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› invens T70 Smartwatch User Manual: 1.91" HD Fitness Tracker with Bluetooth Call

invens T70

invens T70 Smartwatch User Manual

Model: T70 | Brand: invens

INTRODUCTION

The invens T70 Smartwatch is a versatile fitness tracker designed for both men and women, featuring a vibrant 1.91-inch HD touchscreen. This manual provides essential information for setting up, operating, and maintaining your smartwatch to fully utilize its extensive features, including Bluetooth calling, comprehensive health monitoring, and over 100 sports modes. Its IP68 waterproof rating ensures durability for daily activities.

WHAT'S IN THE BOX

- invens T70 Smartwatch (with attached watch band)
- Charging Cable
- User Manual

SETUP

1. Initial Charging and Activation

Before first use, fully charge your invens T70 Smartwatch to activate it. Connect the provided charging cable to the charging points on the back of the watch and a USB power source. The watch screen will display charging progress.

1.91" Full Touch Screen

200+ cloud watch faces Use your own photos



Image: The smartwatch connected to its magnetic charging cable, illustrating the charging process.

2. App Download and Pairing

Once charged, the watch will prompt you to select a language and then display a QR code. Scan this QR code with your smartphone to download the companion application. Follow the in-app instructions to pair your smartwatch via Bluetooth. Ensure Bluetooth is enabled on your smartphone.

110+ Sports Modes



Image: The smartwatch screen showing a QR code, indicating the step to download the companion app for pairing.

OPERATING THE SMARTWATCH

1. Navigation

- **Swipe Up/Down/Left/Right:** Navigate through menus and notifications.
- **Tap:** Select an option or open an application.
- **Side Button:** Press to return to the main watch face or access the app menu.

2. Bluetooth Call & Messaging

Once paired with your smartphone, you can make and receive calls directly from your smartwatch using its built-in HD speaker and microphone. Notifications from apps like WhatsApp, Telegram, Facebook, and Twitter will also display on the 1.91" touchscreen. Note: Message replies are not supported directly from the watch.

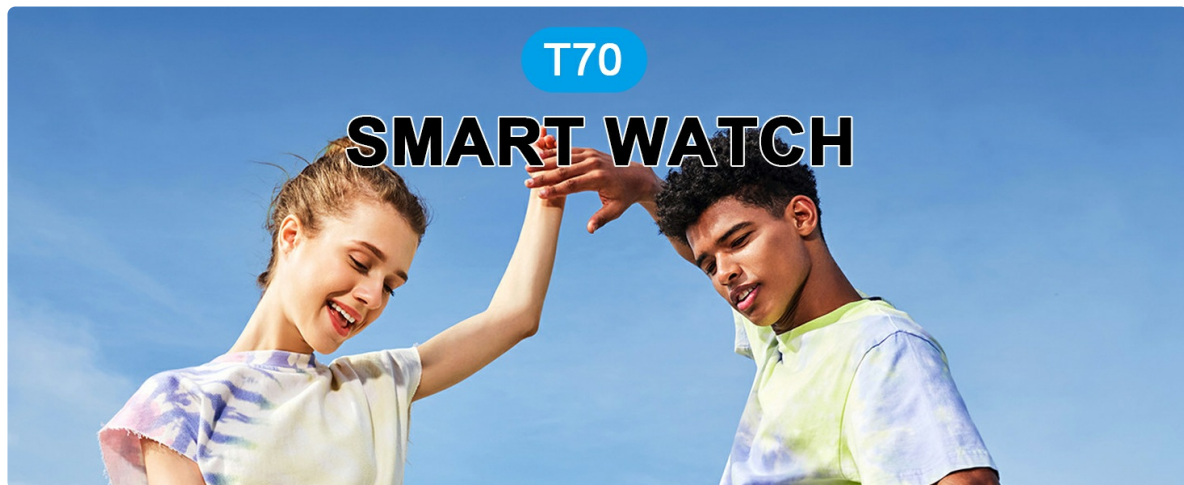


Image: The smartwatch displaying an incoming call screen and various message notifications, highlighting its communication features.

3. AI Voice Control

Utilize the built-in AI voice assistant for quick access to news, weather, schedule updates, setting reminders, and controlling music or smart home devices (requires connected smartphone).

