

B0FS7NPS5X

Generic 3-in-1 Foot Massager Instruction Manual

Model: B0FS7NPS5X

1. INTRODUCTION

Thank you for choosing the Generic 3-in-1 Foot Massager. This device is designed to provide a soothing experience for your feet and ankles, featuring adjustable heat and massage functions. Please read this manual thoroughly before use to ensure safe and effective operation.

2. SAFETY INFORMATION

- Always consult a physician before using this product if you have pre-existing medical conditions, including but not limited to diabetes, circulatory issues, or nerve damage.
- Do not use this product on swollen, inflamed, or injured areas.
- Keep the device away from water and moisture. Do not immerse in water.
- Do not use while sleeping or if you are drowsy.
- Keep out of reach of children.
- Only use the provided USB charging cable.
- If you experience any discomfort or adverse reactions, discontinue use immediately.
- This device is for personal, non-medical use only.

3. PACKAGE CONTENTS

Please check the package for the following items:

- 1 x Foot Massager
- 1 x USB Charging Cable
- 1 x Pair of Socks

4. PRODUCT OVERVIEW

The Generic 3-in-1 Foot Massager combines heating and massage functions to provide relief for feet and ankles. It features a user-friendly design with adjustable settings.

Key Features:

- **Triple Massage Technology:** Utilizes 3D surround heating, kneading, and pressing techniques to ease foot stiffness.
- **Adjustable Settings:** Offers 3 massage modes and 5 heat levels (40°C, 45°C, 50°C, 55°C, 60°C).
- **Portable Design:** Lightweight and comfortable, suitable for home, office, or travel.
- **Rechargeable Battery:** Provides multiple sessions on a single charge via USB Type-C.
- **Skin-Friendly Material:** Constructed with premium neoprene fabric for lasting comfort.
- **Large LCD Display:** Clear display for easy operation and setting adjustments.
- **Strong Stick-on Buckle:** Ensures a secure and firm fit around the ankle.



Strong Stick-on Buckle

Firmly wraps around the wrist

Large LCD Display

Press key to operate



More Secure Skin-Friendly Material

Long Lasting Comfort

Image: Details of the foot massager, highlighting the secure buckle, clear LCD screen, and comfortable fabric.

Multi-Gear Adjustment

Experience a relaxing state from shallow to deep



5 Levels
Heating



3 Levels
Massage



Image: The foot massager in use, demonstrating its multi-gear adjustment capabilities for heating and massage.

