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HUAWEI ATM-B29

HUAWEI Watch GT 6 Pro Smart Watch User Manual

Model: ATM-B29

Instructions	Introduction	Product Overview	Setup	Operating
	Maintenance	Troubleshooting	Specifications	Safety Information
				Support

1. INTRODUCTION

This manual provides essential instructions for the setup, operation, and maintenance of your HUAWEI Watch GT 6 Pro Smart Watch. Please read this manual thoroughly before using the device to ensure proper function and safety.

What's in the Box:

- HUAWEI Watch GT 6 Pro Smart Watch
- Charging Cable
- User Manual (this document)

2. PRODUCT OVERVIEW

The HUAWEI Watch GT 6 Pro features a 1.47-inch AMOLED display, a durable titanium alloy casing, and sapphire glass. It is designed for comprehensive health monitoring and advanced sports tracking.



Figure 2.1: Front view of the HUAWEI Watch GT 6 Pro, displaying the watch face with time, date, and various health and activity metrics. The watch features a round display with a metallic bezel and a matching metal strap.





Figure 2.2: Another front view of the HUAWEI Watch GT 6 Pro, showcasing a different watch face. This image highlights the watch's sleek design and the clarity of its AMOLED display.



Figure 2.3: Rear view of the HUAWEI Watch GT 6 Pro, showing the advanced health sensors and charging contacts. The back casing is designed for comfortable wear and accurate data collection.

3. SETUP

3.1 Initial Charging

1. Connect the charging cable to the charging port on the back of the watch.
2. Connect the other end of the charging cable to a compatible USB power adapter (not included) or a computer's USB port.
3. Allow the watch to charge fully before first use. A full charge can provide up to 21 days of battery life under typical usage.

3.2 Pairing with Your Smartphone

1. Download and install the HUAWEI Health app from your smartphone's app store (compatible with iOS and Android devices).
2. Open the HUAWEI Health app and follow the on-screen instructions to create an account or log in.
3. Ensure Bluetooth is enabled on your smartphone.
4. In the HUAWEI Health app, navigate to "Devices" and select "Add device."
5. Select your HUAWEI Watch GT 6 Pro from the list of available devices.
6. Confirm the pairing request on both your watch and smartphone.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select items.
- **Crown:** Rotate the crown to scroll through lists or zoom in/out. Press the crown to return to the home screen or access the app list.
- **Side Button:** Press the side button to access customizable shortcuts or specific functions.

4.2 Sports Modes

The watch supports over 100 sports modes, including advanced tracking for trail running, cycling, and free diving. Integrated GPS provides accurate location and route tracking.

1. From the app list, select the "Workout" app.
2. Choose your desired sports mode (e.g., Outdoor Run, Cycling, Free Dive).
3. Follow the on-screen prompts to start your workout. The watch will record relevant data such as duration, distance, heart rate, and calories burned.
4. For free diving, ensure you understand the safety guidelines provided by the watch and consult a medical professional if necessary.

4.3 Health Monitoring

Utilizing the HUAWEI TruSense System, the watch provides comprehensive health insights:

- **Heart Rate Monitoring:** Continuous heart rate tracking with alerts for abnormal readings.
- **Sleep Tracking:** Monitors sleep stages, quality, and provides suggestions for improvement.
- **Emotional Wellbeing:** Tracks stress levels and offers breathing exercises.
- **SpO2 Monitoring:** Measures blood oxygen saturation levels.

Access health data through the respective apps on your watch or the HUAWEI Health app on your smartphone.

4.4 Notifications

Receive notifications from your paired smartphone directly on your watch. Manage notification settings through the HUAWEI Health app.

5. MAINTENANCE

5.1 Cleaning Your Watch

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn stains, dampen the cloth slightly with water. Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance

The HUAWEI Watch GT 6 Pro is designed to be water-resistant. However, avoid exposing it to hot water, steam, or high-velocity water. After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.

6. TROUBLESHOOTING

Issue	Possible Solution
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Issue	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.
Cannot pair with smartphone	1. Ensure Bluetooth is enabled on your phone. 2. Make sure the watch is in pairing mode. 3. Restart both the watch and the smartphone. 4. Check if the HUAWEI Health app is updated to the latest version.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensors regularly.
Short battery life	Reduce screen brightness, disable always-on display, limit background app refresh, and turn off unnecessary notifications.

7. SPECIFICATIONS

Feature	Detail
Model Number	ATM-B29
Display	1.47 Inches AMOLED
Battery Life	Up to 21 days (typical usage)
Battery Capacity	800 Milliamp Hours (Lithium Polymer)
Operating System	HarmonyOS
Connectivity	Bluetooth
GPS	Built-in GPS
Special Features	Activity Tracker, Cycle Tracking, Health Monitoring (Heart Rate, Sleep, Emotional Wellbeing, SpO2), 100+ Sports Modes (including Free Diving, Trail Running, Cycling)
Material	Aerospace-grade Titanium Alloy, Sapphire Glass
Dimensions	0.47 x 0.47 x 0.26 inches (approximate watch body)
Weight	12.3 ounces / 0.35 Kilograms (approximate)

8. SAFETY INFORMATION

- Consult your doctor before starting any new exercise regimen or if you have pre-existing health conditions.
- The watch is not a medical device and should not be used for medical diagnosis, treatment, or prevention.
- Keep the device and its accessories out of reach of children.
- Avoid extreme temperatures, direct sunlight, and high humidity.

- Do not attempt to disassemble or repair the watch yourself. This may void the warranty and cause damage.
- Use only approved charging cables and adapters.

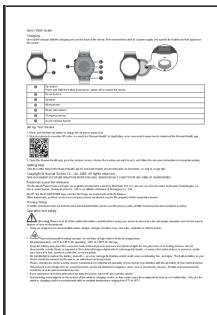
9. WARRANTY AND SUPPORT

For warranty information, technical support, or service inquiries, please refer to the official HUAWEI website or contact HUAWEI customer service in your region. Keep your proof of purchase for warranty claims.

Official HUAWEI Support: consumer.huawei.com/en/support/

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Related Documents - ATM-B29



[Huawei Smartwatch Quick Start Guide](#)

This document provides a quick start guide for a Huawei device, detailing charging instructions, device setup, important safety precautions, and regulatory compliance information.

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Exercise
Starting an individual workout
Starting a group workout
Recording fitness

[HUAWEI WATCH GT 4 User Manual](#)

A comprehensive guide to the HUAWEI WATCH GT 4 smartwatch, covering setup, features, health and fitness tracking, and device management. Learn how to pair your watch, use its various functions, and optimize your experience.