

Haulvean Military Smart Watch (K68)

Haulvean Military Smart Watch (K68) Instruction Manual

Model: Military Smart Watch (K68)

1. IMPORTANT SAFETY INFORMATION

Read all instructions carefully before using the device. Keep this manual for future reference.

- **Battery Safety:** Do not attempt to replace the battery yourself. Do not expose the device to extreme temperatures or direct sunlight for prolonged periods.
- **Water Resistance:** The watch is rated IP68 waterproof. It is suitable for daily use, hand washing, and light rain. It is not recommended for hot showers, saunas, or diving. Avoid contact with hot water or corrosive liquids.
- **Medical Disclaimer:** This device is not a medical device. Health data provided is for reference only and should not be used for medical diagnosis or treatment. Consult a medical professional for any health concerns.
- **Driving Safety:** Do not operate the watch or check notifications while driving or in situations that require full attention.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- Haulvean Military Smart Watch (K68)
- Magnetic Charging Cable
- User Manual
- Additional Strap (if included in your specific model)

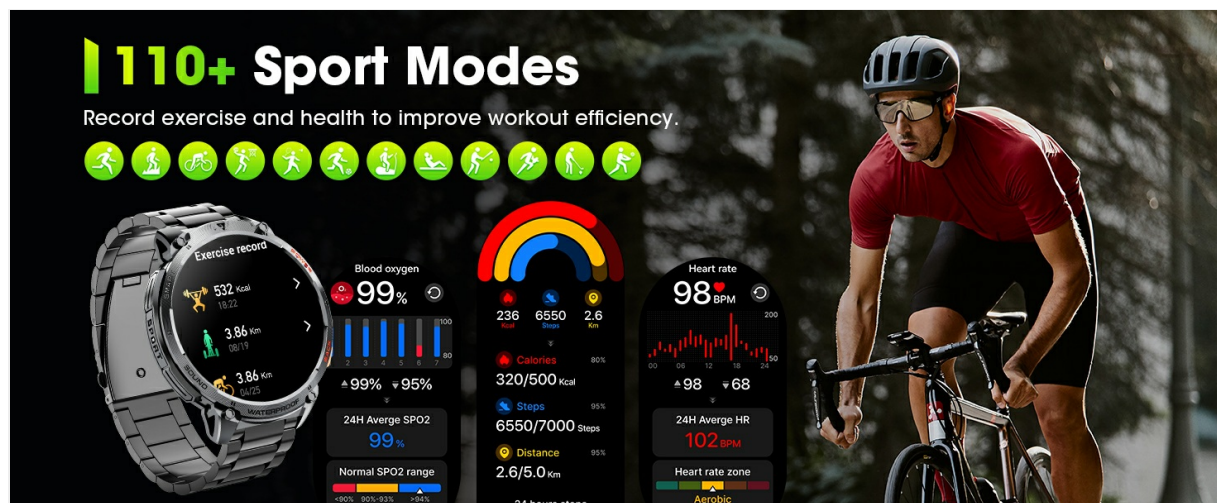


Image: Contents of the Haulvean Military Smart Watch package, showing the watch, charging cable, and two strap options.

3. PRODUCT OVERVIEW

The Haulvean Military Smart Watch (K68) features a rugged design with a large 1.85-inch HD display, a powerful 730mAh battery, and comprehensive health and fitness tracking capabilities.



Image: Front view of the Haulvean Military Smart Watch, highlighting its 1.85-inch HD display and robust construction.

Key Features:

- **1.85" HD Large Screen:** High-resolution display for clear visuals.
- **730mAh High-Capacity Battery:** Extended battery life for prolonged use.
- **Integrated LED Flashlight:** Provides illumination in low-light conditions.
- **Bluetooth Calling & Notifications:** Make/receive calls and get app alerts directly on your wrist.
- **110+ Sports Modes:** Track various physical activities with detailed metrics.
- **All-Day Health Tracking:** Monitors heart rate, blood oxygen, and sleep patterns.
- **Military-Grade Durability:** Designed for shock, heat, cold, dust, vibration, and impact resistance.



Image: Visual representation of the watch's military-grade durability, including resistance to shock, extreme temperatures, dust, vibration, and impact.

4. SETUP

4.1 Charging the Device

Before first use, fully charge the smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (5V/1A recommended) or a computer USB port.

- A full charge typically takes approximately 2-3 hours.
- The 730mAh battery provides approximately 10-15 days of normal use and over 30 days in power-saving mode.



Image: Illustration of the watch's 730mAh battery capacity and its expected duration under different usage scenarios.

4.2 Power On/Off

- **Power On:** Press and hold the power button (usually the top right button) for a few seconds until the screen lights up.
- **Power Off:** Press and hold the power button, then select 'Power Off' on the screen, or navigate to the settings menu and choose 'Power Off'.

4.3 App Installation and Pairing

To unlock the full functionality of your smart watch, download and install the 'FitCloudPro' app on your smartphone.

