

Relassy 769044565103

Relassy 3-in-1 Electric Abdominal Massager User Manual

Model: 769044565103

INTRODUCTION

Thank you for choosing the Relassy 3-in-1 Electric Abdominal Massager. This device is designed to provide comfort and relaxation to your abdominal area through a combination of heat, vibration, and red light therapy. Please read this manual thoroughly before use to ensure safe and effective operation.

SAFETY INFORMATION

Potential risks from heat and battery operation; proper usage and safety precautions may apply.

- Do not use the massager if you have any medical conditions that may be aggravated by heat or massage, such as pregnancy, heart conditions, skin sensitivities, or open wounds. Consult a physician before use if you have concerns.
- Keep the device away from water and moisture. Do not use it in wet environments.
- Do not disassemble or attempt to repair the device yourself. Contact customer support for assistance.
- Keep out of reach of children.
- Ensure the charging cable is not damaged and use only the provided or a compatible charger.
- Do not use the massager for extended periods on the highest heat setting to avoid skin irritation or burns.

PRODUCT FEATURES

- **3-in-1 Functionality:** Combines red light therapy, soothing vibration, and gentle heat for comprehensive abdominal relaxation.
- **Adjustable Heat Settings:** Three levels of warmth (40°C/104°F, 45°C/113°F, 50°C/122°F) to customize your comfort.

- **Vibration Intensities:** Three vibration modes (low, medium, high) to suit individual preferences.
- **Cordless and Rechargeable:** Equipped with a 2500 mAh battery for portable use and extended runtime.
- **Ergonomic Design:** Features an extra-wide 6-inch disk with natural Bian stone for deep thermal penetration and an adjustable waistband (up to 42 inches) for a snug, comfortable fit.

Red Light Hot Compress Uterine Abdomen

104°F
40°C

Level 1:
constant temperature massage

113°F
45°C

Level 2:
warm and soothing

122°F
50°C

Level 3:
dredging and activating
collaterals



Image: The Relassy Abdominal Massager displaying its three heat levels: 104°F (40°C) for constant temperature massage, 113°F (45°C) for warm and soothing, and 122°F (50°C) for deeper activation.

Boost Gut Motility with Deep Vibration



Image: The Relassy Abdominal Massager illustrating its three vibration intensity levels (F1, F2, F3) designed to boost gut motility.

COMPONENTS OVERVIEW

The Relassy Abdominal Massager consists of a main unit with a control panel, an integrated Bian stone massage head, red light emitters, and an adjustable elastic waistband.

Simple Operation to Get Rid of Tediumness

- 
Switch
- 
3 Intensity Levels
(L1-L3)
- 
3 Heating Levels
(40°C, 45°C, 50°C)
- 
Light
- 
Type-C Rechargeable



Image: An exploded view of the massager highlighting its simple operation buttons: Power Switch, 3 Intensity Levels (L1-L3), 3 Heating Levels (40°C, 45°C, 50°C), Light function, and Type-C Rechargeable port.

SETUP

- Charge the Massager:** Before first use, fully charge the massager using the provided Type-C cable. The battery indicator on the display will show charging status.
- Adjust the Waistband:** Wrap the massager around your waist and adjust the elastic waistband to ensure a snug yet comfortable fit. The massage plate should be positioned over your abdominal area.

OPERATING INSTRUCTIONS

- Power On:** Press and hold the power button (usually marked with a power symbol) on the control panel to turn on the device. The display will illuminate.
- Select Heat Setting:** Press the 'Heat' button to cycle through the three heating levels (L1, L2, L3). The corresponding temperature will be displayed.
- Select Vibration Intensity:** Press the 'Vibration' button to choose from the three vibration intensities (F1, F2, F3).

4. **Red Light Function:** The red light therapy typically activates automatically with the heat function. Refer to the display for its status.
5. **Automatic Shut-off:** The massager is designed to automatically shut off after a set period (e.g., 15-30 minutes) to prevent overheating and conserve battery. You can restart it if desired.
6. **Power Off:** Press and hold the power button again to turn off the device when finished.



Image: A visual comparison showing a woman experiencing abdominal discomfort (left) and then comfortably using the Relassy Abdominal Massager (right) for relief.

Your browser does not support the video tag.

Video: An official product video demonstrating the features and use of the Relassy Heated Abdominal Massager, including how to wear it and activate its functions.

MAINTENANCE

- **Cleaning:** Wipe the massager with a soft, damp cloth after each use. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge it regularly,

even if not in use for extended periods.

TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. If the battery is low, connect it to a power source using the Type-C cable.
- **No heat or vibration:** Check if the respective functions are activated on the control panel. Ensure the device is powered on.
- **Uncomfortable fit:** Adjust the waistband to find a comfortable and secure position. The massager should not feel too tight or too loose.
- For any other issues, please refer to the warranty and support section.

SPECIFICATIONS

Feature	Detail
Product Dimensions	7.29 x 5.12 x 2.17 inches
Item Weight	1.5 Pounds
Model Number	769044565103
Power Source	Battery Powered
Battery Type	1 A battery (included)
Material	Acrylonitrile Butadiene Styrene, Bian Stone
Manufacturer	Relassy

WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the product packaging or contact the retailer where the product was purchased. Keep your purchase receipt for proof of purchase.