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TOPUTURE TP4

TOPUTURE TP4 Foldable Walking Pad Treadmill with Incline

User Manual

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1. INTRODUCTION

This manual provides essential information for the safe and effective use of your TOPUTURE TP4 Foldable Walking Pad Treadmill with Incline. Please read this manual thoroughly before initial use and retain it for future reference. This treadmill is designed for walking and light running in home and office environments, offering a compact and versatile fitness solution.



Image 1.1: The TOPUTURE TP4 Foldable Walking Pad Treadmill in both walking pad and treadmill configurations.

2. IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of serious injury, read all instructions before using this equipment. The manufacturer assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clearance around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Keep children and pets away from the treadmill during operation.

- Do not use the treadmill if you weigh more than the maximum weight capacity (300 lbs / 136 kg).
- Wear appropriate athletic footwear.
- If you experience pain, dizziness, or shortness of breath, stop exercising immediately.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.
- Do not operate the treadmill if the power cord or plug is damaged.
- This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

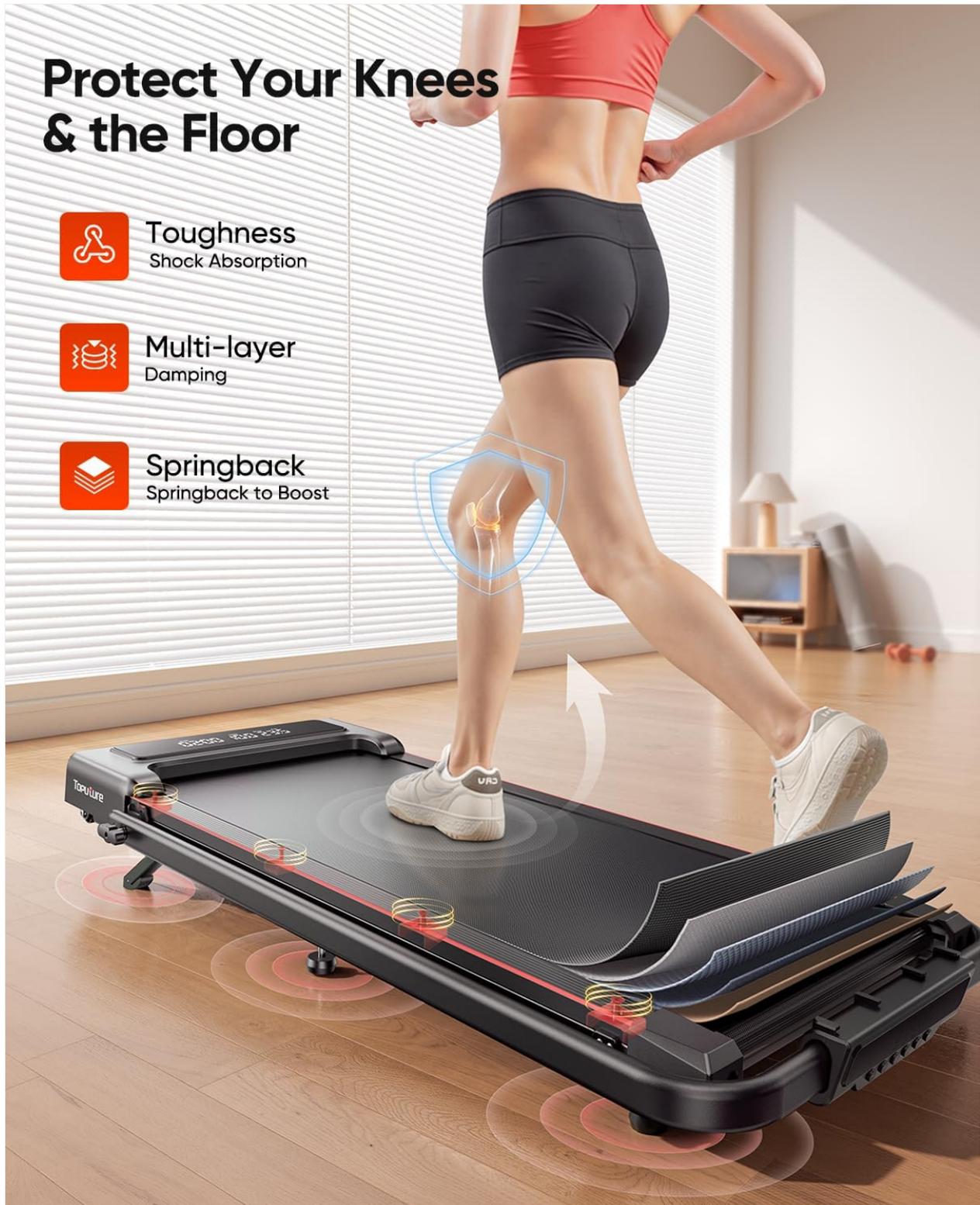


Image 2.1: Illustration of the multi-layer running belt designed for shock absorption and joint protection.

