

Trisomy B30

Trisomy B30 Walking Pad Treadmill User Manual

Model: B30 | Brand: Trisomy

1. INTRODUCTION

This manual provides essential information for the safe operation, setup, and maintenance of your Trisomy B30 Walking Pad Treadmill. Please read all instructions carefully before using the product to ensure proper function and user safety. This walking pad is designed for home use, offering a versatile exercise solution with adjustable incline, multiple control options, and a space-saving foldable design.

2. SAFETY INFORMATION

- Always read and understand the entire manual before assembly or operation.
- Keep children and pets away from the treadmill during operation.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Wear appropriate athletic footwear and clothing during use.
- Do not use the treadmill if you feel unwell, dizzy, or experience any pain. Consult a physician before starting any new exercise program.
- The emergency safety key must be attached to your clothing during use. If you fall or move too far back on the belt, the key will detach, stopping the treadmill.
- The maximum user weight capacity for this treadmill is 350 lbs. Do not exceed this limit.
- Ensure the power cord is not damaged and is placed where it will not be tripped over.
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.

3. PACKAGE CONTENTS

Verify that all components are present in the package:

- Trisomy B30 Walking Pad Treadmill (Main Unit)
- User Manual (this document)
- Quick Installation Guide
- Remote Control

- Safety Lock Key
- Lubricant
- L-shaped Wrench
- Handlebar Fixing Nuts (x2)
- Slope Stand (x2)
- Slope Fixing Nut (x2)
- Pad Holder (for console)



Figure 3.1: All components included in the Trisomy B30 Walking Pad Treadmill package.

4. SETUP

4.1 Unfolding the Treadmill

1. Carefully remove the treadmill from its packaging.
2. Place the treadmill on a flat, stable surface.
3. Lift the handlebar into the upright position.
4. Secure the handlebar using the two handlebar fixing nuts. Turn them clockwise until tight.

Easy to Move and Space Saving

Foldable Handle Bar and Use Easily



Figure 4.1: The treadmill features easy folding and transport wheels for convenient movement and storage.

4.2 Adjusting the Incline

The Trisomy B30 Walking Pad Treadmill offers 4 manual incline levels: 6%, 9%, 12%, and 15%. To adjust the incline:

1. Ensure the treadmill is powered off and unplugged.
2. Locate the incline adjustment points at the rear of the treadmill.
3. Manually lift the rear of the treadmill and insert the slope stands into the desired incline level slots.

4. Secure the slope stands with the slope fixing nuts. Ensure both sides are set to the same incline level for stability.



Figure 4.2: The treadmill offers four manual incline levels for varied workout intensity.



Figure 4.3: Detail of the manual incline adjustment points.

5. OPERATING INSTRUCTIONS

5.1 Powering On and Off

Connect the power cord to a grounded electrical outlet. Flip the main power switch located near the front of the treadmill to the 'ON' position. The display will illuminate. To power off, flip the switch to 'OFF' and unplug the unit.

5.2 Using the Console Controls

The main console on the handlebar features an HD LED display and control buttons:

- **Start/Stop Button:** Press to begin or end a workout.
- **Speed +/- Buttons:** Adjust the belt speed incrementally.
- **Quick Speed Buttons (2/4/6 MPH):** Instantly set the speed to 2, 4, or 6 MPH.
- **Mode Button (M):** Cycle through different workout modes or display metrics.

Refresh Your Running Journey



Large HD LED Display – Clear & read workout data at a glance



Small LED Display



Console Control with Extra LED Display – Designed for easy control, stress-free running



Low Handlebar



Awesome RGB Lights – Color changes with speed for a fun, motivating workout.



No RGB Lights

Figure 5.1: Dual LED displays and control options (console, remote, app).

5.3 Using the Remote Control

The included remote control allows for convenient adjustment of speed and modes without reaching for the console. It mirrors the main functions of the console.

5.4 Workout Modes and Speed Ranges

The treadmill supports various activities:

- **Walking Mode:** 0.6 – 2.5 MPH (ideal for working or light activity).
- **Jogging Mode:** 2.5 – 4.0 MPH.
- **Running Mode:** Up to 6.0 MPH.

