

## Inalsa Nutri Fry Digital 3.0

# INALSA Nutri Fry Digital 3.0 Air Fryer Instruction Manual

## 1. INTRODUCTION

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Thank you for choosing the INALSA Nutri Fry Digital 3.0 Air Fryer. This appliance utilizes advanced Air Crisp Technology to cook your favorite foods with significantly less oil, promoting healthier eating habits. This manual provides essential information for safe operation, maintenance, and optimal use of your air fryer. Please read it thoroughly before first use and retain it for future reference.



Image 1: The INALSA Nutri Fry Digital 3.0 Air Fryer, a compact black appliance with a digital display and a pull-out basket filled with golden fries.

## 2. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury.

- Read all instructions before operating the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse the cord, plugs, or the appliance housing in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.

- Do not let the cord hang over the edge of a table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to 'off', then remove plug from wall outlet.
- Do not use the appliance for other than intended use.
- Ensure the appliance is placed on a stable, heat-resistant surface, away from walls or other appliances to allow adequate air circulation.

**Important Note on Paper Liners:**

- Preheat the air fryer without the paper liner for 5-10 minutes.
- Do not insert the paper into the air fryer before preheating.
- Do not leave any part of the paper uncovered by food.
- Ensure that the food quantity fully covers the paper liner to prevent it from flying up and contacting the heating element.

## 3. PRODUCT OVERVIEW

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### 3.1 Components

The INALSA Nutri Fry Digital 3.0 Air Fryer package includes the following items:

- 1 N Air Fryer Unit
- 1 N Cooking Pan
- 1 N Food Separator
- 1 N Instruction Manual Cum Warranty Card
- 1 N Recipe Booklet

### 3.2 Key Features

- **1200W High Power:** Ensures faster heating and cooking.
- **3L Capacity:** Ideal for small families, couples, or individuals.
- **Air Crisp Technology:** Circulates hot air for crispy results with up to 99% less oil.
- **6 Pre-Set Cooking Functions:** Versatile options for frying, baking, grilling, roasting, toasting, and reheating.
- **Digital Display:** Intuitive touch controls for temperature and timer settings.
- **Adjustable Temperature:** Up to 200°C for precise cooking control.
- **Non-Stick Removable Basket:** Easy to clean and dishwasher-safe.



Image 2: An internal view of the air fryer showing the heating element and hot air circulation, highlighting its 1200W power and Air Crisp Technology for efficient cooking.

# AVOID BURNING!

Follow the above guidelines to ensure safe cooking



Preheat the airfryer **without** the **paper liner** for 5-10mins



**Do not** insert the paper into air fryer before preheating



Do not leave any part of the paper **uncovered** by food



Ensure that the food quantity **fully covers** the paper

Image 3: A close-up of the air fryer's digital control panel, showing time and temperature settings, along with various preset icons.

## 4. SETUP

1. **Unpack:** Carefully remove all packaging materials and promotional labels from the air fryer.
2. **Initial Cleaning:** Wipe the exterior of the appliance with a damp cloth. Wash the cooking pan and food separator with warm, soapy water. Rinse and dry thoroughly.
3. **Placement:** Place the air fryer on a stable, flat, heat-resistant surface. Ensure there is at least 10 cm (4 inches) of clear space around the back and sides of the appliance for proper ventilation.
4. **Power Connection:** Plug the power cord into a grounded wall outlet. The appliance is now ready for use.

## 5. OPERATING INSTRUCTIONS

### 5.1 Preheating

Preheating is recommended for best results, especially for foods that require a crispy exterior.

1. Pull out the cooking pan from the air fryer.

2. Press the power button to turn on the appliance.
3. Set the desired temperature (e.g., 180°C) and time (e.g., 5 minutes) for preheating using the digital controls.
4. Press the start button to begin preheating. The air fryer will beep once preheating is complete.

## 5.2 Using the Digital Display and Controls

The digital display allows for precise control over cooking temperature and time.

- **Power Button:** Turns the appliance on/off.
- **Temperature Control:** Use the up/down arrows to adjust the temperature from 80°C to 200°C.
- **Timer Control:** Use the up/down arrows to set the cooking time from 1 to 60 minutes.
- **Preset Menu:** Select from 6 pre-programmed cooking functions for common dishes.



Image 4: A hand interacting with the air fryer's digital touch control panel, demonstrating the ease of setting time and temperature for faster cooking.