3 Levels Massage Vibration

Meet varying massage intensity needs

First Level Second Level Third Level

Daily Care

Sports Recovery

Soothe Ankle Discomfort

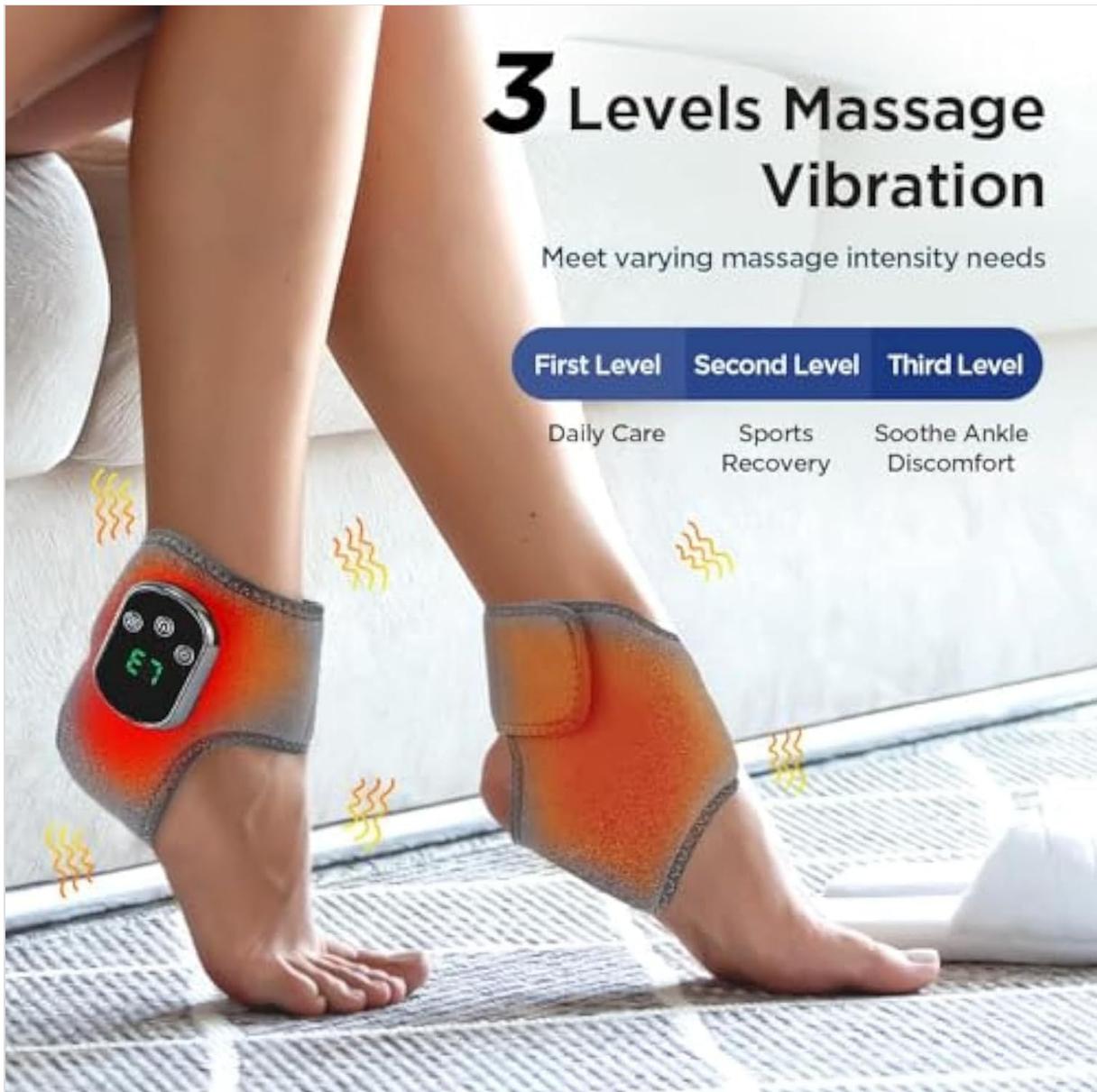


Image: Illustration of the 3 levels of massage vibration, catering to different needs from daily care to sports recovery and ankle discomfort relief.

