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## Cozion 150W Infrared Heat Lamp

# Cozion 150W Infrared Heat Lamp Instruction Manual

Model: 150W Infrared Heat Lamp

## PRODUCT OVERVIEW

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The Cozion 150W Infrared Heat Lamp is designed to provide targeted warmth for various body areas. It utilizes infrared light to deliver deep-penetrating warmth, assisting in relaxation and comfort. This device features an adjustable stand, a timer, and adjustable intensity levels for personalized use.

# 150W Infrared Heat Lamp

- ✓ Soothe Muscles
- ✓ Joint Comfort
- ✓ Promote Vitality
- ✓ Support Better Sleep
- ✓ Revitalize Skin's Appearance

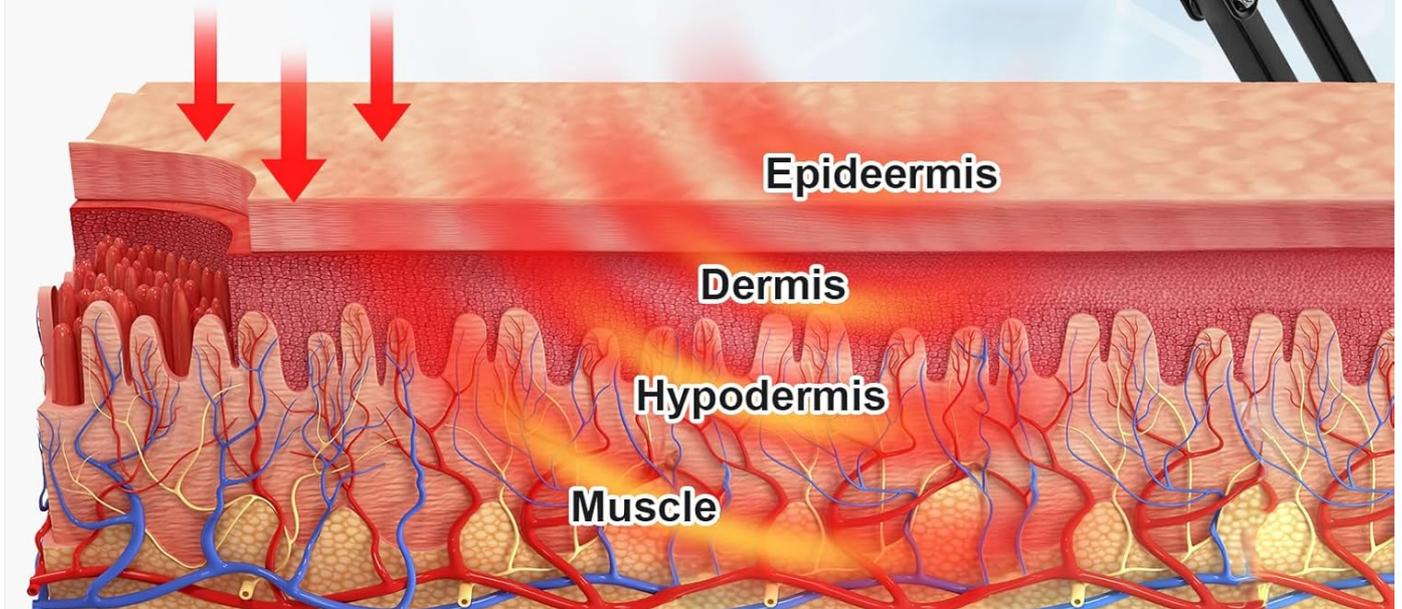


Image: The Cozion 150W Infrared Heat Lamp with an illustrative diagram showing how infrared light penetrates the epidermis, dermis, hypodermis, and muscle layers of the skin.

## SAFETY INFORMATION

Please read all safety instructions before operating the device. Failure to follow these instructions may result in injury or damage to the product.

