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> Lefitus i226 Smart Watch User Manual - 1.19" AMOLED Fitness Watch for Women

Lefitus i226

Lefitus i226 Smart Watch User Manual

1.19" AMOLED Touchscreen Fitness Watch for Women

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Lefitus i226 Smart Watch. Please read this guide thoroughly to ensure proper use and to fully utilize all features of your device.



Image: The Lefitus i226 Smart Watch in gold, featuring a round display and a mesh band.

WHAT'S IN THE BOX

Upon opening your package, please verify that all the following items are included:

- Lefitus i226 Smart Watch
- Watch Band (x3)
- Charging Cable
- User Manual (this document)

Size & Package Contents

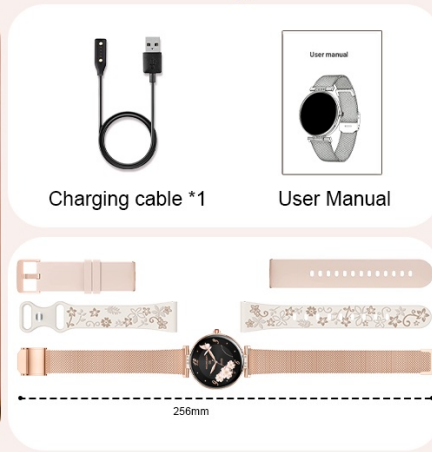


Image: Contents of the Lefitus i226 Smart Watch package, including the watch, multiple bands, charging cable, and user manual.

PRODUCT OVERVIEW

The Lefitus i226 Smart Watch features a 1.19-inch AMOLED touchscreen display, offering clear visuals and responsive interaction. The watch includes a side button for navigation and control. Its sleek design is complemented by interchangeable bands.



Image: A close-up view of the 1.19-inch AMOLED display of the Lefitus i226 Smart Watch, showcasing its vibrant colors and clarity.

SETUP GUIDE

1. App Installation

To begin, download the **"FitCloudPro"** application from your smartphone's app store (available for both iOS and Android devices). This app is essential for pairing your watch and accessing its full range of features.

2. Pairing the Watch

Follow these steps to pair your Lefitus i226 Smart Watch with your smartphone:

1. Ensure your phone's Bluetooth is enabled.
2. Open the "FitCloudPro" app.

3. Navigate to the 'Device' section within the app.
4. Select 'Add Peripheral Now' or 'Search Now' to find your watch.
5. Locate and select "i226" from the list of discovered devices.
6. Confirm the pairing request on both your phone and the watch.

Your browser does not support the video tag.

Video: This video demonstrates the process of downloading the 'FitCloudPro' app, searching for the smartwatch, and successfully pairing it via Bluetooth.

3. Initial Settings

After successful pairing, configure essential settings:

- **Push Notifications:** In the app, go to 'Push Notifications' and enable reminders for calls, SMS, and your preferred social media apps (e.g., Facebook, WhatsApp, Instagram).

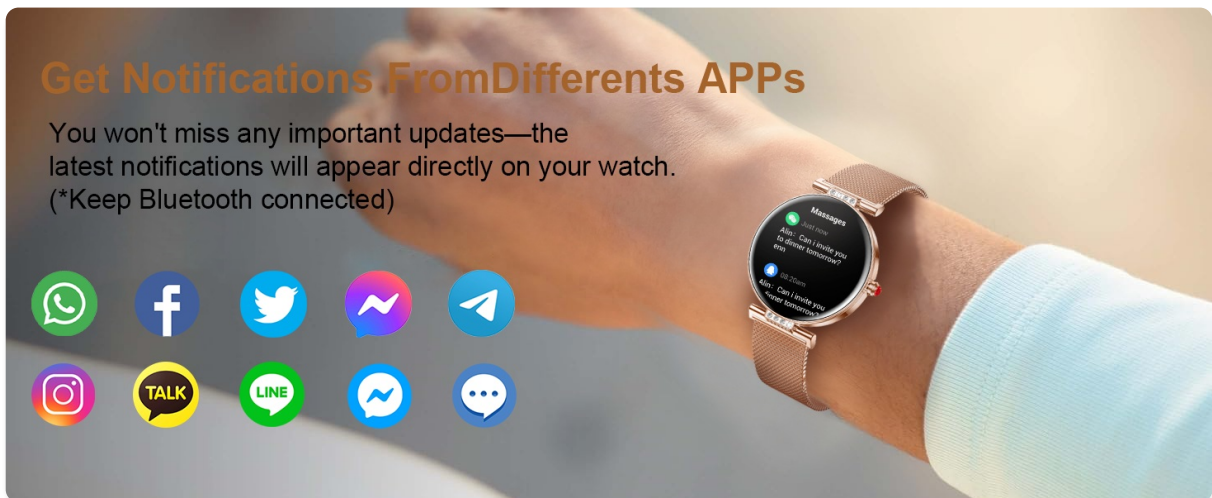


Image: The smartwatch display showing various app icons and notification symbols, indicating active notifications.

- **Watch Faces:** Customize your watch face from over 200 options in the 'Watch Face Store' within the app, or create your own.



Image: A collection of diverse and customizable watch face designs available for the Lefitus i226 Smart Watch.

- **Water Reminder:** Activate the 'Drink Water Reminder' feature to receive timely prompts to stay hydrated throughout the day.

OPERATING INSTRUCTIONS

1. Basic Navigation

Navigate the watch interface using touch gestures:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or widgets.
- **Tap:** Select an item or open an application.
- **Side Button:** Press to return to the home screen or wake the device.

