

Acezoe P10Pro

Acezoe P10Pro Foldable Treadmill Instruction Manual

Model: P10Pro

IMPORTANT SAFETY INFORMATION

Please read this entire manual carefully before operating the Acezoe P10Pro Foldable Treadmill. Keep this manual for future reference.

- Consult your physician before beginning any exercise program.
- Keep children and pets away from the treadmill during operation.
- Always wear appropriate athletic footwear.
- Ensure the safety key is properly attached to your clothing and the treadmill console before starting. In case of emergency, the safety key will stop the treadmill.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Do not use the treadmill if it is damaged or malfunctioning.
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.
- Maximum user weight capacity: 300 lbs.

PRODUCT OVERVIEW

The Acezoe P10Pro is a versatile 2-in-1 foldable treadmill designed for both walking and running. It features a powerful 2.5HP motor, a speed range of 0.6-10 MPH, and an adjustable manual incline of 2% to 10%. Its compact design makes it suitable for home and office use, easily transitioning between a traditional treadmill and an under-desk walking pad. The treadmill includes dual LED displays, app control, and a Bluetooth speaker for an enhanced workout experience.

Adjustable 2%~10% Incline

Simulate Real Climbing, Burns 50% More Calories

 **280** Kcal/h

2%
Incline

 **650** Kcal/h

10%
Incline



Figure 1: The Acezoe P10Pro Treadmill showcasing its dual functionality as a walking pad and a running treadmill. The image highlights its compact design and integrated display.

SETUP AND ASSEMBLY

The Acezoe P10Pro treadmill is designed for minimal setup and requires no complex assembly. It arrives ready to use out of the box.

Unfolding the Treadmill

1. Place the folded treadmill on a flat, stable surface.
2. Locate the orange levers on each side of the treadmill base.
3. Release these levers to unlock the handle bar.
4. Carefully lift the handle bar into its upright position until it locks securely into place. Ensure both levers are engaged.

Connecting Power

1. Connect the power cord to the designated port at the front of the treadmill.
2. Plug the other end of the power cord into a standard wall outlet.
3. Turn on the main power switch, usually a red button, located near the power cord input.

Compact Design for Saving Space



Folded Dimension: **52.4*28.3*5.1"**

Belt Size: **41" x 16.5"**

Unfolded Dimension: **49.5"x 28.3"x 40.8"**

Item Weight: **82.6 lbs**

Package Dimension: **54.9*29.5*6.3"**

Weight Capacity: **300 lbs**

Figure 2: The Acezoe P10Pro Treadmill demonstrating its compact, folded state for storage and its fully unfolded state ready for use. This highlights its space-saving design.

2 in 1 Treadmill with Incline



Walking Mode: 0.6-5MPH



Running Mode: 0.6-10MPH



Figure 3: The Acezoe P10Pro Treadmill configured for under-desk use, with the handle bar folded down. This illustrates its versatility as a walking pad for office environments.

OPERATING INSTRUCTIONS

Using the Safety Key

The safety key is a crucial safety feature. Attach the clip of the safety key to your clothing and place the magnetic end

onto the designated area on the treadmill console. The treadmill will not operate without the safety key in place. If the safety key detaches during your workout, the treadmill will immediately stop.

Starting a Workout

1. Ensure the treadmill is powered on and the safety key is in place.
2. Step onto the treadmill belt.
3. Press the 'Start/Stop' button on the console or the remote control to begin. The treadmill will typically start at a low speed (e.g., 0.6 MPH).

Adjusting Speed

- Use the 'Speed+' and 'Speed-' buttons on the console or the remote control to increase or decrease the belt speed.
- The speed range is 0.6 MPH to 10 MPH.

Adjusting Incline

The Acezoe P10Pro features a manual incline adjustment with two settings: 2% and 10%. To change the incline:

1. Stop the treadmill and unplug it from the power source.
2. Locate the incline adjustment mechanism at the rear of the treadmill.
3. Manually adjust the support legs to select either the 2% or 10% incline level. Ensure both sides are set equally and securely.
4. Plug the treadmill back in and resume your workout.



Figure 4: Close-up view of the manual incline adjustment mechanism, illustrating the two available incline settings (2% and 10%) for varied workout intensity.

Monitoring Progress

The dual LED displays provide real-time data on your workout, including:

- **CAL:** Calories burned
- **HEART RATE:** Your pulse (measured via sensors on the handles)
- **TIME:** Duration of your workout
- **SPEED:** Current speed in MPH
- **DISTANCE:** Total distance covered

2.5HP Powerful & Quiet Motor



<45db
Low Noise



300lbs
Weight Capacity



0.6-10mph
Speed Range



Figure 5: The treadmill's console displaying workout metrics, alongside an internal view of the quiet and powerful 2.5HP motor.

App Control & Bluetooth Speaker

Connect your mobile device to the treadmill via Bluetooth to use the dedicated fitness app. The app allows for advanced control and tracking of your workouts. The integrated Bluetooth speaker enables you to play music or podcasts directly from your device during exercise.

