

IDW26

# Generic IDW26 Bluetooth Call Smartwatch User Manual

Model: IDW26

## INTRODUCTION

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Thank you for choosing the Generic IDW26 Bluetooth Call Smartwatch. This device is designed to enhance your daily life with smart notifications, health tracking, and fitness features. This manual provides essential information for setting up, operating, and maintaining your smartwatch.

Please read this manual carefully before using the product to ensure proper function and safety.

## WHAT'S IN THE BOX

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- IDW26 Smartwatch
- Charging Cable
- User Manual (this document)

## SETUP

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### 1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the provided charging cable to the charging port on the back of the watch and plug the USB end into a standard USB power adapter (not included).

The watch display will show the charging status. A full charge typically takes approximately 2 hours.



Image: The IDW26 Smartwatch with its 1.83-inch display showing the time (10:08) and a heart rate icon. The watch features a black body and a white and black silicone strap.

## **2. Downloading and Pairing with the VeryFit App**

1. Scan the QR code in the manual (if provided) or search for "VeryFit" in your smartphone's app store (App Store for iOS, Google Play Store for Android).
2. Download and install the "VeryFit" app.
3. Open the VeryFit app and create an account or log in.
4. Follow the in-app instructions to add your device. The app will search for your IDW26 smartwatch.
5. Select your smartwatch from the list of found devices to initiate pairing. Confirm the pairing request on both your phone and the smartwatch.

Ensure Bluetooth is enabled on your smartphone during the pairing process.

## **3. Bluetooth Pairing for Calls**

To enable Bluetooth call functionality:

1. After successful device pairing in the VeryFit app, go to your smartphone's Bluetooth settings.
2. Search for available devices. You should see "IDW26\_CALL" or a similar entry.
3. Tap on "IDW26\_CALL" to connect. Once connected, your smartwatch can make and receive calls.

## OPERATING INSTRUCTIONS

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### Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select an item.
- **Side Button:** Press the side button to return to the watch face or to access the main menu. A long press may activate specific functions (refer to app settings for customization).

### Customizing Watch Faces

You can change the watch face directly on the smartwatch by long-pressing the screen, or through the VeryFit app. The app offers over 100 watch face options and allows you to upload your own photos.

### Smart Notifications

Once paired with the VeryFit app and Bluetooth call function is enabled, your smartwatch will display notifications for incoming calls, SMS messages, and alerts from various social media applications (e.g., Facebook, WhatsApp, Instagram, TikTok, Twitter, Snapchat). Ensure notification permissions are granted in both your phone settings and the VeryFit app.

### Bluetooth Calls

With the "IDW26\_CALL" connected via Bluetooth, you can answer, reject, or dial calls directly from your wrist. The built-in microphone and speaker provide clear audio for conversations.

### Alexa Voice Assistant

The smartwatch integrates with Alexa. Use simple voice commands to check weather, set alarms, manage workouts, or access health data. Ensure your watch is connected to your phone and the VeryFit app is running in the background for Alexa functionality.

### Music Playback Control

Control music playing on your smartphone directly from your smartwatch. You can play, pause, skip tracks, and adjust volume.

### Weather Forecast

View real-time weather information on your smartwatch. Ensure the VeryFit app has location permissions and is synchronized with your watch.

## HEALTH TRACKING

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The IDW26 smartwatch monitors various health metrics throughout the day and night.

- **Sleep Monitoring:** Tracks your sleep patterns, including deep sleep, light sleep, and awake times.
- **Daily Activity:** Records daily steps, walking distance, and calories burned.
- **Heart Rate Monitoring:** Continuously monitors your heart rate.

For detailed reports and historical data, synchronize your smartwatch with the VeryFit app.

## SPORTS MODES

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The smartwatch supports over 100 sports modes, including running, basketball, cycling, yoga, and jump rope. To start a workout:

1. Swipe on the watch screen to find the "Workout" or "Sports" icon.
2. Tap to select your desired activity.
3. Tap "Start" to begin tracking. The watch will display real-time data such as duration, calories burned, and heart rate.
4. To end a workout, swipe right or press the side button, then select "End" or "Pause".

## MAINTENANCE

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### Water Resistance (IP68)

The IDW26 smartwatch is rated IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use such as hand washing, light rain, or workouts.

**Important:** To maintain water resistance, avoid wearing the watch during swimming, diving, hot showers, or in saunas. Exposure to hot water or steam can compromise the seals.

### Cleaning the Device

Regularly clean your smartwatch and strap to prevent skin irritation and maintain performance. Use a soft, damp, lint-free cloth. Do not use harsh chemicals or abrasive materials.

### Battery Care

To prolong battery life, avoid fully discharging the battery frequently. Charge the watch when the battery level is low. Store the watch in a cool, dry place when not in use for extended periods.

## TROUBLESHOOTING

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- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with phone:**
  - Ensure Bluetooth is enabled on your phone.
  - Make sure the watch is within range of your phone.
  - Restart both your phone and the smartwatch.
  - Check if the VeryFit app is updated to the latest version.
  - Forget the device in your phone's Bluetooth settings and try pairing again through the VeryFit app.
- **Notifications not appearing:**
  - Verify that notification permissions are enabled for the VeryFit app in your phone's settings.
  - Ensure notifications are enabled within the VeryFit app for specific applications.
  - Check if "Do Not Disturb" mode is active on either your phone or watch.
- **Inaccurate health data:**
  - Ensure the watch is worn snugly on your wrist, not too tight or too loose.
  - Keep the sensor clean and free from debris.
  - Note that smartwatches are not medical devices and data is for reference only.

## SPECIFICATIONS

Feature	Detail
Model	IDW26
Screen Size	1.83 Inches
Connectivity	Bluetooth 5.3
Operating System Compatibility	Android & iOS
Water Resistance Rating	IP68
Battery Life (Typical Use)	7-15 days
Battery Life (Standby)	>20 days
Battery Type	Lithium Polymer (1 9V battery included)
Item Weight	2.4 ounces
Package Dimensions	5.5 x 3.5 x 0.8 inches
Manufacturer	Shenzhen DO Intelligent Technology Co., Ltd.

## SAFETY INFORMATION

- Do not attempt to disassemble or modify the smartwatch.
- Keep the device away from extreme temperatures and direct sunlight.
- If you have sensitive skin, perform a patch test before long-term wear to avoid irritation.
- This device is not a medical instrument. The health data provided is for reference only and should not be used for medical diagnosis or treatment.
- Dispose of the device and its battery according to local regulations.

## SUPPORT

For further assistance or inquiries, please refer to the support section within the VeryFit app or contact the manufacturer directly.

Manufacturer: Shenzhen DO Intelligent Technology Co., Ltd.