2. Calls and Notifications

The Lefitus i226 Smart Watch allows you to make and receive calls directly from your wrist and receive real-time notifications.

- **Making Calls:** Access the dialer or contacts from the watch to initiate calls.
- **Receiving Calls:** Answer or reject incoming calls directly on the watch.
- **Notifications:** View incoming SMS, social media alerts, and other app notifications.



Image: The smartwatch interface displaying an incoming call notification and options to answer or decline.

3. Health Monitoring

The watch provides comprehensive health tracking features:

- **Heart Rate Monitoring:** Continuous 24-hour heart rate tracking.



Image: A digital interface on the smartwatch showing real-time heart rate monitoring with a graph.

- **Blood Oxygen (SpO2) & Blood Pressure:** Monitor your blood oxygen levels and blood pressure throughout the day.



Image: The smartwatch screen displaying blood oxygen and blood pressure data, indicating health metrics.

- **Sleep Monitoring:** Automatically tracks sleep patterns, including light sleep, deep sleep, and wakefulness.



Image: A smartwatch screen showing a detailed breakdown of sleep data, including deep, light, and awake periods.

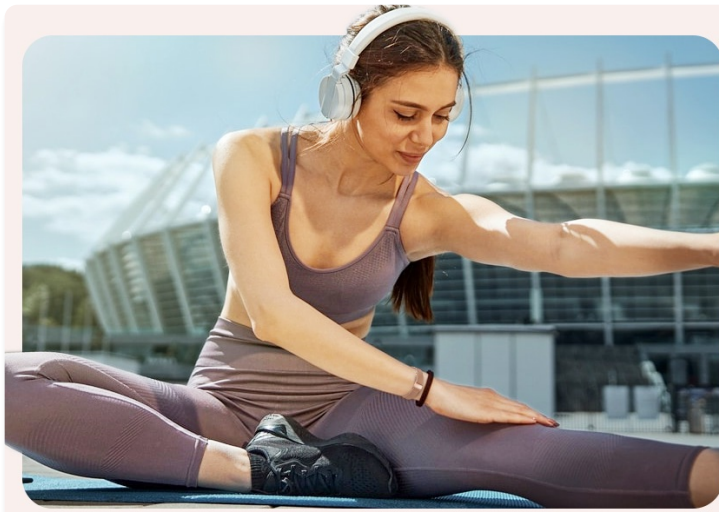
- **Female Cycle Tracking:** Smart menstrual cycle reminders, safe cycle, and ovulation tracking.



Image: A calendar interface on the smartwatch indicating menstrual cycle tracking and reminders.

4. Sports Modes

The watch supports over 120 sports modes to track your workouts. It monitors heart rate, steps, distance, and calories burned in real-time. Connect to the app to view routes and analyze your performance.



130+ Sports Modes

Multiple sports modes accompany you every step of your fitness journey, tracking your activity whether you're at the gym or working out outdoors.

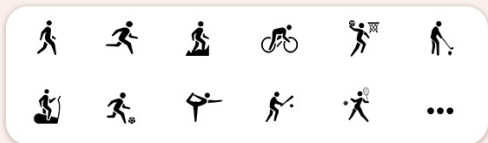


Image: The smartwatch display showcasing a variety of sports activity icons, representing the numerous sports modes available.

5. Other Features

The Lefitus i226 Smart Watch includes additional practical functions:

- Calendar & Calculator
- Weather Control & Reading
- Music Control
- Find My Phone
- Camera Control
- Breathing Training
- Alarm Clock, Stopwatch, Timer
- Brightness & Volume Adjustment
- Voice Control (Siri compatible)

MAINTENANCE

1. Charging

Connect the provided charging cable to the charging port on the back of your watch and to a USB power source. The watch fully charges in approximately 2 hours and offers a battery life of 6-7 days with typical use, or up to 30 days in standby mode.

2. Water Resistance

The Lefitus i226 Smart Watch has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, such as hand washing, rain, and sweating during workouts. It is **not** recommended for swimming, diving, or hot showers/saunas.

3. Cleaning

To maintain your watch, wipe the screen and bands regularly with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials.

TROUBLESHOOTING

- **Watch not pairing:** Ensure Bluetooth is on, the app is open, and the watch is within range. Restart both the watch and your phone, then try pairing again.
- **Notifications not appearing:** Check 'Push Notifications' settings in the FitCloudPro app to ensure all desired app notifications are enabled. Verify that your phone's notification settings allow the FitCloudPro app to display alerts.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
- **Short battery life:** Reduce screen brightness, limit continuous heart rate monitoring, and disable unnecessary notifications or features to extend battery life.

SPECIFICATIONS

Feature	Detail
Model Number	i226
Display Type	1.19-inch AMOLED Touchscreen
Operating System	Android, iOS Compatible
Connectivity	Bluetooth
Battery Capacity	350 mAh Lithium Ion
Battery Life	Up to 7 days (typical use), 30 days (standby)
Charge Time	Approximately 2 hours
Waterproof Rating	IP68 (5 Meters Water Resistance Depth)
Health Monitoring	Heart Rate, Blood Oxygen (SpO2), Blood Pressure, Sleep Duration, Step Count, Menstrual Cycle Tracking
Sports Modes	120+ modes (e.g., Badminton, Boating)
Special Features	Activity Tracker, Always On Display, Cycle Tracking, Password Protection, Voice Control
Band Material	Stainless Steel (Gold)
Target Audience	Women

WARRANTY AND SUPPORT

The Lefitus i226 Smart Watch comes with a 1-year standard warranty. For any technical assistance,

troubleshooting, or warranty claims, please refer to the contact information provided with your purchase or visit the official Lefitus support website.