

## RAOO MIN XZ3-Pro

# RAOO MIN XZ3-Pro Treadmill Instruction Manual

## 1. INTRODUCTION

Thank you for choosing the RAOO MIN XZ3-Pro Treadmill. This 4-in-1 walking pad is designed for versatile fitness routines in both home and office environments. It features an 8% manual incline, a powerful 2.5 HP brushless motor, and a speed range of 1-6 km/h, supporting users up to 135kg. This manual provides essential information for safe setup, operation, maintenance, and troubleshooting to ensure optimal performance and longevity of your device.

## 2. SAFETY INFORMATION

Please read all safety instructions carefully before using the treadmill. Failure to follow these instructions may result in injury or damage to the product.

- **Placement:** Place the treadmill on a flat, stable surface. Ensure there is at least 1 meter of clear space behind the treadmill and 0.5 meters on each side.
- **Power:** Connect the treadmill to a grounded power outlet. Do not use extension cords or adapters.
- **User Weight:** The maximum user weight capacity for this treadmill is 135 kg. Do not exceed this limit.
- **Children and Pets:** Keep children and pets away from the treadmill during operation.
- **Attire:** Wear appropriate athletic footwear and clothing. Avoid loose clothing that could get caught in moving parts.
- **Emergency Stop:** Familiarize yourself with the emergency stop function. In case of an emergency, press the stop button on the remote control or the main unit.
- **Health Conditions:** Consult a physician before starting any new exercise program, especially if you have pre-existing health conditions.
- **Maintenance:** Perform regular maintenance as described in this manual to ensure safe operation.

## 3. WHAT'S IN THE BOX

Carefully unpack the box and ensure all the following components are present:

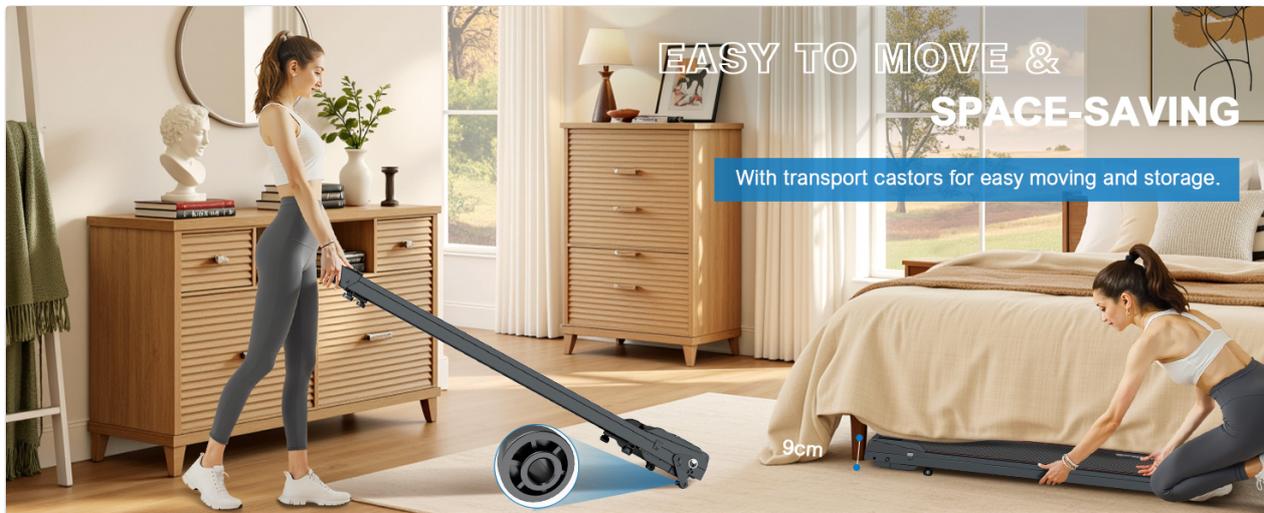
- Foldable Base

- Motor Casing
- Running Belt
- LED Display Unit
- Remote Control
- Warranty Documentation / User Manual

## 4. SETUP

### 4.1 Unpacking and Placement

Remove the treadmill from its packaging. Place it on a firm, level surface. The compact design allows for flexible placement, including under a bed or sofa, or leaning against a wall when not in use.