- **Do not look directly into the light source** during operation to prevent eye strain or damage.
- Maintain a minimum distance of **at least 30 inches (76 cm)** from the light source to the skin.
- The lamp becomes **hot during operation**. Avoid touching the lamp surface or protective grille to prevent burns.
- Ensure the device is placed on a **stable, flat surface** to prevent tipping. The anti-tip base provides stability.
- Do not use the lamp in wet environments or near water.
- Keep out of reach of children and pets.
- Unplug the device when not in use and before cleaning.

## SETUP INSTRUCTIONS

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Follow these steps to set up your infrared heat lamp:

1. **Unpack Components:** Carefully remove all parts from the packaging. Verify that all components are present: lamp head, adjustable arm, and base.
2. **Attach Arm to Base:** Insert the adjustable arm into the designated slot on the base. Ensure it is securely fastened.
3. **Position Lamp Head:** Attach the lamp head to the adjustable arm. The lamp head is designed for easy adjustment.
4. **Place on Stable Surface:** Position the assembled lamp on a flat, stable surface, ensuring the anti-tip base is fully supported.
5. **Connect Power:** Plug the power cord into a standard electrical outlet (100-120V, 50Hz).

### Adjustable Mount



Image: Visual guide demonstrating the assembly of the adjustable stand and the secure anti-tip base of the infrared heat lamp.

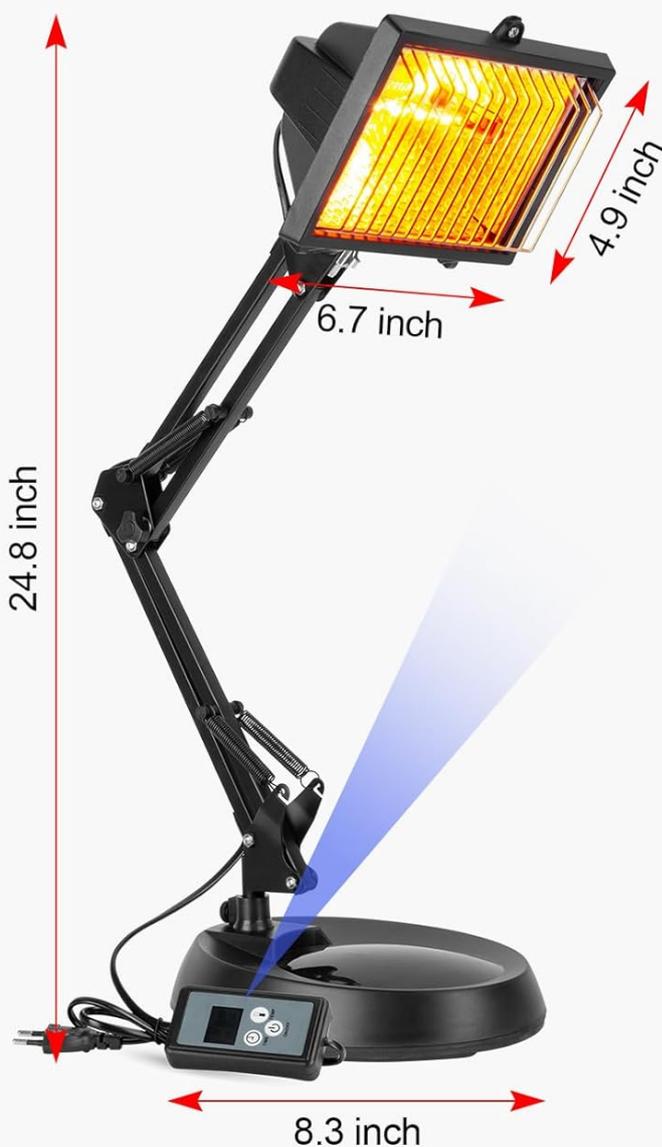
## OPERATING INSTRUCTIONS

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The Cozion Infrared Heat Lamp is designed for ease of use with its remote control and adjustable features.

1. **Power On/Off:** Press the "ON/OFF" button on the remote control or the control panel to turn the lamp on or off.
2. **Set Timer:** Press the "TIME" button to cycle through preset timer options (5-60 minutes). The lamp will automatically shut off after the selected duration.
3. **Adjust Intensity:** Press the "TEMP" button to choose the appropriate intensity level (1-10 levels). Start with a lower intensity and gradually increase as desired.
4. **Adjust Lamp Angle:** Use the flexible adjustable stand to position the lamp head to the desired angle and height for targeted warmth.
5. **Recommended Usage:** For each targeted area, use for 5-15 minutes, 3-4 times per week.

