

Snailax SL-453-2

Snailax SL-453-2 Hand Massager with Heat and Compression

Instruction Manual

INTRODUCTION

Thank you for choosing the Snailax SL-453-2 Hand Massager. This device is designed to provide a comprehensive massage experience for your hands, wrists, and fingers, incorporating heat and compression to help alleviate discomfort associated with conditions like arthritis and carpal tunnel syndrome. Please read this manual thoroughly before use to ensure safe and effective operation.

IMPORTANT SAFETY INFORMATION

WARNING: May cause burns if used improperly. Do not use on broken skin or near water. Keep away from heat sources. Unplug when not in use. Consult a doctor before use if you have any medical conditions or are pregnant. Always follow the instructions provided with the product.

- Ensure the device is fully charged or connected to a stable power source before use.
- Do not immerse the massager in water or any other liquid.
- Do not attempt to disassemble or repair the device yourself. Contact customer support if needed.
- Keep out of reach of children and pets.
- If you experience any pain or discomfort during use, discontinue immediately.

PRODUCT FEATURES

- **360° Full Hand Kneading & Knuckle Stretching Massage:** Utilizes a staggered stacking compression method for comprehensive hand, wrist, palm, and finger massage.
- **Multifunctional 3D Air Compression:** Offers 6 modes and 6 intensity levels to target muscle fatigue

and relieve hand stiffness, including wrist air pressure massage.

- **Soothing Heat Therapy:** Features 3 adjustable heat levels (106°F/41°C, 115°F/46°C, 124°F/51°C) to promote blood circulation and relax tight muscles.
- **Cordless & Portable Design:** Rechargeable with a Type-C fast charging port and a 3000mAh battery, providing up to a week of use on a full charge.
- **Humanized Memory Function:** Automatically saves your last used mode, intensity, and heating settings for quick, personalized starts.
- **Automatic Timer:** Built-in 15-minute auto-shutoff to prevent over-massaging.
- **Large-Sized Design:** Measures 9.06 × 6.77 × 4.72 inches, accommodating various hand sizes for a thorough massage.

PRODUCT OVERVIEW

Easy to Operate



Figure 1: Control Panel and Hand Insertion Area. The device features buttons for heat, mode, intensity, memory, and power, clearly labeled for easy operation.

Large-capacity Battery Hand Massager



3000mAh



Type-C



• Laptop



• Power Bank



• Wall Plug

Figure 2: Charging the Hand Massager. The image illustrates the Type-C charging port and various power sources like a laptop, power bank, or wall plug.

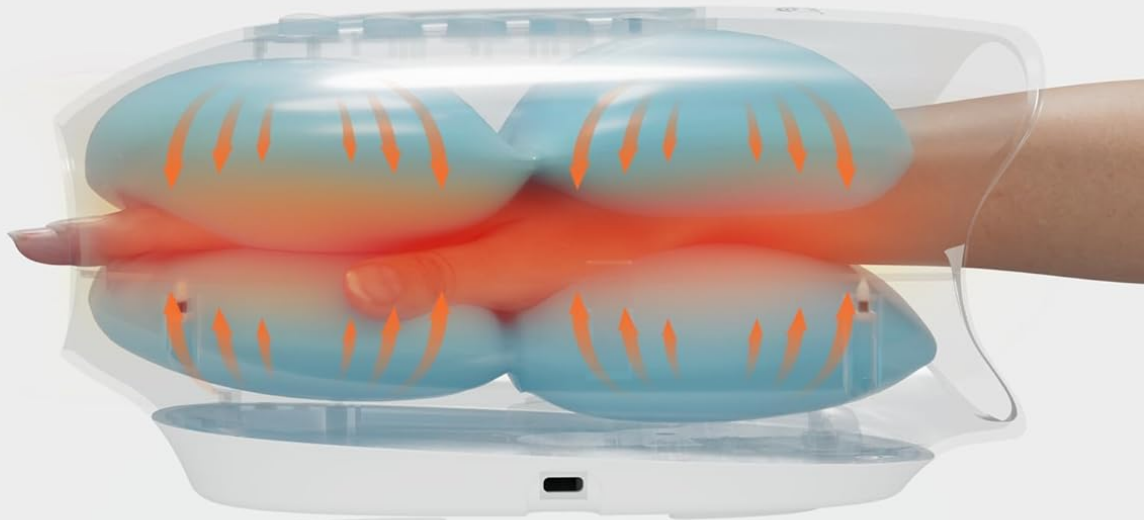
SETUP

1. **Unpack:** Carefully remove the Snailax Hand Massager from its packaging.
2. **Charge:** Before first use, fully charge the massager using the provided Type-C cable and a compatible power adapter (DC5V 2A). The charging indicator will show when charging is complete.
3. **Placement:** Place the massager on a flat, stable surface.