This image demonstrates the ease of moving and storing the RAOO MIN XZ3-Pro Treadmill. It shows a user effortlessly tilting the treadmill to move it and another user sliding it under a bed, emphasizing its compact design and built-in transport wheels.

### 4.2 Manual Incline Adjustment

The treadmill features a 4-level manual incline, allowing you to adjust the workout intensity up to 8%. To adjust the incline:

1. Locate the incline adjustment bolt at the rear of the treadmill.
2. Pull out the bolt and turn the tilt block to the desired incline level.
3. Insert the bolt securely into the corresponding hole for the chosen incline (2%, 4%, 6%, or 8%).



This image provides a close-up of the RAOO MIN XZ3-Pro Treadmill's manual incline adjustment. It shows the two-step process: pulling out a bolt and turning the tilt block, then inserting the bolt into a higher hole to achieve one of the four adjustable incline levels, up to 8%.

## 5. OPERATING INSTRUCTIONS

### 5.1 Power On/Off

Connect the power cord to the treadmill and a suitable power outlet. Press the main power switch, usually located near the power cord inlet, to turn the treadmill on. The LED display will illuminate.

### 5.2 Using the Remote Control

The smart remote control allows for easy adjustment of speed and starting/stopping the treadmill.

- **Start/Stop:** Press the 'Start' button to begin your workout. Press 'Stop' to pause or end your session.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the speed. The speed range is 1-6 km/h.



This image details the RAOO MIN XZ3-Pro Treadmill's user interface, featuring the LED screen that displays workout metrics like time, distance, and calories, alongside the remote control for adjusting incline and speed.

### 5.3 LED Display

The integrated LED display provides real-time feedback on your workout:

- **Time:** Duration of your workout.

- **Speed:** Current speed in km/h.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

## 5.4 Usage Modes

The RAOO MIN XZ3-Pro Treadmill supports various exercise modes:

- **Working Mode:** 1-2 km/h, ideal for light activity while working.
- **Walking Mode:** 2-4 km/h, suitable for brisk walking.
- **Running Mode:** 4-6 km/h, for jogging and light running.
- **Climbing Mode:** Utilizes the manual incline up to 8% for a more challenging workout.

# 4 in 1 Treadmill



Working Mode:  
**1-2km/h**



Walking Mode:  
**2-4km/h**



Running Mode:  
**4-6km/h**



Climbing Mode:  
**max. 8%**

This image displays the versatility of the RAOO MIN XZ3-Pro Treadmill, showcasing its four distinct modes of use: a low-speed working mode (1-2 km/h), a walking mode (2-4 km/h), a running mode (4-6 km/h), and a climbing mode with up to 8% incline.

## 5.5 Running Area

The treadmill features a spacious running area measuring 900mm in length and 400mm in width, providing ample space for comfortable walking or jogging.

## Spacious running area



This image highlights the generous running area of the RAOO MIN XZ3-Pro Treadmill, measuring 900mm in length and 400mm in width, providing ample space for comfortable walking or jogging.

## 6. MAINTENANCE

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Regular maintenance ensures the longevity and safe operation of your treadmill.

- **Cleaning:** Regularly wipe down the treadmill with a damp cloth. Avoid using abrasive cleaners.
- **Running Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the specific instructions provided with your lubrication kit (if included) or contact customer support for guidance.
- **Belt Tension and Alignment:** Check the running belt tension and alignment periodically. If the belt feels loose or is drifting to one side, adjust it according to the instructions in the full user manual or contact technical support.
- **Motor Area:** Keep the motor area clean and free of dust and debris to prevent overheating.

## 7. TROUBLESHOOTING

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If you encounter any issues with your treadmill, refer to the following common problems and solutions:

- **Treadmill Not Starting:**  
*Solution:* Ensure the power cord is securely plugged into both the treadmill and a working outlet. Check if the main power switch is in the 'ON' position.
- **Unusual Noise During Operation:**  
*Solution:* Check for any loose parts. Ensure the treadmill is on a flat surface. The motor is designed for quiet operation (under 45dB), but excessive noise may indicate an issue with the belt or motor. Refer to the full user manual or contact support.
- **Running Belt Slipping or Sticking:**  
*Solution:* The running belt may require lubrication or tension adjustment. Follow the maintenance guidelines or contact technical support.
- **LED Display Not Working:**  
*Solution:* Ensure the treadmill is powered on. If the issue persists, try restarting the unit. If the display remains blank, contact customer service.

