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Hwagol B0FSRY8MY4

Hwagol Smart Watch Instruction Manual

Model: B0FSRY8MY4

INTRODUCTION

This manual provides essential information for setting up, operating, and maintaining your Hwagol Smart Watch. Please read it thoroughly to ensure proper use and to maximize the features of your device. This smartwatch is designed to enhance your daily life with fitness tracking, communication features, and smart notifications.

SETUP

1. Unboxing and Initial Charge

Upon unboxing, you will find the Hwagol Smart Watch and its dedicated charging cable. Before first use, fully charge the device. Connect the magnetic end of the charging cable to the charging points on the back of the watch and the USB end to a compatible power source (e.g., computer USB port, USB wall adapter). A full charge typically takes approximately 1.5 hours.

2. App Installation

To unlock the full potential of your smartwatch, download the "JYOUpro" fitness tracking application on your smartphone. The app is compatible with most smartphones running Bluetooth 5.0 or above, iOS 8.2 or above, and Android 5.1 or above. Scan the QR code provided in the watch's packaging or search for "JYOUpro" in your device's app store.

3. Bluetooth Pairing

After installing the app, open it and follow the on-screen instructions to pair your Hwagol Smart Watch with your smartphone via Bluetooth. This connection enables features such as call answering/making, message notifications, voice assistant functionality, and camera remote control.

4. DIY Dial Setup

Personalize your watch face through the "JYOUpro" app. You can choose from various pre-designed watch faces or upload your own images to create a custom DIY dial.

OPERATING INSTRUCTIONS

1. Screen Navigation

The Hwagol Smart Watch features a 1.85-inch full-touch color screen. Swipe left, right, up, or down to navigate through menus and access different functions. Press the side button to return to the main screen or activate the display.



Figure 1: Hwagol Smart Watch with its vibrant 1.85-inch display.

2. Communication Features

- **Message Notifications:** Receive notifications from various apps (Facebook, WhatsApp, Instagram, Twitter, etc.) directly on your watch when connected to your phone.

- **Call Functionality:** Answer or make calls directly from your wrist. The watch supports a single Bluetooth pairing connection for stable call performance.
- **Voice Assistant:** Utilize the integrated voice assistant for hands-free commands, such as checking the weather or setting alarms.

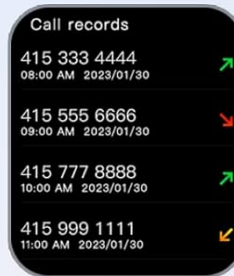
Bluetooth Making Calls and Answer



Phone Dial



Calling



Call Records



Contacts



Figure 2: Bluetooth call features on the Hwagol Smart Watch, including phone dial and call records.

Voice assistant



Smart Notification

Get quick notice to all recent texts, messages and phone calls



Figure 3: Voice assistant and smart notification display on the smartwatch.

3. Utility Tools

- **Music Control:** Control music playback on your smartphone directly from the watch.
- **Camera Remote:** Use the watch as a remote shutter for your phone's camera.
- **Weather Forecast:** View current weather conditions and forecasts.
- **Alarm Clock:** Set and manage alarms.
- **Stopwatch & Timer:** Access stopwatch and timer functions.
- **Find Device:** Locate your paired smartphone if it's within Bluetooth range.
- **Sedentary Reminder:** Receive alerts to encourage movement after periods of inactivity.
- **Flashlight:** Activate a screen-based flashlight.
- **Calculator:** Perform basic calculations.
- **Calendar:** View the current date and month.

4. Customization

- **Menu Styles:** Choose from different menu display styles.

- **Watch Faces:** Change watch faces via the app or directly on the watch.
- **Display Time:** Adjust the screen-on duration.
- **Brightness:** Adjust screen brightness for optimal visibility.
- **Low Power Mode:** Enable to conserve battery life.

HEALTH MONITORING

The Hwagol Smart Watch is equipped with various sensors to help you monitor your health and fitness.

1. Activity Tracking

- **Pedometer:** Tracks your daily steps.
- **Calorie Counter:** Estimates calories burned based on activity.
- **Distance Tracker:** Records the distance covered during activities.
- **Multiple Sport Modes:** Supports various activities including walking, running, cycling, basketball, football, badminton, rope skipping, table tennis, tennis, baseball, and yoga. Track and record exercise data to make your workout program more effective.

Multi-Sport Modes

Covering Both Internal & External Places of Exercise
Record Your Exercise Data
Enjoy a Healthy Life



Figure 4: Overview of multiple sport modes and activity data tracking.

2. Heart Rate Monitor

Continuously monitors your heart rate, providing real-time data and historical trends through the app.

3. Blood Oxygen (SpO2) Monitor

Measures your blood oxygen saturation levels. Note that while the device provides readings, it is not a medical device and should not be used for diagnostic purposes.

4. Sleep Monitoring

Monitors your sleep patterns, including light and deep sleep stages. The device typically monitors sleep from 9:00 PM to 11:00 AM the next day. For personalized sleep tracking, ensure your sleep schedule aligns with this timeframe or adjust settings within the app if available.

5. Blood Pressure Monitor

Provides blood pressure readings. It is important to note that these readings may vary significantly from medical-grade devices and should not be relied upon for medical diagnosis or treatment.



Figure 5: Health monitoring features including sleep, heart rate, and blood oxygen.

6. Breathing Exercises

Access guided breathing exercises to help manage stress and improve relaxation.

7. Women's Health

The app may offer features for tracking menstrual cycles. Please refer to the "JYOUpro" app to set up and utilize this function.

