CYBPOK B0FQ5DDZMP

CYBPOK Mini Massage Gun - Instruction Manual

Brand: CYBPOK | Model: B0FQ5DDZMP

Introduction

Thank you for choosing the CYBPOK Mini Massage Gun. This device is designed to provide targeted percussion massage for muscle recovery and tension relief. This manual provides essential information for safe and effective use, including setup, operation, maintenance, and troubleshooting. Please read it thoroughly before using the product.

Package Contents

Ensure all items are present in your package:

- 1 x CYBPOK Mini Massage Gun
- 10 x Interchangeable Massage Heads
- 1 x Type-C Charging Cable
- 1 x User Manual (this document)



Image: All components of the CYBPOK Mini Massage Gun package.

Product Features

Advanced Brushless Motor

The massage gun is equipped with a high-torque brushless motor, offering 5 adjustable speeds ranging from 1600 to 3100 RPM. Its 8mm amplitude provides deep tissue percussion. The operation noise level is below 45dB, ensuring a quiet experience. A ventless thermal management system prevents overheating, contributing to consistent performance and motor durability.



Image: Internal view highlighting the advanced brushless motor technology.

Personalized Massage System

With 10 interchangeable massage heads and 5 adjustable speeds, the device allows for customized massage sessions. It can target various body parts including the neck, shoulders, back, arms, legs, and feet, providing options from gentle relaxation to deep tissue massage.

Ultimate On-The-Go Relief

Weighing only 0.5 lb and measuring 4.13x3.54x1.57 inches, this mini massage gun is highly portable. Its compact design makes it suitable for use after workouts, during long hours at a desk, or while traveling, fitting easily into a gym bag, backpack, or suitcase.



Image: Demonstrating the compact size and portability of the massage gun.

Long-Lasting Power

The cordless massage gun is equipped with a 3C Power Battery, providing 5–7 hours of continuous use on a single charge. It supports fast Type-C charging, reaching full capacity in approximately 3.5 hours. A built-in 10-minute auto-off feature helps prevent overuse and conserves battery life.



Image: Battery features and charging options.

Setup

Charging the Device

1. Before first use, fully charge the massage gun.
2. Connect the Type-C charging cable to the charging port on the device and a suitable USB power source (e.g., wall adapter, power bank, computer).
3. The indicator lights will show charging status. All lights will be solid when fully charged.

Attaching Massage Heads

1. Ensure the device is powered off before attaching or removing any massage head.
2. Select the desired massage head.
3. Align the base of the massage head with the opening on the device and firmly push it in.
4. To remove, gently pull the massage head straight out.

Operating Instructions

Power On/Off

- To power on, long press the power button for 2 seconds. The device will start at the lowest speed.
- To power off, long press the power button for 2 seconds.

Adjusting Speed Levels

- Once powered on, short press the power button to cycle through the 5 speed levels.
- The indicator lights will show the current speed level.

Speed Levels and Recommended Use

Gear	RPM	Mode	Description
1	1600	Gentle Relaxation	Light massage for relaxation.
2	2100	Warm-Up Mode	Pre-workout muscle activation.
3	2600	Deep Relief	Moderate intensity for muscle soreness.
4	3100	Intense Massage	High intensity for deep tissue work.
5	1600-3100	Pressure-Adaptive	Automatically adjusts intensity based on pressure.



Image: Control panel and speed settings.

Using the Massage Gun

- Apply the massage head gently to the desired muscle area.
- Move the device slowly over the muscle, applying light to moderate pressure.
- Avoid using the device on bones, joints, or sensitive areas.
- The device will automatically shut off after 10 minutes of continuous use to prevent overuse.

Massage Heads Guide

The CYBPOK Mini Massage Gun includes 10 specialized massage heads for various muscle groups and massage types:

Massage Head Functions

Head Type	Recommended Use
Round Head	Relax large muscle groups: back, chest, legs.

Head Type	Recommended Use
Taper-shaped Head	For deep tissues, trigger points, and small muscle groups.
U-shaped Head	Suitable for massage around shoulders, Achilles tendon.
Hat Shaped Massage Head	Suitable for overall body muscle relaxation.
Flat Massage Head	Relax all the muscles in your body.
Crescent Massage Head	Relax arm and leg muscles.
Wedge Massage Head	Relax large muscle groups: back, chest, legs.
Elbow Massage Head	Relax the soles of your feet and palms.
Scalp Massage Head	Suitable for gentle massage of the scalp and head area.



Image: Overview of the various massage heads.

Maintenance

Cleaning

- Wipe the device and massage heads with a slightly damp cloth after each use.
- Do not use abrasive cleaners or immerse the device in water.

Storage

- Store the massage gun and its accessories in a cool, dry place, away from direct sunlight.
- Keep out of reach of children.

Battery Care

- To prolong battery life, avoid fully discharging the battery frequently.
- Charge the device regularly, even if not in use for extended periods.

Troubleshooting

Device Not Turning On

- Ensure the device is fully charged.
- Confirm you are long-pressing the power button for 2 seconds.

Weak Percussion

- Check the battery level; low battery can reduce performance.
- Increase the speed level using a short press of the power button.

Device Shuts Off Unexpectedly

- The device has a 10-minute auto-off feature. This is normal operation.
- If it shuts off before 10 minutes, check the battery level.

Specifications

Feature	Detail
Product Dimensions	3.54"L x 1.57"W x 4.13"H
Weight	13.44 ounces (approx. 0.84 lbs)
Battery Type	1 Nonstandard Battery (included)
Battery Life	5-7 hours (continuous use)
Charging Time	Approx. 3.5 hours (Type-C)
Motor Type	Brushless Motor
Speed Levels	5 (1600-3100 RPM)
Amplitude	8mm
Noise Level	Under 45dB
Auto Shut-Off	10 minutes

Feature	Detail
Material	Acrylonitrile Butadiene Styrene
Color	Black

Warranty & Support

The CYBPOK Mini Massage Gun comes with a 5-year warranty, ensuring product quality and customer satisfaction. For any inquiries, technical assistance, or warranty claims, please contact our responsive 24-hour customer support team.
Contact Email: helpmassagegun@outlook.com

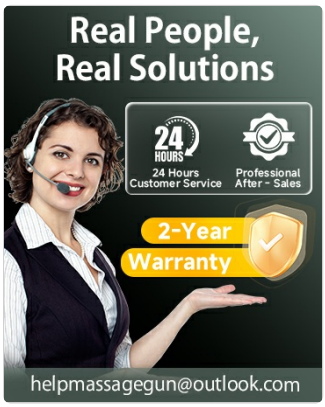


Image: Customer support information.

Ask a question about this manual

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question