

ALLJOY AJHRM23

ALLJOY Hand Massager User Manual

Model: AJHRM23

INTRODUCTION

Thank you for choosing the ALLJOY Hand Massager. This device is designed to provide soothing relief for hands through a combination of kneading, compression, and heat therapy. Please read this manual carefully before use to ensure proper operation and to maximize your experience.

SAFETY INFORMATION

General safety warnings for massagers apply. Consult a healthcare professional if you have pre-existing conditions. Do not use if you have open wounds, swelling, or inflammation on your hands. Keep the device out of reach of children. This device is intended for personal use to provide comfort and is not designed to diagnose, treat, cure, or prevent any medical condition.

PACKAGE CONTENTS

Verify that all items are present in your package:

- ALLJOY Hand Massager Unit
- Type-C Charging Cable
- Reset Pin
- User Manual

ULTRA-QUIET DESIGN

Sleep is not disturbed during use, promoting relaxation and recovery



<40db



15 Minutes
Timer

Image: Package contents including the hand massager, Type-C charging cable, reset pin, and user manual.

PRODUCT FEATURES

- **Soothing Kneading & Rolling Motion:** Utilizes kneading massage technology to apply rolling pressure to acupoints on your palms, promoting relaxation and relieving tension.
- **Full-Hand Compression with Heat:** Features a multi-layer airbag system that delivers compression from fingertips to the center of your palms, with heating capabilities in the fingertip compartments to enhance hand flexibility.

- **3-Level Adjustable Heat Therapy:** Offers three temperature settings (35°C to 45°C) to promote blood circulation and soothe tight muscles, effectively relieving hand stiffness and aches.
- **3 Modes & 3 Intensities:** Provides three distinct massage modes (Kneading, Kneading + Compression, Compression only) and three adjustable intensity levels for a personalized massage experience.
- **Portable & Cordless Design:** Designed for ease of use and portability, allowing you to use it anywhere.
- **Ultra-Quiet Operation:** Engineered for low noise during use, ensuring a peaceful and relaxing experience.
- **Long Battery Life:** Provides approximately 2 hours of use on a single charge.

Roller Kneading Hand Massager with Heat

For Arthritis and Carpal Tunnel



3 Massage Mode



3 Intesnsities



3 Heating Levels



Auto Shut-Off



Image: Illustration of the air compression massage mechanism and areas of relief.



Image: Depiction of the roller kneading massage function targeting the palm.

2 HOURS USE TIME

Type C Charging port



Image: The massager charging via its Type-C port, illustrating its 2-hour battery life.

SETUP

Charging the Device

1. Connect the provided Type-C charging cable to the charging port on the massager.
2. Plug the other end of the cable into a compatible USB power adapter (not included) or a computer USB port.

3. The indicator light will show charging status. Allow the device to fully charge before first use.

ROLLER KNEADING MASSAGE

Palm Roller Kneading to
Relax Palm Stiffness



Image: The Type-C charging port located on the device.

OPERATING INSTRUCTIONS

Controls Overview

3 DIFFERENT MASSAGE MODES

Suitable for most people



RELAXING MODE

Finger



DEEP KNEADING

Palm & Wrist
& Finger



DAILY MODE

Palm &
Dorsum of Hand



Image: The control panel featuring power, mode selection, intensity adjustment, and heat settings.

Using the Massager

1. **Power On:** Press the power button to turn on the massager.
2. **Insert Hand:** Place your hand into the massager, ensuring it covers your palm and fingers comfortably.
3. **Select Mode:** Press the mode button to cycle through the available massage modes. The indicator light will change color to show the selected mode:

- Blue: Kneading only
- Orange: Kneading + Compression
- Purple: Compression only

4. **Adjust Intensity:** Use the intensity button to select one of the three adjustable intensity levels (Mild, Medium, Strong) for your preferred massage strength.
5. **Activate Heat Therapy:** Press the heat button to select one of the three temperature settings (35°C to 45°C). The heat function can be used independently or in conjunction with massage modes.
6. **Session Duration:** The massager is designed for sessions of up to 15 minutes. After each session, it is recommended to take a 15-minute break before resuming use.

MULTIFUNCTIONAL HAND MASSAGER

3 Modes



Relaxing
Mode



Deep
Kneading



Daily
Mode

3 Intensity



Mild



Medium



Strong

3 levels Heating



Mild



Medium



Strong



Image: Visual guide to the multifunctional settings including massage modes, intensity, and heat levels.



Image: Overview of the three distinct massage modes and their target areas.

MAINTENANCE

Cleaning

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the exterior of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Allow the device to dry completely before storing or using again.

Storage

- Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- Keep the device in its original packaging or a protective case to prevent dust accumulation and damage.

EASY TO STORE

Perfect for Traveling



Lightweight
2.49lbs



Image: The compact design of the massager, highlighting its portability and ease of storage.

TROUBLESHOOTING

If you encounter any issues with your ALLJOY Hand Massager, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charging cable and allow sufficient time for charging.

- **No massage action:** Check if a massage mode and intensity level have been selected. Ensure your hand is properly inserted into the device.
- **No heat:** Verify that the heat function is activated and the desired temperature level is selected. Allow a few minutes for the heat to build up.
- **Unusual noise:** If you hear any abnormal sounds, turn off the device immediately and contact customer support.

If the problem persists after trying these steps, please contact ALLJOY customer support for further assistance.

SPECIFICATIONS

Specification	Detail
Brand	ALLJOY
Model Number	AJHRM23
Product Dimensions	3 x 3 x 3 inches
Item Weight	3.33 Pounds (1.51 Kilograms)
Material	Polyethylene (PE)
Power Source	Battery Powered
Use For	Hand
Heat Settings	3 levels (35°C to 45°C)
Massage Modes	3 modes (Kneading, Kneading + Compression, Compression only)
Intensity Levels	3 levels

WARRANTY AND SUPPORT

The ALLJOY Hand Massager comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions. For technical support, troubleshooting assistance, or warranty claims, please contact ALLJOY customer service through the contact information provided on the official ALLJOY website or your purchase platform.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

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