

DeMoce 102401

DeMoce Cordless Foot and Ankle Massager (Model 102401) Instruction Manual

Comprehensive guide for safe and effective use.

1. INTRODUCTION

The DeMoce Cordless Foot and Ankle Massager, Model 102401, is designed to provide targeted heat and vibration therapy for the ankle, foot, and heel areas. This device aims to alleviate stiffness, tension, and discomfort, promoting muscle relaxation and recovery after daily activities or exercise. Its cordless design and adjustable settings offer convenience and personalized comfort.

This manual provides essential information on product setup, operation, maintenance, and safety precautions to ensure optimal performance and user safety.

2. SAFETY INFORMATION

For external use only. Please read and understand all safety warnings before using this product. Failure to do so may result in injury or product damage.

- Do not use if you have any open wounds, skin irritations, or severe circulatory problems in the application area.
- Consult a physician before use if you have a medical condition, are pregnant, or have a pacemaker.
- Do not use while sleeping.
- Avoid excessive use to prevent low-temperature burns. The device features an automatic shut-off timer.
- Keep out of reach of children.
- Do not immerse the device in water or any liquids.
- Only use the provided charging cable.

3. PRODUCT OVERVIEW

The DeMoce Cordless Foot and Ankle Massager is a versatile device featuring a soft, flexible fabric wrap with an integrated control panel. It provides both heat and vibration functions to target discomfort in the ankle and foot.



Figure 1: DeMoce Cordless Foot and Ankle Massager in use, highlighting its dual application.

Key Features:

- **Dual Functionality:** Combines heat and vibration for comprehensive relief.
- **Cordless Design:** Equipped with a 3000mAh rechargeable battery for portable use.
- **Adjustable Heat Levels:** 6 settings ranging from 113°F to 158°F (45°C to 70°C).
- **Multiple Vibration Modes:** 3 intensity levels for customized massage.
- **Timer Options:** 20, 35, and 45-minute automatic shut-off settings.
- **Ergonomic Fit:** Soft, breathable fabric with adjustable Velcro straps for a secure and comfortable fit on various ankle and arch sizes.

Precise Heat & Vibration for Ankles & Arches



Heated Zones

Provides targeted warmth along ankles and arches



Vibration Motors

2 built-in vibration motors deliver gentle, soothing vibration



Figure 2: Internal view illustrating the heated zones and vibration motors for targeted therapy.

4. SETUP AND CHARGING

4.1 Charging the Device

Before first use, fully charge the massager. The device uses a Type-C charging port located on the control panel.

1. Connect the provided Type-C USB cable to the charging port on the control panel.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
3. The display will indicate charging status. A full charge typically takes a few hours.
4. The device cannot be operated while charging.

Video 1: Demonstration of charging the cordless ankle heating pad. This video shows the Type-C charging port and the display indicating charging status.

4.2 Wearing the Massager

The massager is designed for versatile use on both ankles and arches. It features adjustable Velcro straps for a customized fit.

1. Unfold the massager wrap.
2. Position the device on your ankle or arch, ensuring the control panel is easily accessible.
3. Secure the wrap using the Velcro straps, adjusting for a snug yet comfortable fit. Ensure it is not too tight to restrict circulation.

Two Wearing Methods - Ankle & Arch Care

Versatile design for multiple comfort needs



Figure 3: Two wearing methods for the massager: on the ankle for ankle relief and on the arch for arch comfort.

Video 2: A user demonstrates how to wear the DeMoce Cordless Foot and Ankle Massager on the ankle, highlighting its flexible fabric and stretch design for a comfortable fit.

5. OPERATING INSTRUCTIONS

The control panel features an LED display and three buttons for easy operation: Power/Lock, Heat, and Vibration.

Relax Your Ankles & Feet

Ankle Relaxation

Ease stiffness and tension

Foot Refresh

Help refresh tired feet

Muscle Comfort

Supports relaxation around ankles and arches

Daily Recovery

Ideal for winding down after long hours, sports, or daily activity



Figure 4: The control panel with buttons for power/lock, heat, and vibration settings.

5.1 Power On/Off

- To turn on: Press and hold the Power/Lock button for 5 seconds. The display will light up.
- To turn off: Press and hold the Power/Lock button for 5 seconds. The display will turn off.

5.2 Adjusting Heat Levels

- Press the Heat button (flame icon) briefly to cycle through 6 adjustable heat levels: 113°F (45°C), 122°F (50°C), 131°F (55°C), 140°F (60°C), 149°F (65°C), and 158°F (70°C).
- The current temperature will be displayed on the LED screen.

5.3 Selecting Vibration Modes

- Press the Vibration button (wave icon) briefly to cycle through 3 massage intensities: Low, Mid, and High.
- The selected intensity will be indicated on the display.

5.4 Setting the Timer

- Press the Timer button (clock icon) briefly to select a session duration: 20, 35, or 45 minutes.
- The device will automatically shut off after the selected time to prevent overuse.

5.5 Lock Screen Mode

- To activate the lock screen: Long press the Power/Lock button briefly after turning on the device. This prevents accidental changes to settings during use.
- To unlock: Long press the Power/Lock button again.

5.6 Switching Temperature Units (°F/°C)

- To switch between Fahrenheit and Celsius, long press the Heat and Vibration buttons simultaneously.

Video 3: This video demonstrates the operation of the foot and ankle massager, including power on/off, adjusting heat and vibration settings, and setting the timer.

6. MAINTENANCE AND CARE

6.1 Cleaning

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the fabric surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Allow the device to air dry completely before storing or next use.

6.2 Storage

- Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- Keep it away from sharp objects that could damage the fabric or internal components.

7. TROUBLESHOOTING

If you encounter any issues with your DeMoce Cordless Foot and Ankle Massager, please refer to the following common solutions:

- **Device not turning on:** Ensure the battery is fully charged. Press and hold the Power/Lock button for 5 seconds.
- **No heat or vibration:** Check if the device is in lock screen mode. Unlock it by long-pressing the Power/Lock button. Ensure desired heat/vibration settings are selected.
- **Short battery life:** Ensure the device is fully charged before each use. Battery performance may decrease over time with regular use.

For further assistance, please contact DeMoce customer support.

8. SPECIFICATIONS

Feature	Specification
Model Number	102401
Product Dimensions	5 x 2 x 8 inches; 10.58 ounces

Battery	1 Nonstandard Battery (included), 3000mAh
Heat Levels	6 (113–158°F / 45–70°C)
Vibration Modes	3
Timer Options	20/35/45 minutes
Material	Neoprene
Special Feature	Automatic Shut Off

9. WARRANTY AND SUPPORT

For warranty information or technical support, please contact DeMoce customer service through the retailer where the product was purchased or visit the official DeMoce website. Please have your model number (102401) and purchase details available when contacting support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question