3. PACKAGE CONTENTS

Carefully unpack the box and ensure all items are present and undamaged. If any parts are missing or damaged, contact customer support.

- TOPUTURE TP4 Walking Pad Treadmill
- Power Cord
- Remote Control
- Safety Key
- Tool Kit (for minor adjustments)
- User Manual (this document)
- Lubricating Oil

4. SETUP

4.1 Unfolding the Treadmill

The TOPUTURE TP4 comes pre-assembled. Simply remove it from the packaging and unfold it according to the following steps:

1. Place the treadmill on a flat, hard surface.
2. Gently lift the handle until it locks into the upright position.
3. Ensure all locking mechanisms are securely engaged before use.



Image 4.1: Illustration of the treadmill's folding mechanism and compact storage dimensions.

4.2 Adjusting the Incline

The treadmill features a manual incline adjustment to simulate uphill walking, increasing calorie burn and workout intensity. The incline can be set up to 9%.

1. **Unfold the Footpad:** Locate the adjustable footpads at the rear of the treadmill.
2. **Insert the Pin:** Use the provided pin to secure the footpad at the desired incline level.
3. **Adjust Middle Footpad:** Ensure the middle footpad is also adjusted to provide stable support.

Adjustable 0%-9% Incline Treadmill

Boost fat burning



Image 4.2: Visual representation of the 9% manual incline feature and its effect on calorie expenditure.



Image 4.3: Step-by-step instructions for adjusting the treadmill's manual incline.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

Connect the power cord to a grounded outlet. Flip the power switch located at the front of the treadmill to the 'ON' position. The LED display will illuminate.

5.2 Using the Remote Control

The treadmill is operated via a silent remote control. Ensure the safety key is in place before starting. The remote allows you to:

- Start/Stop the treadmill.
- Adjust speed (increase/decrease).
- Switch between modes (Walking, Running, Climbing, Working).
- Activate mute function for quiet operation.

Dual LED Screen Display

Clear display of data



Image 5.1: The dual LED display showing real-time data and the remote control for easy adjustments.

5.3 Understanding the Display

The dual LED display provides real-time workout data:

- **Time:** Duration of your workout.
- **Speed:** Current speed in MPH or KM/H.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

5.4 Operating Modes

The TOPUTURE TP4 offers four distinct modes to suit various fitness needs:

- **Walking Mode (0.6-5 MPH):** Ideal for casual walking or under-desk use.
- **Running Mode (5-7.6 MPH):** For more intense cardio workouts.
- **Climbing Mode (0.6-3 MPH):** Utilizes the incline feature for uphill simulation.
- **Working Mode (0.6-1.5 MPH):** Low speed for active work at a standing desk.



Image 5.2: Demonstrates the versatility of the treadmill in both walking and running configurations.

5.5 Smart App Connection

Enhance your workout experience by connecting the treadmill to the dedicated smart app via Bluetooth.

1. Download the app from your device's app store.
2. Enable Bluetooth on your smartphone or tablet.
3. Open the app and follow the on-screen instructions to pair with your treadmill.

The app allows you to:

- Sync exercise data in real-time.
- Access personalized training plans.
- Track your progress and set goals.
- Participate in running challenges.

