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SUNKTA EF17

SUNKTA EF17 Military Smart Watch User Manual

1. Introduction

The SUNKTA EF17 Military Smart Watch is a robust and feature-rich device designed for active lifestyles. It boasts a 2.13-inch AMOLED HD display, an integrated LED flashlight, and comprehensive health and fitness tracking capabilities. This manual provides essential information for setting up, operating, and maintaining your smartwatch.



Image: The SUNKTA EF17 Smart Watch featuring its large 2.13-inch AMOLED display, showcasing time and various fitness metrics.

2. Package Contents

Upon opening your SUNKTA EF17 Military Smart Watch package, you should find the following items:

- SUNKTA EF17 Smart Watch
- Magnetic Charging Cable

- Metal Strap
- Silicone Strap
- Strap Accessories
- User's Manual



Image: All components included in the SUNKTA EF17 Smart Watch retail box, laid out for inspection.

▶ **Watch video online**

What is included in the TX12 mens smart watch.

Video: An unboxing demonstration showing the contents of a similar smart watch package, including the watch, charging cable, and various straps. Note: This video is for a similar model (TX12) but illustrates typical package contents.

3. Setup

3.1 Charging the Smart Watch

Before initial use, fully charge your SUNKTA EF17 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (not included).



Image: The back of the SUNKTA EF17 Smart Watch connected to its magnetic charging cable.

3.2 App Installation and Pairing

To unlock the full potential of your smartwatch, download and install the companion app (e.g., FitCloudPro) on your smartphone. Scan the QR code in the user manual or search for the app in your device's app store. Follow the in-app instructions to pair your watch via Bluetooth.

▶ **Watch video online**
HIRREO EF18 1.7-inch large HD screen men's smart watch.

Video: A demonstration of installing the companion app and pairing a similar smart watch (EF18) with a smartphone via QR code and Bluetooth. Note: The pairing process is generally similar across models.

4. Operating Instructions

4.1 Basic Navigation

The EF17 Smart Watch features a responsive touchscreen and physical buttons for navigation:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different watch faces.
- **Short Press Power Button:** Wake/sleep screen, return to home screen.
- **Long Press Power Button:** Power on/off.
- **Short Press Back Button:** Return to the previous screen.
- **Short Press Light Button:** Activate/deactivate the LED flashlight.

4.2 Key Features Overview

Explore the various functions of your smartwatch:

- **Bluetooth Calling:** Make and receive calls directly from your watch. Access call records and frequent contacts.
- **Message Notifications:** Receive alerts for SMS, emails, and social media apps (WhatsApp, Facebook, etc.).
- **Health Monitoring:** Track heart rate, blood oxygen, sleep patterns, and stress levels.
- **Sports Modes:** Choose from over 100 sports modes to track your activities, including walking, running, cycling, and more.
- **LED Flashlight:** Utilize the built-in LED flashlight for illumination in low-light conditions.
- **Other Tools:** Stopwatch, timer, alarm clock, weather forecast, music control, remote camera shutter, calculator, and 'Find Phone' function.

▶ **Watch video online**
Smart Watch for Men with LED Flashlight/UV Light 3ATM Waterproof

Video: A comprehensive overview of the smart watch's user interface, demonstrating features such as flashlight modes, brightness adjustment, changing watch faces, Bluetooth calling, message display, sleep tracking, heart rate monitoring, multiple sport modes, stopwatch, and the 'Find Phone' function.

5. Features

5.1 2.13-inch AMOLED HD Display

Experience vibrant colors and sharp details on the large 2.13-inch AMOLED high-definition screen. The display ensures clear visibility in various lighting conditions, making it easy to view data, messages, and calls at a glance.

5.2 Unique LED Flashlight Design

The integrated LED flashlight provides convenient illumination for night activities, camping, hiking, or power outages. It offers bright light with low energy consumption, enhancing safety and utility.



Image: The SUNKTA EF17 Smart Watch demonstrating its powerful LED flashlight feature.

5.3 IP68 Waterproof Rating

Designed to withstand daily and extreme environments, the watch features a sturdy protective structure and IP68 waterproof rating. It resists sweat, rain, and dust, maintaining stable performance during intense exercise or outdoor adventures.



Image: The SUNKTA EF17 Smart Watch showcasing its 5ATM water resistance, suitable for swimming and handwashing.

5.4 Bluetooth Calling & Message Notification

Equipped with Bluetooth 5.0, the watch allows you to answer and make calls with a single click. It synchronizes notifications from various platforms, ensuring you stay informed without needing to access your phone.



Image: The SUNKTA EF17 Smart Watch showing its Bluetooth calling feature in action.

5.5 500mAh Long Battery Life

The 500mAh large-capacity battery provides several days of continuous use and extended standby time, reducing the need for frequent charging.



Image: The SUNKTA EF17 Smart Watch emphasizing its 500mAh ultra-large battery for extended use.

5.6 Multi-functional & Exercise Companion

The watch supports over 100 sports modes and monitors various health metrics, including step count, calorie consumption, sleep quality, and heart rate. This data helps you track your physical condition and improve exercise effectiveness.

