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AUVON TP2408C

AUVON Rechargeable 4-Channel TENS Unit (Model TP2408C) Instruction Manual

Your guide to effective pain relief and muscle stimulation.

1. Important Safety Information

Please read all instructions and warnings carefully before using the AUVON TENS Unit. Improper use can lead to injury or device malfunction. This device is intended for temporary relief of pain associated with sore and aching muscles due to strain from exercise or normal household work activities.

General Warnings:

- Do not use if you have a pacemaker, implanted defibrillator, or other implanted metallic or electronic device.
- Do not use if you are pregnant.
- Do not use on areas of skin that are broken, irritated, or numb.
- Consult your physician before use if you have any medical conditions, including but not limited to epilepsy, heart disease, or cancer.
- Keep out of reach of children.
- Do not use while driving, operating machinery, or during any activity where involuntary muscle contractions could put the user at risk.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

2. Product Overview

The AUVON Rechargeable 4-Channel TENS Unit (Model TP2408C) is an electronic pulse massager designed for temporary pain relief. It features 4 outputs, 8 customizable modes, and a powerful rechargeable battery for extended use.

What's Included:

- AUVON TENS Unit (Model TP2408C)
- 16 Premium TENS Pads (various sizes)
- 4 Lead Wires
- Type-C Charging Cable

- Carry Case
- User Manual (this document)
- Quick Guide

Key Features:

- **4-Channel Output:** Allows simultaneous treatment of up to four different body areas with independent intensity control for channels A and B.
- **8 Customizable Modes:** Offers a variety of massage sensations (Normal, Burst, Modulation, SD1, SD2, SD3, SD4, SD5) with adjustable frequency and pulse width.
- **40 Intensity Levels:** Provides precise control over stimulation intensity for gradual and comfortable pain relief.
- **Rechargeable 900 mAh Battery:** Delivers up to 80 hours of continuous use on a single charge.
- **Intuitive Controls:** Easy-to-use buttons and rotary knobs for mode selection, setting adjustments, and intensity control.
- **Portable Design:** Compact and includes a belt clip and carry case for convenient use on the go.



Figure 2.1: AUVON TENS Unit and included accessories in its carry case.



Figure 2.2: The AUVON TENS Unit is designed for portability with a belt clip and carry case.

3. Setup

3.1 Charging the Device

Before first use, fully charge the TENS unit. The device features a 900 mAh rechargeable battery.

1. Connect the provided Type-C charging cable to the charging port on the side of the TENS unit.
2. Plug the other end of the cable into a wall charger (not included), power bank, or laptop USB port.
3. The battery indicator on the screen will show charging status. A full charge provides approximately 80 hours of continuous therapy.



Figure 3.1: Charging the AUVON TENS Unit using the Type-C cable.

3.2 Connecting TENS Pads

The device supports up to 8 pads via 4 output channels (A1, A2, B1, B2).

1. Ensure the device is turned off before connecting pads.
2. Gently connect the lead wires to the TENS pads. Ensure a secure connection without pulling on the wires.
3. Insert the lead wire plugs into the desired output ports (A1, A2, B1, B2) on the top of the TENS unit.

Your browser does not support the video tag.

Video 3.1: Demonstrates how to connect TENS pads to lead wires and then to the AUVON TENS unit.

3.3 Applying TENS Pads

Proper pad application is crucial for effective and safe therapy.

1. Clean and dry the skin area where the pads will be applied. Avoid applying to broken or irritated skin.
2. Carefully peel the protective film from the adhesive side of the TENS pads. Do not pull on the wire when removing the film.
3. Apply the pads firmly to the targeted muscle area. Ensure good contact with the skin.
4. For optimal results, place pads on either side of the pain area, not directly over joints or bony prominences.



Figure 3.2: AUVON TENS pads feature low-impedance solid gel for better self-stick performance.



Figure 3.3: Example of applying TENS pads to multiple body areas simultaneously.

4. Operation

4.1 Turning On/Off

To turn the device on or off, press and hold the power button located on the side of the unit for 3 seconds.

