

BORGUSI CTM5520L

BORGUSI Incline Treadmill CTM5520L User Manual

Model: CTM5520L

IMPORTANT SAFETY INSTRUCTIONS

To ensure safe operation and prolong the life of your treadmill, please read all instructions carefully before use. Keep this manual for future reference.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clearance around the treadmill (at least 2 feet on sides, 6 feet at rear).
- Keep children and pets away from the treadmill during operation.
- Consult a physician before starting any exercise program.
- Wear appropriate athletic footwear and clothing.
- Use the safety key at all times. In case of emergency, the safety key will immediately stop the treadmill.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Unplug the treadmill from the power outlet when not in use, before cleaning, and before performing maintenance.
- This treadmill is designed for home use only.

PACKAGE CONTENTS

Verify that all components are present in the package:

- BORGUSI Incline Treadmill Unit
- User Manual
- Power Cord
- Safety Key
- Lubricant
- Tool Kit (for assembly)



Figure 1: Included components of the BORGUSI Incline Treadmill CTM5520L.

The image above displays the various items you should find within your treadmill packaging, including the main unit, user manual, power cord, safety key, lubricant for maintenance, and a tool kit for assembly.

SETUP AND ASSEMBLY

The BORGUSI Incline Treadmill is designed for quick setup. Most of the unit comes pre-assembled.

Unpacking

Carefully remove the treadmill from its packaging. Place all components on a clear, flat surface.

Handlebar Assembly

1. Lift the handlebar frame to its upright position.
2. Secure the handlebar using the 4 provided knobs. Ensure they are tightened firmly to prevent wobbling.

300LBS Weight Capacity

2.5 HP Brushless Motor



Speed 0.5-7.5MPH



300LBS Capacity



Low Noise <45dB



Figure 2: The treadmill in its operational and folded states, demonstrating its compact design and ease of storage.

The image illustrates the treadmill's transition from its operational state to a folded configuration, suitable for storage in small spaces. The handlebar is shown in its upright position for use.

OPERATING INSTRUCTIONS

Power On/Off

- Connect the power cord to a grounded electrical outlet and then to the treadmill.
- Flip the main power switch located near the front of the treadmill to the 'ON' position.
- Attach the safety key to the designated slot on the console. The treadmill will not operate without the safety key in place.

- Press the 'START' button on the console to begin your workout.
- To stop, press the 'STOP' button or pull the safety key.

LED Display Overview

The integrated LED display provides real-time data tracking during your workout.



Figure 3: The LED display and control panel, featuring data metrics, program selection, and an integrated iPad holder.

The display panel, as shown, presents key workout metrics including speed, distance, time, and calories burned. It also features buttons for program selection, an extendable cup holder, and an iPad holder for convenience.

Speed Adjustment

Adjust your speed using the '+' and '-' buttons on the console. The treadmill offers a speed range from 0.5 MPH to 7.5 MPH.

Manual Incline Adjustment

This treadmill features two manual incline settings: 1° and 4°. To adjust the incline, you must manually lift the rear of the treadmill and secure the support legs into the desired incline position before starting your workout. Do not adjust incline while the treadmill is in motion.