1. **Download the App:** Search for 'FitCloudPro' in the Apple App Store (for iOS) or Google Play Store (for Android) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open App and Pair:** Open the 'FitCloudPro' app, go to the 'Device' section, and select 'Add Peripheral Now'. The app will search for available devices.
4. **Connect:** Select 'K68' or the corresponding device name from the list. Confirm the pairing request on both your phone and the watch.
5. **Grant Permissions:** Allow necessary permissions for notifications, location, etc., as prompted by the app.

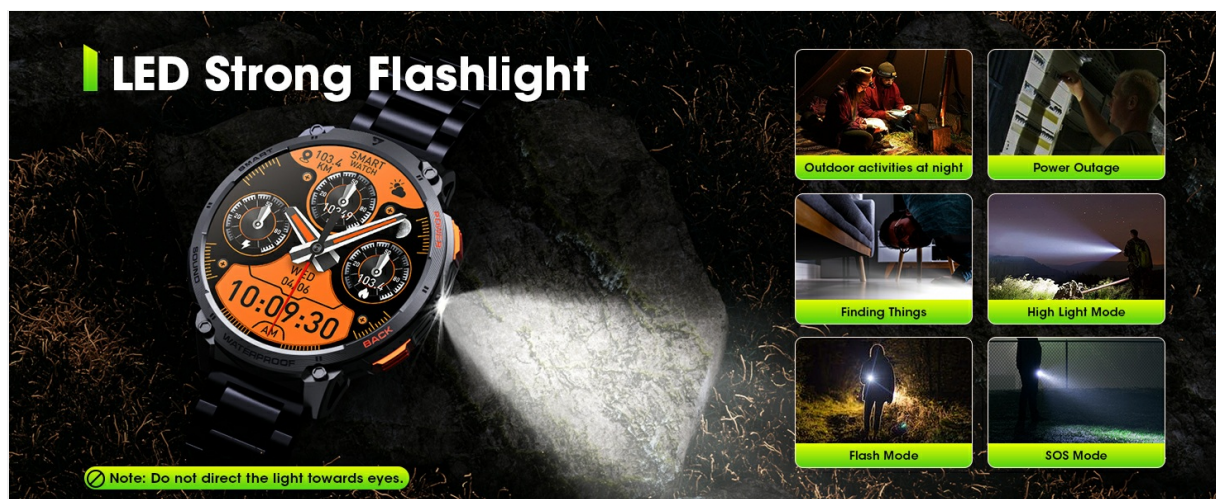


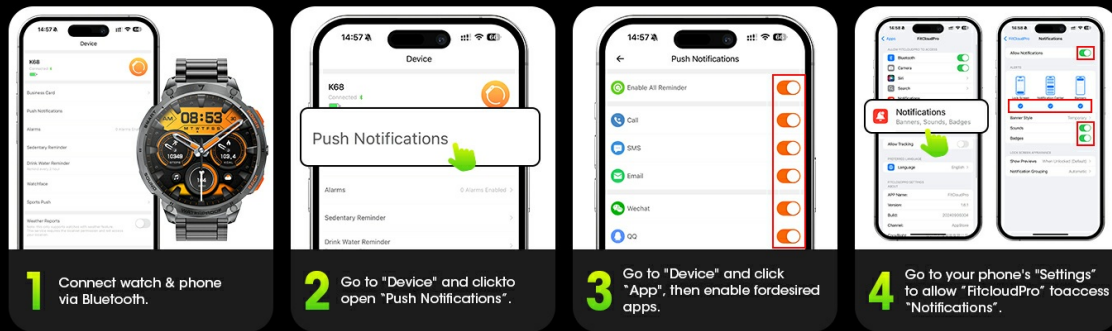
Image: Visual guide demonstrating the process of connecting the smart watch to an iPhone via the FitCloudPro app.

5. OPERATING THE SMART WATCH

5.1 Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Power Button:** Press to wake/sleep the screen, or return to the watch face. Long press for power options.
- **Function Button (Orange, top right):** Double-click to access the 2.5D multifunctional selection interface.

How to receive message or APP notification? iOS



1. Ensure the "FitCloudPro" app remains active (iOS Users need to add the app to the whitelist in Settings).
2. Disable "Do Not" & "Low Power Mode".
3. Message sync won't occur if the app logged into other devices or phone in the chat interface.

Image: The watch's 2.5D multifunctional interface, illustrating various app icons and navigation options.

5.2 Bluetooth Calling and Notifications

Once paired, you can manage calls and receive notifications directly on your watch.

- **Making/Receiving Calls:** Use the watch's dial pad or contact list to make calls. Answer incoming calls directly from your wrist.
- **Sync Contacts:** Sync your phone's contacts through the FitCloudPro app.
- **Notifications:** Enable push notifications for various apps (e.g., Instagram, WhatsApp, Facebook) in the FitCloudPro app settings. (Note: Message replies are not supported.)



Image: The smart watch displaying an incoming call and various social media app notification icons.