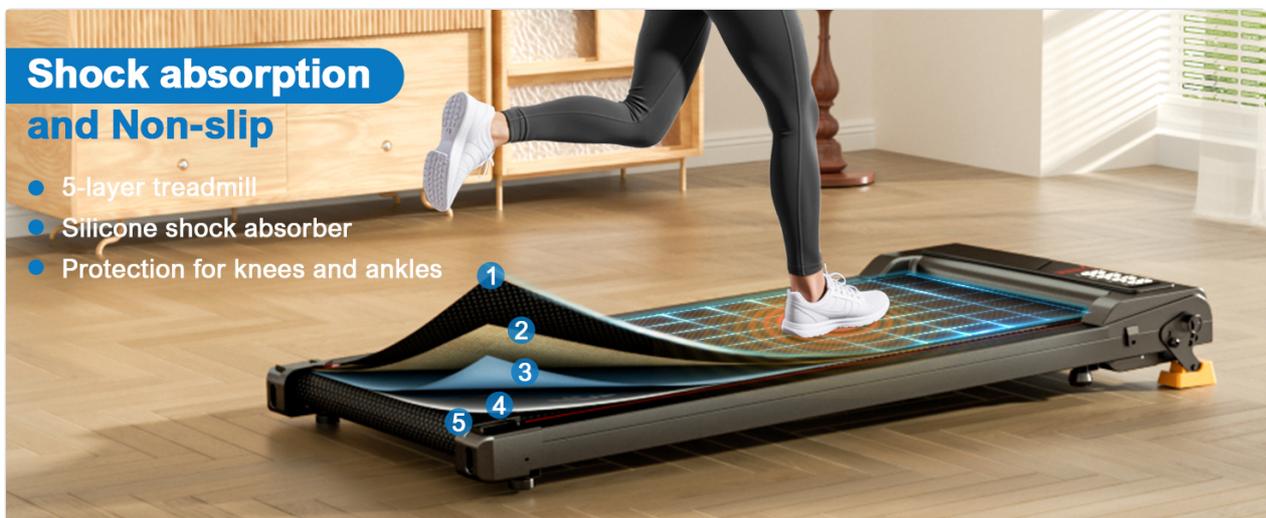
## 8. SPECIFICATIONS

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The RAOO MIN XZ3-Pro Treadmill is built with a robust 2.5 HP brushless motor and a multi-layer shock absorption system for a comfortable and quiet workout.



This diagram illustrates the internal components of the RAOO MIN XZ3-Pro Treadmill's 2.5 HP motor, emphasizing its powerful performance and low noise operation (under 45dB). It also highlights the 135kg weight capacity.



This image provides a cross-sectional view of the RAOO MIN XZ3-Pro Treadmill's running surface, illustrating its 5-layer design, silicone shock absorbers, and non-slip texture, all contributing to enhanced knee and ankle protection during exercise.

| Feature              | Specification   |
|----------------------|---|
| Brand                | RAOO MIN  |
| Product Model Number | XZ3-Pro   |
| Product Dimensions   | 112 x 57.2 x 9 cm   |
| Product Weight       | 17.3 kg   |
| Material             | Carbon Steel, Acrylonitrile Butadiene Styrene (ABS), Iron, Polypropylene (PP) |
| Maximum Speed        | 6 km/h  |
| Maximum Horsepower   | 2.5 HP  |
| Special Features     | Wheels, Compact Design, Manual Incline, Lightweight, Portable                 |
| Target Audience      | Adult   |

|                     |         |
|---------------------|---------|
| Load Capacity       | 135 kg  |
| Noise Level         | <45dB   |
| Running Belt Layers | 5-layer |

## 9. WARRANTY AND SUPPORT

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RAOO MIN offers a quality guarantee and professional technical support for your XZ3-Pro Treadmill. If you have any questions, concerns, or require assistance, please do not hesitate to contact our customer service team. We are committed to responding to all inquiries with satisfactory solutions within 24 hours.

For support, please refer to the contact information provided in your warranty documentation or on the official RAOO MIN website.