

## LIGE EF21-F

# LIGE EF21-F Smart Watch Instruction Manual

MODEL: EF21-F

## 1. Introduction and Overview

The LIGE EF21-F Smart Watch is a versatile device designed to seamlessly integrate into both business and sporty lifestyles. It features a finely crafted metal case, a vibrant 1.43-inch AMOLED display, and robust health monitoring capabilities. This manual provides essential information for setting up, operating, and maintaining your smartwatch.

# ONE WATCH, ENDLESS OCCASIONS, TIMELESS STYLES



Image 1: LIGE EF21-F Smart Watch with both metal and silicone bands.

## 2. What's in the Box

- 1 x LIGE EF21-F Smart Watch
- 1 x Stainless Steel Strap
- 1 x Silicone Strap
- 1 x Charging Cable (USB and TYPE-C compatible)
- 1 x Instruction Manual

## 3. Setup

### 3.1 Initial Charging

Before first use, fully charge your LIGE EF21-F Smart Watch. Connect the provided charging cable to the magnetic charging points on the back of the watch and to a USB or TYPE-C power source. The 800mAh battery provides over 10 days of battery life and over 30 days of standby time on a full charge.



Image 2: The LIGE EF21-F Smart Watch connected to its magnetic charging cable, illustrating USB and Type-C compatibility.

### 3.2 App Download and Pairing

To unlock the full functionality of your smartwatch, download the 'FitCloudPro' app on your smartphone. The app is compatible with Android 8.0+ and iOS 12.0+ devices. Scan the QR code displayed on the watch screen or in the manual to download the app. Follow the in-app instructions to pair your watch via Bluetooth.

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Video 1: An overview of the LIGE EF21 Smart Watch, demonstrating its business and sports style, and highlighting key features like the AMOLED display and health monitoring. This video also shows the app pairing process.

## 4. Operating Instructions

### 4.1 Seamless Communication

The smartwatch features a high-definition Bluetooth calling function, allowing you to answer or reject calls directly from your wrist. A built-in high-quality microphone and speaker ensure clear and smooth conversations. Receive real-time message reminders and notifications from various social media applications directly on your watch.





Image 3: A man using the LIGE EF21-F Smart Watch to make a Bluetooth call, illustrating the clear audio quality.



Image 4: A woman receiving a message notification on her LIGE EF21-F Smart Watch while driving, showing integration with various social media apps.

## 4.2 AMOLED Display

The EF21-F features a 1.43-inch AMOLED high-definition color screen with a resolution of 466x466 pixels. This provides a crisp, detailed display with vibrant colors and clear visibility even under strong sunlight. The ultra-narrow bezel design offers an immersive viewing experience.



Image 5: A detailed view of the LIGE EF21-F Smart Watch's 1.43-inch AMOLED display, highlighting its high resolution and vibrant colors.

## 4.3 Health Monitoring

Stay informed about your well-being with 24/7 health monitoring. The smartwatch tracks heart rate,



sleep patterns, blood oxygen trends, and daily stress levels. While not a medical device, it provides practical insights to help you maintain an active and healthy lifestyle.



Image 6: A man hiking while his LIGE EF21-F Smart Watch displays real-time heart rate, blood oxygen, and sleep data, emphasizing its 24/7 health monitoring capabilities.