OPERATING INSTRUCTIONS

1. **Insert Hand:** Place your hand inside the massager, ensuring it is comfortable and secure.
2. **Power On:** Press and hold the power button to turn on the massager. The device will typically start in a default mode and intensity (e.g., Mode 1, Intensity 3).
3. **Select Mode:** Press the 'M' button to cycle through the 6 available massage modes. Each mode offers a different compression pattern targeting various areas of the hand.
4. **Adjust Intensity:** Press the intensity button (often indicated by bars) to select from 6 levels of compression intensity. The indicator light color may change to reflect the intensity level (e.g., green for least intense, red for most intense).
5. **Activate Heat:** Press the heat button (indicated by 'SSS') to activate or adjust the heat therapy. Cycle through 3 heat levels (low, medium, high) or turn it off.
6. **Memory Function:** If you find a preferred combination of mode, intensity, and heat, press the heart-shaped memory button to save these settings for future use.
7. **Enjoy Massage:** The massager will operate for 15 minutes before automatically shutting off.
8. **Power Off:** To turn off the massager manually, press and hold the power button.
9. **Emergency Deflate:** In case of discomfort or emergency, locate the air-release valve on the bottom of the device. Rotate it to the 'OFF' position to quickly release air pressure.

Full Coverage Compression Massage



- Finger Massage
- Palm Massage
- Back of Hand Massage
- Wrist Massage

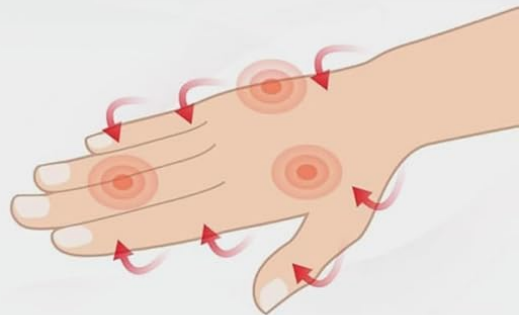


Figure 3: Full Coverage Compression Massage. This diagram illustrates how the massager applies pressure to the fingers, palm, back of hand, and wrist.

Warm up quickly-3 levels heat

Provides a rapid heat that helps promote circulation and keeps your hands warm



Figure 4: Soothing Heat Function. The image depicts the massager's ability to provide warmth to the hand, promoting relaxation and circulation.

MAINTENANCE

- **Cleaning:** After each use, wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge it regularly, even if not in use for extended periods.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Charge the device fully. Ensure the power button is pressed and held.
No compression or weak compression.	Incorrect intensity setting or air leak.	Increase intensity. Check the emergency deflate valve is in the 'ON' (sealed) position.
No heat or insufficient heat.	Heat function not activated or set to low.	Press the heat button to activate and cycle to a higher heat level.
Hand feels too tight/uncomfortable.	Intensity too high.	Decrease intensity. Use the emergency deflate valve if immediate release is needed.

SPECIFICATIONS

- **Model Number:** SL-453-2
- **Product Dimensions:** 9.84 x 7.56 x 5.51 inches (25 x 19.2 x 14 cm)
- **Item Weight:** 2.2 Pounds (1 kg)
- **Power Source:** Battery Powered (3000mAh)
- **Rated Voltage:** DC5V 2A
- **Rated Power:** 10W
- **Auto Timer:** 15 Minutes
- **Material Type:** Acrylonitrile Butadiene Styrene
- **Color:** White
- **Massage Therapy Technique:** Compression, Kneading
- **Heat Levels:** 3 (106°F/41°C, 115°F/46°C, 124°F/51°C)
- **Massage Modes:** 6
- **Intensity Levels:** 6

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the warranty card included with your product or visit the official Snailax website. You may also contact Snailax customer service directly for assistance with product operation, troubleshooting, or parts replacement.

Snailax Customer Service: [Visit the Snailax Store on Amazon](#)