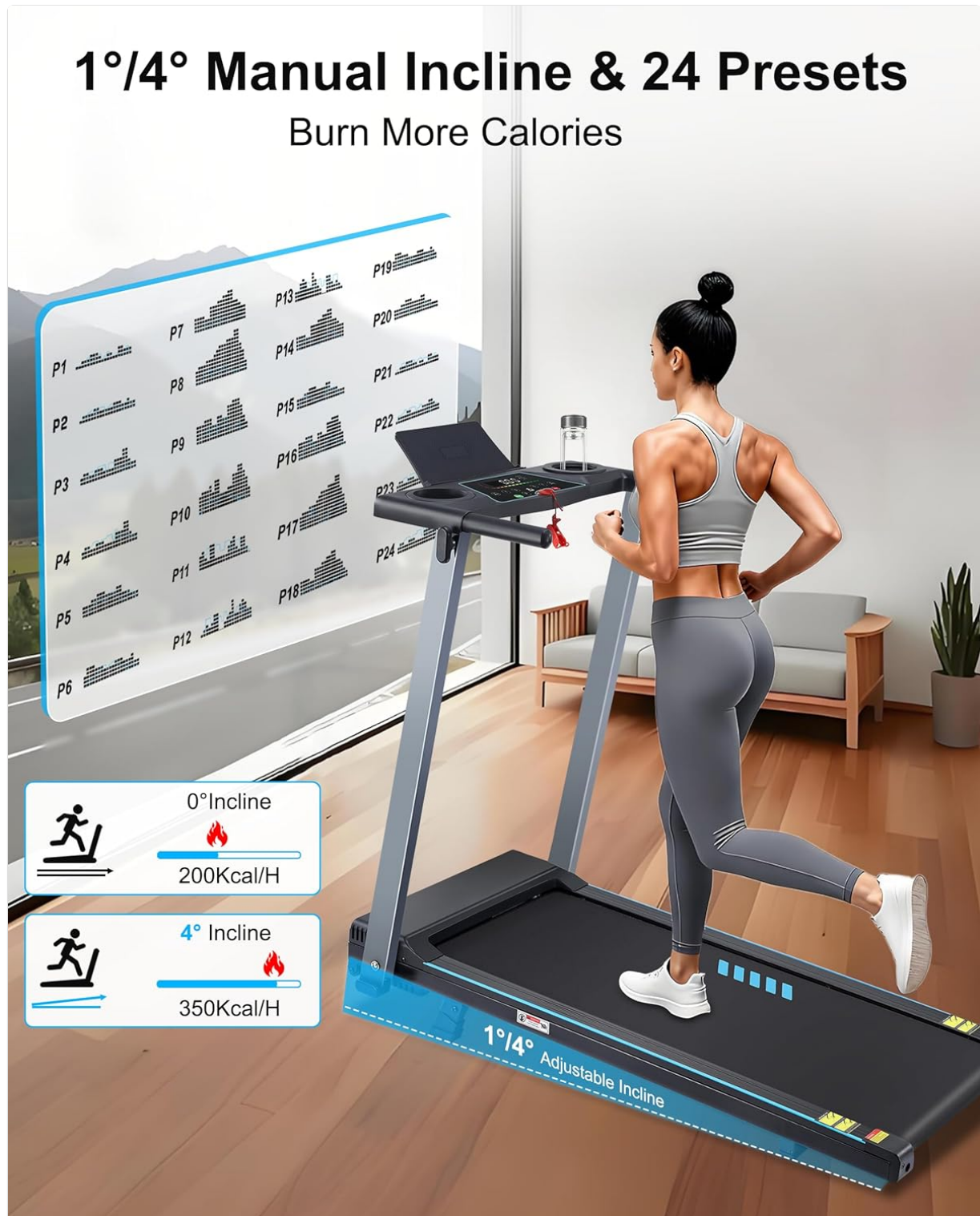


Figure 4: Visual representation of the 1° and 4° manual incline settings and the variety of 24 preset workout programs.

The image demonstrates the two manual incline options (1° and 4°) and highlights the 24 available preset programs, offering diverse workout intensities.

Preset Programs

The treadmill includes 24 preset programs (P1-P24) designed to vary speed and intensity. Select a program using the 'PROGRAM' button on the console. Refer to the display for program details.

