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## DGYAO RLT-SYS-WB8

# DGYAO RLT-SYS-WB8 Red Light Therapy Belt User Manual

Model: RLT-SYS-WB8

## 1. INTRODUCTION

This manual provides essential information for the safe and effective operation of your DGYAO RLT-SYS-WB8 Red Light Therapy Belt. Please read these instructions thoroughly before first use and retain for future reference.

## 2. SAFETY INFORMATION

**Important: Statements regarding this product have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult with a healthcare professional before using this device, especially if you have pre-existing medical conditions, are pregnant, or are taking medications.**

- Do not use on broken skin or open wounds.
- Avoid direct eye exposure to the red light.
- Keep out of reach of children.
- Do not immerse the device in water.
- Use only the provided charging cable and adapter.
- Discontinue use if you experience any discomfort or adverse reactions.

## 3. PACKAGE CONTENTS

Verify that all items are present in your package:

- DGYAO RLT-SYS-WB8 Red Light Therapy Belt
- Type-C Charging Cable
- Power Adapter
- User Manual



Image: The DGYAO Red Light Therapy Belt, its charging cable, power adapter, and user manual are shown alongside the product packaging.

## 4. PRODUCT OVERVIEW

The DGYAO RLT-SYS-WB8 Red Light Therapy Belt is a portable, rechargeable device designed for targeted light therapy. It features 180 high-quality 660nm red LEDs, integrated into a flexible, comfortable wrap made of 75% Neoprene and 25% Velvet. The belt includes a built-in controller and a 2000mAh rechargeable battery for cordless operation.

### Key Features:

- 180 x 660nm Red LEDs:** Provides deep penetration for muscle and joint support.
- 3 Intelligent Modes:** Strong Red Light, Soft Red Light, and 10Hz Red Light Flash.
- Cordless & Rechargeable:** Integrated 2000mAh battery for convenient use anywhere.
- Versatile Design:** 51" x 7.6" size with strong Velcro closure, suitable for waist, back, knees, arms, and shoulders.
- Automatic Timer:** 30-minute auto shut-off for safe and consistent therapy sessions.



Image: A woman is shown wearing the DGYAO Red Light Therapy Belt around her lower back, demonstrating its application for waist and back areas.

## 180 LEDs & 660nm Wavelength for Deep Relief



Image: A detailed view of the DGYAO Red Light Therapy Belt, highlighting the individual 660nm LED bulbs and the integrated control unit.

## 5. SETUP

### Charging the Device:

1. Connect the Type-C charging cable to the charging port on the controller unit of the belt.
2. Plug the other end of the charging cable into the provided power adapter.
3. Insert the power adapter into a standard electrical outlet.
4. The indicator light on the controller will show charging status (e.g., blinking while charging, solid when fully charged).
5. A full charge typically takes approximately 2-3 hours. Ensure the device is fully charged before first use for optimal battery life.

## 6. OPERATING INSTRUCTIONS

### Wearing the Belt:

1. Unroll the therapy belt.

2. Position the belt over the desired area of the body (e.g., lower back, waist, knee, shoulder).
3. Secure the belt firmly using the Velcro straps to ensure good contact with the skin. The belt should be snug but comfortable.



Image: Illustrations demonstrating the versatile application of the DGYAO Red Light Therapy Belt on different body areas such as the waist, shoulder, hip, and knee.

#### **Power On/Off and Mode Selection:**

1. **To Power On:** Press and hold the power button on the controller for approximately 2 seconds. The device will turn on and automatically start in the default mode (Strong Red Light).
2. **To Change Modes:** Briefly press the power button to cycle through the three available modes:
  - **Mode 1: Strong Red Light** (for intense, focused therapy)
  - **Mode 2: Soft Red Light** (for mild, soothing therapy)
  - **Mode 3: 10Hz Red Light Flash** (designed to stimulate cells at a different frequency)
3. **Automatic Timer:** Each therapy session is set for 30 minutes. The device will automatically shut off after 30 minutes.
4. **To Power Off:** Press and hold the power button for approximately 2 seconds until the lights turn off.



Image: A close-up of the DGYAO Red Light Therapy Belt's controller, illustrating the single button for power and mode selection, along with indicators for the three light therapy modes and the 30-minute auto shut-off feature.

#### Recommended Usage:

It is recommended to use the device for 15-30 minutes per session, once or twice daily. Consistency is key for optimal results. Do not exceed 30 minutes per session on the same body area.

## 7. MAINTENANCE

#### Cleaning:

- Ensure the device is powered off and unplugged before cleaning.
- Wipe the surface of the belt with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- Do not submerge the belt or controller in water.
- Allow the belt to air dry completely before storing or next use.

#### Storage:

- Store the device in a cool, dry place away from direct sunlight.
- Keep the belt rolled or folded neatly to prevent damage to the LEDs or internal wiring.

## 8. TROUBLESHOOTING

If you encounter any issues with your DGYAO Red Light Therapy Belt, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or not charged.	Charge the device fully using the provided cable and adapter.
Lights are dim or flickering.	Low battery.	Recharge the device.
Device turns off unexpectedly.	30-minute auto-timer activated or low battery.	This is normal operation for the auto-timer. If not, recharge the device.
Belt feels too hot.	Prolonged use or sensitive skin.	Discontinue use immediately. Allow the device to cool down. Ensure proper ventilation during use.

If the problem persists after trying these solutions, please contact DGYAO customer support.

## 9. SPECIFICATIONS

- Model:** RLT-SYS-WB8
- LED Count:** 180 (60 bulbs, each with 3 x 660nm LEDs)
- Wavelength:** 660nm Red Light
- Battery:** Built-in 2000mAh rechargeable battery
- Material:** 75% Neoprene, 25% Velvet
- Dimensions:** 51" x 7.6" (approx.)
- Automatic Timer:** 30 minutes
- Power Input:** DC 5V / 3A (via Type-C)
- Package Dimensions:** 20 x 3 x 1 inches
- Package Weight:** 14.11 ounces

## 10. WARRANTY AND SUPPORT

### Warranty:

The DGYAO RLT-SYS-WB8 Red Light Therapy Belt comes with a 1-year limited warranty from the date of purchase, covering manufacturing defects. Please retain your proof of purchase for warranty claims. The warranty does not cover damage caused by misuse, accident, unauthorized modification, or normal wear and tear.

### Customer Support:

For any questions, technical assistance, or warranty inquiries, please contact DGYAO customer support through the retailer where you purchased the product or visit the official DGYAO website for contact information.

