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TIMU B0FQJ2DGYD

TIMU Smartwatch B0FQJ2DGYD User Manual

Comprehensive Guide for Your Smartwatch

1. INTRODUCTION

Welcome to the TIMU Smartwatch B0FQJ2DGYD user manual. This guide provides essential information to help you set up, operate, and maintain your new smartwatch. Please read this manual thoroughly before using the device to ensure proper function and safety.

The TIMU Smartwatch is designed for both indoor and outdoor activities, featuring military-grade durability, extensive health monitoring, and smart communication capabilities.

2. PRODUCT OVERVIEW

2.1 Key Features

- **Military-Grade Durability:** Constructed with aerospace-grade aluminum alloy, tested for anti-impact, dust-proof, and IP68 waterproofing.
- **Long Battery Life:** Up to 30 days standby and 7 days of daily use on a single 1.5-hour charge.
- **1.45" HD Display:** 360*360 pixel TFT HD display with 60Hz adaptive refresh rate and 5-level adjustable brightness.
- **Customizable Watch Faces:** Over 100 watch faces available, with DIY photo customization.
- **Bluetooth 5.3 Calling:** Make and receive calls directly from the watch with HIFI speakers and optimized microphones.
- **AI Voice Assistant:** Control your smartwatch using voice commands.
- **115+ Sports Modes:** Comprehensive tracking for various activities including yoga, cycling, running, hiking, and skiing.
- **24/7 Health Monitoring:** High-precision sensors for heart rate, SpO2, and sleep tracking, with data available in the FitCloudPro app.
- **Multi-functional:** Includes camera control, music control, weather, alarm, sedentary reminder,

pedometer, and a 0.5W flashlight.

- **Compatibility:** Works with most Android 6.0+ and iOS 9.0+ smartphones.

2.2 What's in the Box

- 1 x TIMU Smartwatch B0FQJ2DGYD
- 1 x Charging Cable
- 1 x User Manual

3. SETUP GUIDE

3.1 Charging the Smartwatch

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge takes approximately 1.5 hours.



Image: The smartwatch connected to its charging cable, illustrating its long-lasting battery capabilities with indicators for 30 days standby and 7 days daily usage.

3.2 App Installation and Pairing

1. **Download the App:** Search for "FitCloudPro" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open FitCloudPro:** Launch the app and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the app, navigate to the device section and select "Add Device" or a similar option. The app will search for your smartwatch.
5. **Connect:** Select "B0FQJ2DGYD" or the corresponding device name from the list. Confirm the pairing request on both your phone and smartwatch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The smartwatch features a 1.45" HD touchscreen for navigation. Swipe left, right, up, or down to access

different functions and menus. Press the side button to return to the home screen or access the app list.

4.2 Bluetooth Calling and Notifications

Once paired with your smartphone via Bluetooth 5.3, you can make and receive calls directly from your smartwatch. The device is equipped with HIFI speakers and optimized microphones for clear communication.

- **Making Calls:** Access the dial pad or contacts list on your watch to initiate a call.
- **Receiving Calls:** When a call comes in, you can answer or reject it directly from the watch screen.
- **Message Notifications:** The smartwatch displays notifications from various social media applications like SMS, WhatsApp, Facebook, and Twitter.



Image: The smartwatch screen showing an incoming call, alongside a smartphone displaying a call interface, illustrating the Bluetooth calling feature.

4.3 Health Monitoring

The smartwatch continuously monitors your health data using high-precision sensors. Access the FitCloudPro app for detailed historical data and analysis.

- **Heart Rate Monitoring:** Tracks your heart rate 24/7.
- **SpO2 Monitoring:** Measures your blood oxygen levels.
- **Sleep Tracking:** Monitors your sleep patterns, including deep sleep, light sleep, and wake-up times.



Image: The back of the smartwatch showing its health sensors, accompanied by visual data for heart rate, blood pressure, blood oxygen, and sleep monitoring.