4.2 Selecting Modes

The AUVON TENS Unit offers 8 customizable modes. To select a mode:

1. Open the flip cover on the front of the device to access the control buttons.
2. Press the **MODE** button to cycle through the available modes (Normal, Burst, Modulation, SD1, SD2, SD3, SD4, SD5).
3. The selected mode will be displayed on the screen.

4.3 Adjusting Frequency and Pulse Width

Each mode allows for adjustment of frequency (Rate) and pulse width (Width) to customize your therapy.

1. After selecting a mode, press the **SET** button to highlight the 'Rate' (frequency) setting.
2. Use the **Up** (△) and **Down** (▽) arrow buttons to increase or decrease the frequency.
3. Press **SET** again to highlight the 'Width' (pulse width) setting.
4. Use the **Up** (△) and **Down** (▽) arrow buttons to increase or decrease the pulse width.



Figure 4.1: Customizable pulse rate and pulse width settings.

4.4 Setting Treatment Time

You can set the treatment duration from 10 to 90 minutes, or select continuous mode.

1. After adjusting frequency and pulse width, press **SET** again to highlight the 'Time' setting.
2. Use the **Up** (△) and **Down** (▽) arrow buttons to adjust the time. Select 'C' for continuous therapy.

4.5 Adjusting Intensity Levels

The device features 40 levels of intensity for each channel (A and B).

1. Close the flip cover to prevent accidental changes to mode settings.
2. Use the rotary knobs on the top of the device to adjust the intensity for Channel A (left knob) and Channel B (right knob).
3. Rotate clockwise to increase intensity and counter-clockwise to decrease. Adjust until you feel a comfortable tingling sensation, avoiding any pain or discomfort.
4. If you switch modes, the intensity will reset to zero for safety.



Figure 4.2: 40-level rotary adjustment for gradual intensity control.

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Video 4.1: Step-by-step guide on how to set the AUVON TENS Unit's mode, frequency, pulse width, time, and intensity.

5. Maintenance and Care

5.1 Cleaning the Device

- Wipe the device with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Ensure the device is completely dry before storing or using.

5.2 Caring for TENS Pads

Proper care extends the lifespan of your TENS pads (rated for up to 45 uses).

- Always apply pads to clean, dry skin.
- After each use, gently remove the pads from your skin and place them back onto the protective film.
- If pads lose their stickiness, gently wipe the adhesive surface with a damp cloth or a drop of water and let air dry.
- Store pads in their sealed bags or the provided carry case to prevent drying out.

5.3 Storage

- Store the TENS unit and accessories in the provided carry case in a cool, dry place.
- Avoid extreme temperatures and direct sunlight.

6. Troubleshooting

If you experience issues with your AUVON TENS Unit, please refer to the following common solutions:

Problem	Possible Cause	Solution
No sensation or weak sensation	Low battery; pads not adhering well; lead wires loose; intensity too low; device off.	Charge device; ensure pads are clean and firmly applied; check lead wire connections; increase intensity gradually; turn device on.
Uneven sensation between pads	Pads not evenly applied; one pad losing adhesion; lead wire issue.	Re-apply pads evenly; clean or replace pads; check lead wire connections.
Device does not turn on	Low battery; power button not held long enough.	Charge device; press and hold power button for 3 seconds.
Skin irritation under pads	Pads left on too long; allergic reaction; intensity too high.	Reduce treatment time; discontinue use if irritation persists; lower intensity.

If the problem persists after trying these solutions, please contact AUVON customer support.

7. Specifications

Feature	Detail
Model Number	TP2408C
Channels	4 (A1, A2, B1, B2)
Modes	8 Customizable Modes
Intensity Levels	40 Levels
Battery	1 Lithium Ion battery (900 mAh), rechargeable
Battery Life	Up to 80 hours of continuous use
Charging Port	Type-C
Pad Lifespan	Approx. 45 uses per pad
Package Dimensions	8.46 x 7.13 x 1.97 inches
Item Weight	1.21 Pounds

8. Warranty and Support

AUVON is committed to providing quality products and customer satisfaction. For specific warranty details and support, please refer to the warranty card included with your product or visit the official AUVON website.

You can also contact AUVON customer service for assistance with product inquiries, troubleshooting, or replacement parts.

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For more information, visit the AUVON Store on Amazon.

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