Usage Modes

The treadmill supports three primary usage modes:

- **Walking Model:** 0.5-2.5 MPH
- **Jogging Model:** 2.5-4 MPH
- **Running Model:** 4-7.5 MPH

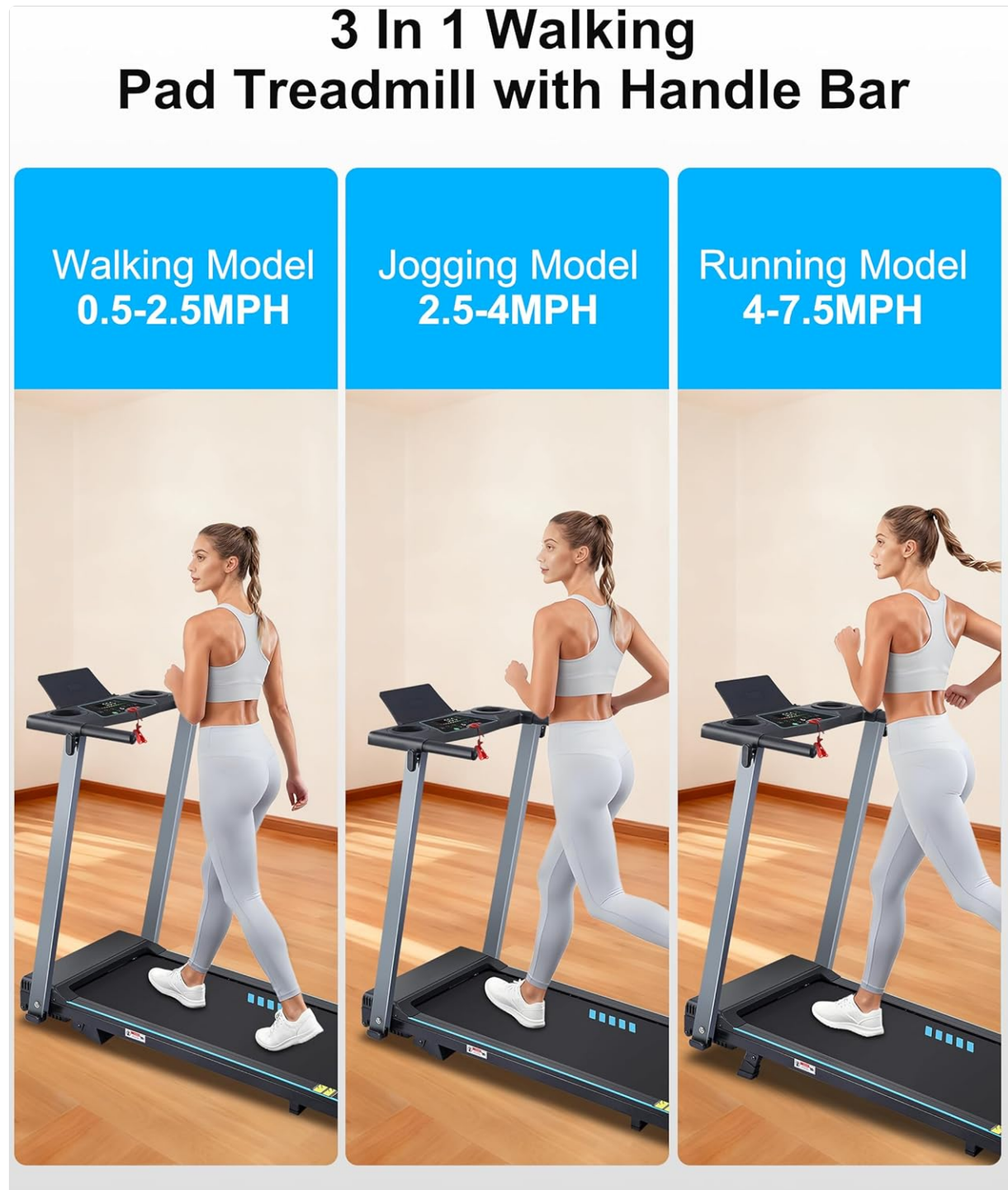


Figure 5: Depiction of the treadmill being used for walking (0.5-2.5 MPH), jogging (2.5-4 MPH), and running (4-7.5 MPH).