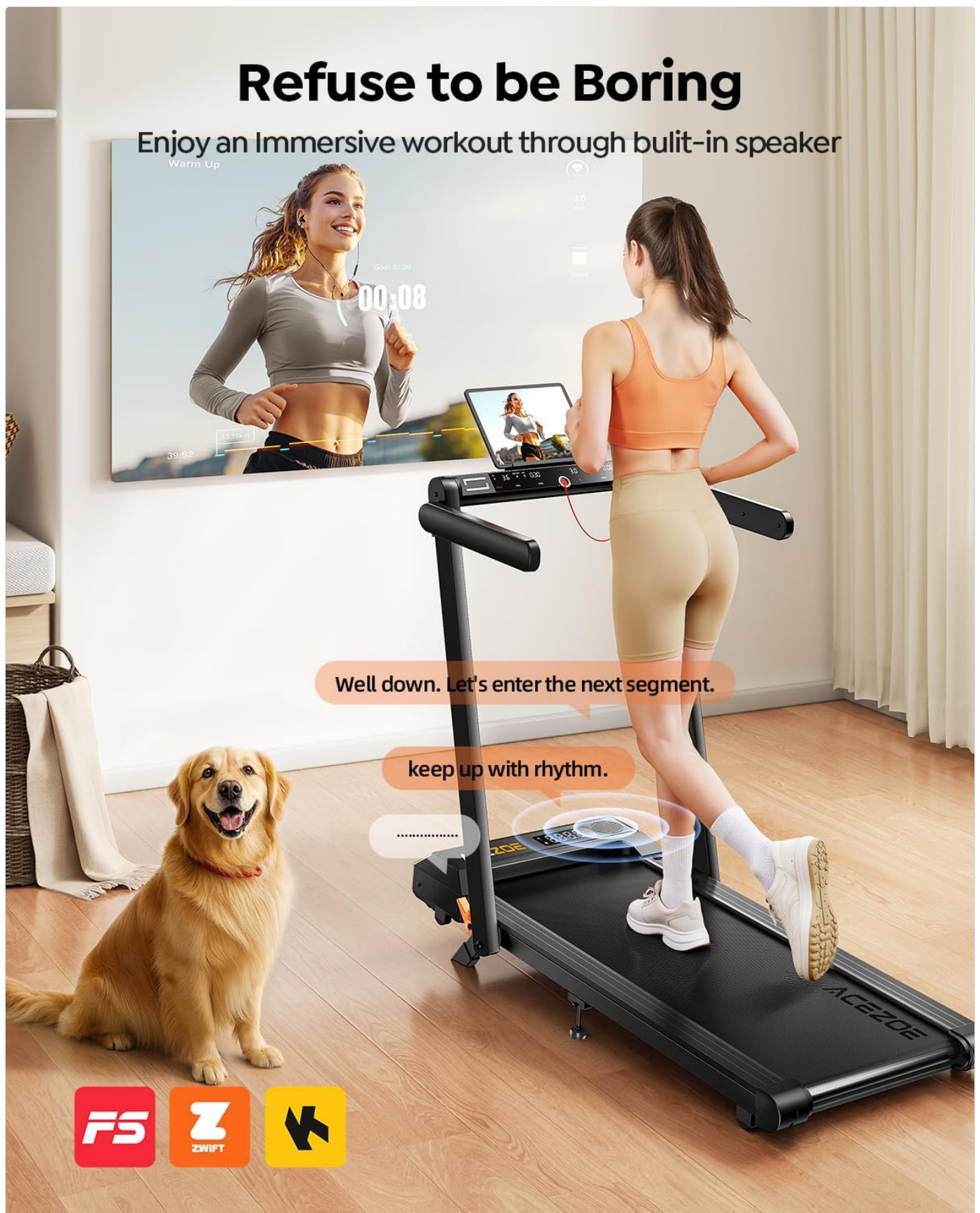


Figure 6: A user enjoying an immersive workout experience on the treadmill, utilizing the built-in Bluetooth speaker and app connectivity for entertainment and tracking.

MAINTENANCE

Lubrication

Regular lubrication of the running belt is essential for optimal performance and longevity of your treadmill. The treadmill

comes with lubricant and instructions on where to apply it. Refer to the specific instructions provided with the lubricant for frequency and application method.

Belt Adjustment

If the running belt begins to slip or drift to one side, it may need adjustment. Use the provided tools to center the belt as instructed in the detailed user manual. Proper belt tension and alignment ensure a smooth and safe workout.

Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the finish or electronic components.

TROUBLESHOOTING

If you encounter any issues with your Acezoe P10Pro treadmill, please refer to the following common troubleshooting tips:

- **Treadmill not starting:** Ensure the power cord is securely plugged into both the treadmill and the wall outlet, and the main power switch is turned on. Verify that the safety key is correctly placed on the console.
- **Belt slipping:** The running belt may need tensioning or centering. Refer to the maintenance section or the detailed user manual for instructions on how to adjust the belt.
- **Unusual noises:** Check for any loose parts or foreign objects on or under the belt. If the noise persists, contact customer support.
- **Inaccurate readings:** Ensure all connections are secure. For heart rate readings, make sure your hands are firmly placed on the sensors.

For more complex issues, please contact Acezoe customer support.

SPECIFICATIONS

Feature	Specification
Brand	Acezoe
Model Name	P10Pro
Product Dimensions (LxWxH)	53.94"D x 28.27"W x 5.12"H
Item Weight	78 Pounds
Maximum Speed	10 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Incline Percentage	10.0% (Manual)
Maximum Horsepower	2.5 HP
Maximum Weight Recommendation	300 Pounds
Running Belt Size	41" x 16.5"
Connectivity Technology	Bluetooth

Display Type	LED
Assembly Required	No
Included Components	Remote Control, Safety Key, Tool Kit, User Manual

WARRANTY AND SUPPORT

Warranty Information

The Acezoe P10Pro Foldable Treadmill comes with a one-year manufacturer's warranty, ensuring peace of mind regarding product quality and performance.

Customer Support

For any assistance, questions, or warranty claims, please follow these steps:

1. Go to "Your Orders" on the platform where you purchased the product.
2. Find your specific order ID for the Acezoe P10Pro Treadmill.
3. Click on the "Contact Seller" option to reach Acezoe customer support directly.

ASK A QUESTION ABOUT THIS MANUAL

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