4.4 Sports Modes

The smartwatch supports over 115 sports modes, allowing you to track various activities and monitor real-time data such as calories burned, distance, and steps. Select your desired sport from the watch's menu before starting your workout.



Image: A person engaged in outdoor activity, wearing the smartwatch which shows a menu of sports modes and real-time activity metrics.

4.5 Other Functions

Your smartwatch offers a range of additional features:

- **Music Control:** Control music playback on your smartphone.
- **Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Weather:** View current weather conditions and forecasts.
- **Alarm Clock:** Set alarms directly from your watch.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Pedometer:** Tracks your daily steps.
- **Flashlight:** Activate the built-in 0.5W flashlight for illumination.
- **AI Voice Assistant:** Interact with your watch using voice commands.



Image: The smartwatch showcasing its practical functions, including music control, weather display, and a flashlight, with additional icons for exercise, health monitoring, and daily reminders.

5. MAINTENANCE

5.1 Cleaning and Care

To maintain your smartwatch, regularly wipe the screen and strap with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance

The TIMU Smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for a limited time. It is suitable for daily use, hand washing, and light rain. Avoid hot water, saunas, or diving, as extreme temperatures and high-pressure water may compromise the seal.



Smartwatch per Uomini

Un regalo per lui, pieno di sentimento sincero.

- Batteria da 330 mAh
- Bluetooth 5.3
- Vetro anti-graffio
- Impermeabile IP68
- Cinturino in silicone ipoallergenico
- Compatibile con Android e iOS

Image: The smartwatch being subjected to water splashes, highlighting its IP68 waterproof and military-grade durability against impact, dust, temperature, and corrosion.

6. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.
- **Unable to pair with phone:** Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try pairing again through the FitCloudPro app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep the sensor clean. Avoid excessive movement during measurements.
- **Notifications not received:** Check app permissions on your phone to ensure FitCloudPro has access to notifications. Verify that notifications are enabled within the FitCloudPro app settings for your watch.
- **Short battery life:** Reduce screen brightness, disable unnecessary features, and limit frequent heart rate monitoring if not needed.

7. SPECIFICATIONS

Feature	Specification
Model Number	B0FQJ2DGYD
Display Size	1.45 inches (3.69 cm)

Display Type	TFT HD LCD
Resolution	360 x 360 pixels
Connectivity	Bluetooth 5.3
Battery Capacity	330 mAh Lithium-ion
Charging Time	Approx. 1.5 hours
Typical Usage Battery Life	Up to 7 days
Standby Battery Life	Up to 30 days
Water Resistance	IP68 (up to 1.5 meters depth)
Compatible OS	Android 6.0+ / iOS 9.0+
App Supported	FitCloudPro
Case Material	Acrylonitrile Butadiene Styrene (ABS)
Band Material	Plastic
Special Features	Activity Tracker, Heart Rate Monitor, SpO2 Monitor, Sleep Monitor, Bluetooth Calling, AI Voice Assistant, 115+ Sports Modes

8. OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: This video demonstrates various features of a smartwatch, including customizable watch faces, multiple sports modes, and health monitoring functions like heart rate, blood pressure, and sleep tracking. It also highlights the IP68 waterproofing and the advanced sensor technology.

9. WARRANTY AND SUPPORT

For any product inquiries, technical support, or warranty claims, please refer to the contact information provided with your purchase or visit the official TIMU website. Keep your purchase receipt as proof of purchase.

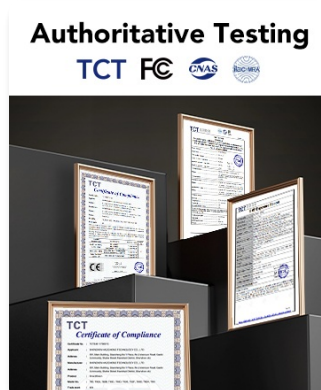


Image: Certification documents and the TIMU brand logo, indicating product quality and manufacturer information.

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