MAINTENANCE

1. Waterproofing

The Hwagol Smart Watch is IP67 waterproof. This means it is resistant to splashes, rain, and can be worn while washing hands or during outdoor activities. However, it is **not** suitable for hot water, saunas, or prolonged submersion.

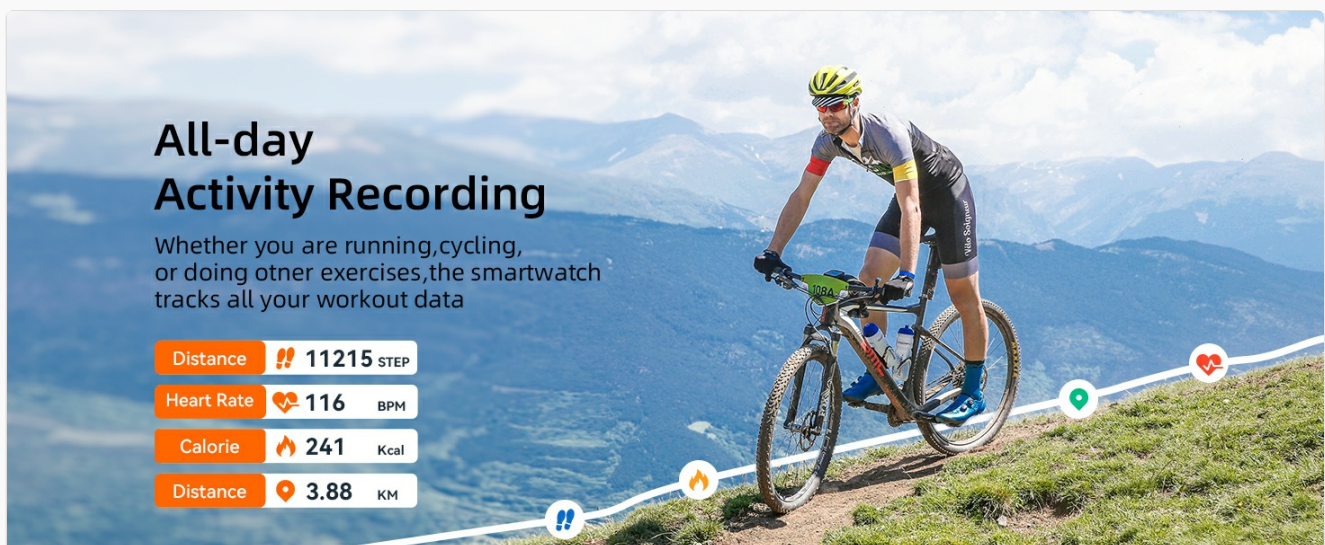


Figure 6: The smartwatch is IP67 waterproof for daily use.

2. Battery Life and Charging

The smartwatch is equipped with a low-power Bluetooth chip, offering up to 10 days of battery life on a single 1.5-hour charge. Charge the device regularly to ensure continuous functionality.

3. Cleaning

Wipe the watch screen and strap with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials that could damage the device.

TROUBLESHOOTING

- **Bluetooth Connectivity Issues:** If the watch frequently disconnects or fails to pair, ensure both the watch and phone have Bluetooth enabled. Restart both devices and try pairing again. If audio defaults to the watch during calls, manually switch to phone audio. Some users report that the watch may auto-reconnect audio to the watch if you move out of range and back, requiring manual adjustment.
- **Incorrect Date/Time After Power Off:** If the watch is powered off and on, it may require synchronization with the "JYOUpro" app to update the date and time correctly.
- **Stopwatch Resets:** The stopwatch function may reset if you navigate away from it. It is designed to be used continuously without leaving the screen.

- **Sleep Monitoring Timeframe:** Sleep monitoring is typically active from 9:00 PM to 11:00 AM. If your sleep schedule falls outside this window, the data may not be recorded. Check the app for any customizable sleep tracking settings.
- **Date Format:** The watch may display the date in Day/Month format (e.g., 22/9). Check the "JYOUpro" app settings for options to change to Month/Day format if desired.
- **Military Time Display:** Some users have reported that the time may display in military format (e.g., 00:24 for 12:24 AM) between midnight and 1:00 AM, even if a 12-hour format is selected. This is a known display characteristic.
- **Blood Pressure Accuracy:** Blood pressure readings from the smartwatch may differ significantly from medical devices. It is not intended for medical use.
- **Watch Face/Component Deletion:** If you are unable to delete downloaded watch faces or components, refer to the app's specific instructions. Some users have reported difficulty with this function.

SPECIFICATIONS

- **Brand:** Hwagol
- **Model Number:** B0FSRY8MY4
- **Screen Size:** 1.85 Inches
- **Operating System:** Android, iOS (via Bluetooth)
- **Connectivity Technology:** Bluetooth 5.0
- **Special Features:** Activity Tracker, Music Player, Touchscreen, Voice Control, Heart Rate Monitor, Blood Oxygen Monitor, Sleep Monitor, Call Functionality, Message Notifications
- **Water Resistance:** IP67
- **Battery:** 1 AAA battery required (included), Lithium Ion composition
- **Item Weight:** 5 ounces
- **Package Dimensions:** 6.46 x 2.91 x 1.1 inches
- **Included in Box:** Smart Watch, Charging Cable

SUPPORT

For further assistance or inquiries, please refer to the official Hwagol support channels or the "JYOUpro" application's help section. Ensure your app and watch firmware are updated to the latest versions for optimal performance and feature access.