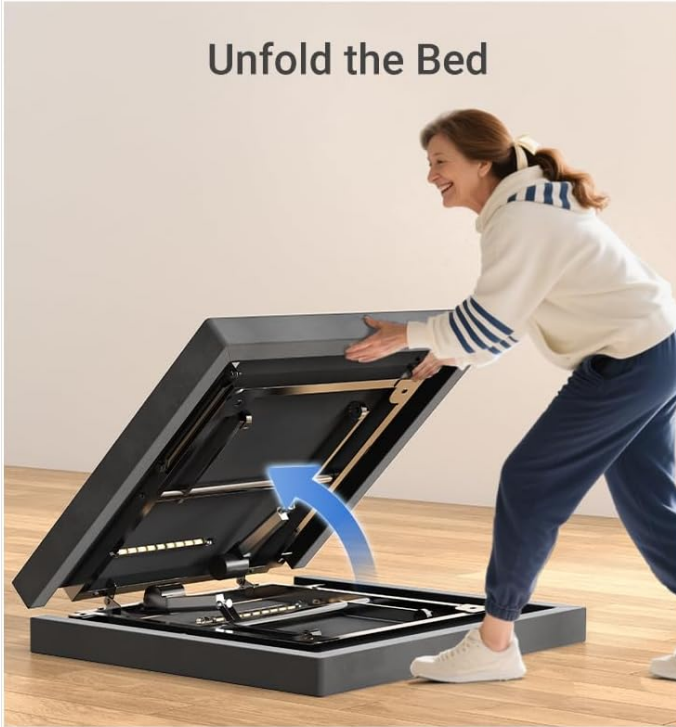
Image: The bed frame unfolds from its compact shipping position.

2.3 Attaching the Legs

Screw the adjustable legs into the designated receivers on the bed frame. The bed includes three height leg sections, allowing you to customize the bed height to 4, 8, or 12 inches. Select your preferred height before fully tightening the legs.

Pre-Assembled Bed, Set Up Easier

Unfold the Bed



Screw in Legs



Adjustable Leg Height Perfect for All Ages

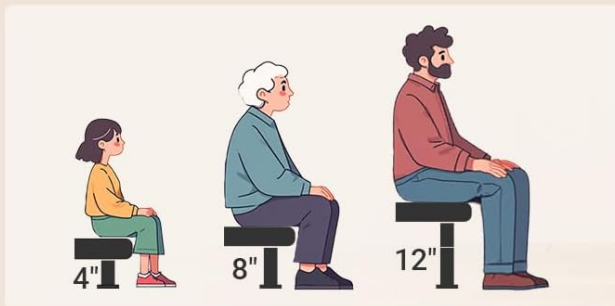


Image: Illustration of screwing in the legs and available height options.

2.4 Installing the Mattress Retainer Bar

Insert the mattress retainer bar at the foot of the bed. This bar prevents the mattress from sliding off the frame during adjustments.

2.5 Power Connection

Connect the power cord to a grounded electrical outlet. Ensure the cord is not pinched or obstructed by moving parts of the bed frame.

2.6 Setup Video Guide

For a visual guide on setting up and using your Tami Tami T450 Adjustable Bed, please watch the following video:

Video: Easy to Use-T450 Adjustable Bed. This video demonstrates the basic setup and operation of the adjustable bed frame.

3. OPERATING INSTRUCTIONS

The Tami Tami T450 Adjustable Bed Frame is operated using a wireless remote control, allowing for personalized comfort settings.

3.1 Remote Control Functions

The wireless remote provides intuitive control over the bed's features:



Image: Wireless remote control for the adjustable bed, highlighting various position settings.

- **Head Incline:** Use the 'HEAD UP' and 'HEAD DOWN' buttons to adjust the head section from 0° to 65°.
- **Foot Incline:** Use the 'FOOT UP' and 'FOOT DOWN' buttons to adjust the foot section from 0° to 45°.
- **Zero Gravity Mode:** Press the 'ZERO G' button to automatically adjust the bed to a position that elevates your head and feet, promoting muscle relaxation and improved circulation.
- **TV/Reading Mode:** Press the 'TV' button to set the bed to an optimal position for watching television or reading.

- **One-Touch Flat:** Press the 'FLAT' button to return the bed to a completely flat position.
- **Nightlight:** The remote may include a button to activate the under-bed nightlight.
- **Flashlight:** Some remotes include a built-in flashlight function.



Image: Visual representation of head and foot incline capabilities.

3.2 Under-Bed Nightlight

The integrated under-bed nightlight provides soft illumination, assisting with safe navigation in the dark. Activate it via the remote control.

Smarter Features, Better Nights

The night light makes getting up at night safer.



Image: Under-bed lighting feature for enhanced safety at night.

4. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your adjustable bed frame.

4.1 Cleaning the Frame

- The bed frame features easy-to-clean fabric upholstery. For general cleaning, wipe the fabric surfaces with a damp cloth and mild soap. Avoid harsh chemicals.
- For the metal components, wipe with a dry or slightly damp cloth. Do not use abrasive cleaners.

4.2 Motor and Moving Parts

- The bed is equipped with a whisper-quiet motor designed for smooth operation. No lubrication is typically required

for the motor or moving parts.