5.3 LED Flashlight Function

The watch includes a built-in LED flashlight for convenience.

- **Activation:** Access the flashlight function from the quick settings menu or through the app list.
- **Modes:** The flashlight may offer different modes, such as steady light, flash mode, or SOS mode.
- **Caution:** Do not direct the light towards eyes.



Image: The watch's LED flashlight illuminating different environments, demonstrating its utility.

5.4 Other Functions

- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Remote Camera Control:** Use the watch as a remote shutter for your phone's camera.
- **Weather Forecast:** View current weather conditions and forecasts (requires app synchronization).
- **Voice Assistant:** Activate your phone's voice assistant directly from the watch.
- **Alarms, Stopwatch, Timer, Calculator:** Access these utility tools from the app list.
- **Find Phone:** Locate your paired smartphone by making it ring.

6. HEALTH AND FITNESS TRACKING

The Haulvean Military Smart Watch provides comprehensive tracking for your health and fitness.

6.1 Sports Modes

The watch supports over 110 sports modes to accurately track your workouts.

- Select your desired sport from the watch's menu to start tracking.
- Metrics tracked include heart rate, calories burned, distance, and duration.
- Detailed performance reports are available in the FitCloudPro app after each workout.



Image: The watch interface showing fitness data (steps, calories, BPM, distance) alongside icons for various sports activities.

6.2 Health Monitoring

The watch is equipped with high-precision sensors for continuous health monitoring.

- **Heart Rate:** Monitor your heart rate in real-time. Enable 24/7 heart rate monitoring in the app.
- **Blood Oxygen (SpO2):** Measure your blood oxygen levels.
- **Sleep Tracking:** Automatically tracks your sleep patterns, including deep sleep, light sleep, and wake times. View detailed sleep data and trends in the FitCloudPro app.
- **Stress Monitoring:** The app can provide insights into stress levels based on heart rate variability.



Image: The watch screen displaying sleep duration and a graph of sleep quality, with a person sleeping.

6.3 Activity Reminders

- **Sedentary Reminders:** Set reminders to move if you've been inactive for too long.
- **Hydration Alerts:** Configure reminders to drink water throughout the day.

7. MAINTENANCE

7.1 Cleaning

- Wipe the watch screen and body with a soft, damp cloth.
- For the strap, use mild soap and water, then rinse thoroughly and dry.
- Avoid using harsh chemicals or abrasive materials.

7.2 Water Resistance

The watch has an IP68 water resistance rating. This means it is protected against dust ingress and can withstand immersion in water up to 1.5 meters for up to 30 minutes.

- Do not press buttons underwater.
- Avoid exposure to high-pressure water, such as from a shower or faucet.
- Dry the watch thoroughly after it gets wet to prevent skin irritation and ensure proper function.

7.3 Battery Care

- Charge the watch regularly, avoiding complete discharge.
- Store the watch in a cool, dry place when not in use for extended periods.

8. TROUBLESHOOTING

If you encounter issues with your Haulvean Military Smart Watch, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Bluetooth connection issues:**
 - Ensure Bluetooth is enabled on both the watch and your smartphone.
 - Restart both the watch and your phone.
 - Forget the device in your phone's Bluetooth settings and re-pair through the FitCloudPro app.
 - Ensure the watch is within the Bluetooth range of your phone.
- **Notifications not received:**
 - Verify that app notifications are enabled in the FitCloudPro app.
 - Check your phone's notification settings to ensure the FitCloudPro app has permission to send notifications.
 - Ensure the FitCloudPro app is running in the background and not restricted by power-saving modes.
 - Disable 'Do Not Disturb' or 'Low Power Mode' on both your phone and watch.
- **Inaccurate health data:**
 - Ensure the watch is worn snugly on your wrist, but not too tight.
 - Clean the sensor on the back of the watch.
 - Avoid excessive movement during measurements.
- **Screen unresponsive:** Restart the watch by long-pressing the power button. If unresponsive, allow the battery to fully drain and then recharge.

9. SPECIFICATIONS

Feature	Specification
Model	Military Smart Watch (K68)
Brand	Haulvean
Display Size	1.85 inches HD
Battery Capacity	730mAh Lithium Polymer
Battery Life (Normal Use)	10-15 days
Battery Life (Power-Saving Mode)	Over 30 days
Water Resistance Rating	IP68
Connectivity	Bluetooth
Compatibility	Android, iOS

Feature	Specification
Item Weight	9.9 ounces
Package Dimensions	6.61 x 4.25 x 1.02 inches
Special Features	LED Flashlight, Weather Forecast, Stopwatch, Pedometer, Timer, Music Control, Find Phone, Alarm Clock, Camera Control, Calculator, Drinking Water Reminder, Sedentary Reminder, All-Day Activity Tracker

10. WARRANTY AND SUPPORT

Your Haulvean Military Smart Watch is covered by a manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions.

For technical support, troubleshooting assistance, or warranty claims, please contact Haulvean customer service through the contact information provided on the product packaging or the official Haulvean website.