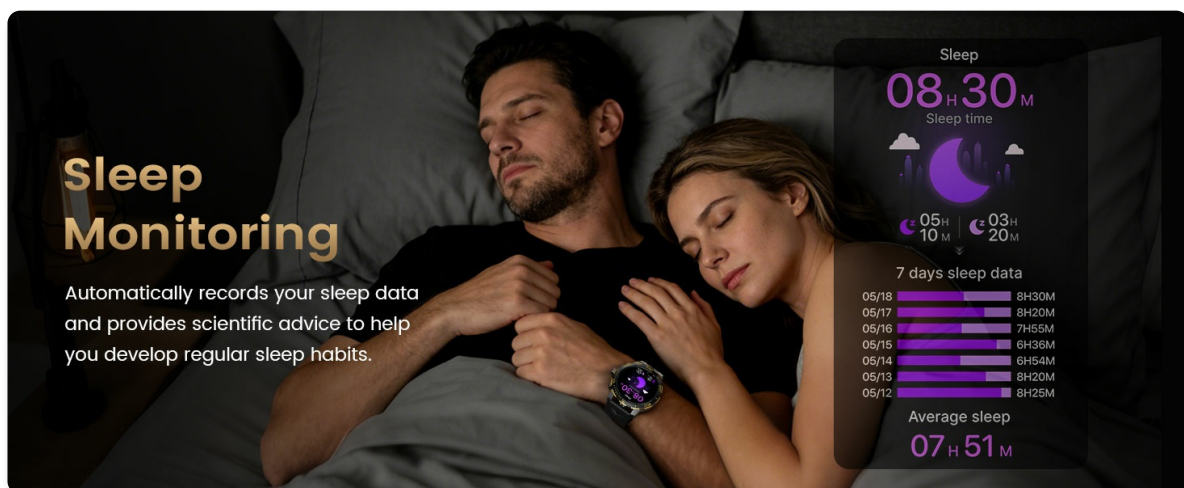


Image 7: A couple sleeping while the LIGE EF21-F Smart Watch displays detailed sleep monitoring data, including sleep duration and patterns.



Image 8: A man running on a treadmill with his LIGE EF21-F Smart Watch displaying continuous heart rate monitoring, showing different heart rate zones.

#### 4.4 Sports and Fitness Modes

The EF21-F Smart Watch supports over 200 sports modes, accurately tracking every activity. From common activities like running, cycling, and walking to niche sports like yoga, tennis, and golf, this watch records distance, steps, calories burned, heart rate, and other activity data. It provides professional data



analysis to help improve your training results.



Image 9: Men playing golf, rock climbing, and running, all while wearing the LIGE EF21-F Smart Watch which displays heart rate, calories, and step count.



Image 10: A man cycling outdoors with his LIGE EF21-F Smart Watch, showcasing the variety of sports modes available for tracking activities like walking, running, and hiking.

#### 4.5 Other Smart Features

The smartwatch offers a range of additional smart features to streamline your daily life. These include a voice assistant, music player control, remote camera shutter, weather updates, alarm clock, sedentary reminders, and a flashlight function.



Image 11: The LIGE EF21-F Smart Watch displaying its array of smart features, including music control, weather, camera remote, LED light, and water reminder.



Image 12: A man interacting with the AI Voice Assistant on his LIGE EF21-F Smart Watch, demonstrating voice commands for weather, music, and calls.

## 5. Maintenance

### 5.1 Cleaning

Regularly clean your smartwatch and straps to prevent skin irritation and maintain optimal performance. Use a soft, dry cloth to wipe the screen and watch body. For silicone straps, you can use mild soap and water, ensuring it is thoroughly dried afterward. For metal straps, use the provided cleaning cloth.

### 5.2 Charging

Ensure the charging contacts on the watch and cable are clean and dry before charging. Avoid exposing the charging cable or watch to moisture during charging. Store the watch in a cool, dry place when not in use.

## 6. Troubleshooting

If you encounter any issues with your LIGE EF21-F Smart Watch, please refer to the troubleshooting section in the included instruction manual. For further assistance, contact our professional customer service team through Amazon.

## 7. Specifications

Feature	Detail
Model Number	EF21-F
Screen Size	1.43 Inches AMOLED
Resolution	466x466 pixels

Battery Capacity	800mAh
Battery Life (Typical Use)	10+ days
Standby Time	30+ days
Operating System Compatibility	Android 8.0+ or iOS 12.0+
App	FitCloudPro
Water Resistance	IP68
Health Monitoring	Heart Rate, Sleep, Blood Oxygen, Stress Levels
Sports Modes	200+
Connectivity	Bluetooth
Special Features	Bluetooth Call, Message Reminders, Voice Assistant, Flashlight, Music Player, Camera Remote, Alarm Clock, Sedentary Reminder, Find My Phone

## 8. Warranty and Support

LIGE offers a 2-year manufacturer warranty for the EF21-F Smart Watch. If you have any questions or require assistance with your smartwatch, please send us a message through Amazon. Our professional customer service team is available to help you.