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ApexNexus 970NX

ApexNexus 970NX Treadmill with Incline User Manual

Model: 970NX | Brand: ApexNexus

1. PRODUCT OVERVIEW

The ApexNexus 970NX Treadmill with Incline is a versatile 3-in-1 fitness machine designed for home use. It features an 8% manual incline, a quiet 3.0HP brushless motor, and a smart LED display to track your workout progress. Its foldable design and built-in wheels allow for easy storage in small spaces.



Figure 1: ApexNexus 970NX Treadmill in use and folded for storage.

2. INCLUDED COMPONENTS

Before assembly, ensure all components are present:

- Treadmill Unit
- Safety Key (1)
- User Manual (1)
- Wrench (1)
- Lubricant (1)
- Knobs (4)
- Power Cord (1)

Figure 2: All components included in the package.

3. SETUP AND ASSEMBLY

The ApexNexus 970NX Treadmill requires minimal assembly. Follow these steps:

1. **Unpack the Unit:** Carefully remove all packaging materials and place the treadmill on a flat, stable surface.
2. **Unfold the Handlebar:** Gently lift the handlebar assembly until it locks into the upright position.
3. **Secure the Handlebar:** Use the provided knobs to firmly secure the handlebar in place on both sides.
4. **Connect Power:** Plug the power cord into the treadmill and then into a grounded electrical outlet.
5. **Attach Safety Key:** Ensure the safety key is properly attached to the console before operation.



Figure 3: Treadmill folding and unfolding for setup and storage.

4. OPERATING INSTRUCTIONS

4.1 LED Display and Controls

The LED display provides real-time workout data. The control panel includes buttons for speed, time, calories, and distance tracking. It also features a smart memory function that saves your data when paused.

LED DISPLAYS REAL-TIME DATA TRACKING & PAUSE DATA MEMORY



Figure 4: LED Display and Control Panel.

4.2 Starting a Workout

1. Ensure the treadmill is plugged in and the safety key is attached.
2. Step onto the treadmill, placing your feet on the side rails.
3. Press the 'Start' button (usually green) on the control panel. The treadmill will begin with a low speed.
4. Adjust the speed using the '+' and '-' buttons. The treadmill supports speeds from 0.6 to 6.2 MPH.
5. To quickly set speed, use the '3/6' button for 3 MPH or 6 MPH.

4.3 Using the Incline Feature

The ApexNexus 970NX features an 8% manual incline. To adjust the incline:

1. Locate the red tabs at the rear base of the treadmill.
2. Lift these tabs to raise the rear of the treadmill, creating an incline.
3. Ensure both tabs are securely in place before starting your workout.



Figure 5: Treadmill with 8% manual incline engaged.

4.4 Preset Programs

The treadmill offers 12 preset programs (P1-P12) for varied workout intensities. To select a program:

1. Press the 'P/M' button to cycle through the available programs.
2. Once your desired program is displayed, press 'Start' to begin.



Figure 6: Control panel displaying preset programs.

4.5 Pausing and Stopping

- **Pause:** Press the 'Pause' button to temporarily stop your workout. The smart memory feature will retain your current data.
- **Stop:** Press the 'Stop' button (usually red) to end your workout. The treadmill will gradually slow down before stopping completely.
- **Emergency Stop:** Pull the safety key from the console to immediately stop the treadmill in an emergency.

5. MAINTENANCE

5.1 Lubrication Schedule

Regular lubrication of the running belt is crucial for optimal performance and longevity. Use the provided lubricant according to the following schedule:

Usage Frequency	Maintenance Frequency
<3 Hours/Week	Every 60 days
4-5 Hours/Week	Every 45 days
>5 Hours/Week	Every 30 days



Figure 7: Lubrication instructions and schedule.

5.2 Belt Adjustment

If the running belt becomes misaligned or too loose/tight, it can be adjusted using the provided wrench. Refer to the detailed instructions in the physical user manual for precise adjustment steps.

6. TROUBLESHOOTING

If you encounter any issues with your ApexNexus 970NX Treadmill, please refer to the following general

troubleshooting tips:

- **No Power:** Ensure the power cord is securely plugged into both the treadmill and a working electrical outlet. Check the power switch at the base of the treadmill.
- **Belt Not Moving:** Verify that the safety key is correctly inserted into the console.
- **Unusual Noises:** Check for any loose parts or foreign objects under the belt. Ensure the belt is properly lubricated and adjusted.
- **Display Not Working:** Confirm power connection. If the issue persists, contact customer support.

For more detailed troubleshooting or persistent issues, please consult the comprehensive user manual or contact ApexNexus customer support.

7. SPECIFICATIONS

Feature	Specification
Brand	ApexNexus
Model Name	970NX
Product Dimensions	46.5"D x 22.8"W x 40"H
Folded Size	46.5"L x 22.8"W x 5.5"H
Item Weight	41 Pounds
Material	Carbon Steel
Maximum Horsepower	3 HP
Speed Range	0.6 - 6.2 MPH
Maximum Incline Percentage	8% (Manual)
Maximum Weight Recommendation	300 Pounds
Display Type	LED
Metrics Measured	Calories Burned, Distance, Speed, Time
Special Features	Compact Design, Foldable, Lightweight, Manual Incline, Portable

8. WARRANTY AND SUPPORT

The ApexNexus 970NX Treadmill comes with a 1-year warranty. For any questions, concerns, or technical assistance, please contact ApexNexus customer service. Our dedicated team is available 24/7 via Amazon to ensure your satisfaction.



Figure 8: ApexNexus Customer Support details.