Breathable Fabric

Lightweight Warm and Not Bulky

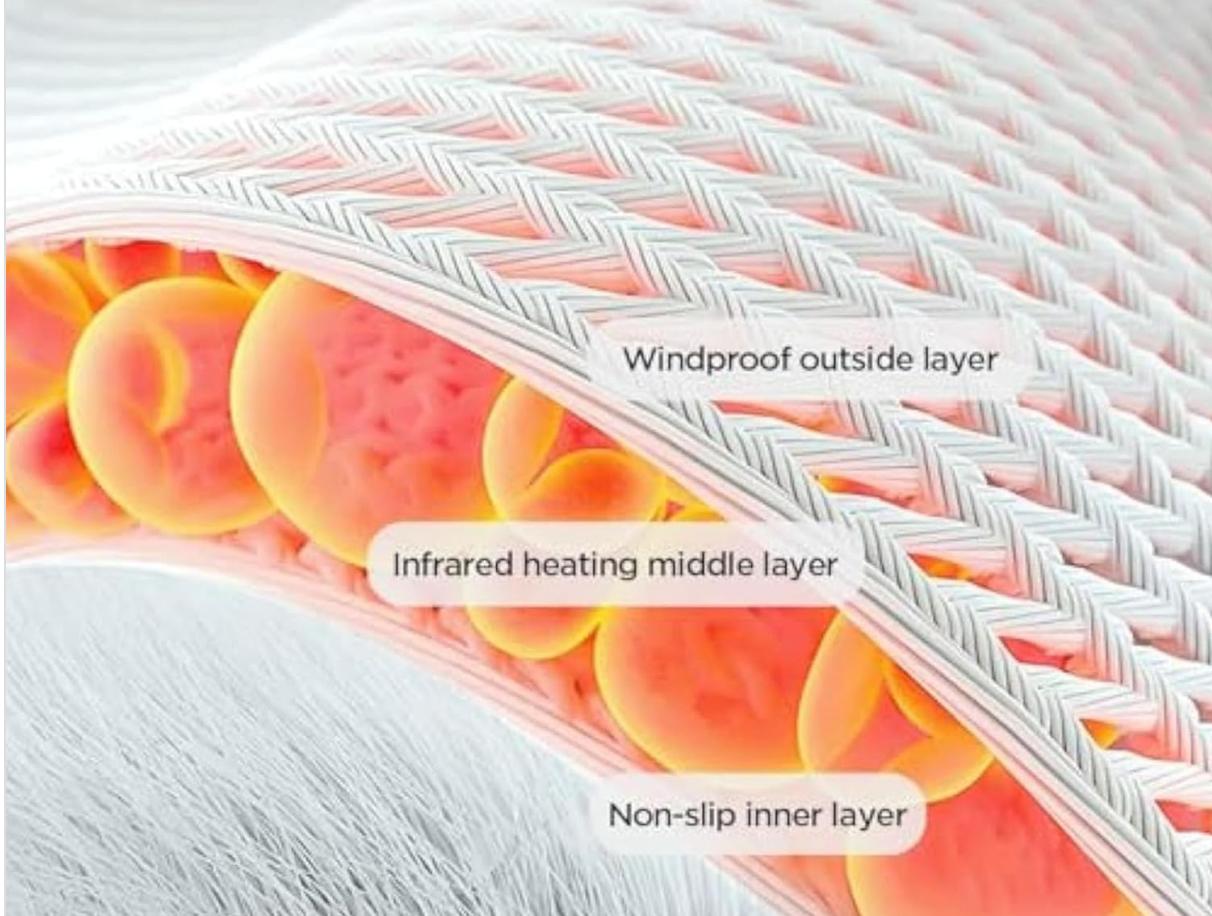


Image: Diagram detailing the breathable fabric construction, including windproof, infrared heating, and non-slip layers.

5. SPECIFICATIONS

| | |
|-----------------------------------|---|
| Product Name | Foot Massager |
| Model Number | B0FS7NPS5X |
| Material | ABS Plastic, Premium Neoprene Fabric (internal components may include Marble, Rubber, Silicone) |
| Color | Gray |
| Battery Capacity | 1800mAh |
| Charging Time | Approx. 3 hours |
| Usage Duration | Approx. 3 sessions (30 minutes per session) |
| Power Supply | USB Type-C Charging |
| Charging Status Indicators | Green indicator with "LL" (charging); "HH" (fully charged) |

| | |
|-----------------------------|--|
| Temperature Settings | 5 levels: 40°C, 45°C, 50°C, 55°C, 60°C |
| Dimensions | 37.5 cm (L) x 9 cm (W) x 3 cm (H) / 14.76 in (L) x 3.54 in (W) x 1.18 in (H) |

Product Size



Image: Product dimensions for the foot massager.

6. SETUP

Before first use, ensure the device is fully charged.

- 1. Charge the Device:** Connect the USB Type-C charging cable to the massager and a suitable power source. The indicator will show "LL" during charging and "HH" when fully charged.
- 2. Positioning:** Place the electric heating ankle brace securely around your foot and ankle, ensuring a comfortable fit.

USING METHOD



Image: Steps for initial charging and placing the foot massager on the ankle.

7. OPERATING INSTRUCTIONS

Follow these steps to operate your foot massager:

- 1. Power On:** Press and hold the power button for 2 seconds. The controller will beep twice, and the default temperature of 50°C will be displayed.
- 2. Adjust Heating:** Once the product is started, press the heating button once to set it to 60°C. Press the heating button again to cycle through the temperature range (40°C-45°C-50°C-55°C-60°C).
- 3. Adjust Vibration:** When the product is powered on, press the vibration button once to activate the first gear. Press again to increase to the second gear, and a third time for the third gear. Pressing it again will turn off the vibration function. The vibration mode is cyclic.
- 4. Power Off:** From the startup state, press and hold the power button for 2 seconds. The controller will beep, the product will shut down, and all indicator lights will turn off.

USING METHOD



Image: Detailed steps for powering on, adjusting heat and vibration, and powering off the device.

8. MAINTENANCE

- Cleaning:** Disconnect the device from the power source before cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Storage:** Store the massager in a cool, dry place away from direct sunlight when not in use.
- Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in active use.

9. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|-------------------------|--|--|
| Device does not turn on | Low battery; Device not charged | Charge the device fully using the provided USB cable. Ensure the power button is pressed and held for 2 seconds. |
| No heat or weak heat | Heat function not activated; Low battery | Ensure the heating button has been pressed to select a temperature level. Charge the device if the battery is low. |

| | | |
|--------------------------------|---|--|
| No vibration or weak vibration | Vibration function not activated; Low battery | Ensure the vibration button has been pressed to select a massage mode. Charge the device if the battery is low. |
| Device stops unexpectedly | Low battery; Automatic shut-off feature | Recharge the device. The device may have an automatic shut-off after a certain period for safety. Restart if needed. |

10. WARRANTY AND SUPPORT

This product comes with a standard manufacturer's warranty. For specific warranty details, please refer to the product packaging or contact the retailer where you purchased the item.

For technical support, troubleshooting assistance, or any questions regarding your Generic 3-in-1 Foot Massager, please contact customer service through your purchase platform or the manufacturer's official support channels.