4. Music and Camera Control

Control music playback on your smartphone directly from the watch. You can also use the smartwatch as a remote shutter for your phone's camera by shaking your wrist.



Image: The smartwatch displaying music control interface and a camera remote control icon, demonstrating its media integration capabilities.

5. Other Functions

The smartwatch includes basic functions such as alarm clock, stopwatch, timer, flashlight, weather forecast, and a 'Find My Phone' feature.

HEALTH TRACKING FEATURES

The invens T70 Smartwatch is equipped with an optical sensor for continuous health monitoring.

- **Heart Rate Monitor:** Tracks your heart rate 24/7.
- **SpO2 Monitor:** Measures blood oxygen levels.
- **Sleep Monitor:** Provides comprehensive analysis of your sleep quality.
- **Stress Monitor:** Continuously monitors your stress levels.
- **Activity Data:** Tracks steps, calories burned, and distance.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.



Image: The smartwatch screen showing a dashboard of health metrics including heart rate, steps, and calories burned, illustrating its health tracking capabilities.

SPORTS MODES

The smartwatch offers over 100 sports modes to track your exercise. Select your activity to monitor duration, calories burned, and other relevant metrics. This feature helps you standardize your workouts whether indoors or outdoors.



Image: The smartwatch screen showing a selection of sports modes like outdoor run, indoor run, and outdoor walk, alongside activity data such as distance and calories.

WATER RESISTANCE

The invens T70 Smartwatch is IP68 rated waterproof. This means it can withstand splashes, sweat, and brief immersion in water, making it suitable for washing hands or daily sweating. **Important:** Do not use the smartwatch for baths, saunas, hot springs, or diving, as extreme temperatures or prolonged immersion can damage the device.

Your browser does not support the video tag.

Video: A short demonstration of the smartwatch being submerged in water, highlighting its IP68 waterproof rating. The watch continues to function normally underwater.

CUSTOMIZATION

- **DIY Dials:** Choose from over 100 pre-installed watch faces or customize your own using photos via the app.
- **Menu Style:** Adjust the display style of the app menu (e.g., list, minimalist, grid).
- **Vibration:** Configure vibration settings for notifications and alarms.
- **Language:** Select your preferred language for the watch interface.

Image: The smartwatch showcasing multiple watch face options, including customizable dials with personal photos, accessible through the companion app on a smartphone.

BATTERY AND CHARGING

The smartwatch is powered by a 300 Milliamp Hours Lithium Polymer battery. A full charge takes approximately 2 hours, providing up to 7 days of daily use and 30 days of standby time.



Image: The smartwatch displaying its battery percentage and the magnetic charging cable attached to the back, illustrating its power features.

SPECIFICATIONS

Item Model Number	T70
Screen Size	1.91 Inches HD Touch Screen
Connectivity	Bluetooth 5.3
Water Resistance	IP68
Battery Capacity	300 Milliamp Hours (Lithium Polymer)
Battery Life	Up to 7 days (daily use), 30 days (standby)
Charging Time	Approx. 2 hours
Memory Storage Capacity	128 MB
Operating System Compatibility	Android, iOS
Item Weight	3.52 ounces

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.
- **Cannot pair with smartphone:**
 - Ensure Bluetooth is enabled on your smartphone.
 - Make sure the smartwatch is within Bluetooth range of your phone.
 - Restart both your smartphone and the smartwatch.
 - Check the app for pairing instructions and ensure all necessary permissions are granted.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor regularly.
- **Notifications not appearing:** Check app permissions on your smartphone to ensure the companion app has access to notifications. Verify notification settings within the smartwatch app.

MAINTENANCE

- **Cleaning:** Regularly clean the watch screen and sensor with a soft, dry cloth. If necessary, use a slightly damp cloth and dry thoroughly.
- **Storage:** Store the smartwatch in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Chemicals:** Do not expose the watch to strong chemicals, detergents, or solvents, as these can damage the materials.

WARRANTY AND SUPPORT

invens provides comprehensive buyer support for your smartwatch. If you require assistance after purchase, please utilize the dedicated service channel available through your Amazon order page for quick and efficient support.