This image illustrates the different exercise intensities possible on the treadmill, from a gentle walk to a brisk run, each with its recommended speed range.

KEY PRODUCT FEATURES

The BORGUSI Incline Treadmill CTM5520L incorporates several features designed for user convenience and performance.

- **Folding Design and Portability:** The treadmill features an ultra-compact folding design and built-in wheels, allowing it to be easily moved and stored under most sofas or in small spaces.
- **Running Belt and Shock Absorption:** A large 41.5" x 15.7" non-slip running belt with a 6-layer design and multi-point shock absorption system helps reduce impact on joints.
- **Motor Performance:** Equipped with a 2.5 HP quiet motor, supporting speeds up to 7.5 MPH and a maximum user weight of 300 lbs.

Portable Treadmill for Home Apartment

No Weather Can Stop Your Workout



Figure 6: Cross-section view of the multi-layer running belt and integrated shock absorbers, designed to protect user joints.

This diagram highlights the advanced construction of the running belt, featuring multiple layers and shock-absorbing elements to provide a comfortable and joint-friendly workout experience.



Figure 7: Illustration of the 2.5 HP brushless motor, emphasizing its quiet operation and the treadmill's 300 LBS weight capacity.

The image above details the treadmill's powerful yet quiet 2.5 HP brushless motor, capable of supporting users up to 300 pounds while maintaining a low noise level.

Product Video

Video 1: An overview of the BORGUSI Walking Pad Treadmill, demonstrating its incline feature and handle bar functionality.

This video provides a visual demonstration of the BORGUSI Incline Treadmill, showcasing its key features such as the adjustable incline and the integrated handle bar, offering a dynamic view of the product in use.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

Cleaning

- Wipe down the treadmill after each use with a damp cloth to remove sweat and dust.
- Do not use abrasive cleaners or solvents, as these can damage the finish.
- Keep the area around the treadmill clean and free of debris.

Lubrication

The running belt requires periodic lubrication to reduce friction and wear. Use the provided lubricant or a silicone-based treadmill lubricant.

1. Unplug the treadmill.
2. Loosen the running belt by turning the rear roller bolts counter-clockwise.
3. Apply a small amount of lubricant evenly under the center of the running belt.
4. Tighten the running belt by turning the rear roller bolts clockwise until the belt is taut but not overly tight.
5. Run the treadmill at a low speed for 5 minutes to distribute the lubricant.

Belt Adjustment

If the running belt shifts to one side or slips, it may need adjustment.

- **Belt Centering:** If the belt drifts to the left, turn the left rear roller bolt clockwise in quarter-turn increments. If it drifts to the right, turn the right rear roller bolt clockwise. Run the treadmill for a few minutes after each adjustment until the belt is centered.
- **Belt Tension:** If the belt slips during use, it may be too loose. Turn both rear roller bolts clockwise in quarter-turn increments until the slipping stops. Do not overtighten.

TROUBLESHOOTING

Refer to the table below for common issues and their solutions.

Problem	Possible Cause	Solution
Treadmill does not power on	Power cord not connected, main power switch off, safety key not in place	Ensure power cord is securely plugged in, main power switch is ON, and safety key is correctly inserted.
Running belt stops or slips	Belt too loose, motor overload, insufficient lubrication	Adjust belt tension (see Maintenance), reduce user weight if exceeding capacity, lubricate the running belt.
Running belt drifts to one side	Belt alignment issue	Adjust belt centering (see Maintenance).

Problem	Possible Cause	Solution
Unusual noise during operation	Loose components, motor issue, belt friction	Check and tighten all visible bolts and screws. If noise persists, contact customer support. Ensure belt is lubricated.
Display not working correctly	Loose connection, electronic malfunction	Turn off and unplug the treadmill, then plug it back in. If the issue continues, contact customer support.