## 5.3 Preset Cooking Functions

The air fryer features 6 convenient preset functions:

- French Fries
- Drum Sticks
- Paneer Tikka
- Fish
- Cake
- Pizza (or similar, based on common air fryer presets)





Image 5: The air fryer surrounded by various cooked dishes like French fries, drumsticks, paneer tikka, fish, and cake, illustrating its 6-in-1 multi-function capability.

#### 5.4 General Cooking Process

1. Place the food to be cooked into the cooking pan. Do not overfill the basket to ensure even cooking.
2. Slide the cooking pan back into the air fryer until it clicks into place.
3. Select a preset function or manually set the desired temperature and cooking time.
4. Press the start button to begin cooking.
5. For some foods, it is recommended to shake the basket halfway through the cooking time to ensure even browning. The air fryer may pause automatically when the basket is pulled out and resume when reinserted.
6. Once the timer completes, the air fryer will beep. Carefully pull out the cooking pan and transfer the cooked food to a serving dish.

# Crisp Perfection, Guilt-Free Indulgence.



Image 6: A hand pouring golden, crispy French fries from the air fryer basket onto a plate, emphasizing the benefit of 99% less oil for healthier cooking.

## 6. MAINTENANCE AND CLEANING

Regular cleaning ensures optimal performance and extends the lifespan of your air fryer.

1. **Unplug and Cool Down:** Always unplug the air fryer from the power outlet and allow it to cool completely before cleaning.
2. **Cleaning the Cooking Pan and Food Separator:** The non-stick cooking pan and food separator are dishwasher-safe. Alternatively, wash them with warm, soapy water and a non-abrasive sponge. Rinse thoroughly and dry.
3. **Cleaning the Interior:** Wipe the interior of the appliance with a damp cloth. For stubborn residue, use a mild detergent. Avoid abrasive cleaners or scouring pads.
4. **Cleaning the Exterior:** Wipe the exterior with a soft, damp cloth. Do not use harsh chemicals or abrasive materials.
5. **Heating Element:** Gently clean the heating element with a soft brush to remove any food residue.
6. **Storage:** Ensure all parts are clean and dry before storing the air fryer in a cool, dry place.

**Tip for Easy Cleaning:** Use the complimentary disposable paper liners provided with your air fryer to keep the basket clean and reduce mess.





## Reusable And Durable

INALSA Air Fryer with paper liner disposable are made of unbleached food-grade paper liner that is water proof, greaseproof, and non-stick.

Image 7: A comparison showing an air fryer basket with food residue and another with a clean, disposable paper liner, highlighting the convenience of reusable and durable paper liners for easy cleaning.

### 7. TROUBLESHOOTING

If you encounter any issues with your INALSA Nutri Fry Digital 3.0 Air Fryer, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Appliance does not turn on.	Not plugged in; Power outlet malfunction; Appliance not assembled correctly.	Ensure the power cord is securely plugged into a working outlet. Check if the cooking pan is fully inserted.
Food is not cooked evenly.	Basket is overcrowded; Food not shaken or turned.	Cook food in smaller batches. Shake or turn food halfway through cooking.
White smoke coming from the appliance.	Grease residue from previous use; Excess oil on food; Paper liner touching heating element.	Clean the basket and interior thoroughly. Remove excess oil from food. Ensure paper liner is fully covered by food.
Food is not crispy.	Too much moisture in food; Not enough oil (for certain foods); Temperature too low or time too short.	Pat food dry before cooking. Lightly brush or spray food with oil. Increase temperature or cooking time.

If the problem persists after trying these solutions, please contact customer support.

### 8. SPECIFICATIONS

Feature	Specification
Model Name	INALSA Nutri Fry Digital 3.0

Feature	Specification
Capacity	3 litres
Output Wattage	1200 Watts
Voltage	240 Volts
Max Temperature Setting	200 Degrees Celsius
Control Method	Touch
Air Frying Technology	Air Crisp Technology
Has Nonstick Coating	Yes
Product Dimensions	23D x 31W x 28H Centimeters
Item Weight	2.4 kg
Colour	Black
Country of Origin	India

## 9. WARRANTY AND CUSTOMER SUPPORT

The INALSA Nutri Fry Digital 3.0 Air Fryer comes with a**1-year warranty** from the date of purchase, covering manufacturing defects under normal household use.

For warranty claims, technical assistance, or any product-related inquiries, please contact INALSA customer support:

- **Manufacturer:** Tuareg Marketing Pvt. Ltd.
- **Address:** Khasra No- 1189, Bhalswa, New Delhi-110033, India.
- **Contact Number:** 9773982065

Please retain your purchase receipt as proof of purchase for warranty validation.