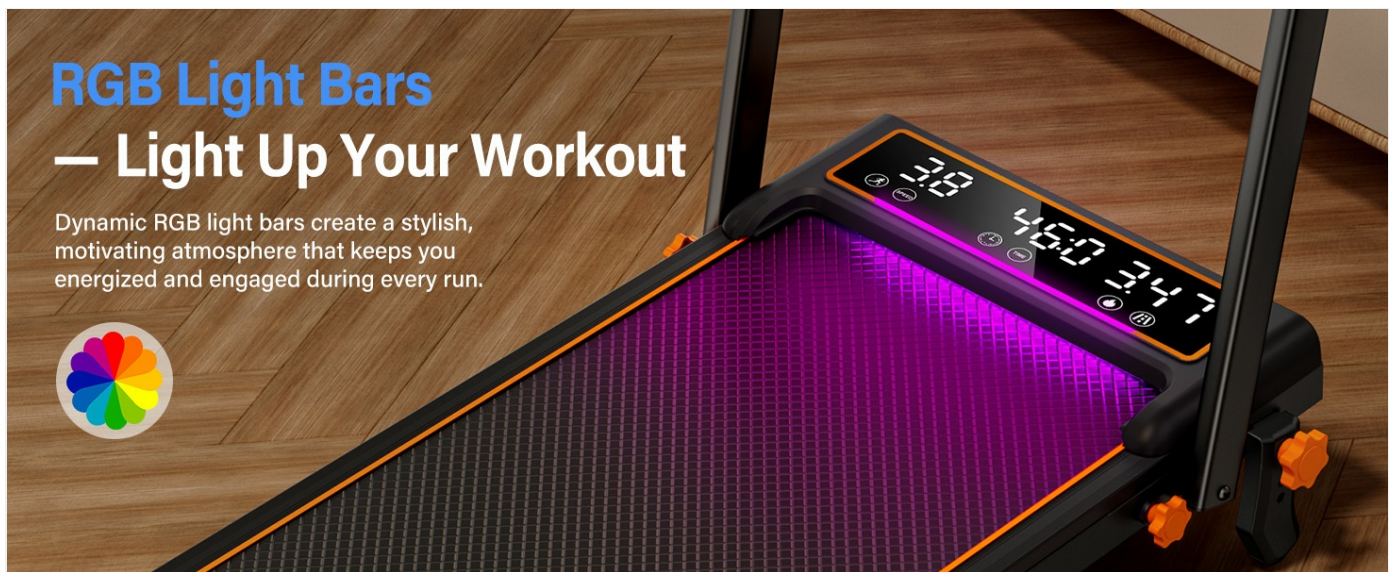


Figure 5.2: The 4-in-1 design supports various workout intensities.

5.5 Dynamic RGB Lighting

The treadmill features dynamic RGB light strips that change color based on your speed, providing visual feedback and an engaging workout experience.

Your Smart Workout Companion

Tracks Datas Entertains with APP



Figure 5.3: RGB light bars illuminate the workout area, changing with speed.

6. APP CONNECTIVITY

The Trisomy B30 Walking Pad Treadmill can connect to a dedicated fitness application (e.g., FitShow) via Bluetooth. This app allows you to:

- Customize training plans.

- Record and track workout data (speed, time, distance, calories).
- Enjoy virtual running tracks for an immersive experience.

Refer to the Quick Installation Guide for instructions on downloading and pairing the app with your treadmill.



Figure 6.1: Connect to the smart app for customized training and data tracking.

7. MAINTENANCE

7.1 Running Belt Lubrication

Regular lubrication of the running belt is crucial for smooth operation and extending the treadmill's lifespan. Apply the provided lubricant under the running belt as instructed in the Quick Installation Guide. Frequency of lubrication depends on usage, typically every 30-50 hours of use.



Figure 7.1: Apply lubricant regularly for optimal performance.

7.2 Running Belt Adjustment

If the running belt drifts too far to one side or feels loose, it may need adjustment. Use the L-shaped wrench to make small adjustments to the rear roller bolts. Turn the bolt clockwise to tighten or counter-clockwise to loosen. Perform adjustments while the treadmill is running at a low speed (e.g., 1 MPH) without a user on it, until the belt is centered.

Any question



Figure 7.2: Adjusting the running belt for proper alignment.

8. TROUBLESHOOTING

If you encounter any issues with your Trisomy B30 Walking Pad Treadmill, please refer to the troubleshooting section in the Quick Installation Guide or contact customer support.

- **Treadmill not starting:** Ensure the power cord is securely plugged in, the main power switch is ON, and the safety key is properly placed.
- **Belt slipping:** Adjust the running belt tension as described in Section 7.2.
- **Unusual noise:** Check for loose parts, ensure proper lubrication, and verify belt alignment.



Figure 8.1: For any questions, consult the user manual or contact customer support.

9. SPECIFICATIONS

Feature	Specification
Brand	Trisomy
Model Name	B30

Product Dimensions (D x W x H)	46.9" x 23.2" x 5.1"
Item Weight	47 Pounds
Material	Alloy Steel
Maximum Speed	6 Miles per Hour
Maximum Incline Percentage	15% (4 manual levels)
Maximum Weight Recommendation	350 Pounds
Maximum Horsepower	3.5 HP
Special Features	Compact Design, Foldable, Manual Incline, Dual LED Display, RGB Light
Assembly Required	No (minimal setup)

10. WARRANTY AND SUPPORT

Your Trisomy B30 Walking Pad Treadmill comes with a **2-year warranty**. Trisomy also provides **lifetime technical support** and **24/7 customer service** to assist you with any inquiries or issues you may encounter.

For warranty claims, technical assistance, or general support, please refer to the contact information provided in your Quick Installation Guide or visit the official Trisomy support website.

11. PRODUCT VIDEO

Watch this official product video for a visual guide on the walking pad with incline features.

Your browser does not support the video tag.

Video 11.1: Official demonstration of the Trisomy Walking Pad Treadmill with incline.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question