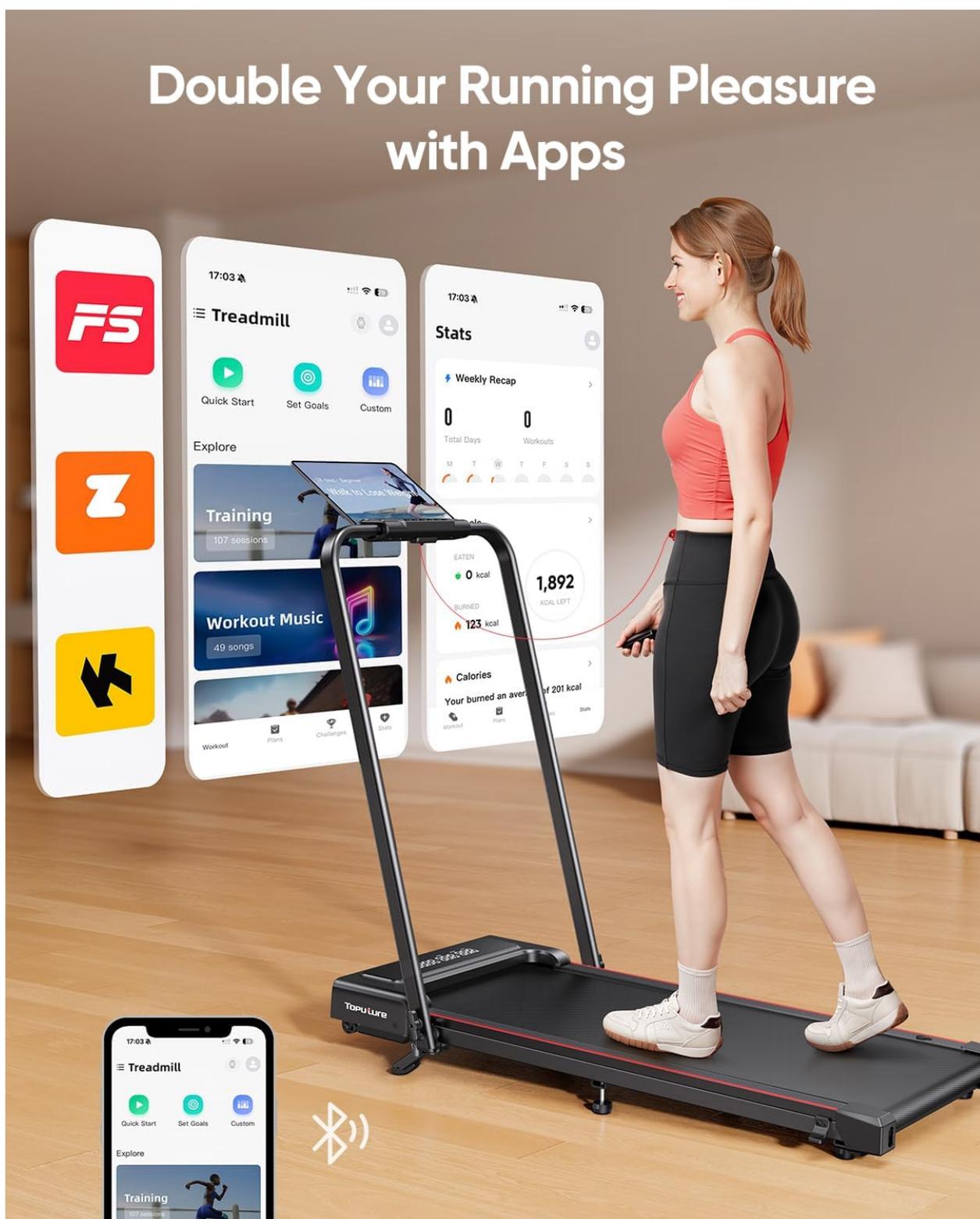


Image 5.3: The smart app interface displaying workout statistics and training programs.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

6.1 Lubrication

The running belt requires periodic lubrication to reduce friction and wear. Use the provided lubricating oil.

1. Unplug the treadmill.
2. Lift the edge of the running belt.
3. Apply a small amount of lubricating oil evenly under the belt, about 10-20ml.
4. Run the treadmill at a low speed (e.g., 1 MPH) for 5 minutes to distribute the oil.
5. Lubricate every 3-6 months depending on usage.



Image 6.1: Instructions for lubricating the running belt and adjusting its tension.

6.2 Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use. Do not use abrasive cleaners or solvents.

6.3 Belt Adjustment

If the running belt shifts or slips, it may need adjustment. Use the included tool kit to adjust the tension bolts at the rear of the treadmill. Refer to the detailed instructions in the tool kit for precise adjustment.

7. TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on	Power cord not connected, power switch off, safety key not in place.	Check power cord connection, ensure power switch is ON, insert safety key.
Running belt slips or stops	Belt too loose, insufficient lubrication.	Adjust belt tension (refer to 6.3), apply lubricating oil (refer to 6.1).
Unusual noise during operation	Loose parts, motor issue, belt friction.	Check for loose screws, lubricate belt, contact support if noise persists.
Remote control not responding	Battery low, interference.	Replace remote control battery, ensure no obstructions between remote and treadmill.

8. SPECIFICATIONS

Feature	Detail
Model Number	TP4
Product Dimensions (Unfolded)	126 x 62 x 106.7 cm (50 x 23 x 42 inches)
Folding Size	126 x 58.4 x 11.4 cm (50 x 23 x 4.5 inches)
Item Weight	25.4 kg (56 lbs)
Material	Alloy Steel
Motor Horsepower	2.5 HP
Speed Range	0.6 - 7.6 MPH (approx. 1 - 12.2 km/h)
Maximum Incline Percentage	9% (Manual)
Maximum User Weight	300 lbs (136 kg)
Display Metrics	Calories Burned, Distance, Speed, Time
Special Features	Compact Design, Foldable, Lightweight, Manual Incline, Shock Absorbent, App Control, Remote Control

9. WARRANTY AND SUPPORT

9.1 Warranty Information

The TOPUTURE TP4 Foldable Walking Pad Treadmill is covered by a **TWO-YEARS warranty** from the date of purchase. This warranty covers manufacturing defects and workmanship under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or improper maintenance.

9.2 Customer Support

For any questions, technical assistance, or warranty claims, please contact our customer support team. To expedite your request, please have your order ID and product model number (TP4) ready.

How to Contact Seller:

1. Log in to your Amazon account.
2. Go to "Your Orders."
3. Find the relevant order ID for your TOPUTURE TP4 Treadmill.
4. Click on "Contact Seller."