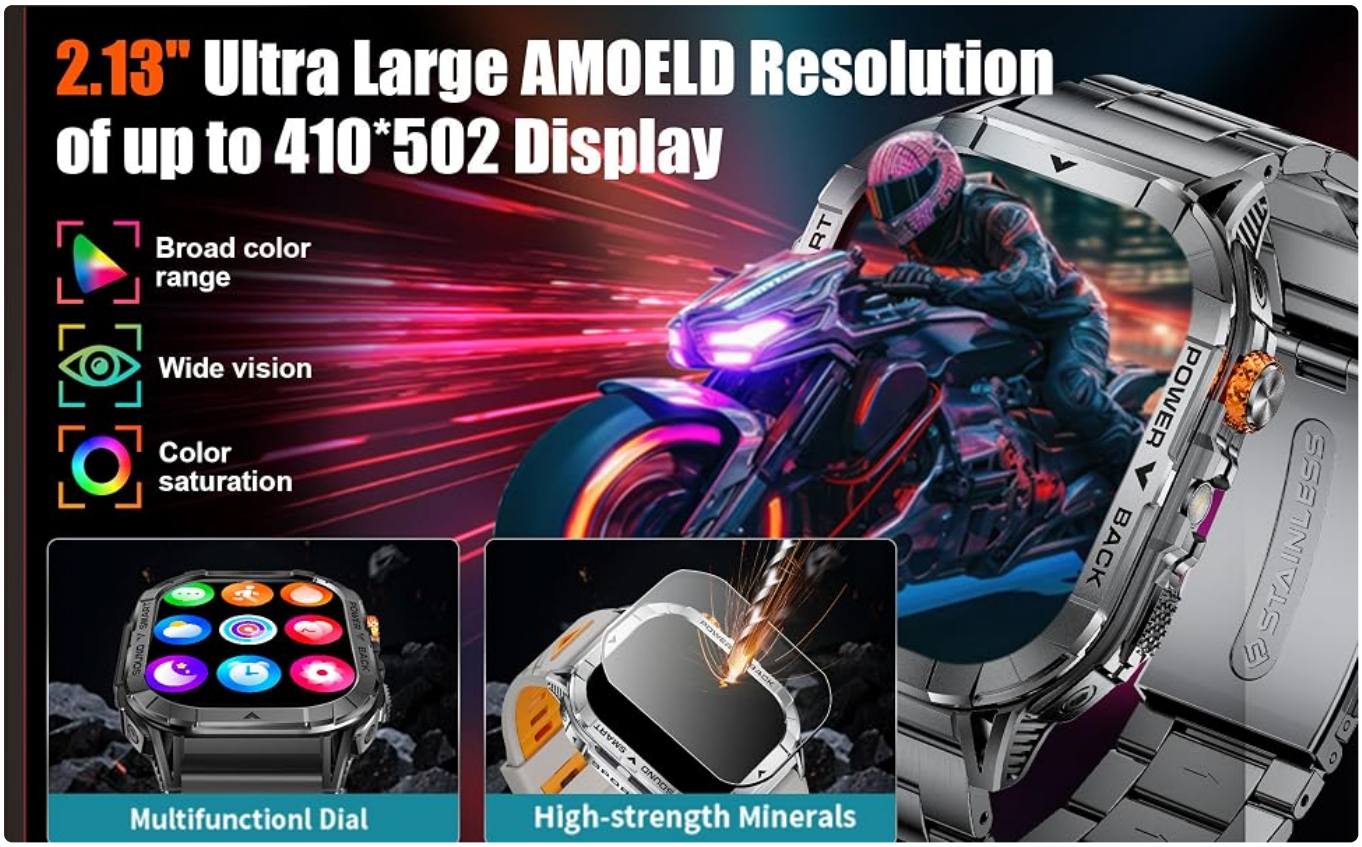

Image: The SUNKTA EF17 Smart Watch showcasing its extensive range of over 100 sports modes and detailed fitness tracking.

6. Maintenance

To ensure the longevity and optimal performance of your SUNKTA EF17 Smart Watch, follow these maintenance guidelines:

- **Cleaning:** Regularly wipe the watch screen and straps with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and mild soap, then rinse and dry thoroughly.
- **Avoid Extreme Conditions:** While the watch is IP68 waterproof, avoid prolonged exposure to hot water, steam, or harsh chemicals.
- **Charging:** Use only the provided magnetic charging cable. Ensure the charging contacts are clean and dry before charging.
- **Storage:** Store the watch in a cool, dry place when not in use.

7. Troubleshooting

If you encounter issues with your SUNKTA EF17 Smart Watch, try the following solutions:

- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot Pair with Phone:** Make sure Bluetooth is enabled on your phone and the watch. Restart both devices and try pairing again. Ensure the watch is within the phone's Bluetooth range.
- **Notifications Not Received:** Check app settings on your phone to ensure notifications are enabled for the companion app and the specific apps you wish to receive alerts from. Verify Bluetooth connection is stable.
- **Inaccurate Health Data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the watch. Note that data is for general fitness reference and not for medical diagnosis.

- **Screen Unresponsive:** Restart the watch by long-pressing the power button. If unresponsive, allow the battery to drain completely and then recharge.

8. Specifications

Feature	Specification
Brand	SUNKTA
Model	EF17-A-CA
Display Size	2.13 Inches
Display Type	AMOLED
Resolution	410 x 502
Battery Capacity	500 Milliamp Hours
Battery Average Life	4 days (typical usage)
Charging Time	2.5 Hours
Waterproof Rating	IP68 / 5ATM
Connectivity	Bluetooth 5.0
Compatible Devices	iOS 11.0+ (calls require iOS 13+), Android 5.0+
Special Features	LED Flashlight, 100+ Sports Modes, Heart Rate, Sleep, Stress, Calorie Counter, Pedometer, Answer/Dial Calls, Messaging Notification, Voice Assistant, Camera Control, Calculator, Weather Forecast, Stopwatch, Timer, Music Control, Brightness Adjustment, Find Phone, Alarm Clock

9. Warranty and Support

The SUNKTA EF17 Smart Watch comes with a 24-month warranty. For any issues regarding accessories, quality, operation, or charging, please contact our customer service team. We are committed to providing a solution within 24 hours.

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