## How To Use The Infrared Lamp



### Time: 5-60 Minutes Timer

Press the "TIME" button to set a time. (5-60 Minutes Timer)

### Temp: 10 levels

Press "TEMP" button to choose the appropriate intensity (1-10 level)

### ON/OFF

Press the "ON/OFF" button to use the lamp

Image: Close-up of the infrared heat lamp's control panel and remote, illustrating the timer (5-60 minutes) and temperature (1-10 levels) adjustment buttons.

## Benefits of Use

- Provides soothing warmth for stiff joints.

- Eases muscle tension after physical activity.
- Offers targeted comfort for areas like the neck, shoulders, and back.
- Delivers gentle warmth to the lower abdomen.

# Effectively Soothes Joint Discomfort

10-15 Mins for Each Time, 3-4 Times for a Week

**Before**



**After**



Image: A man experiencing knee discomfort (before) and then relaxed and comfortable after using the infrared heat lamp (after).

# Targeted Warmth for Your Body

Use for 5-10 minutes to relieve pain

Lower Back Comfort

Soothe Shoulders & Neck

Ease Joint Discomfort

Relax Tired Arms & Legs



Image: A therapist positioning the infrared heat lamp to provide targeted warmth to a patient's knee.

## PRODUCT VIDEOS

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### Infrared Heat Lamp for Neck Shoulder Joints Back Pain Relief

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Video: This video demonstrates the application of the infrared heat lamp for relieving discomfort in the neck, shoulders, and back, showcasing its targeted warming capabilities.

### Upgraded Infrared Heat Lamp for Muscle Comfort

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Video: This video highlights the upgraded features of the infrared heat lamp, focusing on its effectiveness in providing muscle comfort and ease of use.

## MAINTENANCE

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Proper maintenance ensures the longevity and optimal performance of your infrared heat lamp.

- **Cleaning:** Ensure the lamp is unplugged and completely cool before cleaning. Wipe the exterior with a soft, dry cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the lamp in a cool, dry place when not in use.
- **Bulb Replacement:** The halogen core is designed for long life (8000 hours). If replacement is necessary, consult the manufacturer's guidelines or a qualified technician.

## TROUBLESHOOTING

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If you encounter issues with your infrared heat lamp, refer to the following common solutions:

Problem	Possible Cause	Solution
Lamp does not turn on.	Not plugged in; power outlet issue; power button not pressed; timer expired.	Ensure the power cord is securely plugged in. Test the outlet with another device. Press the ON/OFF button. Check if the timer has run out.
No heat output.	Intensity set too low; bulb issue.	Increase the intensity level using the "TEMP" button. If the bulb is not glowing, it may need replacement.
Lamp turns off unexpectedly.	Timer setting; overheating protection activated.	Check the timer setting. If the lamp feels excessively hot, unplug it and allow it to cool down before restarting. Ensure proper ventilation.

If the problem persists, please contact customer support.

## SPECIFICATIONS

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Feature	Detail
Brand	Cozion
Model	150W Infrared Heat Lamp
Wattage	150 Watts
Light Type	Halogen, Infrared (IR)
Voltage	100-120 Volts
Frequency	50 Hertz
Special Features	5-60 Minute Timer, Adjustable Red Light Intensity (10 levels), Adjustable Stand, Fast Heating, Energy Saving, Sturdy and Durable
Control Method	Remote Control
Bulb Life	Approx. 8000 hours
Item Weight	7 pounds
Dimensions	17.7 x 9.1 x 4.7 inches (Package)

Feature	Detail
Indoor/Outdoor Usage	Indoor

## WARRANTY AND SUPPORT

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For warranty information, product registration, or technical support, please refer to the documentation included in your product packaging or visit the official Cozion website. Contact details for customer service are typically provided within the product manual or on the manufacturer's support page.