TECHNICAL SPECIFICATIONS

Detailed specifications for the BORGUSI Incline Treadmill CTM5520L:

Feature	Detail
Model Name	CTM5520L
Brand	BORGUSI
Product Dimensions (L x W x H)	49.2" x 24" x 42.1"
Folded Size (L x W x H)	49.4" x 24.4" x 5.5"
Item Weight	50 Pounds
Material	Alloy Steel
Motor Horsepower	2.5 HP
Speed Range	0.5 - 7.5 Miles per Hour
Maximum Incline Percentage	4° (Manual, 2 settings: 1° and 4°)
Running Belt Dimensions	41.5" x 15.7"
Maximum Weight Recommendation	300 Pounds
Display Type	LED (3.6 Inches Screen Size)
Preset Programs	24
Metrics Measured	Calories Burned, Distance, Speed, Time
Special Features	Compact Design, Foldable, Manual Incline, Portable, Shock Absorbent, Water Bottle Holder, Wheeled
Power Source	Corded Electric
Assembly Required	Yes

WARRANTY AND CUSTOMER SUPPORT

Warranty Information



The BORGUSI Incline Treadmill CTM5520L comes with a **1-Year Parts Protection Plan** from the date of purchase. This warranty covers manufacturing defects in materials and workmanship for the specified period.

Customer Support

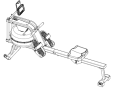
For any questions, concerns, or assistance with your treadmill, please contact BORGUSI customer support. We are committed to providing comprehensive after-sales service and will respond to your inquiries within 24 hours.

Please refer to your purchase documentation or the BORGUSI brand store on Amazon for specific contact methods.

Related Documents - CTM5520L

<p>USER'S MANUAL Model: CTM5208</p>  <p>Read all instructions carefully before using this treadmill. Retain this user's manual for the future reference.</p>	<p>BORGUSI CTM5208 Treadmill User Manual: Operation, Maintenance, and Safety</p> <p>Comprehensive user manual for the BORGUSI CTM5208 treadmill, covering safety precautions, assembly, operation, maintenance, troubleshooting, and exercise guidelines.</p>
<p>BORGUSI USER'S MANUAL MOTORIZED TREADMILL Model: CTM5104</p>  <p>Read all instructions carefully before using this treadmill. Retain this user's manual for the future reference.</p>	<p>BORGUSI CTM5104 Motorized Treadmill User Manual</p> <p>Comprehensive user manual for the BORGUSI CTM5104 motorized treadmill, covering safety precautions, assembly, operation, maintenance, and troubleshooting. Learn how to use your treadmill effectively for a safe and beneficial workout.</p>
<p>BORGUSI USER'S MANUAL MOTORIZED TREADMILL Model: CTM5104</p>  <p>Read all instructions carefully before using this treadmill. Retain this user's manual for the future reference.</p>	<p>BORGUSI CTM5104 Motorized Treadmill User Manual</p> <p>Comprehensive user manual for the BORGUSI CTM5104 Motorized Treadmill, covering safety precautions, assembly, operation, maintenance, troubleshooting, and exercise guidance.</p>
<p>BORGUSI USER'S MANUAL MOTORIZED TREADMILL Model: CTM5103</p>  <p>Read all instructions carefully before using this treadmill. Retain this user's manual for the future reference.</p>	<p>BORGUSI CTM5103 Motorized Treadmill User's Manual</p> <p>Comprehensive user's manual for the BORGUSI CTM5103 Motorized Treadmill, covering safety precautions, assembly, operation, maintenance, and troubleshooting.</p>

BORGUSI
USER'S MANUAL
WATER ROWING MACHINE
Model: CRW4210



Read all instructions carefully before using the unit.
Keep the manual in a safe place for future reference.

[BORGUSI CRW4210 Water Rowing Machine User Manual](#)

Comprehensive user manual for the BORGUSI CRW4210 Water Rowing Machine, covering safety precautions, assembly, operation, training guidance, and computer functions. Includes parts lists and diagrams.