- Periodically inspect all connections and fasteners to ensure they are secure.

5. TROUBLESHOOTING

If you encounter any issues with your adjustable bed frame, refer to the following troubleshooting guide:

Problem	Possible Cause	Solution
Bed does not respond to remote control.	No power, remote batteries low, remote not paired.	Check power cord connection. Replace remote batteries. Refer to remote pairing instructions (if applicable, usually in a separate remote manual).
Motor is noisy during adjustment.	Obstruction, loose connection.	Check for any objects obstructing the motor or moving parts. Ensure all frame connections are secure. The motor is designed to be quiet (less than 45 decibels).
Under-bed nightlight remains on or does not turn on.	Loose connection, electrical fault.	Check the nightlight's electrical connection under the bed. If the issue persists, contact customer support.
Bed does not adjust smoothly or gets stuck.	Overload, obstruction, uneven surface.	Ensure the weight on the bed does not exceed 750 lbs. Check for any objects caught in the mechanism. Verify the bed is on a flat, level surface.

If troubleshooting steps do not resolve the issue, please contact Tami Tami customer support.

6. SPECIFICATIONS

Detailed specifications for the Tami Tami T450 Adjustable Bed Frame Twin XL:

Feature	Detail
Model Number	AMZ-TM1-ABT450T-V0
Size	Twin XL
Material	Metal
Product Dimensions (L x W x H)	78.7" x 37" x 14.6"
Adjustable Leg Heights	4", 8", 12" (adjustable sections)
Maximum Weight Capacity	750 pounds
Item Weight	77 pounds
Head Incline Range	0° to 65°
Foot Incline Range	0° to 45°
Motor Noise Level	Less than 45 decibels

Feature	Detail
Compatible Mattress Size	Twin XL (up to 14 inches thick)
Included Components	Adjustable bed frame, Wireless Remote, Adjustable Legs
UPC	769016822432

7. WARRANTY AND SUPPORT

Tami Tami is committed to providing quality products and excellent customer service.

7.1 Product Warranty

The Tami Tami T450 Adjustable Bed Frame is backed by a 5-year warranty. This warranty covers manufacturing defects and ensures long-lasting peace of mind. Please retain your proof of purchase for warranty claims.

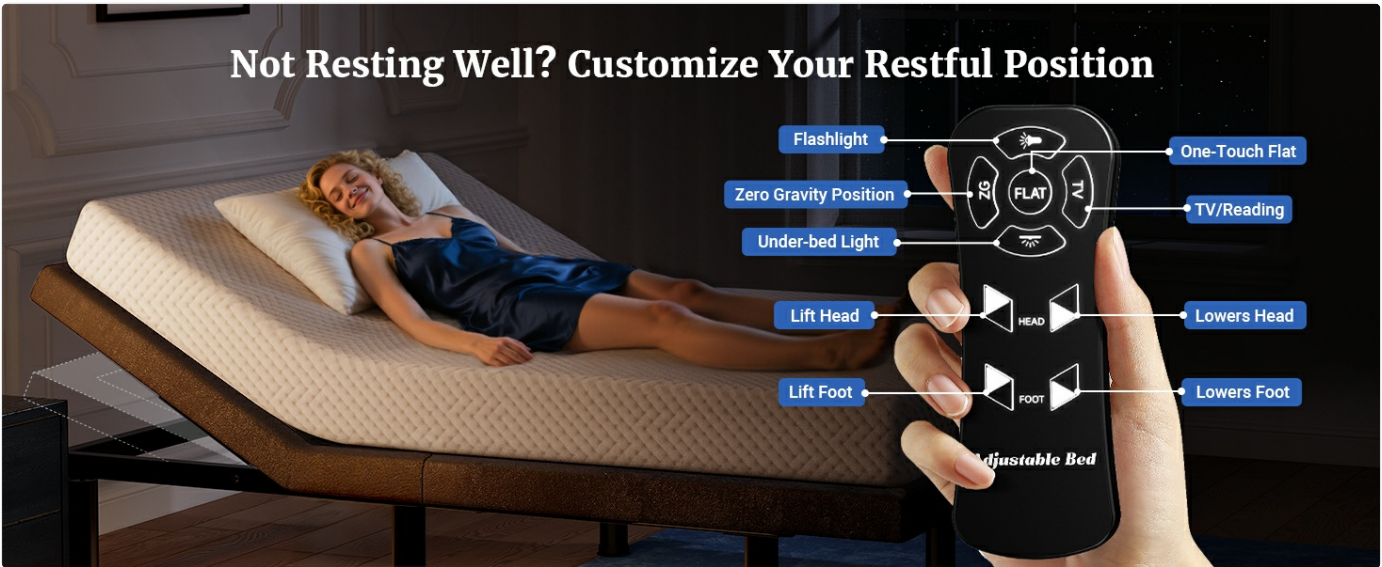


Image: 5-Year Warranty information.

7.2 Customer Support

For any questions, concerns, or assistance with your product, Tami Tami offers 24/7 professional online support. You can typically find contact information on the official Tami Tami website or through your purchase platform.

Visit the [Tami Tami Store](#) for more information and support resources.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question